



Wednesday, the fifteenth of April

Тема урока: Экстремальные увлечения.

What are your associations with the word 'Extreme'?



# EXTREME SKIING



**It is the most dangerous and exciting of all skiing events. It consists of skiing from the top to the bottom of a prescribed course by the shortest and fastest route possible**

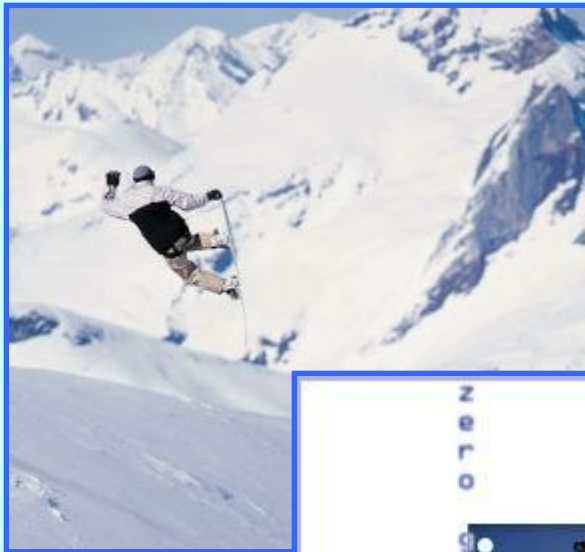
# SKI-JUMPING



A sport or activity of skiing down a very long sloping platform and jumping off at the end to see how far you can travel through the air



# SNOWBOARDING



*An activity or sport of standing on a short wide board and moving very fast down a hill covered with snow*

# SNOWRAFTING



An activity or sport  
of moving very fast  
down a hill  
covered with snow  
Sitting in a rubber boat



# ICE-CANYONING

A very dangerous sport in which you climb down deep and difficult canyons in the ground covered with ice





# ICE DIVING



**An extreme sport in which you dive through a hole into a very cold sea that has ice on the top**

# Rock climbing

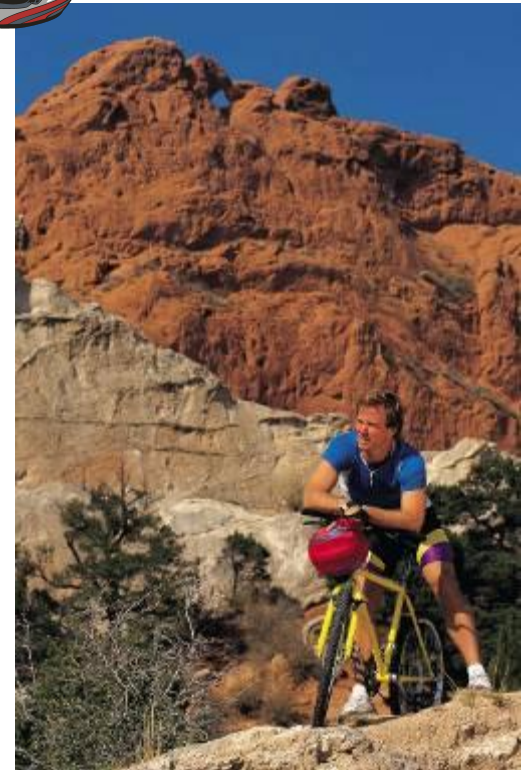
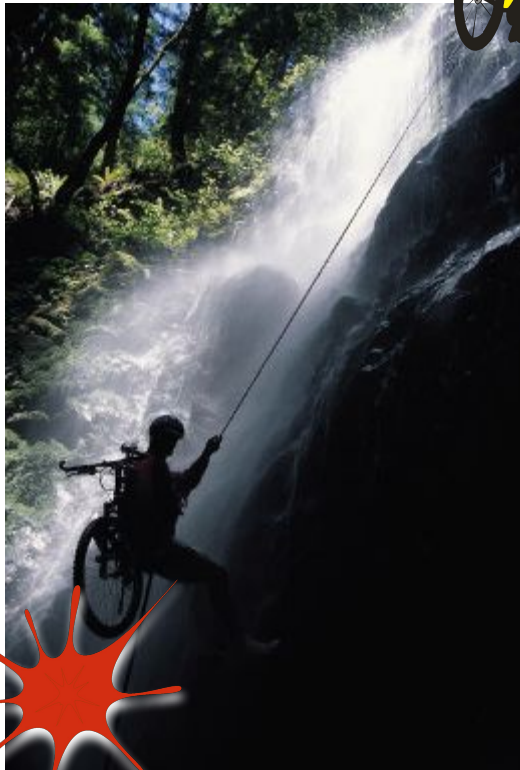


**An activity or sport  
of climbing up a mountain  
with or without ropes**

# EXTREME MOUNTAIN BIKING



The sport in which you need a mountain bike. A mountain bike is a strong bicycle with many gears, large wheels, wide tyres, and powerful brakes. This sport became very fashionable in the late 1980s.



