

HIV- INFECTION

Identification. HIV-infection is slowly progressing viral disease of man (**It is lethal disease at present!!**) with the **parenteral mode of transmission** described by a specific damage of the immune system of the patient with development **immunodeficiency** which clinical appears **by opportunistic infections**, malignant **neoplasms** and various **autoimmune effects**.

Historical reference

- 1981- CDC-center for Disease (USA) registered among homosexuals increase morbidity of pneumocytosis and Kaposi's sarcoma on a background of oppression at them cellular immunity
- 1982 - D.Frensis isolated AIDS into a separate clinical syndrome
- 1983 - L.Montenje isolated both a virus of the HIV type1 and in 1986 - the HIV – type 2
- 1983 - R. Gallo isolated the HIV – type 1 (repeatedly)
- 1984- the similar virus is found out in monkeys in Asia (SIV - simian immunodeficiency virus)
Presence of the HIV - 1 is revealed in samples of blood, since the 50th years. Disease probably has arisen in Africa, and then was distributed all over the world.

HIV- infection in world (2007)

Quantity of people living with HIV

Common —	33.2 million (30.6 – 36.1 million)
Adults —	30.8 million (28.2 – 33.6 million)
Women —	15.4 million (13.9 – 16.6 million)
Children to 15 years old-	2.1 million (1.9 – 2.4 million)

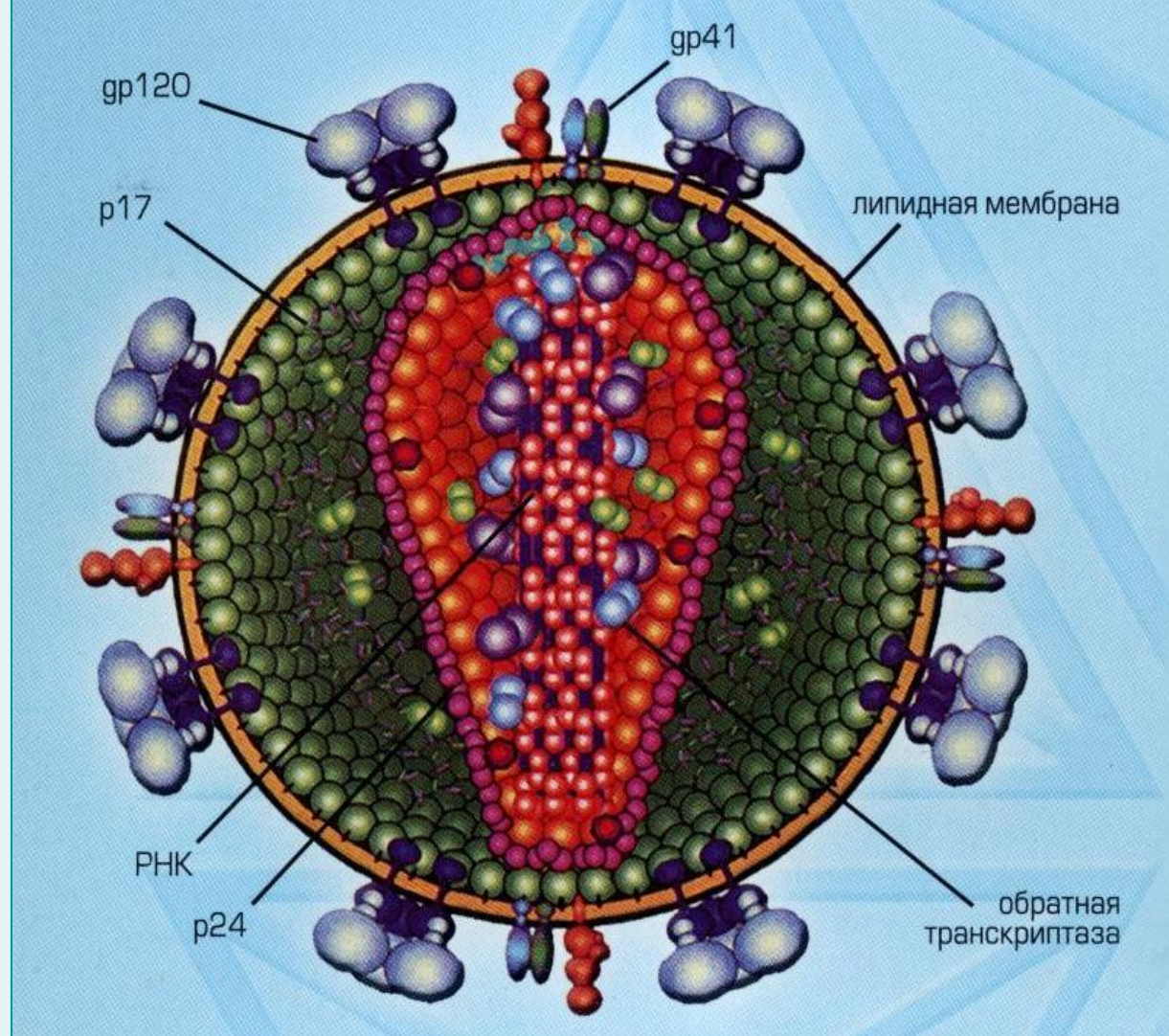
Quantity of people infected VIH in 2007.

