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Новости Кировограда

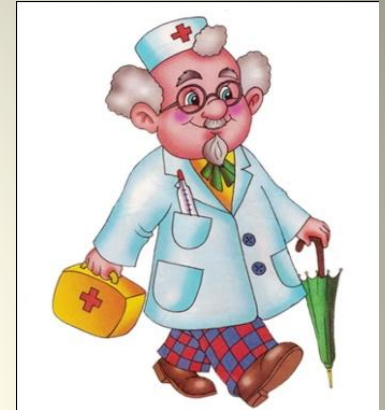


HEALTH



FINISH THE PROVERBS

- 1. Health is the best wealth.**
- 2. Wealth is nothing without health.**
- 3. You are what you eat.**
- 4. Early to bed and
early to rise makes a man healthy, wealthy and wise.**
- 5. Eat to live, but not live to eat.**
- 6. An apple a day keeps the doctor away.**
- 7. Don't worry, be happy.**
- 8. The best wealth is health.**



LISTENING

get hungry=want to eat

cabbage



peas



rye bread



public places=places with a lot of people

QUESTIONS:



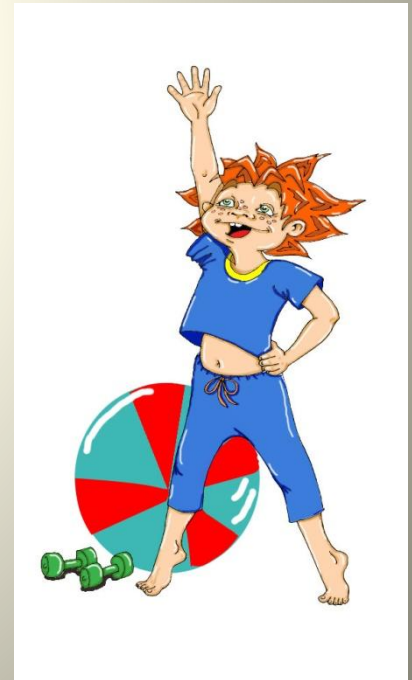
- 1. How many times does Max run around his house?**
- 2. What does he eat to keep fit?**
- 3. Where doesn't Max like to eat?**
- 4. Why doesn't Max like to have guests at home?**
- 5. What is his motto?**

SURVEY

“WHAT IS YOUR LIFESTYLE”

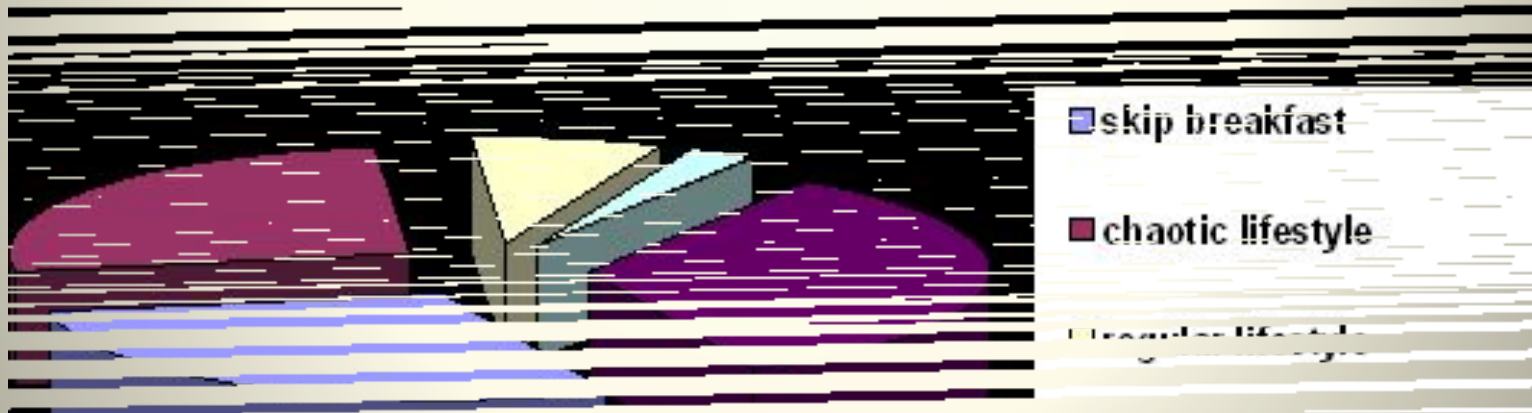
Questions:

- 1. Is it easy for you to get up early in the morning?**
- 2. Do you often skip breakfast?**
- 3. Do you do morning exercises?**
- 4. Is your lifestyle regular?**
- 5. Is your lifestyle chaotic?**



Survey

“What is your lifestyle?”



FINAL TEST

Fill in the missing words

a).get up, b).hands, c).healthy, d).exercises, e).teeth, f).shower, g).fit, h).little, i).much, j).sweets, k).bad, l).smoke, m).go to bed, n).junk, o).skip.

- 1.early andearly to keep fit.**
- 2.Take regular to keep fit.**
- 3. Take a cool/cold to keep fit.**
- 4. Eat food to keep fit.**
- 5. Never to keep**
- 6. Clean your every morning and every evening.**
- 7. Wash your before meals.**
- 8.Toofood makes you thin.**
- 9. Too food makes you fat.**
- 10. food makes you ill.**
- 11. Too many are for your teeth.**
- 12. Never breakfast**

KEY

1. a, m.

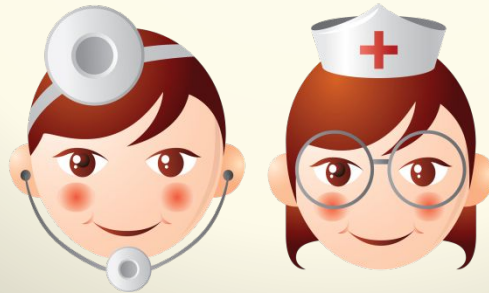
2. d.

3. f.

4. c.

5. l, g.

6. e.



7. b.

8. h.

9. i.

10. n.

11. j, k.

12. o.

ASSESSMENT OF THE TEST

- **“5” – NO MISTAKES**
- **“4” – 1 or 2 MISTAKES**
- **“3” – 3 or 5 MISTAKES**
- **“2” – MORE THAN 5 MISTAKES**



HOMETASK

Reader, lesson 17, text.

- **To get “5” – compare Russian and English traditions of drinking tea.**
- **To get “4” – make a plan to the text.**
- **To get “3” – answer the questions after the text.**

BE HEALTHY!!!

