



EXTREME



SPORTS



Quiz

# EXTREME SKIING



**It is the most dangerous and exciting of all skiing events. It consists of skiing from the top to the bottom of a prescribed course by the shortest and fastest route possible**

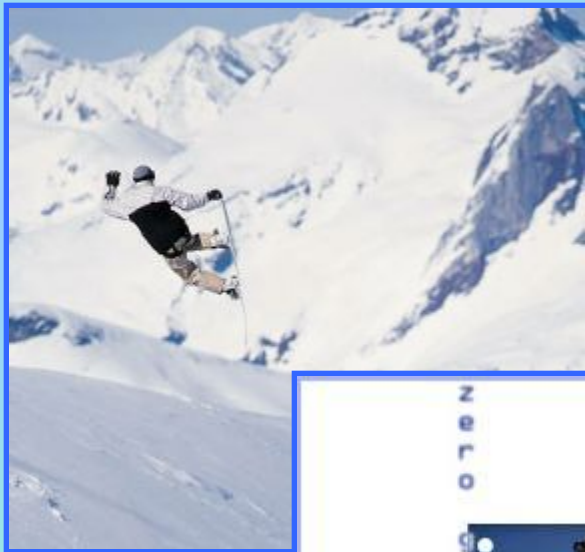
# SKI-JUMPING



A sport or activity of skiing down a very long sloping platform and jumping off at the end to see how far you can travel through the air



# SNOWBOARDING



*An activity or sport of standing on a short wide board and moving very fast down a hill covered with snow*

# SNOWRAFTING



*An activity or sport  
of moving very fast  
down a hill  
covered with snow  
Sitting in a rubber boat*



# ICE-CANYONING



*A very dangerous sport  
in which you climb down  
deep and difficult canyons  
in the ground covered with ice*



# ICE DIVING



An  
extreme  
sport  
in which  
you dive  
through a  
hole  
into a very  
cold sea

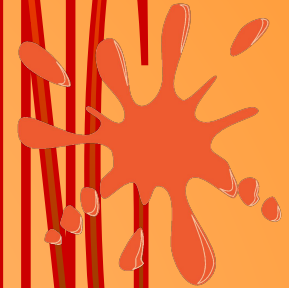
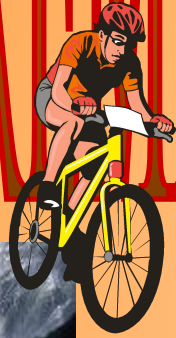
# Rock climbing



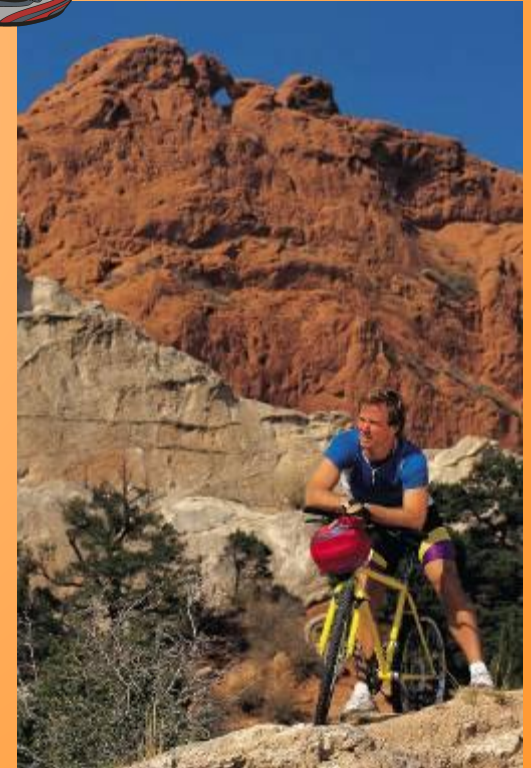
*An activity or sport  
of climbing up a mountain  
with or without ropes*



# EXTREME MOUNTAIN BIKING



The sport in which you need a mountain bike. A mountain bike is a strong bicycle with many gears, large wheels, wide tyres, and powerful brakes. This sport became very fashionable in the late 1980s.