Common—	2.5 million (1.8 – 4.1 million)
Adults—	2.1 million(1.4 – 3.6 million)
Children to 15 years old—	420,000 (350,000 — 540,000)

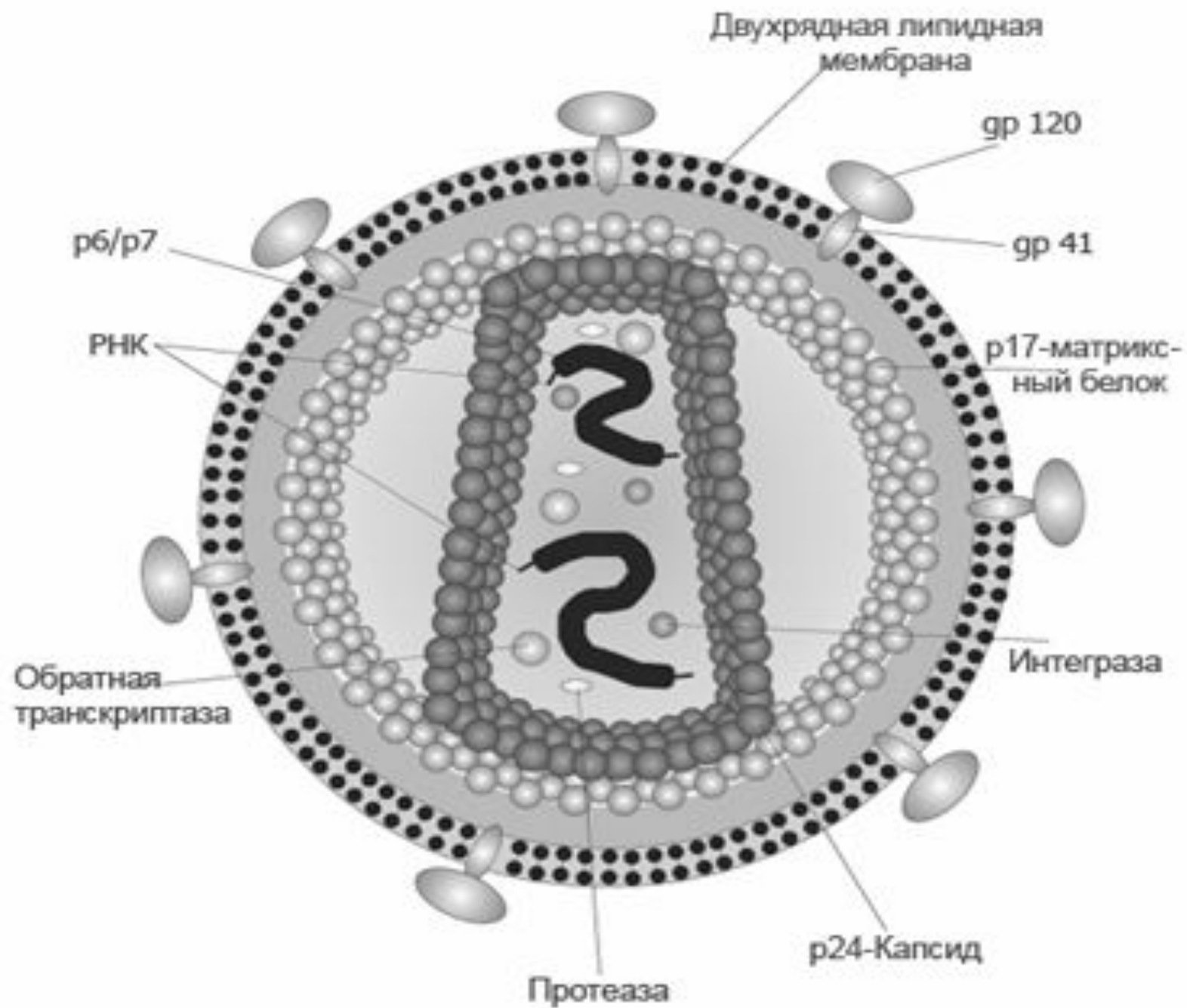
Quantity deaths from HIV- infection in 2007.

Common —	2.1 million (1.9 – 2.4 million)
Adults—	1.7 million (1.6 – 2.1 million)
Children to 15 years old —	290,000 (270,000 – 320,000)

ETIOLOGY: the virus by a size 100 - 140 nm the **Family Retroviridae Subfamily Lentivirus**. It has got a spherical **Nucleocapsid** containing two filamentlines **RNA (+)**, **own a return transcriptase (revertase)**, **own a intergrase**, **own a protease** and is surrounded by the bilayer proteinous envelope (**p18** , **p24**), under which there is a matrix frame (**p17**).



