

FAST FOOD
AND
SLOW FOOD



ADVANTAGES OF FAST FOOD:

1. HIGH SPEED
2. CHEAP PRICE



DISADVANTAGES OF FAST FOOD:

1. FAST FOOD IS HARMFUL FOR OUR HEALTH



ADVANTAGES OF SLOW FOOD:

1. IT IS LESS HARMFUL FOR OUR HEALTH AND SOMETIMES HELPFUL
2. IF YOU COOK YOURSELF IT MIGHT BE CHEAPER.



DISADVANTAGES OF SLOW FOOD:

1. IT TAKES TIME TO COOK IT
2. HIGH PRICE OF QUALITY FOODSTUFF

