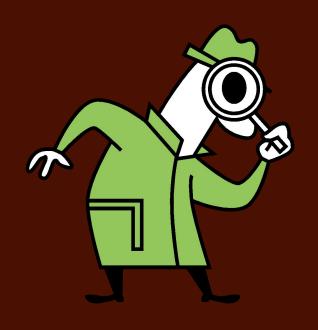


A friend is someone who likes you.



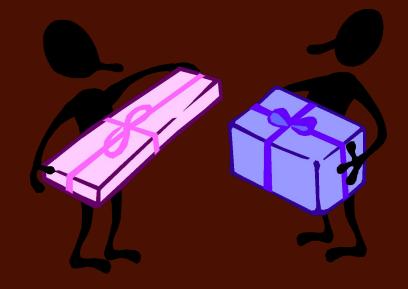
A friend is someone who...



- Is honest
- Likes to spend time with you
- Is nice and kind
- You can count on
- Shares
- Listens
- Can give love
- Likes people

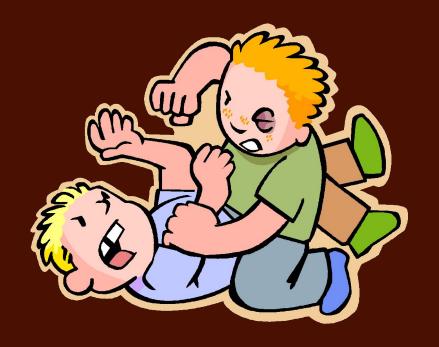
It's important to have friends to...

- Care about you
- Listen
- Support you
- Prevent loneliness
- Help you



A Good Friend Does Not...

- Tell lies
- Hurt you or others
- Gossip
- Ignore you





The secret to having a lot of friends is liking people.

You can show people you like them by:

- Smiling
- Talking about their interests
- Being a good listener
- Sharing with them
- Telling them how you feel
- Doing things together



What are some things you like to do with a friend?

- ...on a rainy day
- ...outside
- at school
- ...with a group





To have friends, it helps to focus on others more than on yourself.

- Call the person by name often.
- Give sincere compliments.
- Accept the person the way they are.
- Apologize when you are wrong.
- Respect their feelings.



If you feel shy or nervous about meeting new friends, it might be because you think...

"I don't know what will happen."

"I might say or do the wrong things."

"They might not want to be my friend."

"No one will like me."





You might want to try an easy friendship starter like one of these:

- Hello."
- "Hi, my name is_____.
- "Would you like to play?"
- "What's your name?"
- "What's up?"
- Write a note.
- Share something.



Now we're going to play a fun game called "Friendship Bingo."

- Fill in the center box with your name and favorite activity.
- 2. When I give the signal to start, find someone in this group who fits the description in each box.
- 3. Ask him/her to sign his/her name in the box.
- 4. Try to find a different person for each box.
- 5. I will give you a signal when it is time to return to your seats.





FRIENDSHIP BINGO



Plays soccer	Has a birthday in the same month as yours	Likes computers
Is afraid of riding a roller coaster	Your favorite activity Name	Likes to watch movies
Likes to swim	Likes to skate or roller blade	Likes to sing or play music

What did you learn about a friend?

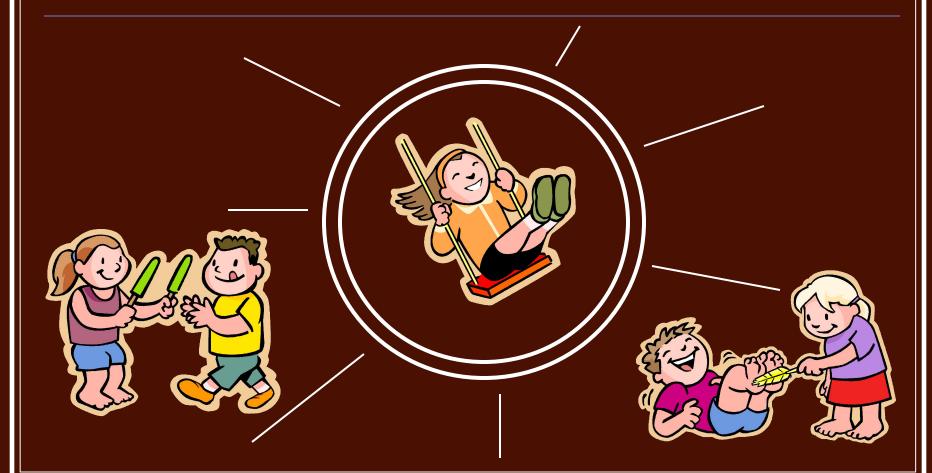
Did you meet a new friend?

What if anything, did lots of classmates have in common?



When you focus on friendship, you focus on fun!





The Beginning...

