YOUTH PROBLEMS

Chaikova Karina GT-11 Youth is a very important period in the life of a human being. This is the time when a person discovers the world and tries to determine his place in the universe. But the teenager can meet many difficulties and go on the wrong way. And now I will acquaint you with the most widespread defects of youth.



SMOKING



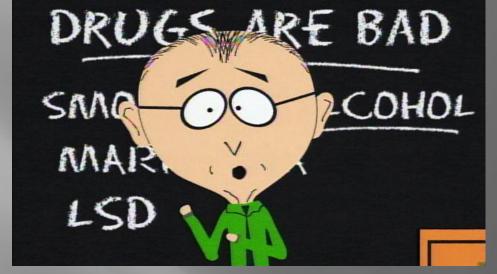


Smoking and youth – very serious problem, and a problem not only medical, but also social. While in Europe and in America commitment to a healthy lifestyle extends more and more, at us absolutely opposite tendency is noticeable. Nicotine - one of the most dangerous poisons of a phytogenesis.

If the person smokes in day from 1 to 9 cigarettes, reduces the life (on average) by 4,6 years in comparison with the non-smoking; if smokes from 10 to 19 cigarettes, for 5,5 years; if smoked 20 to 39 cigarettes - for 6,2 years. It is long and much smoking 13 times more often get sick with stenocardia, in 12 - a myocardial infarction, by 10 times - stomach ulcer and by 30 times lung cancer. Scientists found out that smoking is twice more dangerous to the growing organism, than to the adult.

DRUGS





Why today drug addiction among teenagers is so widespread? First of all, because the teenager wasn't created as the full-fledged personality yet, he is emotionally weak and excessively curious. Besides, the teenager wants to become quicker an adult, to differ from other contemporaries and to solve problems in the easiest way.

The teenager usually admits the first dose of drug to the companies of friends, in a disco, in club and even at school. Also it does it only of curiosity, having had heard plenty about narcotic "high".

In many cases drug addiction at teenage age begins because of personal problems, for example, of absence of pleasure of life. If the teenager doesn't find in the life anything good, he isn't happy with everything that him surrounds, he decides to try a deadly potion as a life-saver.

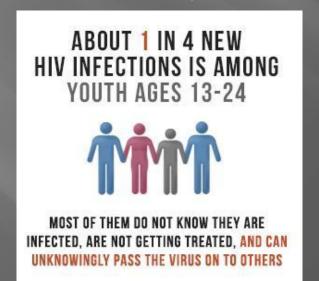
AIDS



Aids Awareness - www.aids.gov

Young people are especially subject to AIDS: 50% of new cases of infection are the share of youth at the age of 15-24 years. 5-6 thousand people from this age group daily get HIV infection, the majority of them lives in developing countries.

AIDS - very dangerous disease, medicine from which still didn't find. Therefore universal, available, regular information on AIDS, its development, manifestations of a disease, its prevention and treatment is necessary to youth: to reduce risk of infection and spread of a disease to a minimum; that treats AIDS-positive people more tolerantly; to continue to live and not to become the derelict if infection for any reason occurred.



ALCOHOLISM





Alcohol today nearly the most available drug. Alcohol resistance at teenagers the very low. Already at the use of 50-100 milliliters of vodka there comes intoxication. If drinking of alcoholic beverages has regular character (3 times a month), resistance to alcohol grows. And, above all, there is a psychological attachment, as leads to teenage alcoholism.

As in an organism of the teenager there is a development and formation of important systems, influence of alcohol on them leads to awful consequences in the future, especially on mentality.

Intellectual degradation, frustration in emotional and strong-willed spheres can be observed. Intellectual activity falls, there is a violation of a normal dream, there is a fatigue, the organism can't be restored after day loadings. Sharp mood swings begin, the most negative qualities of character develop: the teenager becomes aggressive and rough, cruel and lazy.

Reasons:

- Traditions in a family
- Lack of due control from parents
- Parents take alcoholic drinks.
- Moral atmosphere in a family.
- Promotion of alcohol.
- Availability.
- The Way of life in society.

UNEMPLOYMENT



Presently unemployment is a big problem for youth. 40% of people till 31 year can't get a job and 63% aren't late on 1 place more than a year. As a rule, at this age young people make families because of what they need essential financial investments, however work they can't find because of the overestimated expectations and lack of experience. Presently we get to a vicious circle. Employers demand from us experience and don't take for work. And where to take us experience if we aren't employed?

Be patient. You will find a job.

Thank you for your attention!