



Monday – ПН

Tuesday – ВТ

Wednesday – СР

WEEKDAYS and WEEKENDS

Thursday – ЧТ

Friday – ПТ

Saturday – СБ

Sunday – ВС

ON



I **wake up** at 8 o'clock. – Я просыпаюсь в 8 часов.

We **want** coffee. – Мы хотим кофе

He\She **works** every week day.

It **helps** me. – Это помогает мне.



Do you wake up at 8? – ты просыпаешься в 8?

Do they want coffee?

Does he\she work every day?

Does it help me?



I **don't** wake up at 8.

They **don't** want coffee.

He\she **doesn't** work every week day

It **doesn't** help me.

ADVERBS HOW OFTEN?

Always – **всегда**

I always love you

She **is** always late

Usually – **обычно**

I usually wake up early

He **is** usually polite

Often – **часто**

We often meet at work

Sometimes – **иногда**

I drink green tea sometimes

Seldom – **редко**

I eat chips seldom

Never – **никогда**

I never drink coffee. I hate it.

I go to school every day

I **don't** go to school every day.

Do I go to school every day?

Why do I go to school every day?

He goes to school every day

He **doesn't go** to school every day

Does he go to school every day?

Why does he go to school every day?



Упражнение 1.

Выбирайте нужный глагол и вставляйте их в пропуски
go, like, love, watch, read, like, walk, come, do, watch

My name's Pavel. In the evening I usually (1) _____
my homework. Then I (2) _____ TV or video. I (3)
_____ action films! They are super! Then I (4)
_____ my dog. After that I (5) _____ home, (6)
_____ a book and (7) _____ to bed. My sister is
little. She doesn't (8) _____ action films. She (9)
_____ cartoons. She (10) _____ them every day



Упражнение 2.

Задайте вопросы. Используя do или does.

1. Yan / speak English / in the camp / every day?
2. 2. he / play / board games?
3. 3. Nick / eat / Polish food / in the camp?
4. 4. they / go hiking?
5. 5. children / go / on a trip / every day?
6. 6. Nick / have / English classes / every afternoon?



Упражнение 3. Используйте слова в скобках для образования предложений в Present Simple. Обратите внимание, в какой форме должно стоять предложение (утвердительной, вопросительной или отрицательной).

- 1) They _____ football at the institute. (to play) 2) She _____ emails. (not / to write) 3) _____ you _____ English? (to speak) 4) My mother _____ fish. (not / to like) 5) _____ Ann _____ any friends? (to have) 6) His brother _____ in an office. (to work) 7) She _____ very fast. (to read) 8) _____ they _____ the flowers every 3 days? (to water) 9) His wife _____ a motorbike. (not / to ride) 10) _____ Elizabeth _____ coffee? (to drink)



Now, AT THE TIME , AT 5 O'CLOCK , AT THE
MOMENT

+

I am cooking now

He is cooking now

They are cooking now

?

Am I **cooking** now?

Is he **cooking** now?

Are they **cooking** now?



I	Am
We	Are
You	Are
They	Are
He	Is
She	Is
It	Is

In Russian	In English
Я сейчас пью чай	I <u>am drinking</u> tea now
Я делаю домашнюю работу, не мешайте мне	I <u>am doing</u> my homework, don't bother me
В данный момент Я разговариваю по телефону, подожди, пожалуйста	I <u>am talking</u> the phone at the moment, wait, please
Что ты делаешь сейчас? Я готовлю суп	What <u>are you doing</u> now? I <u>am cooking</u> the soup
Что ты делаешь в данный момент? Я читаю	What <u>are you doing</u> at the moment? I <u>am reading</u>
У меня урок английского	I <u>am having</u> the English lesson

In Russian

In English

Я сейчас рисую

Я танцую

Что ты делаешь? – Я пишу
письмо Деду Морозу

У меня урок истории в данный
момент

Что ты делаешь? – Не мешай, я
смотрю кино

Я кушаю мороженое сейчас, ты
хочешь?

□ Упражнение 1. Добавьте окончание – ing. Переведите на русский.

read, write, take, sit, play, look, swim, jump,
run, go, do, buy, help, eat, clean, make,
speak, sleep, listen, talk, fly, lie, die, come,
shop, live, sing, dance, work, have, cry, put,
use, stop, drive, win.



□ Упражнение 2 . Переделай предложения в Present Continuous. Добавляйте now.

1. 1. I open the door.
2. 2. I sleep on the mat.
3. 3. I write letters.
4. 4. I sing a song.
5. 5. I make a cake.
6. 6. I call him.





