



Welcome back!

Goals for today



- Discuss the life coach's advice.
- Learn how to give our own.

Ask and answer the questions, using the key expressions.

1. What do you do to make a living?
2. Why did you do some research last time?
3. Have you ever made an appointment with a life coach. Would you like to?
4. Have you ever made fun of someone?
5. What is something everyone can do to make a difference?
6. In your opinion, what doesn't make any sense?
7. What is something people need to have done a lot of thinking before actually doing it?
8. Do you like to do the math?

PROBLEMS AND SOLUTIONS

A  2.23 Read the posts and replies on the website. Complete the expressions with the correct form of *do* or *make*. Then listen and check.

Ask the **LIFE COACH**

Do you have a personal problem that you'd rather not discuss with friends or family? Get some confidential advice from our online life coach.

Q1 Sometimes I think I ought to do **some volunteer work** in a school or a hospital, but I'm too busy just trying to make **a living**. I have very little free time, so I think I'd better not add anything to my schedule right now. Am I right?

Coach Don't make **excuses**. You don't have to spend all your free time doing volunteer work – three hours a week is enough. Do **some research**, and find an organization where you feel you can do **a difference** and do **some good** for other people.

- do work
- make a living
- make excuses
- Do some research
- make a difference
- do some good

SAY YES! 

PROBLEMS AND SOLUTIONS

Complete the expressions with the correct form of do or make.
Read the dialogue in pairs. Switch roles and read it once again.

Q2 My boss is a bully. He yells at me if I _____ **a mistake**, and he _____ **fun of** me in front of my co-workers. I've tried talking to him, but it doesn't _____ **any good**. He won't listen. I guess I'm going to have to _____ **something** about this problem, but what?

Coach *It doesn't _____ **any sense** to ignore this problem, and you'd better do something quickly before it gets worse. _____ **an appointment** with your Human Resources representative. You might want to take a colleague with you, too.*

- make a mistake
- make fun of smn
- Do any good
- do something
- make any sense
- Make an appointment

PROBLEMS AND SOLUTIONS

Complete the expressions with the correct form of do or make.
Read the dialogue in pairs. Switch roles and read it once again.

Q3 I'm meeting my girlfriend's parents for the first time next weekend. They've invited me for dinner. I'm going to _____ **my best** to _____ **a good impression** on them, but I'm really nervous. Any advice?

Coach _____ **an effort** to dress nicely, and _____ **sure** you take them a small gift, such as flowers or chocolates. _____ **some nice comments** about their home, the food, etc., but don't overdo it. You ought to let them _____ **the talking** at first. The most important thing, however, is just to be yourself.

- do my best
- make an impression
- Make an effort
- make sure
- Make some nice comments
- do the talking

PROBLEMS AND SOLUTIONS

Complete the expressions with the correct form of do or make.
Read the dialogue in pairs. Switch roles and read it once again.

Q4 My boss recently offered me a promotion. I've _____ **a lot of thinking** about it, but I can't _____ **up my mind** if I should take it. Sometimes I think I'd rather stay in my current job. I've got to decide by next week. What should I do?

Coach _____ **a list** of the pros and cons of each job, and give each one a score from 1 to 5 (5 = the best). Then _____ **the math** – add up the points for each list, and subtract the con totals from the pro totals. Which job has the highest score? Does that help you _____ **a decision**?

- done a lot of thinking
- make up my mind
- Make a list
- do the math
- make a decision

PROBLEMS AND SOLUTIONS

Work in pairs.

Do you agree with the life coach's advice? What can you add?

C Find expressions on the website with the same meanings as the underlined words below.

1. I should do some volunteer work.
2. You really should do something quickly.
3. I have to make a decision soon.
4. I'd prefer to stay in the same job.

2 Grammar What's advisable, necessary, preferable

- You **ought to** do smt

- You **might want to** do smt

should

2 Grammar What's advisable, necessary, preferable



- You'd better ___do___
- You'd better not ___do___

'd = had



2 Grammar What's advisable, necessary, preferable

I'm going to have to < I have to < I've got to

You don't have to = It is not necessary (but it doesn't mean you shouldn't :P)

2 Grammar What's advisable, necessary, preferable

- I'd rather ___ do ___...
 - I'd rather not ___ do ___...
- I prefer

'd = **would**

What's advisable

You'd **better** do something quickly. ('d = had)
I'd **better not** add anything to my schedule.
I **ought to** do some volunteer work.
You **ought to** let them do the talking.
You **might want to** take a colleague with you.

What's necessary

I'm **going to have to** do something about it.
I've **got to** decide by next week. ('ve = have)
You **don't have to** spend time on this.

What's preferable

I'd **rather (not)** stay in my current job. ('d = would)

In conversation

Should is more common than *ought to* or *had better*.

- should**
- ought to**
- had better**

Common errors

Don't use *had better* for general advice.

You **shouldn't** ignore problems.
(NOT You ~~had better not~~ ignore problems.)

Pair work Complete the conversations with problems and solutions.

Then compare with a partner. Did you have any of the same ideas?

1. A We have a test tomorrow, so I ought to _____ tonight, but I'd rather _____ .
 B You know, I think you'd better _____ because _____ .
2. A I don't know what to do. I received an offer for a job. It looks really interesting, but it doesn't pay very well. I'm going to have to make up my mind if I want to _____ .
 B That's a hard decision to make. You might want to _____ .
3. A I need more exercise. I ought to make an effort to _____ every day, but it takes so much time.
 B Well, you don't have to _____ , but you ought to _____ .
4. A I have a friend who makes fun of me all the time, but I'd rather not _____ .
 B That's not good. I think you're going to have to _____ .
5. A My sister hasn't applied to college. She's got to _____ if she wants to _____ .
 B She'd better decide soon because _____ she's got to _____ .

Speaking naturally Reduction of verbs


You might **want to** try a new instructor. (**wanna**)

You'd better study the driver's manual. (**you better**)

You're **going to have to** practice more. (**gonna hafta**)

You **ought to** take more lessons. (**oughta**)

You **'ve got to** pay attention! (**gotta**)

- A**  2.25 Listen and repeat the sentences above. Notice the reduction of the verbs. In what situation might a person give this advice? Can you think of other advice?
- B** **Group work** Think of six pieces of advice for a student who's not doing well in class.

plan

dream

goal

task

A dream with steps to make it true.

Something you allow not to happen

Set of tasks united in one epic \ big task

Something unreal to happen or a lost case

The main iterations

Too big to make steps

Too dangerous\ to risk

Ex. : Have you prepared your own questions?
Ask your partners about the CONCEPT of a dream and a goal.

Please don't ask too personal questions 😊

Try to make a plan out of a dream. And follow this plan.

SAY YES!

1. Should parents help their children set goals?
2. Why are goals important?
3. Is having a goal in life effective in becoming successful?
4. Is having a goal helpful in motivating a person?
5. Do you think people have fewer goals as they get older?
6. How do people's goals change from country to country?
7. What are the main differences between male and female goals?
8. What success have you had in this English class?
9. Do you believe that people must work hard to become successful?
Why or why not?

Let's have a big time!

Something really significant.

You owe me big time for driving you to the airport at 4 AM!