# BLINGEE JUMPING

An activity of jumping off  
a high bridge,  
tied to a long rope





**A sport or activity  
of moving a  
rubber boat  
through water and  
round rocks in a  
river  
that is flowing  
very fast**

# WHITE WATER RAFTING



# SCUBA-DIVING



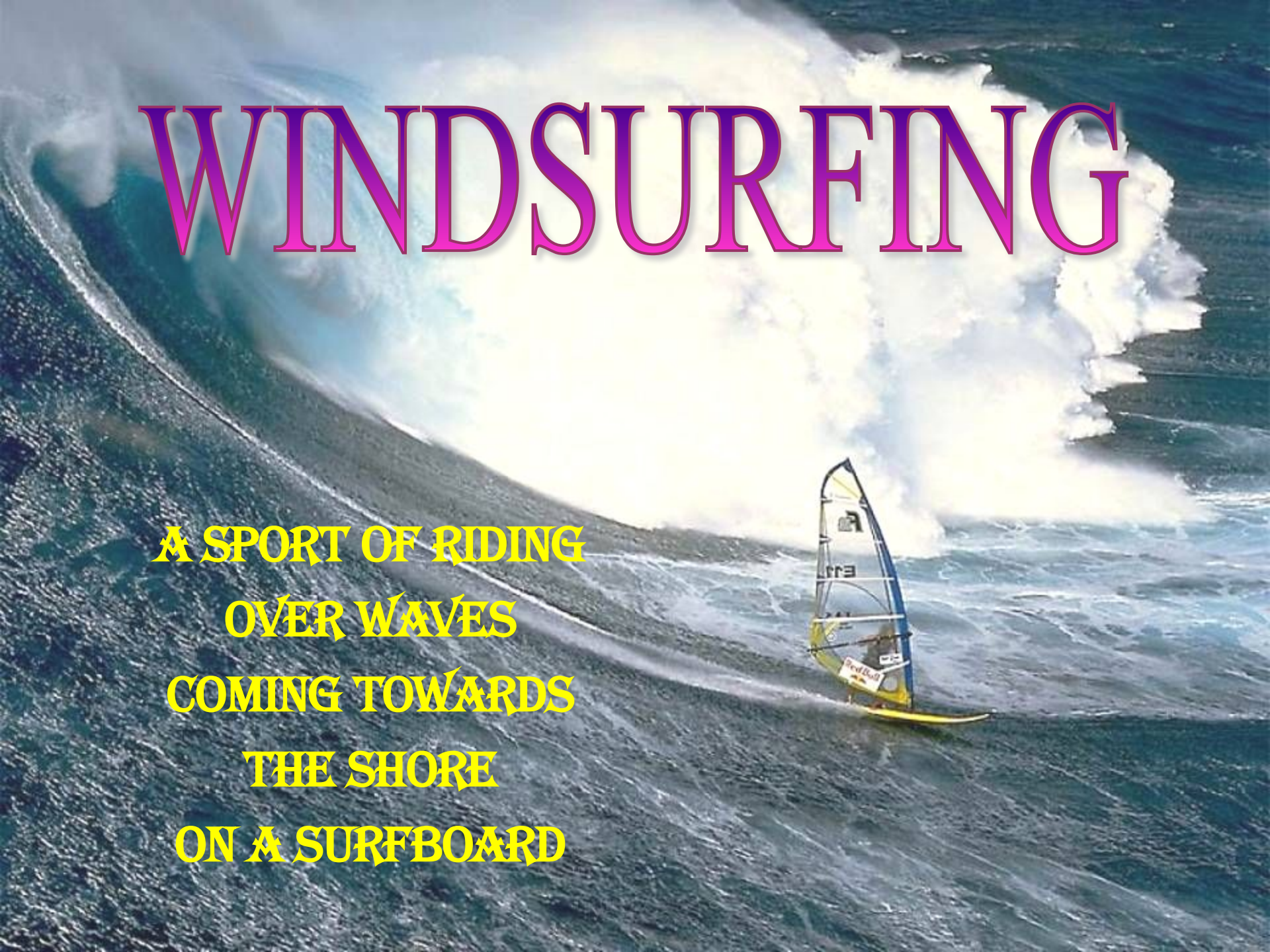
A sport or activity  
of swimming underwater  
with a scuba

# Surfing

A sport or activity  
Of standing  
on a long flat board  
And moving across  
Waves in the sea



# WINDSURFING

A windsurfer is shown riding a large, curling wave. The windsurfer is positioned in the lower right quadrant of the frame, leaning into the wave. The wave is a deep blue-green color, and the water is turbulent with white foam. The windsurfer's sail is blue and yellow, and the board is yellow. The background is a vast expanse of blue water under a bright sky.

A SPORT OF RIDING  
OVER WAVES  
COMING TOWARDS  
THE SHORE  
ON A SURFBOARD



# SKYSURFING



An extreme sport or activity of jumping out of a plane with a wide board on your feet, twisting through the air and opening your parachute very late



What extreme sports  
can you see in this slide?



What have you learnt at the lesson today?



- I knew that ...
- I have learnt that ...
- It surprised me because ...

# HOMework

- edu.skyeng.ru 8A

