

A vibrant field of flowers in bloom. In the foreground, several red tulip buds stand tall on green stems. Interspersed among them are smaller, delicate blue flowers. The background is a soft-focus expanse of green grass and more flowers, creating a bokeh effect. The overall scene is bright and cheerful, symbolizing spring and new life.

**NAYRYZ IS THE BEGINNING OF
NEW LIFE**

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A dark grey arrow points to the right from the left edge of the slide. Below it, several thin, curved lines in shades of blue and grey sweep across the left side of the slide.

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Nauryz is a very important holiday for Kazakhs, which marks the beginning of a new year. It is celebrated several days starting from 21st of March, the day of the spring equinox.



Nauryz means 'new day', it is celebrated in the Great Steppes from ancient times.



Nauryz symbolizes goodness and wealth, happiness and love and a great friendship day, since this holiday is common for many nations. During Nauryz celebrations, past offences are forgiven and forgotten and everybody makes a wish to leave all badness behind and bring renewal in the New Year.



Celebration of Nauryz





During the Nauryz holiday, large and small cities, villages become festival centres, feltyurts – traditional nomad houses are erected in city centres and rich dastarkhan (table) is laid down in each of them.

City squares get full of yurts, and many performances take place there. Here one can learn about the culture and lifestyle of nomads and find people wearing beautiful national clothes, listen to Kazakh songs and play of musical instruments, etc. In holiday exhibitions and fairs traditional gifts and souvenirs are sold.



Usually young people gather around Altybakan, which is a large hanging swing, with colourful decorations, where songs are sung, and traditional games are played. During Nauryz holiday, many famous stars give concerts in cities and the holiday is completed by fireworks.



Dishes served during Nauryz

Nauryz kozhe is the most important of all meals during these days and a main symbol of Nauryz, since it is prepared specially for this day. Nauryz kozhe is special for its unique recipe. Traditionally, 7 different ingredients are added to Nauryz kozhe, which may vary, but basically these ingredients include: water, meat, salt, milk or yoghurt, one type of grains, chosen from rice, corn or wheat,



Seven ingredients symbolize seven virtues or qualities, such as joy, success, intelligence, health, wealth, agility and security.

During the celebration of Nauryz, the kozhe is offered to all guests in any city or village of Kazakhstan. Besides, other traditional [Kazakh meals](#), such as beshbarmak, kuyrdak, boursak, and many types of meals made from milk (yoghurt, kurt, cream, butter, cheese, etc) are also offered.



CONCLUSION:

Nauryz is official holiday in the Republic of Kazakhstan, Uzbekistan, Kyrgyzstan, Turkmenia , Azerbaijan and Tadjikistan. During the course of history Nauryz became a symbolic Kazakh New Year in Kazakhstan. Nowadays it is one of the most favourite holidays in Kazakhstan. Kazakhs also often refer to Nauryz as “Ulystin uly kuni” which means “the great day of the nation”. Nauryz remains also a strong tradition in the countries of Central Asia as well as in Afghanistan, Iran and Azerbaijan. The present day name of Nauryz derives from the Persian Novruz translated as a new day.