The outside envelope consists of **phospholipids** and **glycoproteins**. It has numerous glycoproteins bulges on a surface (**gp 160 = gp120 + gp 41**)
gp120 - contacts to protein CD4 of cell-targets and **gp 41** – intensifies this link.



Therefore virus is capable to penetrate only into those cells, on which surface there are the proteins:
CD-4, CCR-4, XCR-5, galactozylceramid

The variability of a virus **is very large** because of presence **revertase** (The VIH in the life cycle is declined to mutations in 5 times more, than a virus of a **influenza**)

Stability of the virus in the external environment is **low:**

- at desiccation is perished through **3 - 7 days** (at 25dg.C)
- in the **moist** environment is survived about **15 days** (at 25 dg.C)
- in a blood is survived **by years!!!**
- in the frozen plasma is survived till **10 years!!!**
- at warming up to **56 dg.C** is inactivated through **30 min.**
- at boiling is inactivated **in 5 minutes**
- it is sensitive to **all disinfectants and fat-solvents** , but is steady to radiation!!!

EPIDEMIOLOGY

Pandemic of a HIV- infection annually carries of millions human lives and for its not exists: of international boundaries, groups of hazard, social, material, religious differences!!!

Today 45 million was infected and 41 million died.

The source - is infectious man in any period of illness, but particularly during primary clinical manifestations and in a stage AIDS (acquired immunodeficiency s-me)

It is found out in : BLOOD, LYMPH, SEMEN, less – milk, a vaginal secretion, the least- saliva, tears, sweat of the patient.

Modes of TRANSMISSION:

Main mode of transmission in world is sexual (80 %)

- **the homosexual links** (especially passive) most are dangerous – because more traumatic (a rectum has a **single-layer epithelium**) + presence of a **semen**
- **heterosexual of links** are more dangerous to the women - because more area injury epithelium and high concentration of the viruses in a semen (at unprotected vaginal contact)

Vertical mode of transmission (30 - 40%) :

- **intrauterine** - hazard of infection of a fetus **7- 11 %**
- **perinatal** - hazard of infection of the child **11- 22 %**
- **breast-feeding** - hazard of infection of the child **12- 20 %**

The parenteral mode of transmission:

- **any biological tissue past testing on HIV is not absolutely safe!!!**
- **intravenous** drug addicts infect in Asia in **70 %** of cases, in to Europe in **44 %** (free-of-charge output syringes)

The risk of an infection **at one trauma** of the doctor of the surgical profile **operating ill with HIV infection** makes - **0.34 %** (at VHB - it makes **34 %!!**)

The risk of an infection at **one contact** with the **source** of a VIH infection:

