

***Bilingualism:*** vehicle  
of consciousness development  
*Adult bilingualism. Physical, emotional  
and mental specifics of the process.*  
***Through the Looking Glass  
into the Englishland***



Welcome!  
Добро пожаловать

***FAMILY ENGLISH:  
ENGLISHNESSING®***

Presenters: Ivan and  
Vitaly (the Nikiforovs)  
Ведущие: Иван и  
Виталий  
(Никифоровы)



***I hardly know, sir, just  
at present — at least I  
know who I WAS when  
I got up this morning,  
but I think I must have  
been changed several  
times since then.'***

# *Objectives and Format of Workshop*



- Open yourself to accept English as your own language
- Develop the feel of English
- Systemize one's skills and get the grip of further moving
- Integrating English into Living

*Activate your resource state  
consciousness*

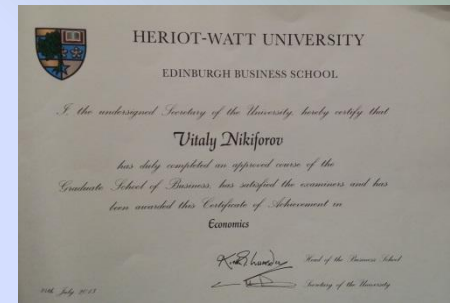
My English acquiring is ....|

# Bilingualism



- *Ability to use two languages*
  - *In the natural environment (functionality)*
  - *As an emotional expression (soothing, happiness)*
  - *As a means of cognition (ancient history, MBA study)*
  - *As a medium of thinking (solving problems, counting, planning)*
  - *As a vehicle of creativity (poems, word formation, humour)*
  - *As an environment of polycultural awareness (associations, realia, sports, traditions)*
  - *Spontaneously (night dream talk, interjections )*

# Adult Bilingualism Application



- *Job market success: talks, letters, trainings (Heinz, Heineken, English Teach)*
- *Possibility of work/ communications in other countries (UK, USA, Canada, Holland)*
- *Study abroad/ Learn through another language (MBA)*
- *Enjoy arts and literature in another language (writing poetry, Doyle, Movies)*
- *Positive effect on acquiring other languages (German, French)*
- *Teaching/Interpreting/ Translating capabilities (School/University/Cambridge Centre)*
- *Psychosomatic effect: increased neuron connections/ divergent thinking/ Preventing dementia*
- *Participation in International Projects (SAP Deployment)*
- *Successful integration in other countries (Israel)*
- *Helping your kids in acquiring the language*
- *Professional Recognition: Cambridge Exams(CPE, BEC Higher)*



# Bilingualism Types

## Age

- Early/ **Late**

## Functionality

- 1 person – 1 language
- 1 place – 1 language
- 1 activity – 1 language
- 1 timeframe – 1 language





# Age Specific Features



**The identity/personality (speech/non-speech) has been formed**

Country/Speciality/Age

Roles for the native and 'foreign' languages are well set

**Ego growth and its protection:**

status

mistake

change



\*specifics of the communicative approach

**The analytical functions of the mentality are prevailing :**

Motivation/ Goal-setting/Attention

Span/Weakened Connection with Present

## Windmills of Your Mind [From The Thomas Crown Affair]-1

Artists: James Galway Album: The Wind Beneath My Wings-1  
Round like a circle in a spiral, like a wheel within a wheel

Never ending or beginning on an ever spinning reel

Like a snowball down a mountain, or a carnival balloon

Like a carousel that's turning running rings around the moon

Like a clock whose hands are sweeping past the minutes of its face

And the world is like an apple whirling silently in space

Like the circles that you find in the windmills of your mind!

Like a tunnel that you follow to a tunnel of its own

Down a hollow to a cavern where the sun has never shone

Like a door that keeps revolving in a half forgotten dream

Or the ripples from a pebble someone tosses in a stream

Like a clock whose hands are sweeping past the minutes of its face

And the world is like an apple whirling silently in space

Like the circles that you find in the windmills of your mind!

Keys that jingle in your pocket, words that jangle in your head

Why did summer go so quickly, was it something that you said?

Lovers walking along a shore and leave their footprints in the sand

Is the sound of distant drumming just the fingers of your hand?

Pictures hanging in a hallway and the fragment of a song

Half remembered names and faces, but to whom do they belong?

When you knew that it was over you were suddenly aware

That the autumn leaves were turning to the color of her hair!

Like a circle in a spiral, like a wheel within a wheel

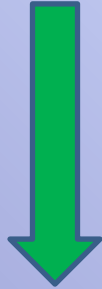
Never ending or beginning on an ever spinning reel

As the images unwind, like the circles that you find

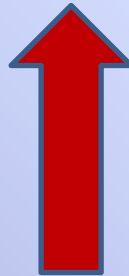
In the windmills of your mind!

# Language, Mind, Speech Identity

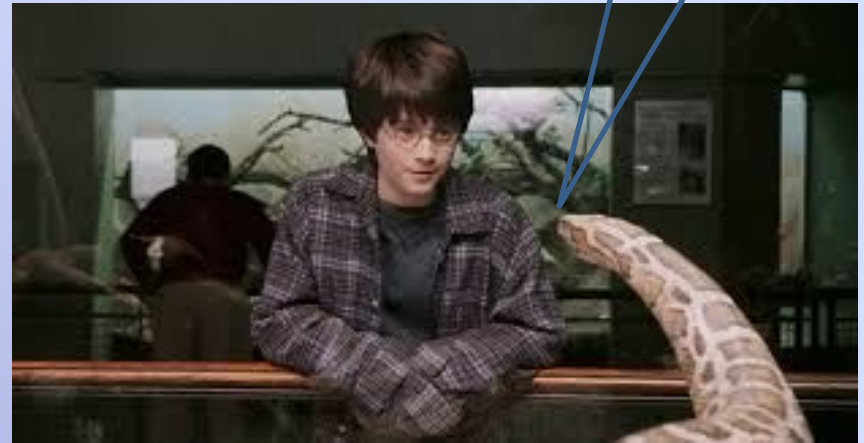
acquisition vs learning  
Both from Whole and Parts



*I am not aware that I know*  
*I am aware that I know*  
*I am aware that I don't know*  
*I am not aware that I don't know*



*Mis takes  
treatment*

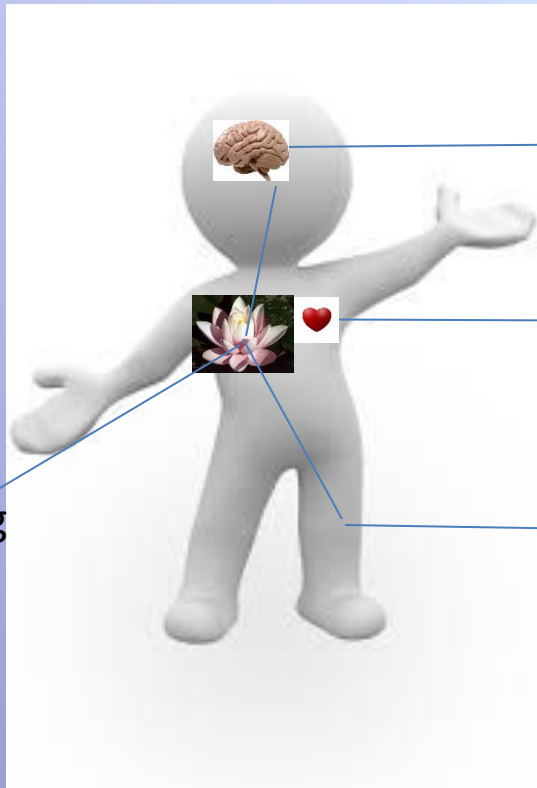


# Englishnessing School vs Family

school	family
Limited time/ Aim	Means of Development
Textbooks / Syllabus (order)	Life/ Activities/ Games (authenticity)
Marks	No Marks
English through a teacher	English through environment (first hand)
Classroom	Out of classroom
Somebody's language	My Language
Necessity/ Negative	Positiveness/ Play



