

MY IDOL

*Anton
Shipulin*

Fulfilled:
student of the 1st year student, group
7215
Artur Kuzmin



Childhood

Family activities of Anton, mother and father-the master of sports in skiing and biathlon. So Anton started to play sports from an early age. He was 3-4 years old, when his parents began to teach him to ski. The boy liked it, he loved sports. 14 years was engaged in skiing. However, once his sister Anastasia came with training for a biathlon rifle. She gave brother in arms, but he begged. When, finally, he kept the rifle firmly decided that I was going to do it in biathlon.



Training and education



In the year 2002 Anton Shipulin came to Mikhail Novikov is the experienced coach, who then collaborated with Svetlana Sleptsova. The young man moved to Khanty-Mansiysk and started training. This event determined his whole life. In 2004, the hero of this article graduated from high school. The parents insisted that Anton had received higher education. So he enrolled in the Tyumen law University of the interior Ministry. To learn it was difficult. Despite the fact that the race was seriously involved in biathlon, the teachers didn't do him any favors. They demanded from him a knowledge, not awards. So Anton night was transcribed lectures and notes, memorizing rules of law. And in the afternoon the young man to the point of exhaustion practiced.

The first success

The first success in elite sport came to him in the American Presque Isle in 2006, then at the world championship of the Russian relay team took first place. The first serious success came to Anton in 2007. At the European championship, Anton was able to win a complete set of individual awards. But the gold medal is not. But then came 2008 and Anton broke through on the European championship, he became the absolute champion - 3 personal gold and gold in the relay team.



The Olympic Games in Sochi

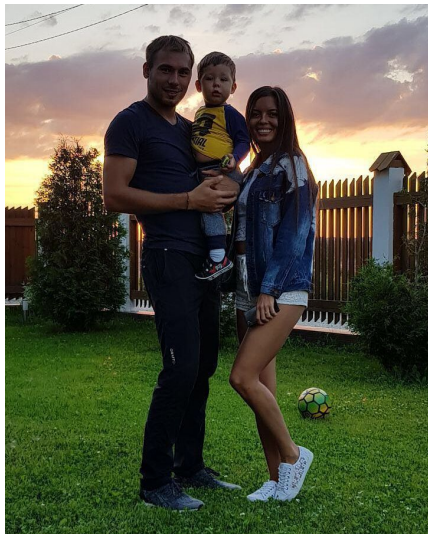
This was a major event in the life of an athlete. This time Shipulin was one of the leaders of the national team of Russia. All pinned to the biathlete hopes. This was partly due to his success in the pre-Olympic season. Anton himself admitted in an interview that the biathlon track in Sochi is quite insidious. Long days of our biathletes could not get on the podium. That all changed on February 22. It was the last day of competition. The men's team managed to win gold in the relay. Shipulin, Ustyugov, Malyshko and Volkov gave a hundred percent. But the main credit for this victory still belongs to Anton, who just brilliantly passed the fourth stage. For this he received the Order of Friendship from President Vladimir Putin. It should be noted that prior to the Olympics, team Russia won the baton over 34 years.



Personal life



Anton married in 2015. His choice was a native of Tyumen Louise Sabitova. The couple are raising a son that was born in December of 2015. He is happily married, loves spending time with family. Time to pay attention to family and career.



Awards



Olympic games:1 gold,1 bronze

World Championships:1 gold,3-silver,3-bronze

The world championship on summer

biathlon:3-gold,1-silver,1-bronze

European championship:2-bronze

Winner of the Small crystal globe in Mass start

Personal podiums on the world Cup:40 including 10 gold,14 silver,16 bronze

The podium in the relays at the world cups:24 including 11 gold,7 silver,6 bronze

Winner of the Order of Friendship,Medals of the order “For merits before Fatherland” 2 degrees,Honored master of sports of Russia

Nickname:Thorn, champion of All,the Genius of the Russian Land



Charitable Fund of Anton Shipulin

After the Olympics, he returned home, the athlete was with friends in Irbitsky children's home near Yekaterinburg. On the prize money to buy sports equipment, computers. But in the orphanage realized that he needed help, not with gifts, but systematically and decided to promote sports. So there was a Fund, founder and President of which Shipulin is at the moment. The Fund has several sports programs on the territory of Sverdlovsk oblast is construction and reconstruction of street playgrounds, funding for sports clubs, schools and social institutions, the development of the centre for inclusive sport.



Anton Shipulin: "For me it is important how much attention is paid to sports in the life of every how to use the program for the development of sport in our region. Doing charity work, I really want lessons of physical culture and sports have become the norm of modern society".

I admire Anton Shipulin. He inspires me to be more determined in achieving my dreams because he is the man who is continuously improved. He is an incredibly strong athlete, and most importantly he is a good man. I want to be like him.



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Thank you for your attention!