- I am eating the ice-cream
- I eat the ice-cream



- I run
- I am running





- I am writing
- I write

PROKOTENFO



- I am playing the piano
- I play the piano



- I am playing football now
- I play football every day



1. I speak English
2. I work as a teacher

She speaks some English

He works as a manager

3. I learn foreign languages

She learns foreign languages

He learns foreign languages

You learn foreign languages

They learn foreign languages

We learn foreign languages

1. I am speaking English (now)

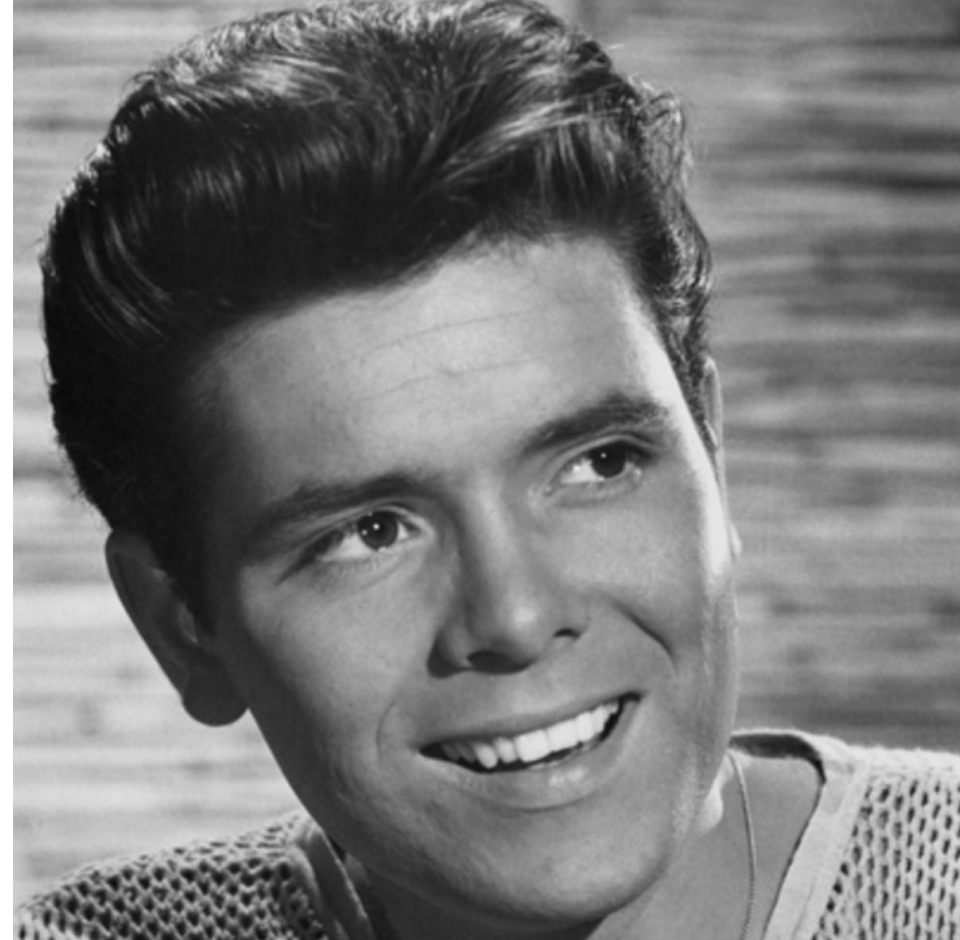


Present Continuous выражает какое-то непостоянное действие , временное (определенный промежуток времени: год, месяц, день, утро, две недели, пять часов)



Сэр Клифф Ричард
Cliff Richard, настоящее имя Гарри Роджер
14 октября 1940, Индия

— британский исполнитель популярной музыки, который одним из первых среди англичан начал исполнять рок-н-ролл. Его называют королём британских чартов по той причине, что он возглавлял таковые 25 раз, а национальный хит-парад синглов — четырнадцать раз (хотя бы по разу в каждое десятилетие его существования).



Ты Мне позвонила поздно вечером,
Сказала, что весь твой мир рушится.
Никогда никто не знает, как упадут карты
или когда мир перевернется.
Это сбивает с ног, как ураган.

Прекрати пытаться предсказать фильм -
Такие драмы ничего не значат для меня
Давай поднимайся!
Это все уже давно известно!



Малыш, не плачь об этом
Может быть, всё не так плохо, как ты говоришь.
все будет хорошо !
Все будет хорошо!

Я знаю, что ты чувствуешь,
Но скоро всё пройдет.
Все будет хорошо,
так что не забывай об этом!



Got a call from you late last night
Said your whole world was caving in
Never say which way the cards would fall or the world will turn
Knocks you over like a hurricane

Stop trying to write and direct the movie
Those kind of dramas do nothing to me
Come on pick yourself up off the floor
It's all been cried about before

(Baby) Baby, don't cry about it
(Maybe) Maybe it's not as bad as you say it
It's all gonna be alright
It's all gonna be alright

I know what you're feeling
But your wounds will soon be healing
It's all gonna be alright
So don't forget it



Yours is not the first heart to be broken
No, it sure won't be the last
So don't forget it
When you open the door let the future in
You can move on
Gives you freedom from the past

(Baby) Baby, don't cry about it
(Maybe) Maybe it's not as bad as you say it
It's all gonna be alright
It's all gonna be alright

I know what you're feeling
But your wounds will soon be healing
It's all gonna be alright
So don't forget it
All, alright All, alright

Tomorrow's another day It's all gonna be OK



[https://www.youtube.com/watch?time_continue=1&
v=9t82wYZYaKM](https://www.youtube.com/watch?time_continue=1&v=9t82wYZYaKM)



**EVERY DAY IS
ANOTHER CHANCE
TO GET STRONGER
TO EAT BETTER
TO LIVE HEALTHIER
AND TO BE THE BEST
VERSION OF YOU**

