Squash Game A Fun and Competitive Sport



Squash is a racquet sport that involves hitting a small, hollow rubber ball with a wooden racket to score points. The objective of the game is to hit the ball so that it lands within the opponent's court boundaries, while preventing the same from happening on your side of the court. Squash is played by two players or a team of two, with each player having a separate court area.



The equipment required for playing squash includes a squash racket, a squash ball, and protective gear like head guards, mouth guards, and eye protection. The court is rectangular in shape and has walls on all sides, with the front wall being taller than the back wall. The front wall also has a net at the top to prevent the ball from going over the court.



There are various rules and regulations that govern the game of squash. The most important rule is that the ball must be hit with the racket head during the course of the game. The ball cannot be hit twice in a row by the same player, nor can it be hit more than once by the opponent.

THE END