# BUNGEE JUMPING

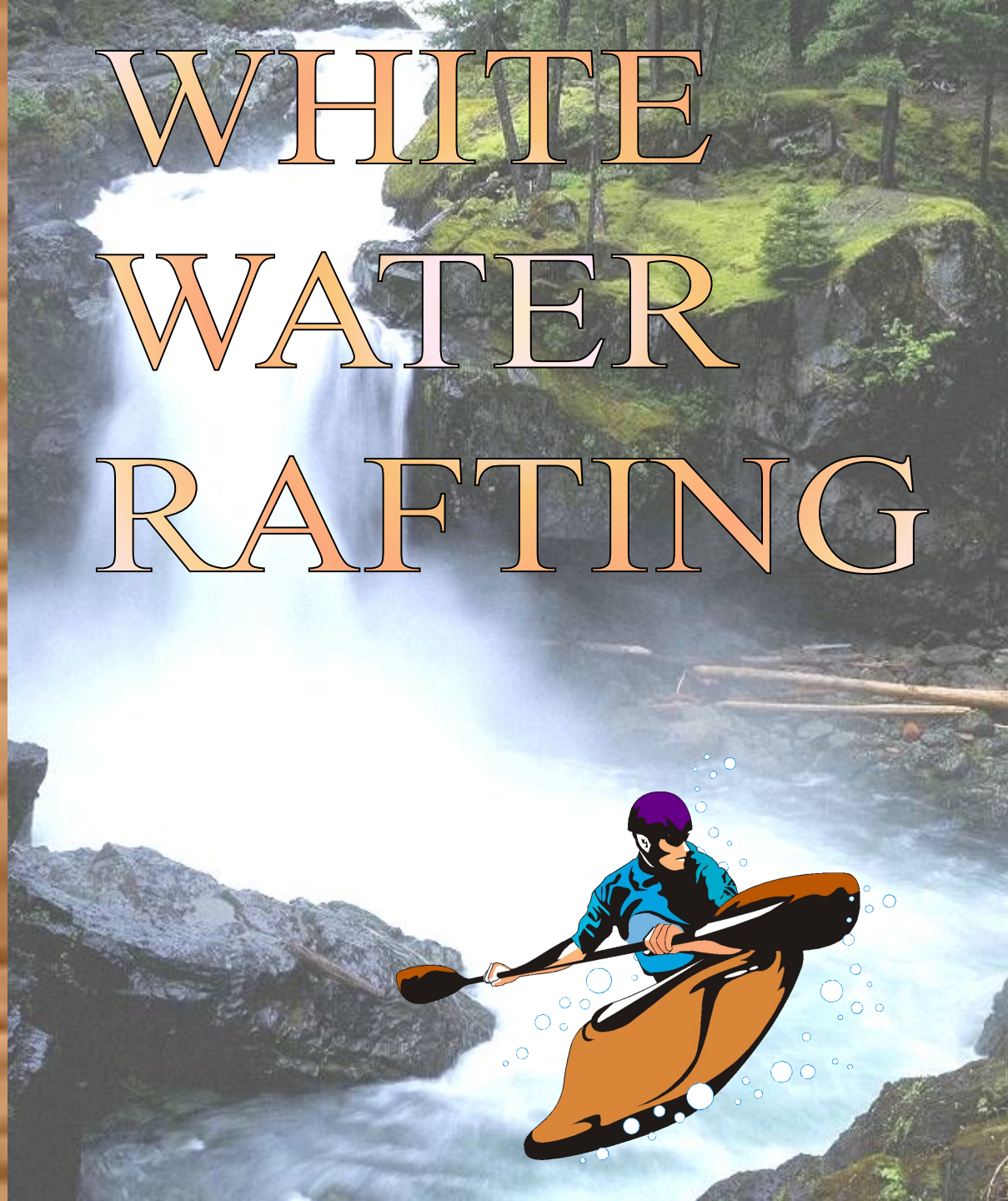
An activity of jumping off  
a high bridge,  
tied to a long rope





