



# Mountain guide

The main theme of the work dangerous professions

The work was performed by Mongush Batui



# Mountain guide

Mountain guide — a person who knows the mountainous terrain, in most cases, has extensive experience in mountaineering, physical strength and endurance.



# The main qualities of a mountain guide

01

## **Muscles and ligaments**

When walking up the slope, when you have one in front of the standing leg to lift the weight of the body, weighted with a backpack, the main work is performed by a group of muscles-extensors in front of the standing leg.

02

## **Nervous system**

Overcoming difficult obstacles in harsh mountain conditions, fighting with nature, working on steep cliffs, protection and many other situations in the mountains require strong nerves and healthy internal organs.

03

## **Respiratory system**

Reduced atmospheric pressure and reduced oxygen in the air at high altitudes during heavy work require the respiratory system



# Danger in the profession of mountain guides

The work of conductors is hard and dangerous. We must not forget that the conductor is not always a more or less experienced climber; often he has to lead at the top of some mountain fashionable so-called "salon" of climbers, and then, aptly Fendrick, of a conductor can be compared to a medieval convict, whose punishment was tied to a corpse... In this case, the role of corpses perform "salon" climbers. Very often the inexperience of tourists walking with a guide was the cause of the conductor's death. The famous guide, on the River, the Installer, about such tourists said: "you Go, and death follows you...".



# Mountain guide



## About the profession of a mountain guide



### Profession

As a profession mountain guides originated in the early XIX century



### Certification

Now to get a certificate of mountain guide (in developed countries) it is necessary to pass a multi-stage training course



### Assistant in the mountains

Also, "mountain guide" unofficially can be considered a local resident, who for a fee conducts visitors through the mountainous terrain to the desired point



### History

The oldest and largest organization of conductors is the Chamonix company of conductors, founded in 1821

# Chronology of the conquest of the highest mountain peaks



**Michel Packard**

Mont Blanc

**1786**



**Annie Peck**

Huascarán

**1908**



**Herrligkoffer**

Nanga Parbat

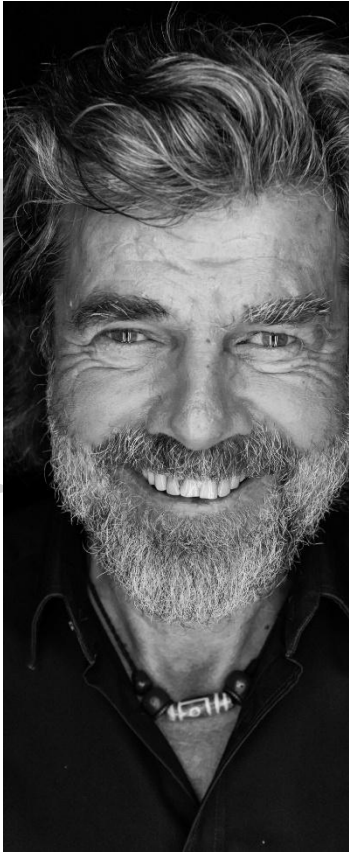
**1953**



**John Hunt**

Chomolungma

**1953**



# The world's most famous climbers

01

## Reinhold Messner

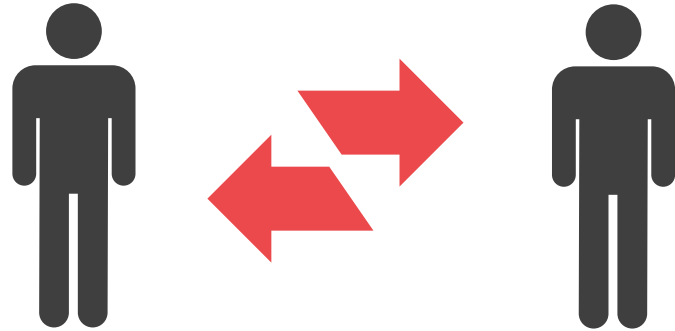
Reinhold Messner was born on 17 September 1944 in Brixen, Italy. He became the first climber who conquered all 14 eight-thousandths of the planet.

02

## Jerzy Cuckoo

Jozef Jerzy "Jurek" Kukuczka was born on March 24, 1948 in Katowice, Poland. It took a climber less than 8 years to get The crown of the Himalayas. At the same time, Jerzy Kukuczka climbed 10 of the 14 eight-thousand-meter mountains on new routes, and 4 of these mountains-for the first time in winter.

# Responsibility of mountain guide



Let not those who with such "ease" behind the shoulders of the guide climb the peaks of the Ore mountains think that the "Wreath of glory" for the first ascent in such cases should cover their forehead. This wreath in the first place justice should belong to the conductor.