# Resourceful State (ball-zero-point) openness model



Mind - **Grammar**

Vital/emotions, senses  
**Words**

Body, instincts  
Intonation  
**-Sounds**

# *Unlocking Another Own Language Together with Your Kid*

## *Everyday Activities*

Home/Not Home  
Speech activities



## *Play Activities*

Home/Not Home

- Language Games
- Other Games



# Native Language Acquisition

Native speaker

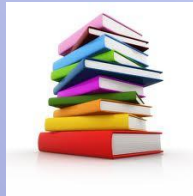
Native speaker



Practice for ...  
years



# Foreign Language Acquisition



Modelling patterns  
of outer speech

Practice ...



# Second Language (communicative approach) Acquisition

Native Speaker



Modelling patterns  
of outer speech

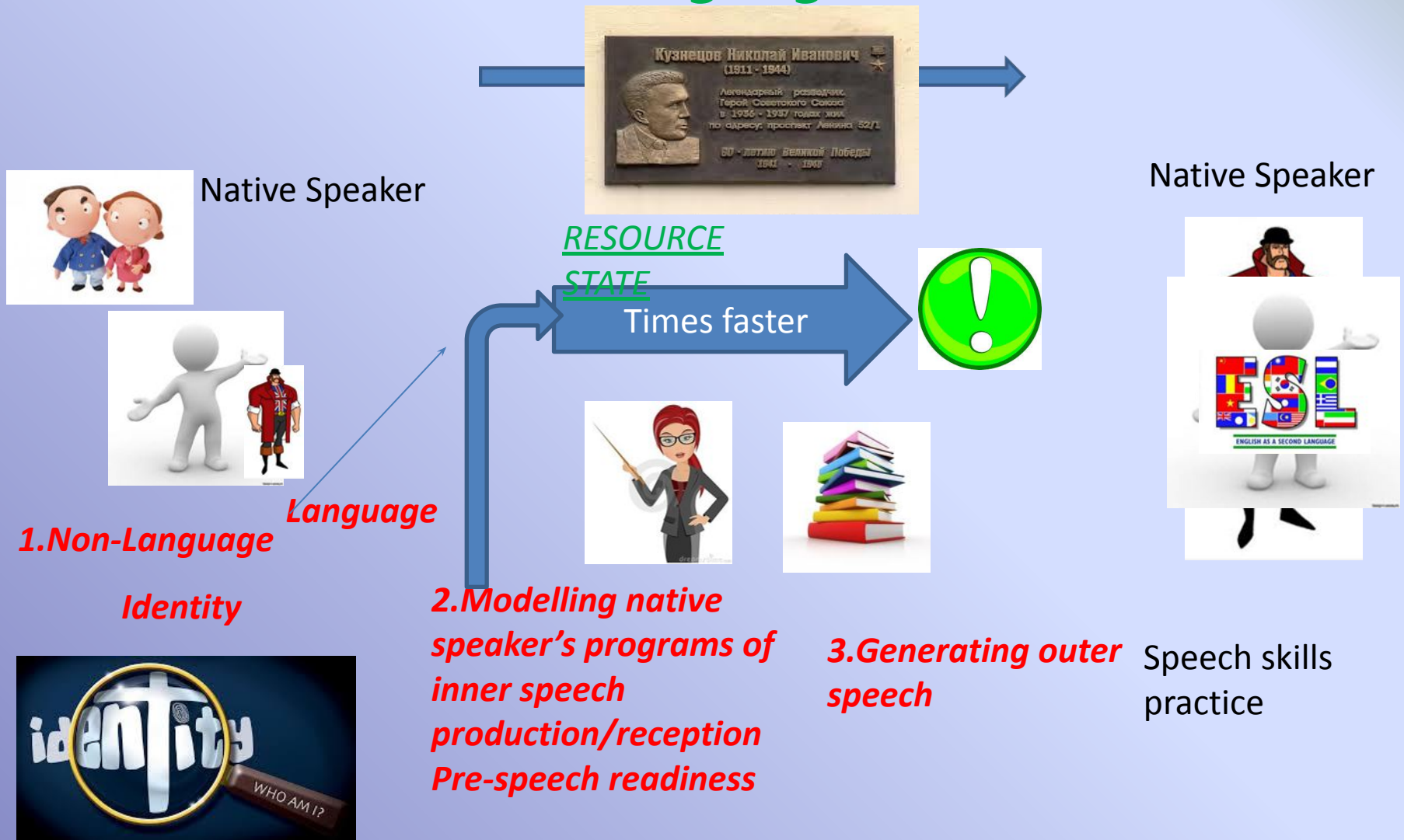


Practise speech skills  
in the target language  
environment





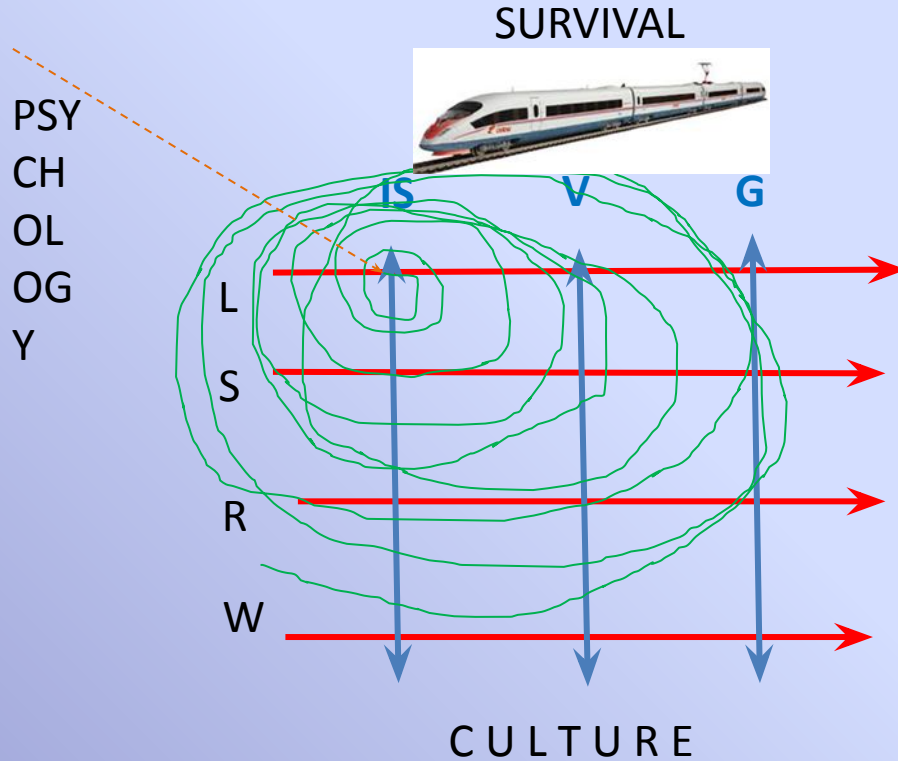
# Acquisition/Unlocking of one's native second language



