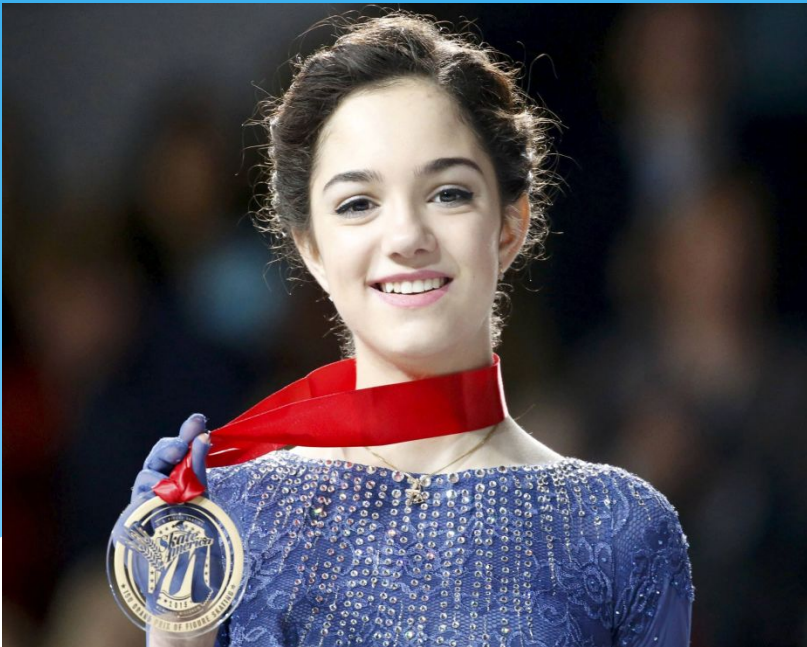


The competition for English language «Learn to win»

MY IDOL



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Biography

Evgenia Medvedeva was born on November 19, 1999 in Moscow to a Russian-Armenian family. Evgenia is the maiden name of his grandmother. On skates she embraced in three and a half years. First, she studied with Lyubov Yakovleva in CSKA, and when she retired - in 2006 began to train in a group Of Elena Selivanova. In 2007 Evgenia's parents decided to transfer her to Eteri Tutberidze's group. As the sportswoman told, at the age of 9 years she already accurately represented that "figure skating is my work, my career and my life". At the same time, I was aware that it requires effort and self-discipline: "you just have to learn to overcome yourself and difficulties." "Years to ten, although from morning to evening I was busy figure skating, I wanted to play, run, escape. And after ten occurred fractures. I already knew exactly what I was working for, why I was doing it, what I need to do to achieve results," she shared.

Figure skating

Already at a young age Evgenia Medvedeva had an impressive track record of victories. After the first performance at competitions in Latvia the first place it waited and in Poland (179.96 points), and here serious wrestling on competitions in Japan ended with bronze (163.68), and bypassed her Russians Maria Sotskova and Serafima Sakhanovich.





In October 2015, Evgenia began performing among adult skaters. She started at the Memorial of Ondrej Nepela and won this start. Three weeks later, she performed in Milwaukee at the Skate America Grand Prix series. In a difficult fight, the skater was able to win the first place. At the next stage in Russia her performance was also successful. She finished second. As a result of performances at the Grand Prix, Evgenia reached the Grand Prix final in Barcelona, where she won the competition in the short program on December 11.

- * At the European championship 2017 Evgenia again won the gold medal, becoming a two-time European champion. At the same time, she again broke the world record in the free program, and set a new world record for the sum of points in the two programs .
- * At the world championship in Helsinki confidently won, becoming a two-time world champion. In the short program she scored 79.01 points, not having gained only 0.2 points to her own set world record, and in the free program she scored an unprecedented 154.40 points, by more than three points immediately updating the world record in the free program and the sum of points.
- * At the same time contributed to the conquest of three tours for his country to the Olympics in South Korea.



At the last European championship in Moscow in 2018 took second place. At the Olympic games Evgenia as a part of the team of Olympic athletes from Russia won a silver medal in team competitions. Evgenia successfully skated the short program and brought the maximum 10 points to her team. At the same time, she updated her own world record in a short program. At the Olympic games in individual competitions took second place and won a silver medal.

Victories and awards of Evgenia Medvedeva

- * Silver-Pyeongchang 2018-single skating
- * Silver-Pyeongchang 2018-team competition
- * World championship:
- * Gold-Boston 2016-single skating
- * Gold-Helsinki 2017-singles
- * Gold-Bratislava 2016-single skating
- * Gold-Ostrava 2017-single skating
- * Silver-Moscow 2018-singles
- * Grand Prix finals:
- * Gold-Barcelona 2015-single skating
- * Gold-Marseille 2016-single skating
- * World team championship:
- * Silver-Tokyo 2017-team competition





*Thank you for
listening