

Everyday products



Fahretdinova M.V.

ФФ-102

Cereals

- semolina,
- buckwheat,
- rice,
- millet,
- oat,
- pearl barley,
- corn,
- peas,
- beans.



Flour products

- pasta,
- rye bread,
- rye-wheat bread,
- wheat bread,
- sliced loaf,
- muffin,
- crackers.



Sweet

- sugar,
- honey,
- caramel,
- milk chocolate,
- black chocolate,
- candy, marmalade,
- marshmallow,
- pastille,
- gingerbread,
- cookies,
- waffles,
- cake “meringue”.



Dairy products

- butter,
- margarine,
- milk,
- cream,
- sour cream,
- cottage cheese,
- kefir,
- buttermilk,
- yogurt,
- fermented baked milk,
- condensed milk,
- cheese,
- ice cream.



Meat and meat products

- beef,
- lamb,
- pork,
- rabbit,
- veal,
- sausages,
- boiled sausage,
- smoked sausage,
- stew,
- chicken,
- turkey,
- goose,
- duck.



Fish and seafood

- pink salmon,
- flounder,
- carp,
- Pollock,
- capelin,
- perch,
- sturgeon,
- herring,
- mackerel,
- shrimp,
- mussels,
- crayfish,
- sardines,
- salmon,
- trout,
- hake,
- pike,
- cod,
- pike perch,
- catfish,
- red caviar,
- black caviar,
- crab meat.



Nuts and seeds

- peanuts,
- almonds,
- cashews,
- walnuts,
- sesame seeds,
- pistachios,
- hazelnuts,
- sunflower seeds.



Fruits

- apricot,
- avocado,
- pineapple,
- orange,
- banana,
- pomegranate,
- grapefruit,
- pear,
- grape,
- kiwi,
- dried apricot,
- lemon,
- mango,
- mandarin,
- peach,
- apple.



Berries

- watermelon,
- cranberries,
- grapes,
- cherries,
- melons,
- blackberries,
- strawberries,
- cranberries,
- gooseberries,
- raspberries,
- Rowan,
- plum,
- currants,
- dates,
- prunes.



Vegetables

- eggplant,
- green peas,
- zucchini,
- cabbage,
- potatoes,
- onions,
- carrots,
- cucumber,
- olives,
- sweet peppers,

- tomatoes,
- radishes,
- lettuce,
- beets,
- celery,
- asparagus,
- pumpkin,
- white beans,
- red beans,
- garlic.



Drinks

- green tea,
- black tea,
- carcade tea,
- coffee,
- cocoa,
- juices,
- fruit drinks,
- mineral water.



Other products:

Vegetable oils

- sunflower,
- olive,
- corn,
- linseed,
- sesame.



Eggs

- chicken,
- quail.



Other products

Mushrooms

- white,
- chanterelle,
- Russula,
- boletus,
- champignons.



Spices

- salt,
- red pepper,
- black pepper,
- cinnamon,
- vanilla,
- yeast,
- barberry.



Thank you for attention!



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