# Practice Matrix



*start*



# *Englishnessing*

- Intonation/Accent
- Vocabulary
- Grammar
- Culture

# Approach Fundamentals





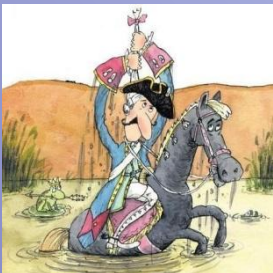
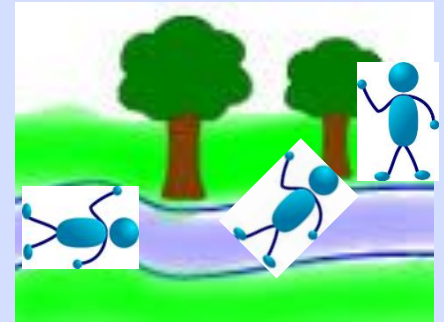
- Balance/Unity – Yoga (Integral Yoga)
- Development – Language ( English)
- Success – Native Speaker – Model Success
- Neurolinguistic programming (NLP)
  - Model outside (e.g.80% comprehension)
  - Model inside (e.g. Inner Programming)
- Psycholinguistics (inner speech, fields)
  - Psychology
  - Methodology Techniques



# Key Attitudes



- *Ease/Freedom/Self-Transforming Changing). Native-Nature*
- *Way from above and below(whole-part-whole).*
- *Let it be/go/ **giving*** 
- *Through mind/not from mind* 
- *Multiways are right/ Self correcting*
- *Unified key point of concentration (springbutton)- content – forest (not separate trees)*
- *Operational Images (gestures/3D space/activities)*
- *No-choice way programs (metaphor: shoelaces)*



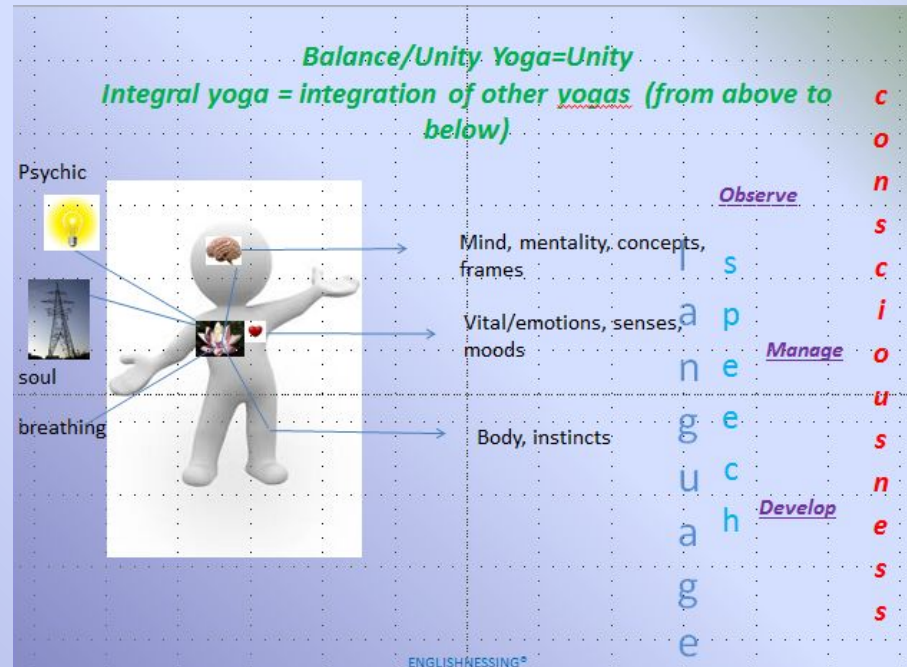


# Pre-Language Identity

Resource dynamic balance state – ‘interpreter’(development attitude) –integral yoga technologies

## PROCESSES

- Aspiring
- Presentnessing
- Clearnessing
- Definitenessing
- Dynamic Balancing/Moving
- Positiving/ Gaming
- Surrendering/Giving attitude
- Afterego
- Progressing



# *(English) Language Identity (Psychological Strategies)*



- Accepting another language identity (MY language)



- Mirror-Mirror on the wall...
- Time line (additional coding of one's past experience)
- Sand pit (speak your action-thoughts)
- Turning a new leaf each day



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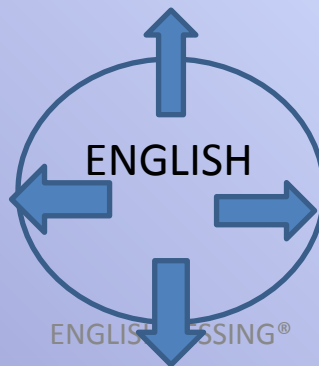
# Psycholinguistic Strategies



## **Programs of inner-speech production**

*(operational patterns of sensor-mental maps*

- *Comprehension (English – English)*
- *Acquiring/ Self-programming R|E –E|R -E*
- *(Pre) Speech readiness E-E*
- *Generation (involved inner/outer speech) E-E*
- *Speech activities practice*



**STATES**

ENGLISH

# Bilingual Language Skills Practice

## “Magic” Ratio



**1) 75% Comprehension** (listening + understanding)

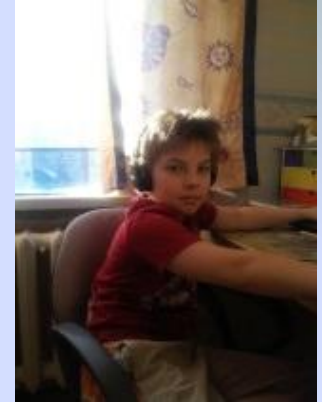
4/1 (Listening/ Speaking)-6 hours/day

Intensive/ Extensive

**Authentic discourse**

**2) 25% Speaking** – 1.5 hours/day

+ Inner speaking



**A) 75% Reading** (2 hours a day)



**b) 25% Writing** (30 min a day)





# Programs of inner-speech production

- **Intonation-sound operational patterns**
- Kinaesthetic (**ACCENT** acquiring intonation-sound patterns)
  - Fingers/ Hand-Arm/ Body
- ✓ Concentration points
- ✓ Rhythm/ Spring



Joanne



Tom



Leo and Matt





# Englishnessing

## Sounds/Intonation/ Accent



- Let it imprint Body/Mind:  
figures/hands/arms/movements; endings  
repeat
- A phrase play freedom: slow/fast; loud/low;  
stress variation/emotions (*'I am learning English'*)
- Stress: **comment/record-to record**
- Pronunciation: rouble

Dearest creature in creation,  
Study English pronunciation.  
I will teach you in my verse  
Sounds like corpse, corps, horse, and worse.  
I will keep you, Suzy, busy,  
Make your head with heat grow dizzy.  
Tear in eye, your dress will tear.  
So shall I! Oh hear my prayer.

