

Present and Past Habits

Present Habits

✓ I usually / never + **Present Simple**.

eg. I usually go for a walk with my dog after work

✓ I always keep + **ing...**

*eg. I love visiting my cousins. I always keep bringing them
sweets*

✓ I can't imagine my life without...

eg. I can't imagine my life without phones

Past Habits

- ✓ I usually / never + Past Simple
- ✓ When I was a child/younger + Past Simple.
- ✓ I always kept + ing...
- ✓ I couldn't imagine my life without...
- ✓ There was a time when I ...

Eg. When I went to primary school I couldn't imagine my life without playing games on my phone.

Eg. I always kept playing Barbie dolls.

Past Habits: Used to

Used to is used to talk about past habits or things that do not happen any more.

*e.g. Peter **used to eat** a lot of sweets. (Peter doesn't eat many sweets any more)*

Used to



infinitive

Didn't use to



infinitive