# WHITE WATER RAFTING

**A SPORT OR  
ACTIVITY  
OF MOVING A  
RUBBER  
BOAT  
THROUGH**



# SCUBA-DIVING



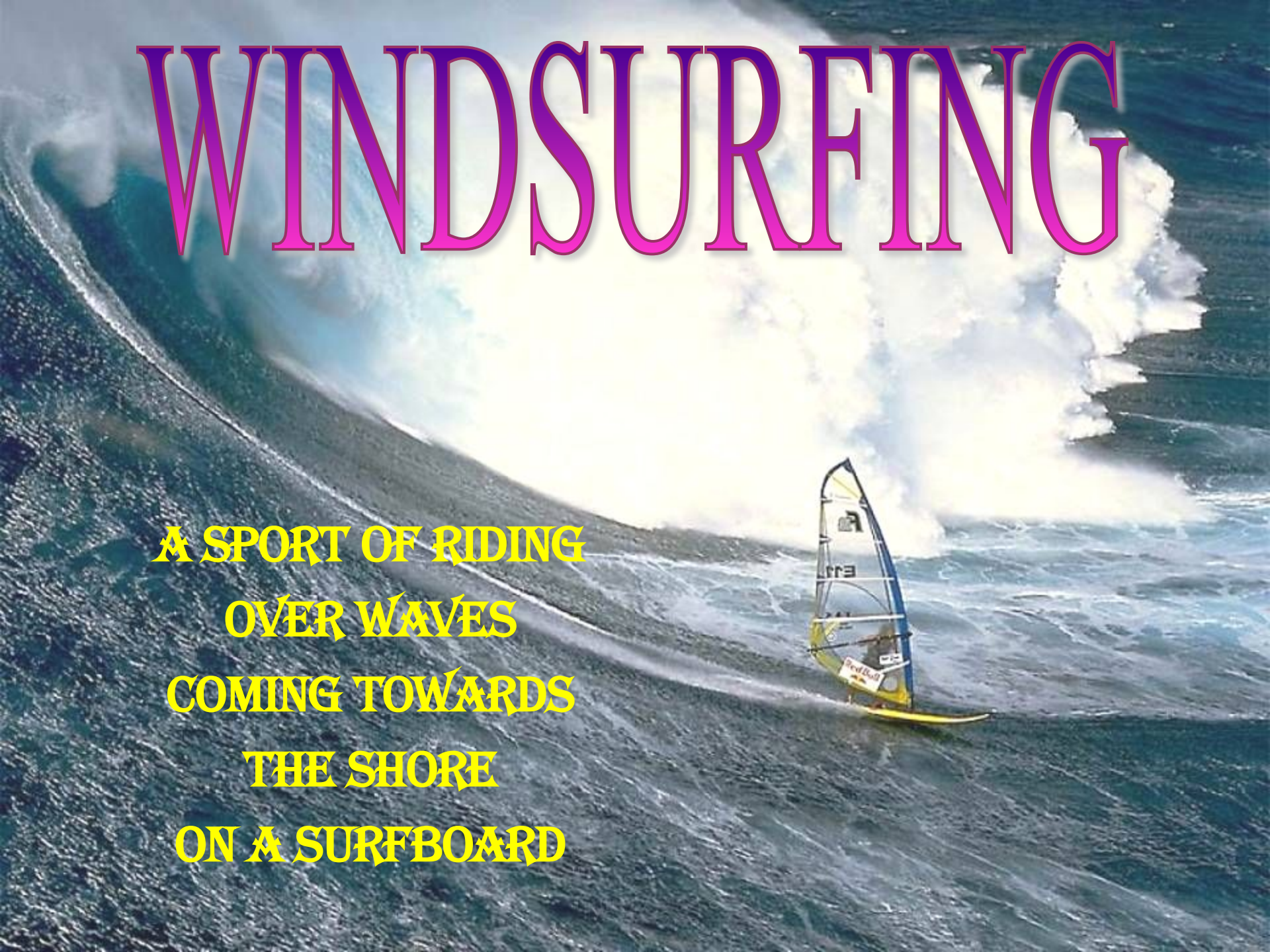
A sport or activity  
of swimming underwater  
with a scuba

# Surfing

A SPORT OR ACTIVITY  
OF STANDING  
ON A LONG FLAT BOARD  
AND MOVING ACROSS  
WAVES IN THE SEA



# WINDSURFING

A windsurfer is shown riding a large, curling wave. The windsurfer is on a yellow board with a blue and white sail. The wave is breaking, creating white foam. The background is a deep blue ocean.

A SPORT OF RIDING  
OVER WAVES  
COMING TOWARDS  
THE SHORE  
ON A SURFBOARD

# SKY SURFING



*An extreme sport or activity of jumping out of a plane with a wide board on your feet, twisting through the air and opening your parachute very late*



What extreme sports  
can you see in this slide?