# Timeline modelling 'Sandpit Playground Speech Personality (Identity)



## Cheshire Cat Contest 😊

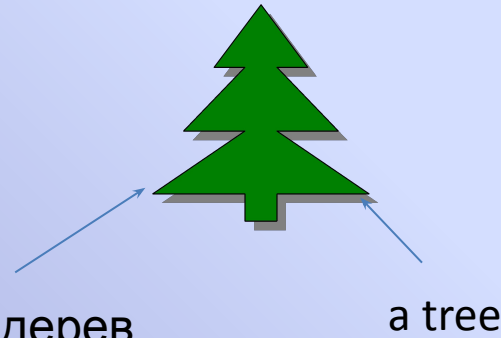
### Timeline modeling 'Sandpit Playground'



# Programs of inner-speech production

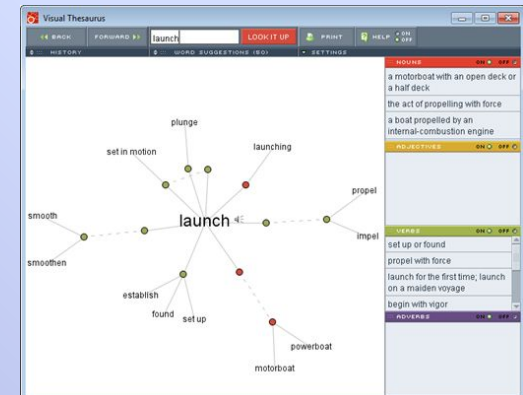
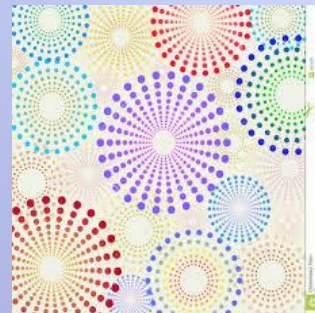
- **Lexical Operational Patterns (Fields)**

✓ **Direct link**



✓ **Concept – meaning**

***I am launching a project***



# Raising/Changing/Transforming Speech Personality (Identity)

Cheshire Cat Contest 😊

*Activating My Englishness Fields*





# Programs of inner-speech production

## • Lexical Operational Patterns (Fields)

### ✓ Concept – Meaning

#### launch1 [lɔːntʃ]

##### ◆ verb

1 to make (a boat or ship) slide into the water or (a rocket) leave the ground: *As soon as the alarm was sounded, the lifeboat was launched; The Russians have launched a rocket.*

Russian **спускать на воду; запускать**

2 to start (a person, project etc) off on a course: *His success launched him on a brilliant career.*

Russian **давать старт**

3 to throw.

Russian **метать**

##### ◆ noun

(an) act of launching.

Russian **спуск на воду; запуск**

#### 'launching-pad

##### ◆ noun

a platform from which a rocket can be launched.

Russian **стартовая площадка**

#### launch into

to begin eagerly: *He launched into an enthusiastic description of the play.*

Russian **с жаром пускаться в**

#### launch out

to throw oneself freely into some new activity (often involving spending money).

Russian **смело начинать**

#### launch2 [lɔːntʃ]

##### ◆ noun

a large, power-driven boat, usually used for short trips or for pleasure: *We cruised round the bay in a motor launch.*

Russian **прогулочный катер**



spring

charge

drive

draw


fit



# A bare hare has eaten the mayor



## • Lexical Operational Patterns (Fields)

- ✓ (imprinting) 
- ❖ I-connected with
- ❖ N-necessity
- ❖ C-Concrete (+here/now)
- ❖ A-Action/Movement
- ❖ S-Sensors (5 sensors)/colours
- ❖ E-Extraordinary



**a lawn** [lɔ:n] (a long lawn)

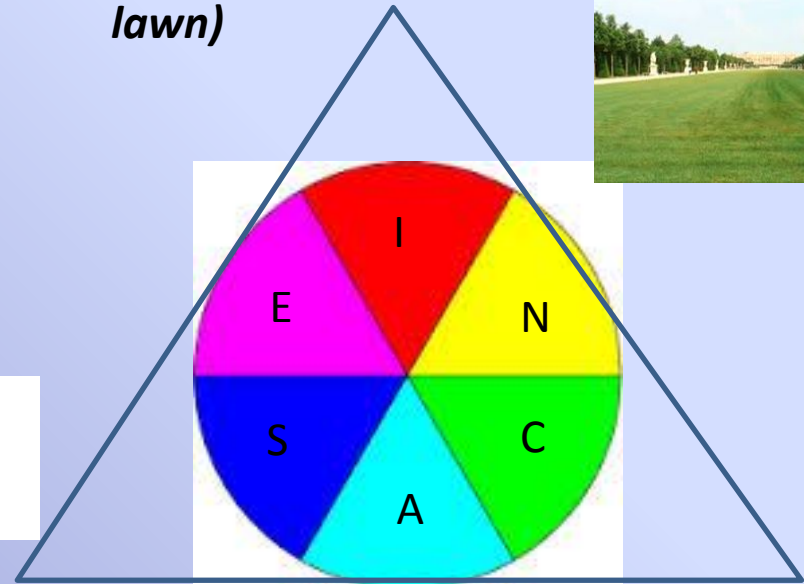


Fix and let them go (5+2=7)  
Dictionary Technique



long  
[lɔŋ]

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*I am alone on the long lawn*

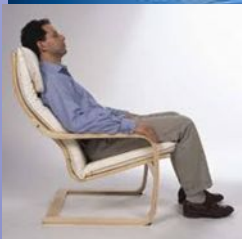
# Programs of inner-speech production

- **Lexical Operational Patterns (Fields)**

- Associative Thesaurus of English, Kiss (1972)
- *Sound symbolism: sleet, slide, sleek*



## ✓ Lexical Field Activation



A bone

stroke

A kennel

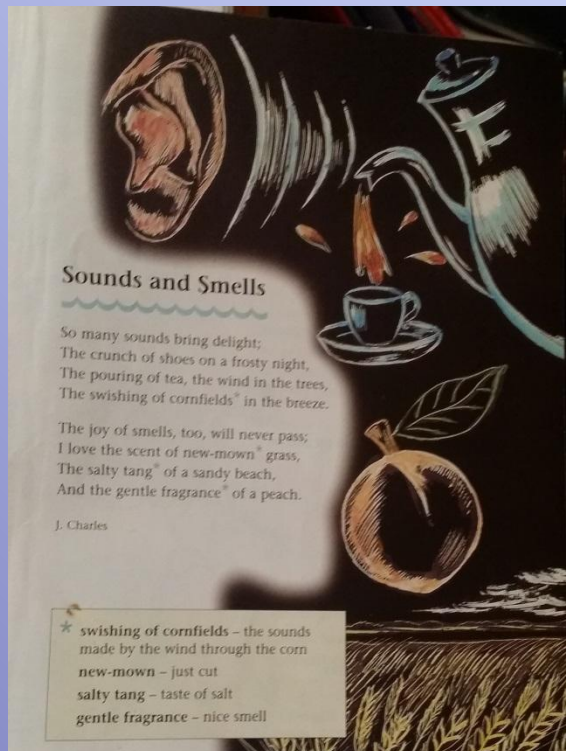


barks

# Programs of inner-speech production

## Cheshire Contest 😊

*Explain your word acquiring using the «INCASE» technique*



# *Language, Mind, Speech Personality/Identity*



## SUMMER-TIME

Summer's the play-by-the-stream time;  
Roll-in-the-meadow-and-dream time,  
Lie-on-your-back-and-chew-grass time,  
Watch-butterflies-as-they-pass time,  
Try-and-pick-daisies-with-toes time,  
Playing-where-nobody-knows time.



