

# MAKAR SANKRANTI/UTTARAYAN BHAKTI BHOJANI

20LL5a

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#### INTRODUCTION

- Makar Sankranti is celebrated on a fixed date that is 14 January every year. It also marks the termination of the Winter season and the beginning of a new harvest season.
- It is dedicated to Lord Sun. It also refers to a specific solar day in the Hindu calendar. On this auspicious day, the sun enters the zodiac sign of Capricorn or Makar which marks the end of winter month and start of longer days.

## HISTORY

 Sankranti is deemed a Deity. As per the legend Sankranti killed a devil named Sankarasur.

The day next to Makar Sankrant is called Karidin or Kinkrant. On this day, Devi slayed the devil

Kinkarasur



#### **IMPORTANCE**

Makar Sankranti is the date from which Northward movement of the sun begins. The period from Karka Sankranti to Makar Sankranti is known as the Dakshinayan.



#### **FOOD**

- In India, no festival is complete without food, so there are many makar Sankranti food traditions that are followed across India. Below is a collection of some popular Makar sankranti food recipes that are served and enjoyed on this day.
- Til Chikkis / Laddoos
- Chiwda Curd (Dahi Chooda)
- Ghevar
- Undhiyu
- Puran Poli

# FOOD GALLERY











#### HOW IT IS CELEBRATED IN GUJARAT?

Also known as 'Uttarayan' in Gujarat, the festival is celebrated for two days. The first day is called 'Uttarayan' and the next day is called as 'Vasi-Uttarayan'. The people of Gujarat celebrate this glorious festival with Kites, 'Undhiyu' and 'Chikkis'. The biggest thing to watch is the kites flying high in the sky.

### KITE GALLERY











#### CONCLUSION

This festival keeps its importance from the religious as well as a scientific point of view. This festival is full of happiness and joy by socializing with people. This festival aims to be respectful towards others and live our own life with peace and harmony.