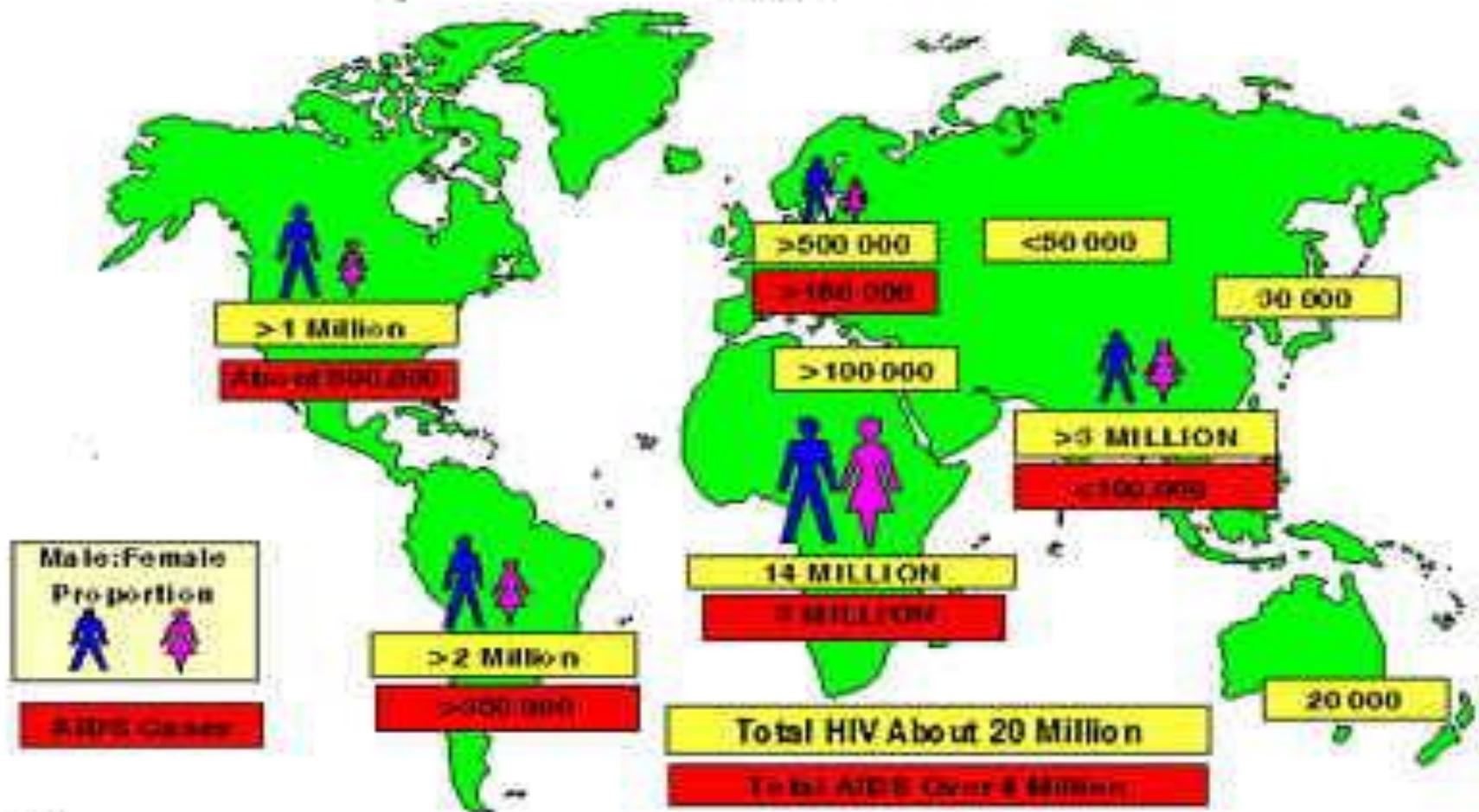
- blood** and its components **90%**
- intravenous** drug addicts **30%**
- vertical** mode of transmission **30%**
- unprotected anal** contact **1%**
- unprotected vaginal** contact **0,1%**

VIH - is not transmitted by :

- **at touches**, embraces, hand shakes, kisses (if in a saliva there is **not impurity** of a blood)
- **at joint residing** in one apartment, through tableware, clothes, nutrition, linen, subjects communal of use, toies and etc.
- **through air** (even at sneeze and cough)
- **at bathing in water**, through sports equipment (which are **not polluted** by a blood)
- **through stings** of insects and animals.

Susceptibility to HIV - general. In each country HIV has epidemiological features. In **USA** - relation infectious of the male/ female **9:1**- main path of transmission - **homosexual** links, in **Africa** one is **1:1** – heterosexual of links **Today 45 million was infected and 41 million died.**

Estimated Global Distribution of Cumulative Adult HIV Infections and AIDS Cases 1996