# Englishnessing Vocabulary

- Synonyms/Idioms/Phrasals /Gender \*good.../ put up with, live up to/ raise eyebrows, round the corner/*ship/moon-she; butterfly/fox/the Sun-he; animal sounds: woof-woof*
- **Tricky:** very good morning/windfall/ /can you give me a hand/adhesive tape (scotch)/Green faced/police officer/fetch/arm/I need it badly/ he protested his innocence/She studies hard-He hardly studies/six former/terrible-terrific/humility-humiliation/economic-economical/feel myself fine, feel sympathy, outstanding payments , lettuce-salad, a few friend-few friends
- is underway/in the build-up to/fail to do/it is not uncommon/catch hold of/unchain my heart/outdoors/bare-footed/what do you make of this/make sense/passengers are stranded/odds are/on the flipside/promising employee, deliver goals,
- Bless you/Blimey/mind your step/ are you happy/bear with me
- Slide/slit/slump
- Going under the ladder/ **Sod's Law or sod's law** is the idea that if something can go wrong, it will go wrong. [BRIT, INFORMAL] This was sod's law: when the spare tyre is in use, you will have a puncture.

Do you want more- (No)Thank you/Yes (Please)

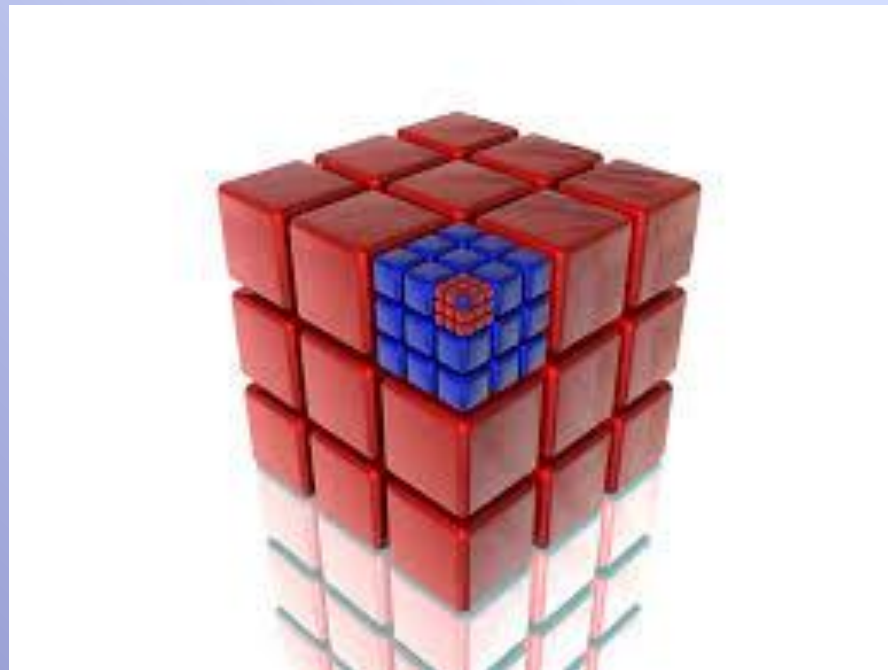


# *Programs of inner-speech production*



- ***Grammar Operational Patterns***

- ✓ 3D model
- ✓ Sensor-mental maps (SMM)



# Programs of inner-speech production



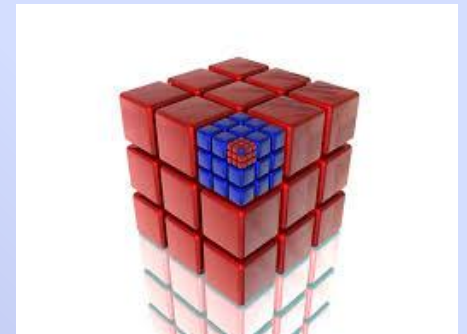
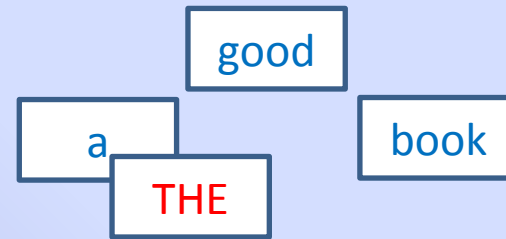
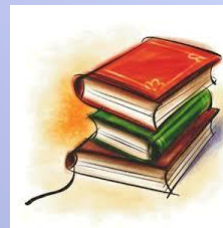
## • Grammar Operational Patterns

### ✓ Subject

- a book – a good book
- the book
- a table book pen
- Vanya's book
- His book
- on the table
- a book



books



# Raising/Changing/Transforming Speech Personality (Identity)

Contest 😊



***Making authentic collocations game:  
consciousness /development/ identity/  
Put 2/3/4 nouns and explain/then reshuffle their  
positions and explain again***

# Englishnessing

## Development Dynamic Balance

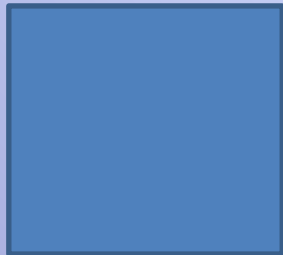
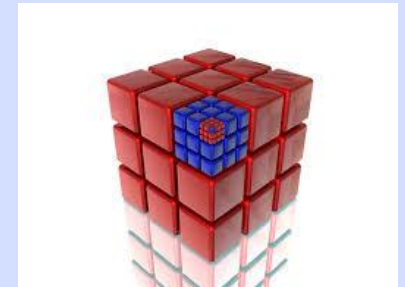
Who, What	state	<ul style="list-style-type: none"><li>- to be</li><li>- to have</li><li>- there be</li></ul>
KTO, YTO	→ action	<ul style="list-style-type: none"><li>- to do</li><li>- to be doing</li><li>- to have done</li><li>- to have been doing</li><li>- . . . . .</li></ul>
	←	<ul style="list-style-type: none"><li>- to be done</li><li>- to be being done</li><li>- to have been done</li></ul>



# Programs of inner-speech production

- **Grammar Operational Patterns**

✓ **State**



This is a cat

The cat has whiskers.

