DINNING ETIQUETTE IN INDIA

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Anywhere, wherever you eat in India, you should remember one of the most basic rules: it is forbidden to touch food with the left hand. The Indians use their left hand only for a toilet, in other cases they are use right hand, especially for food.

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Many Indians eat with hands, but in any establishment you will be offered a fork and knife. Remember that you can't refuse food, that is offered to you, because in this country, it is normal to share everything, even with strangers. If you come to a place with someone, you shouldn't order large amounts of food, because you will be able to taste everything that is put on

the table, — it is a rule.



Also, follow the rule called Jutah. According to this rule, ou can't give food to anyone if it has been tested or bitten by someone else. Also you can't use someone else's cup or spoon, because Jutah is the law, which was based on hygiene.

If you eat at a table (best to do it this way), before eating, you should trim your nails and wash your hands thoroughly. At the house, the owner is always considered to be boss, when someone comes, he hasn't the right to move a step without his permission, so you can't get at the table as long as the landlord doesn't say, where your place is

Moreover there is a rule about service for guests at the table. Firstly, food is eaten by honored guests, then, the food is eaten by man, and after it, food is eaten by the children. Women do not sit by the table, because at this time they are in the kitchen service for men. Although in the modern world women also sitting by the table, but it only happens in big cities





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Dining etiquette in India is not only thing that you should memorize, because there are a lot of different constraints, which are also connected to the food. Remember that most Hindus are vegetarians, they never eat beef. The belief causes such restrictions in food, which was born many years ago and took root in this

country.



The last rule that you should remember is that you shouldn't eating up everything and left an empty plate. When you left a bit of food on the plate, you are showing the owner that you ate and you liked the food but when the plate is left without any residues, it is suggesting that you are still hungry.