PATHOGENY

Infectious the dose can makes only **10 viruses!!**

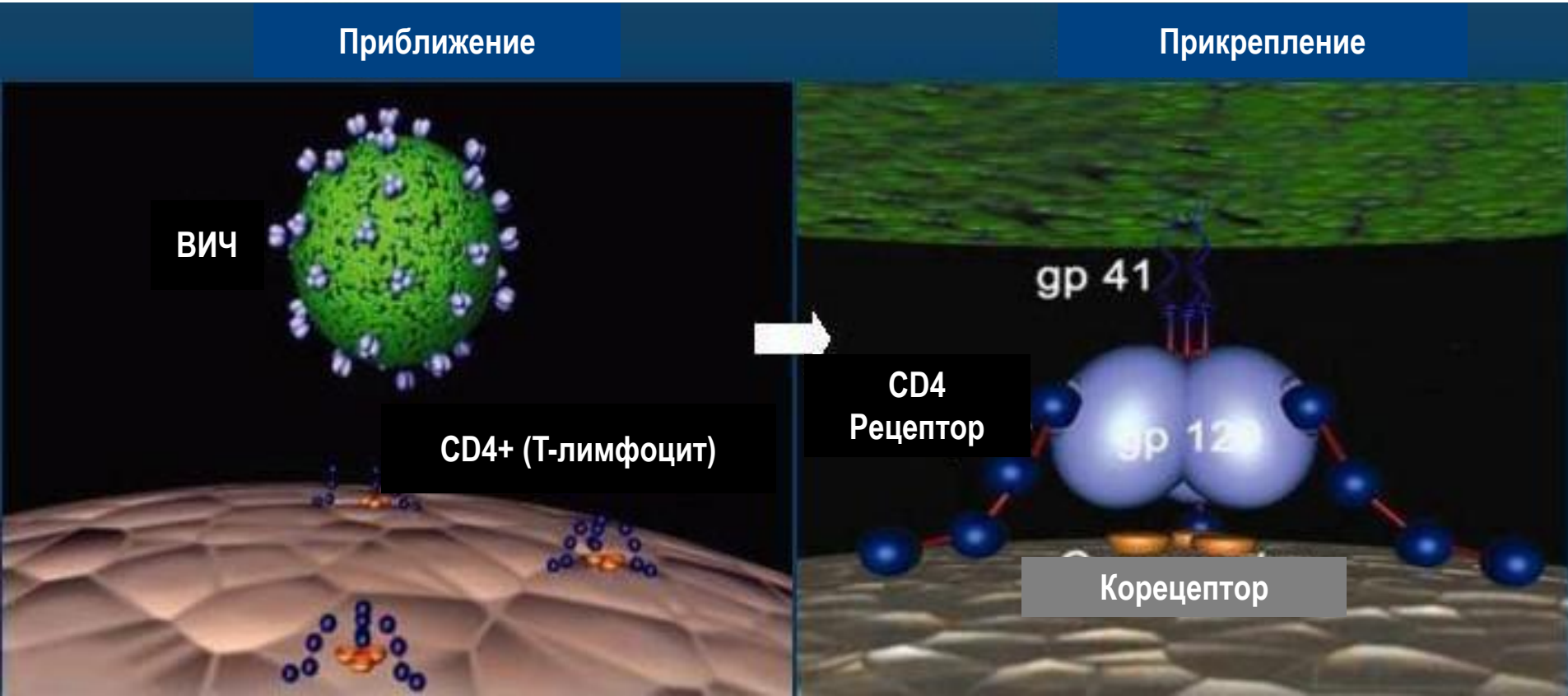
- 1. Infiltration** into an organism through a injury skin or mucous as free viruses or inside monocytes of the donor and dissemination in all bodies and systems.
- 2. Detection of cell-targets** having on the surface reseptors **CD4**, **galactozylceramid** or coreceptors **CCR4**, **XCR5**:
monocytes, macrophages, lymphocytes, neuroglia, colonocytes, cell-pancreas, thymus, spleen
- 3. Fixation** of a virus to a surface cell-targets with the help **gp120** and intensifying of an adhesion with the help **gp 41** (neuroglia cells infection through **galactozylceramid** as on their surfaces have **not detected CD4**)

- In process attachment of the virus to **cell-targets** and its confluence by cell membrane together with primary **receptor** (**molecula CD4**) take part and **coreceptors** :
- **receptor a-chemokines CCR5** is **coreceptor** lymphotropic strains VIH-1 in process its attachment to T- lymphocytes
 - **receptor b-chemokines XCR4** - is by **coreceptor** macrophagotropic strains VIH-1 in process its attachment to macrophages
 - primary **receptor** of virus VIH-1 in nervous tissue (microglia and the endothelium of brain vessels) is **galactozylceramid**
 - capable connect with gp120.