There is milk on the cat's whiskers





# Programs of inner-speech production

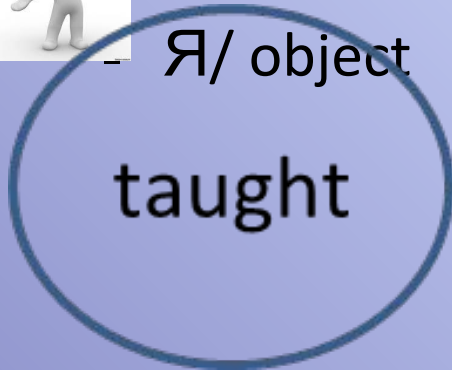


## • Grammar Operational Patterns

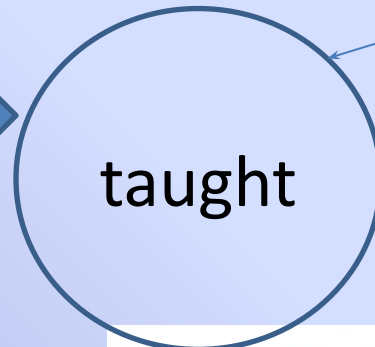
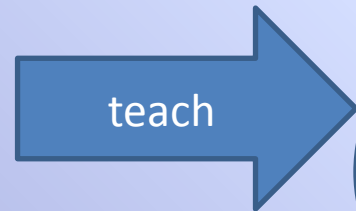
### ✓ Action



I/subject  
Я/ object

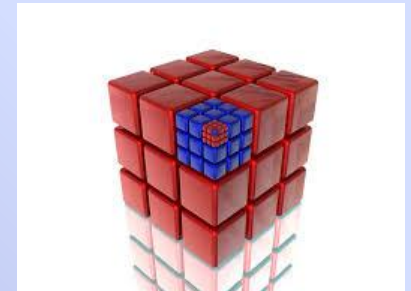


I am taught



State after the  
applied action

They are taught



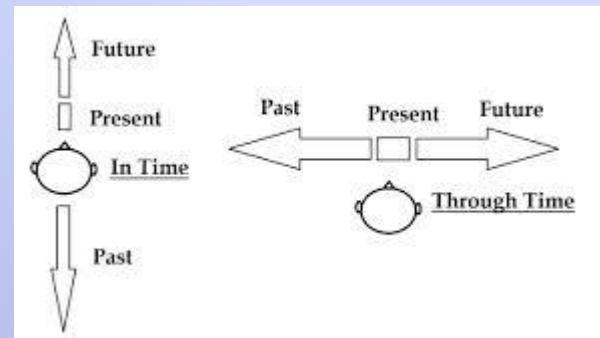
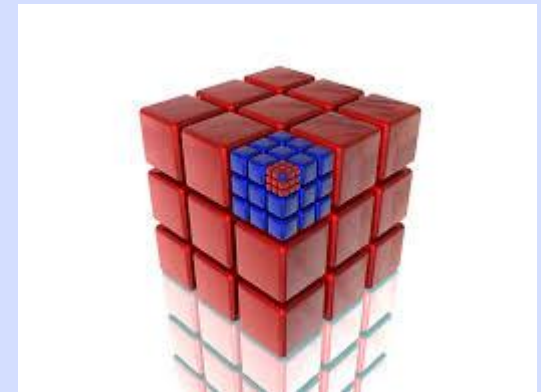
# Programs of inner-speech production

- **Grammar Operational Patterns**

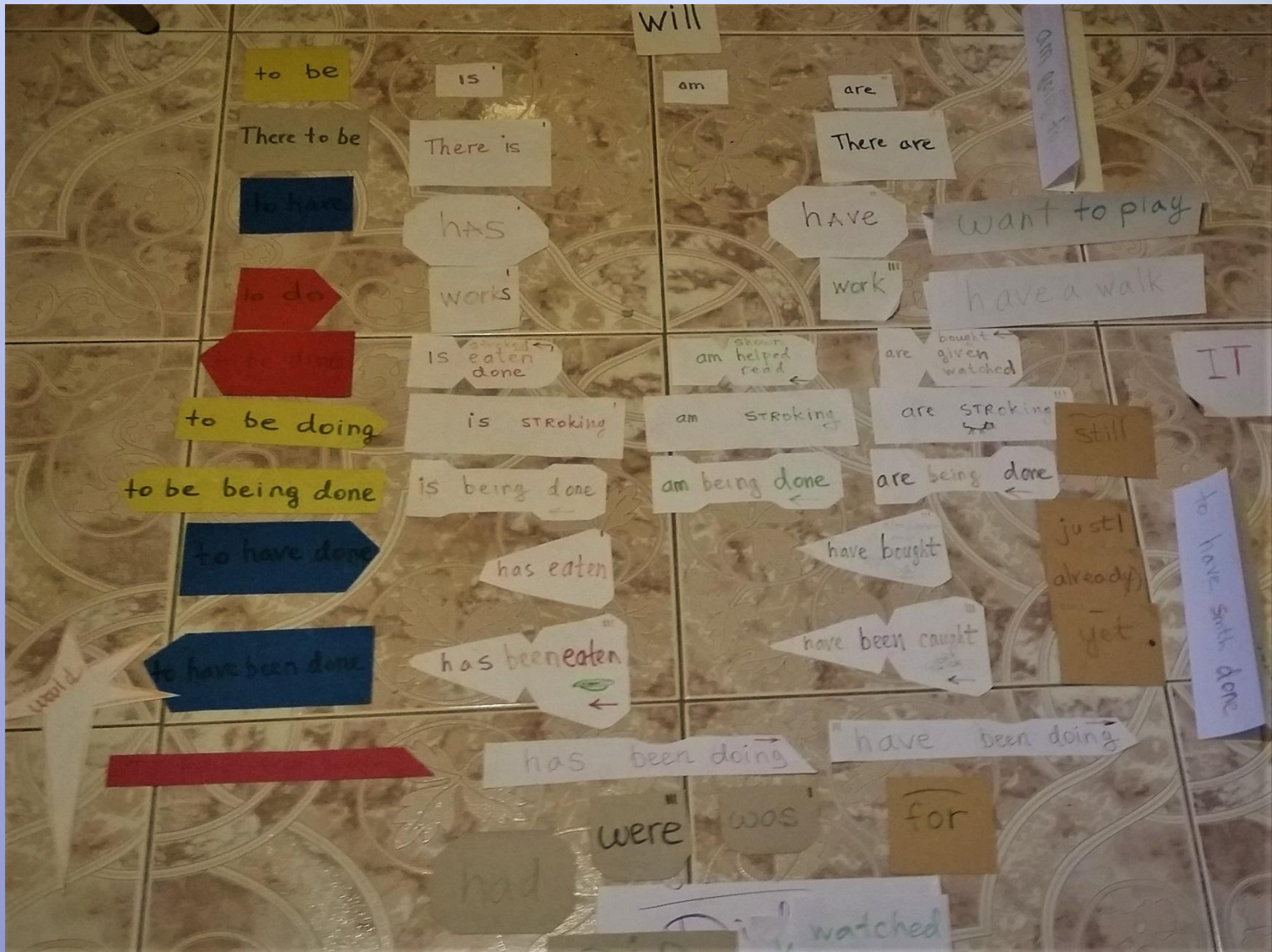
## ✓ **Action**

### ✓ **10 key categories (SMM)**

1. *To be*
  2. *There be*
  3. *To have*
  4. *To do*
  5. *To be done*
  6. *To be doing*
  7. *To be being done*
  8. *To have done*
  9. *To have been done*
  10. *To have been doing*
- state
- movement



# 10 categories





# Englishnessing

## Development Dynamic Balance

I am going to cut

I am cutting

I have cut

---

He is going to colour the dragon blue

He is colouring the dragon blue

He has coloured the dragon blue

# Programs of inner-speech production

## • Grammar Operational Patterns

✓ It

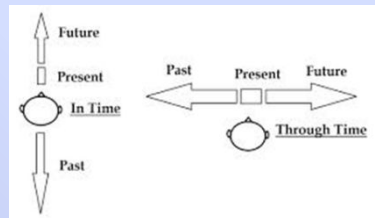
✓ Done/ been

✓ For/by/on/to/at

✓ Past (went/ goed)

