

DANGEROUS HOBBIES



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What are dangerous hobbies?



What people just don't think up to get extreme feeling and emotions. I will tell you about the most dangerous hobbies that threaten the health.

PARCOUR



Parkour is a "rational" movement and overcoming obstacles that come in the way (walls, stairs, and so on). It combines a lot of quite complex and dangerous tricks: somersaults, jumping with the support of hands.

ACROSTREET



Acrostreet - street acrobatics, involving the performance of quite complex and dangerous tricks: headstand, jumping from hills, somersaults.

RUFING



Roofing – moving along high-rise points of buildings. Minors become rufers for various reasons: interest in the panorama of the upper view, the opportunity to take a break from the hustle and bustle, a sense of freedom, and so on, this kind of extreme rufers consider the most romantic.

Trainsurfing



Trainsurfing - travel outside the passenger compartment of a train or tram (on the roof, on the running board).

INFILTRATION



Infiltration is penetration into protected areas, operating industrial zones and zones not created for people to be in them. The main purpose of such trips is usually to get adrenaline and special mental satisfaction from visiting restricted access areas.

DIGGERISM



Diggerism is the descent and study of underground communications (metro mines, bomb shelters, etc.). Someone considers diggers to be modern archaeologists and treasure seekers. However, unfortunately, for the most part, modern teenagers climb into the dungeons not out of love for history and archeology

STALKERS



These are fans who put themselves at great risk in various dungeons, abandoned bomb shelters and other dangerous places. Unlike diggers, they also visit ground locations: unfinished buildings, remote villages, idle factories.

BASEJUMPING



Compared to this extreme activity, skydiving is an innocent child's play. The main distinction of the jump is a relatively small height, about 150-200 meters. For reference: **an ordinary parachute must break out at a height of not lower than 600 meters**, otherwise the athlete will break his legs (in a best-case scenario).

ROCK CLIMBING



Rock climbing or mountain climbing is one hobby anyone can take part in. While it is generally safe, those tackling large cliff faces and mountains certainly put a lot of trust in their safety equipment. This is a hobby best enjoyed with someone else, especially if you are a beginner. The last thing you want is to be stuck halfway up a cliff in the middle of nowhere unable to get help.

CAVE DIVING



This dangerous hobby mixes scuba diving with spelunking. As the name suggests, it involves exploring caves underwater. What makes this hobby so thrilling is the fact that many of the underwater tunnels and caves are quite tight. There is a real fear of being stuck or getting lost. With only a limited amount of air, this is sure to make some people feel a little nervous about taking part.

MOUNTAIN BIKING



Riding a bike in the city is dangerous enough, but doing it on a mountain brings about a whole new set of challenges. These trails are often downhill and quite narrow, meaning you have to keep your balance while speeding past trees, water hazards, tight bends, and other obstacles on the track.

FREE CLIMBING



Like rock climbing except without the rope or harness. You basically climb mountains without any safety equipment, which is absolutely crazy. You have to be a special kind of person to take part in this hobby.

HELI-SKIING



Any activity that involves jumping out of a helicopter is going to be somewhat dangerous. Heli-Skiing is all about tackling slopes that are only accessible via helicopter. It is favored by skiers and snowboarders who want an adrenalin rush.

MOTORCYCLE RACING



Riding motorcycles might not seem that dangerous, but if you have ever watched professional racers you understand the risks. These bikes travel at speeds of up to 186 mph and are literal death machines.

Hang Gliding



This is a much gentler extreme hobby than some of the others on the list. All you do is strap yourself into a frame with wings, jump off a cliff, and sail through the air like a bird. Hang gliders themselves are made of aluminum with a large sailcloth wing, making them super light, which helps them glide through the air.

OUR LIFE IS QUITE BORING, ISN'T IT?
HOWEVER, IT IS NOT NECESSARY TO RISK
YOUR LIFE, BECAUSE THERE ARE A LOT OF
OTHER INTERESTING AND UNUSUAL
HOBBIES IN THE WORLD.

THANKS FOR YOUR ATTENTION!

