

### How to celebrate Pancake day



## On what day is celebrated and what traditions?

In the UK, Pancake day is celebrated march fifth. It is called "Shrove Tuesday", or "penitential day". On this day, it is customary to arrange various kinds of competitions, wrestling, fist fights. The most popular men's competition to this day remains football, which used to be not just entertainment, but also an important religious ritual. Even the clergy played it inside religious buildings.



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But, of course, what about without pancakes? The culmination of all the playful action is the traditional "pancake race". The history of this interesting tradition on Shrovetide in England dates back to 1445. It is believed that the "ancestor" of this tradition was one forgetful townswoman who forgot about the festive service and jumped out into the street in what she was wearing - in a kitchen apron, with a frying pan on which a ruddy pancake lay. And so, on the last day of the English and Catholic Pancake day, traditional "pancake races" are held in London and other cities of the UK.



# What the British are preparing for Pancake day? The British not only eat

famous Russian pancakes for the holiday, but also prefer meat snacks. And minced meat casserole and semolina pudding are especially popular with them. Of the drinks they prefer ginger beer and red wine. But this is only for adults! And children drink either black tea or juice



#### **Dressing up in costumes**

In England, too, as in Russia people dress up for the holiday, they dress up in bright costumes, put on masks. The main colors of the holiday are yellow, green and purple, which signify strenght, faith and justice .By tradition, the

kind and queen are chosen at the festival, who throw coins and other small things into the crowd.



# This concludes my presentation finished. Thanks for your attention!