✓ like/likes

✓ To move/moving/moving/the moving(of)





# Programs of inner-speech production

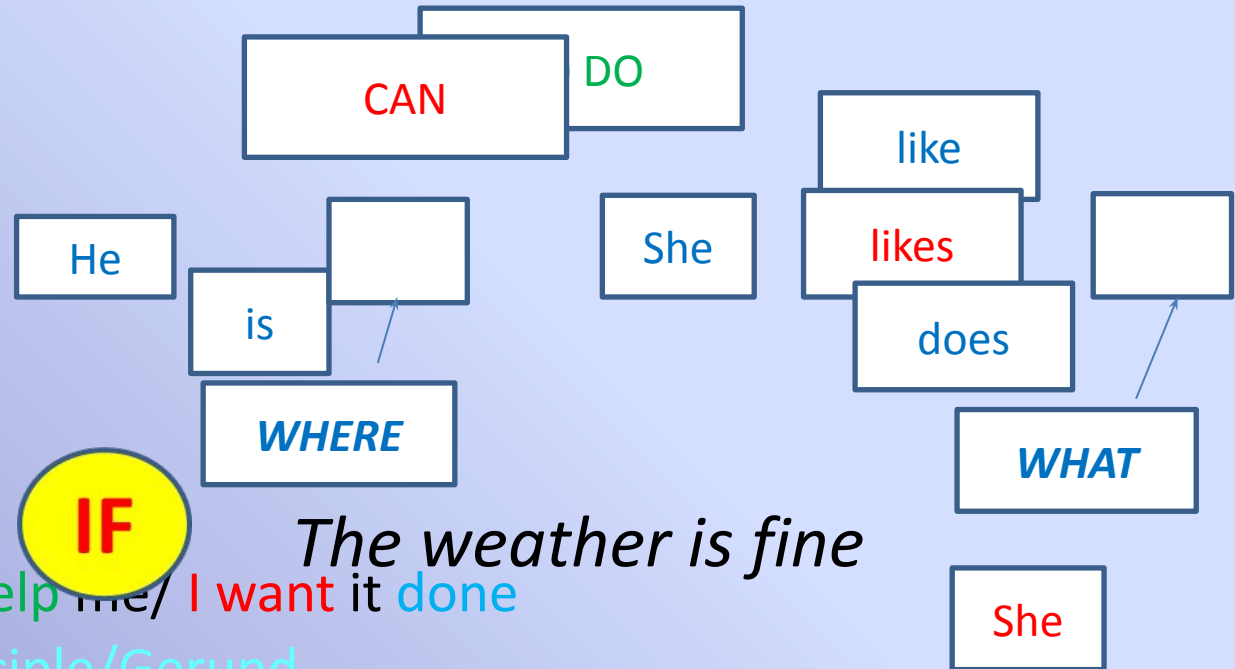


## • Grammar Operational Patterns

✓ Can do

✓ Questions

✓ If/when



✓ I want him to help me/ I want it done

✓ Infinitive/ Participle/ Gerund



# Discourse Generation

1.

A table  
The table  
On the table



2.

A book  
A green book



3.

There is



*There is a book on the table*



# *Englishnessing*

## *Grammar*

- You don't like Russia, do you. - Yes, I do.
- Do you mind my opening the window. – No,
- Nobody knows it, do they
- If he knows
- Have done
- Stopped smoking/stopped to smoke

\*What goes to bed with its shoes on?



# Englishnessing Culture/Survival

- Literature
- Movies
- Songs
- History
- Arts
- Economics/Science/Politics
- Life Realia (calling a doctor etc. pay bills)



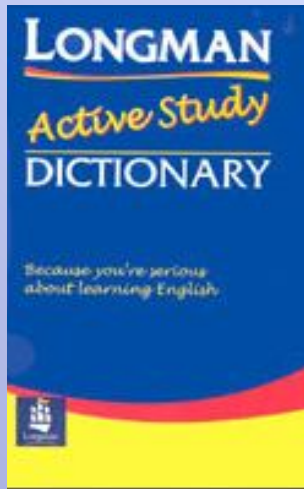


# Resources

- Applications



# Resources



**Library Genesis<sup>2M</sup>**

LG community forum has moved to [forum.mhut.org!](http://forum.mhut.org/)  
Letter of Solidarity

**Search in :**

LibGen (Sci-Tech)  Scientific articles  Fiction  
 Comics  Standards  Magazines

LibGen Search options:

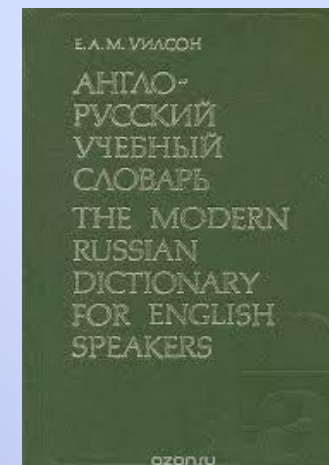
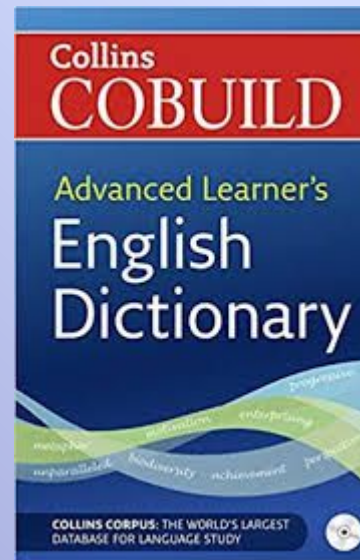
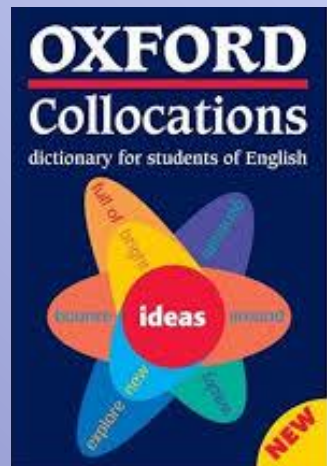
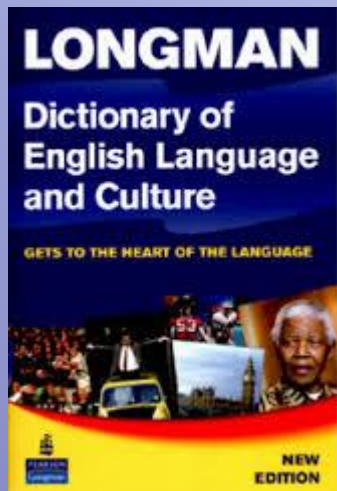
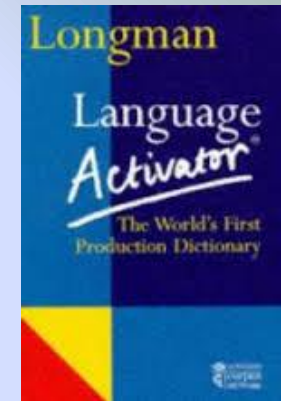
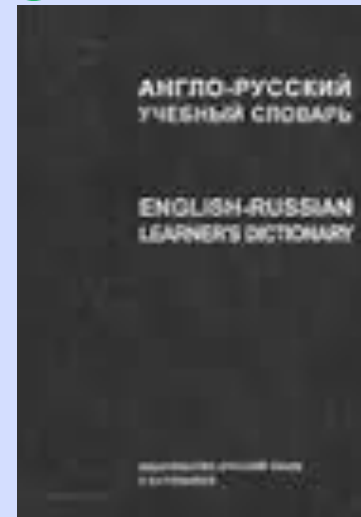
**Download type:** Resumed dl with original filename ▾

