



THE ETIQUETTE AT THE TABLE IN THE UNITED ARAB EMIRATES

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The United Arab Emirates are the Muslim country which has centuries-old culture of table layout and Regulations of Admission of food



Before a trapeze, and after that, Muslims thanks God, and also surely wash hands as it is one of important requirements of hygiene. Washing of hands before food clears hands of dirt, and after food - of the stuck fat.

- ▣ Usually, landlord begins with the first a meal and finishes it with the last.
- ▣ It`s desirable to begin and finish meal of salt as in it treatment from 70 diseases.
- ▣ It`s necessary to take food and vessels with water only the right hand and that which is closer to the guest. However, if fruits or sweets are served, it`s possible to choose any of them.
- ▣ Bread is broken to hands.





□ On hot food it isn't necessary to blow, it's necessary to wait until it cools down.

□ Before to swallow a piece of food, it's necessary carefully to chew of it, and only then to take following.

□ During food be impossible to be silent, it's necessary to speak about "pleasant for hearing" things.

□ If someone doesn't like food, it's impossible to chew it to others



It's necessary to eat exactly so much how many it's enough for maintenance of life, has to be enough for preservation of physical forces and normal working capacity.





- It's forbidden to come to places of a congestion of the people after the use of onions and garlic.
- Religious rules order to cover with something the remained food.
- Muslims call the food resolved in food halal, forbidden - haram.
- One of the main food restrictions is the use of porc and alcoholic beverages. In a tipsy condition on the street it's possible to pay with a penalty

Coffee in The United Arab Emirates is built in the category of cult drinks. It`s drunk several times a day and made in a special way, then spilled in small circles and given to a table without cream and sugar, but with cardamom. If the guest gives an empty cup to the owner, then he fills it again. If invited coffee doesn't want any more, it`s necessary to turn an



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During Ramadan Arabs are forbidden to drink, smoke and eat from a decline before a rising. Many restaurants and cafe are closed at this time.



Arabs especially will read two holidays - the Fitr (“Uraza”) and the Eid (“Sacrifice”). During these holidays they visit each other's homes and to lay a rich table. And during the slaughter a sheep.





BON APPETIT!