

1 p 20

Timed-Pair-Share

1 min

2 p 20

Listen-Complete

[..\Зв англ СД\starlight10 class CD\02 Modue 1\11 - Ex. 2, p. 20.mp3](#)

- 1 hanging out with my friends
- 2 playing basketball and swimming
- 3 fishing
- 4 jogging
- 5 gardening
- 6 reading
- 7 drawing
- 8 surfing the Internet

B 3 p 20

Rally Robin

2 min

Hobbies

In my free time I like hanging out with my friends because we have a lot of things we like to do together.

We really like playing sports and video games. I'm keen on swimming as a hobby because it's a great form of exercise and I'm very good at it. I just hate sitting and watching T.V. find that really boring.

4 p 21

Look-answer

Read-Guess the words - 2min

Listen-Answer-Complete

In picture A, there is a motocross event. Motocross is an expensive sport and highly competitive. It can be very dangerous if the riders crash or run into each other.

In picture B, there is a horse race. Once again, it is a very expensive sport and requires a great deal of skill. It can be dangerous if a rider falls off his horse or if there is a collision on the track.

[..\Зв англ СД\starlight10 class CD\02 Modue 1\12 - Ex. 4, p. 21.mp3](#)

- 1 Although
- 2 form of exercise
- 3 break their leg
- 4 loses control
- 5 high level of fitness
- 6 in top shape

5 p 21

How to deliver a speech

Timed-Pair-Share

2 min

5 p 21

5 p 21

Extreme sports are very popular these days. There are many good things about extreme sports but there are also many dangers. They can be a great form of exercise and help you get fit. Also, extreme sports give you a sense of freedom that you don't get from other sports.

However, there are dangers. People sometimes fall from a great height when bungee jumping and injured shoulders and backs are very common. I would not like to do extreme sports because I am not very keen on putting my life at risk. Extreme sports are not as competitive as other team or individual sports. In extreme sports you are competing against yourself.

Listen-Answer

What does the speaker say about the possible benefits/dangers of extreme sports?

Would he like to participate in them?

Why/Why not?

6 p 21

[..\Зв англ СД\starlight10 class CD\02 Modue 1\13 - Ex. 6, p. 21.mp3](#)

The speaker points out that participating in extreme sports can be very thrilling and can also be a great way to keep fit. However, he thinks there is also a much higher risk of injury with extreme sports than with traditional sports.

The speaker would not like to participate in extreme sports, although he thinks they must be very exciting, as he is scared of being badly injured. He prefers sports that have rules, for instance basketball.

Home work

Workbook

Ex 3-4 p 13

Book - Read p.22, make a Frayer
Model about letters

Reflection

Plus/Minus/Intriguing

Things you agree with

Things you disagree with

Things you have found intriguing