



Vegetables

Prepared:
Issakhova Saltanat,
Adambai Akerke,
Ashkenova Ardak,
Zhanusak Daurhan

Vegetables play an important role in human life

The meaning of "vegetable" as a "plant grown for food" was not established until the 18th century



Glossary

- ❑ **Vegetable** - is the edible part of a plant that is used in cooking or can be eaten raw
- ❑ **Potato** - is a starchy, tuberous crop from the perennial nightshade *Solanum tuberosum*
- ❑ **Carrot** - is a root vegetable, usually orange in colour, though purple, black, red, white, and yellow varieties exist
- ❑ **Tomato** - is the edible, red fruit of *Solanum lycopersicum*, commonly known as a tomato plant, which belongs to the nightshade family, Solanaceae

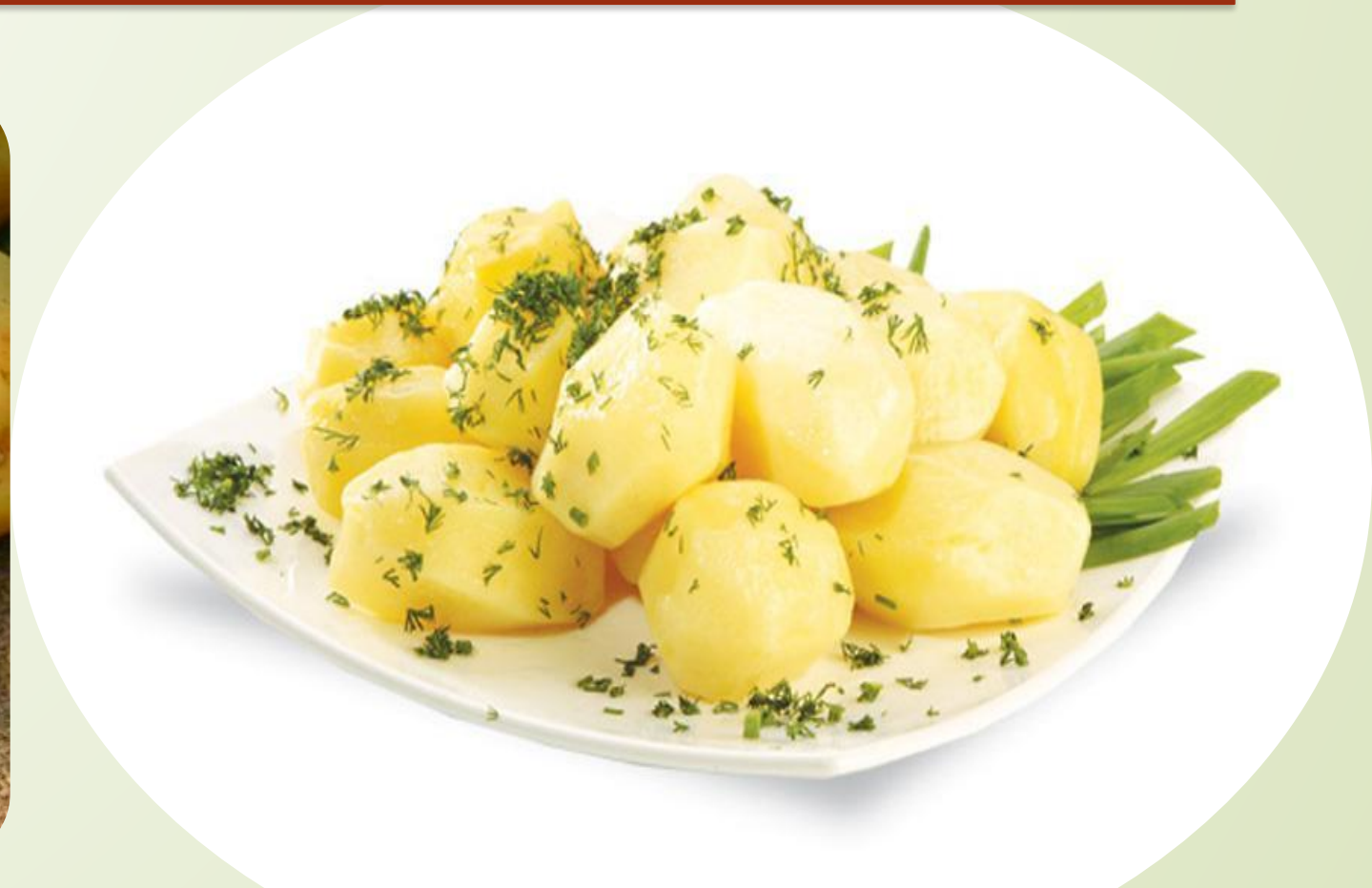
Vegetables divide by:

- sheet greenery
- fruit
- root crops
- bulbous
- leguminous
- spicy vegetable seasonings



Potato

Tubers of potato are important food stuff, unlike poisonous garden-stuffs. The motherland of potato is South America



Carrot

Carrots are one of the ten most economically important vegetable crops in the world



Tomato



The word "tomato" comes from the Spanish tomate, which in turn comes from the Nahuatl word tomat. Nutrition .A tomato is 95% water, contains 4% carbohydrates and less than 1% each of fat and protein (table). In a 100 gram amount, raw tomatoes supply 18 calories and are a moderate source of vitamin C (17% of the Daily Value), but otherwise are absent of significant nutrient content

Questions:

- 1 What is your favorite vegetables ?
- 2 In what century the term vegetables ?
- 3 What is the motherland of potato ?
- 4 How many percents of water contain a tomato?



Thank you for your
attention!!!