**View results:**  Simple  Detailed

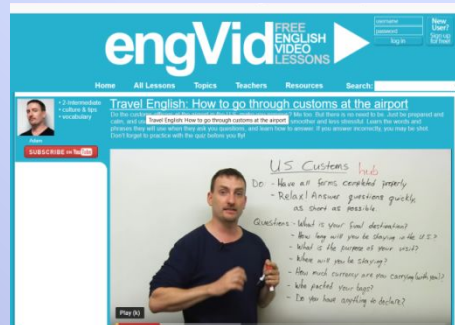
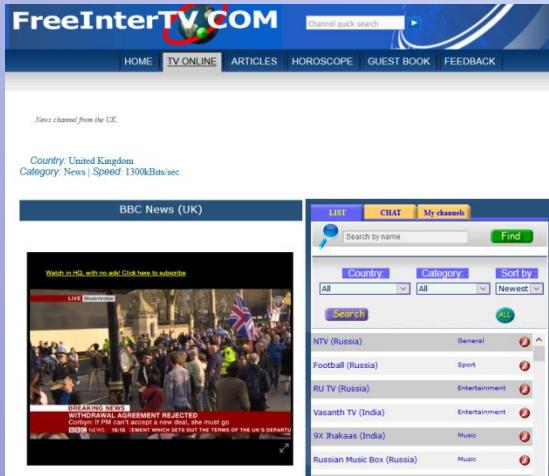
**Results per page:** 25 ▾

**Search with mask (word\*):**  No  Yes

**Search in fields:**  The column set default  Title  Author(s)  Series  
 Publisher  Year  ISBN  Language  MD5  Tags  Extension



# Resources

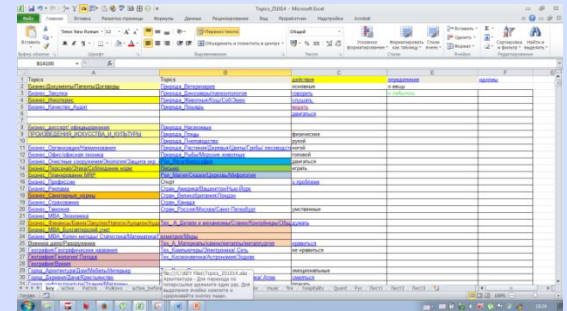




# Resources

- Compiling one's vocabulary

- Cloud



- Creating one's own system

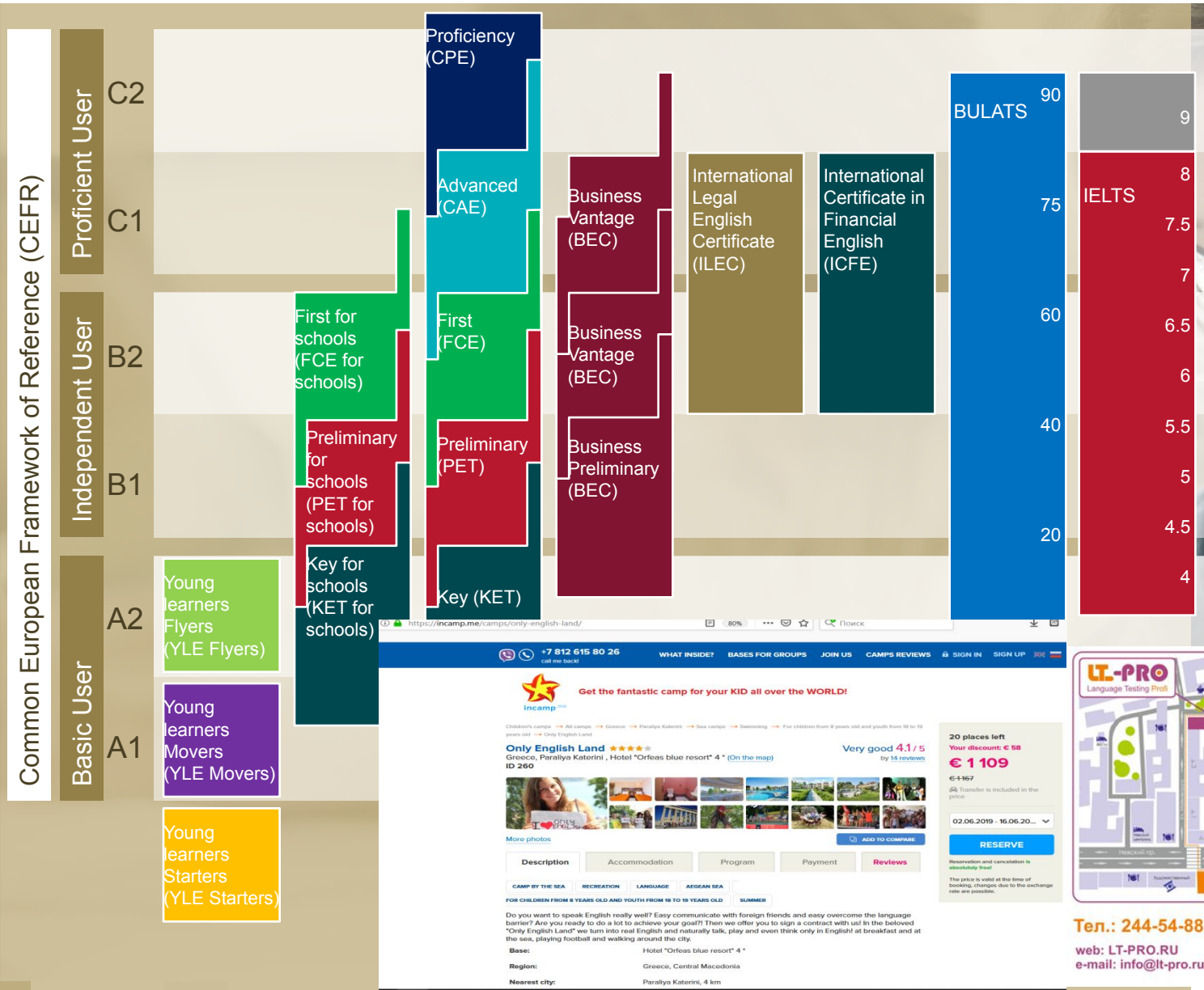
- Schedule your integrating

	A	B	C	D	E	F	G
1	Умения и навыки	Этапы усвоения					
2	Произношение слова по буквам алфавита (Spelling)						
3	Произношение звуков (постановка)						
4	Интонация						
5	Звуко сочетания						
6	Называние знаков транскрипции						
7	Различение и запись звуков на слух						
8	Чтение слов по транскрипции						
9	Чтение текстов по транскрипции						
10	Усвоение буквосочетаний (Чтение слов)						
11	- первая группа (1,2 типы чтения, "c", "g", "y", "-s") Тест 1						
	- вторая группа (3,4 типы чтения +) Тест 2						





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# Thanks for attention!

## ?Q&A?



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