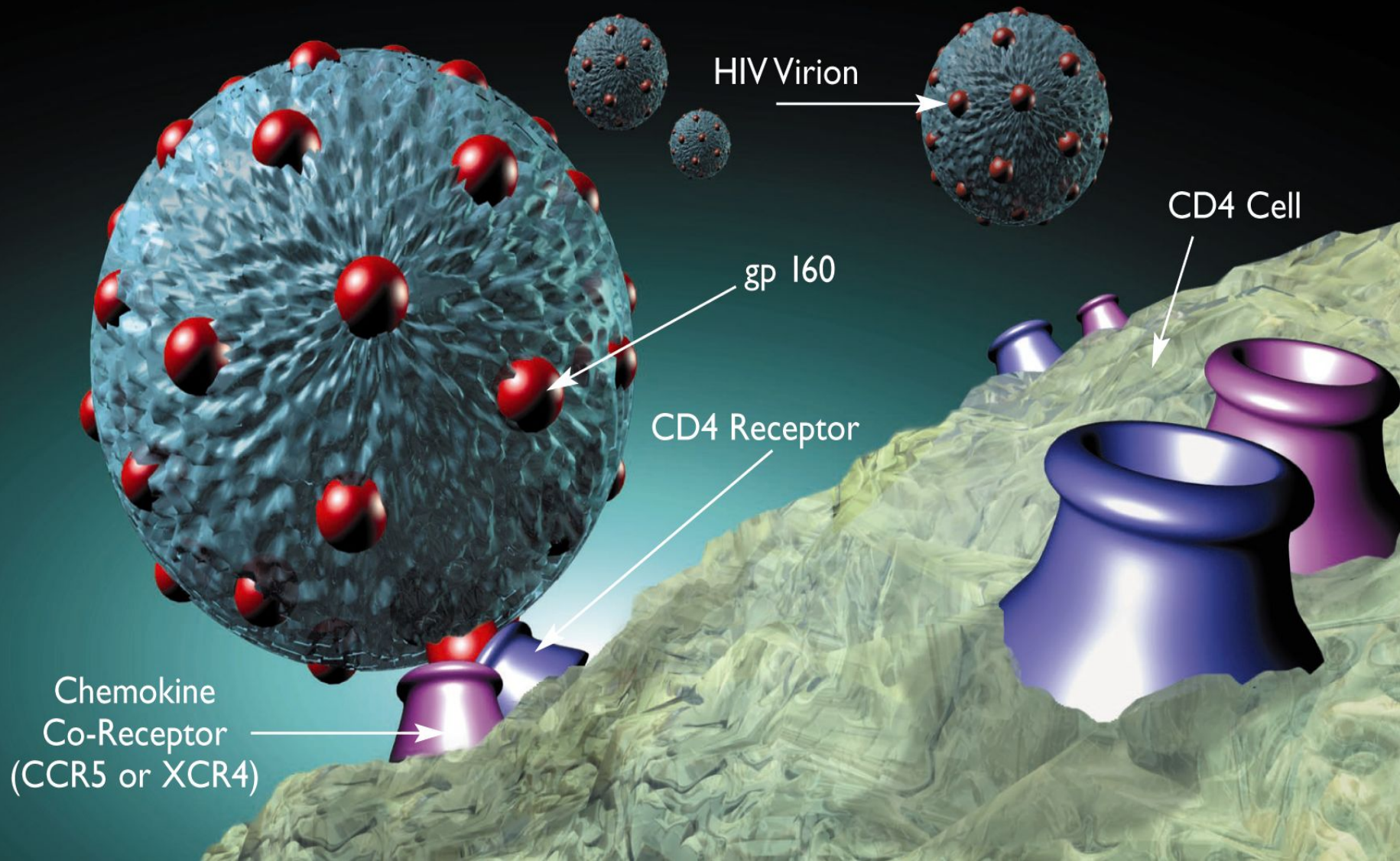
Vital cycle of the VIH

Penetration VIH in the cell CD4

Stage 1. Attachment

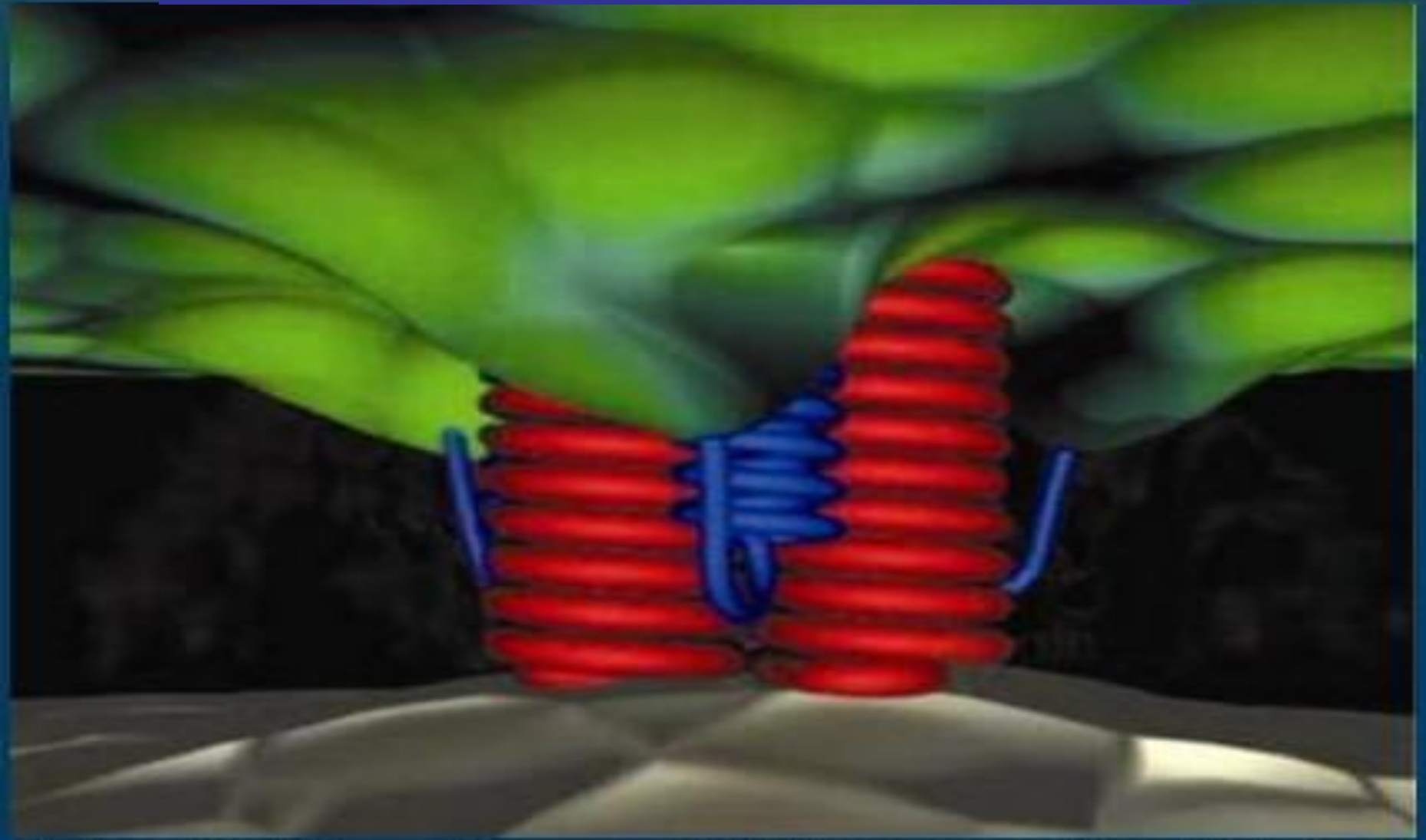


Attachment



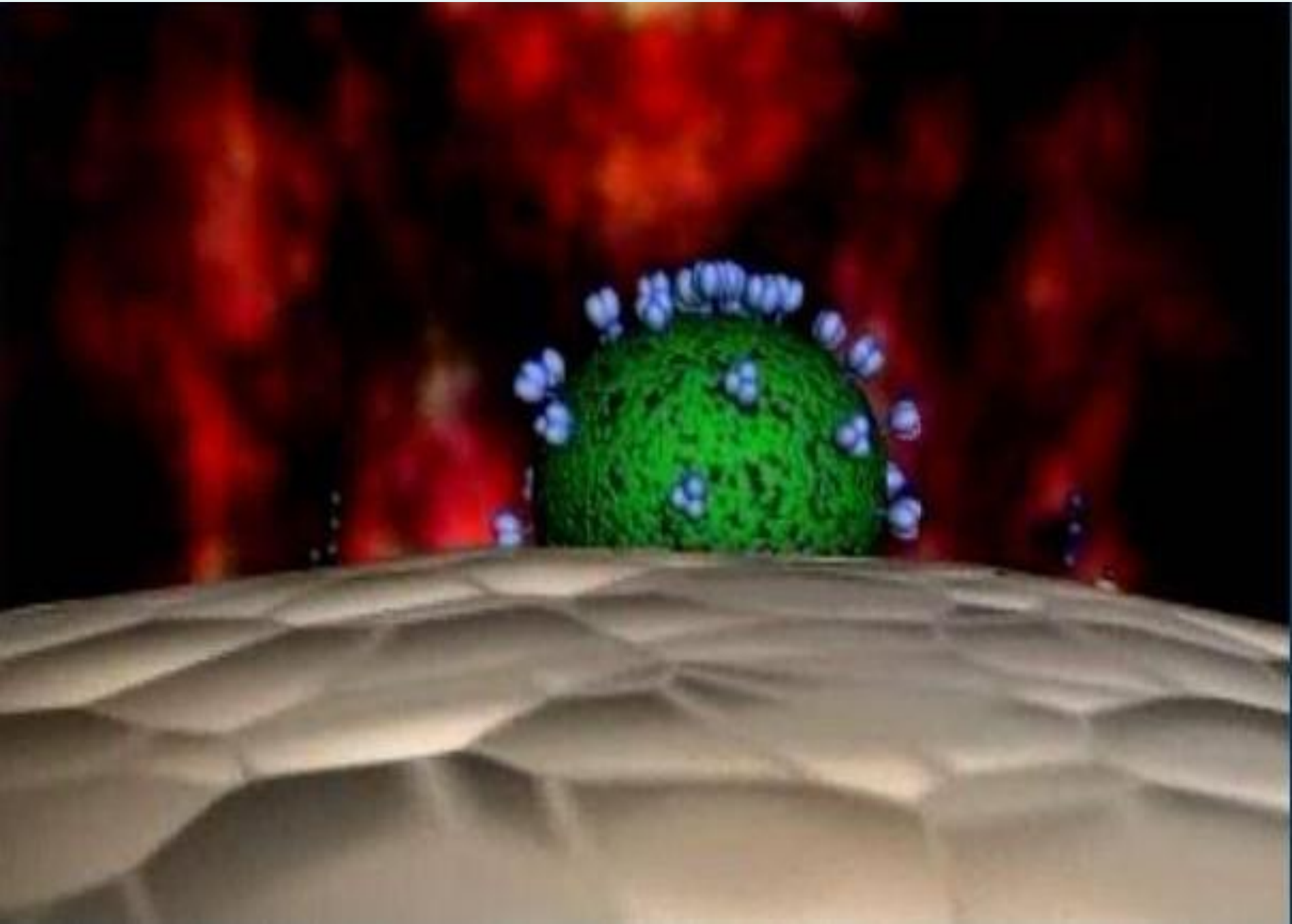
Stage 3. Confluence

Внедрение и «зацепление»



После внедрения gp41 «скручивается» и сцепляет мембраны вируса и клетки

Penetration VIH in the cell CD4



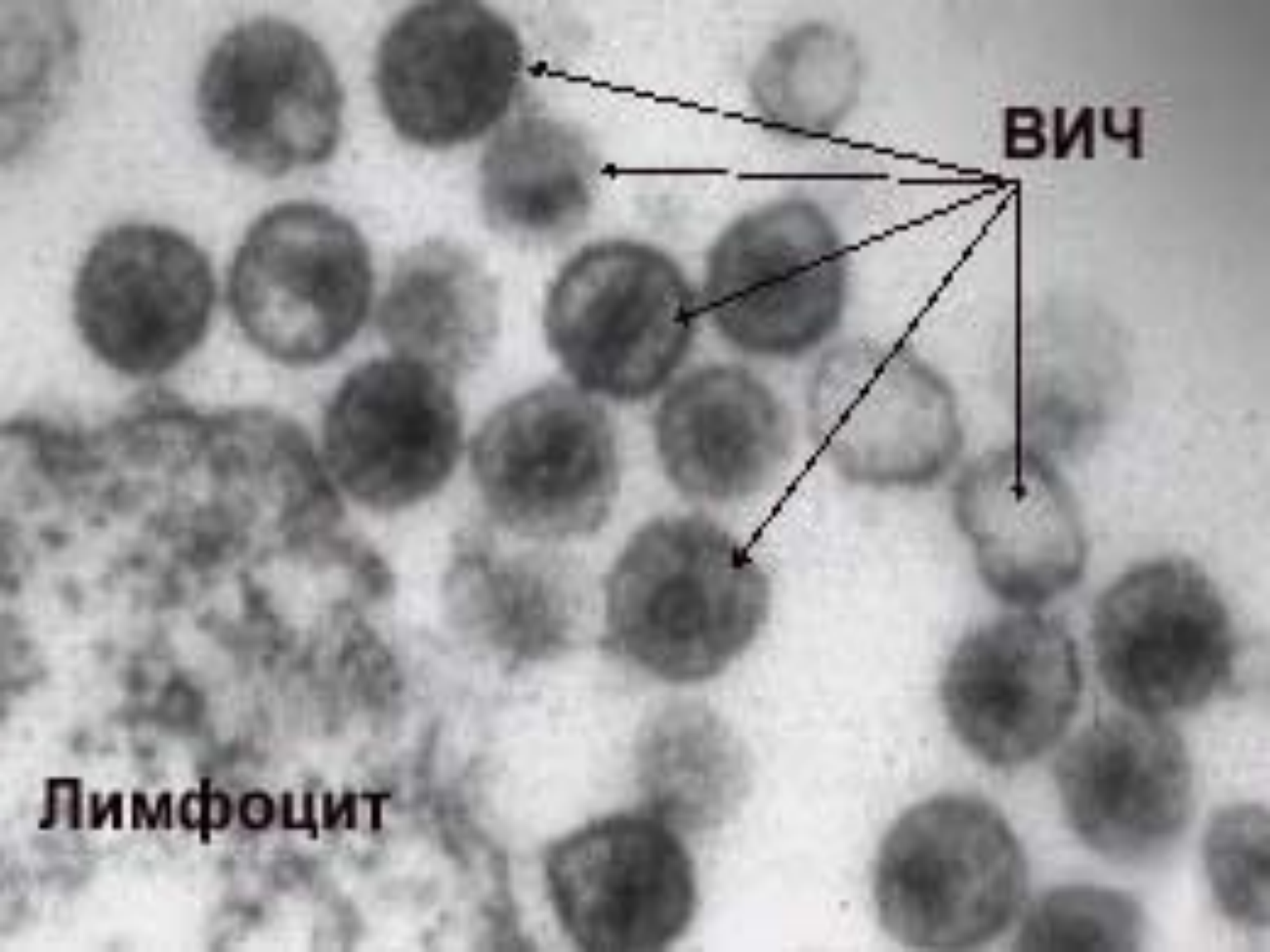
4. **Destroy by enzymes of a cell** of the envelope of a virus and Infiltration of a nucleocapsid in cytoplasm of host, where on to **basis viral RNA** with the help **reverse** occurs synthesis **viral DNA**, which then with the help **own integrase** is introduced in DNA nucleus of cell - targets, being transmuted there in **provirus** and can be in such a state many **months or years**.

Were inside a core of a cell - provirus **permanently** induces replication new viruses that **frequently not clinical appears**, but causes seroconversion !

5. The maximal induction the viruses is registered in a stages **primary** clinical manifestations and **AIDS**.

6. The **antigenrecognition** and **antigenpresentation** function of macrophages and monocytes is oppressed simultaneously with increase of formation by them of various mediators (**pyrogens, cachexins, tumornecrosis of the factor etc.**)

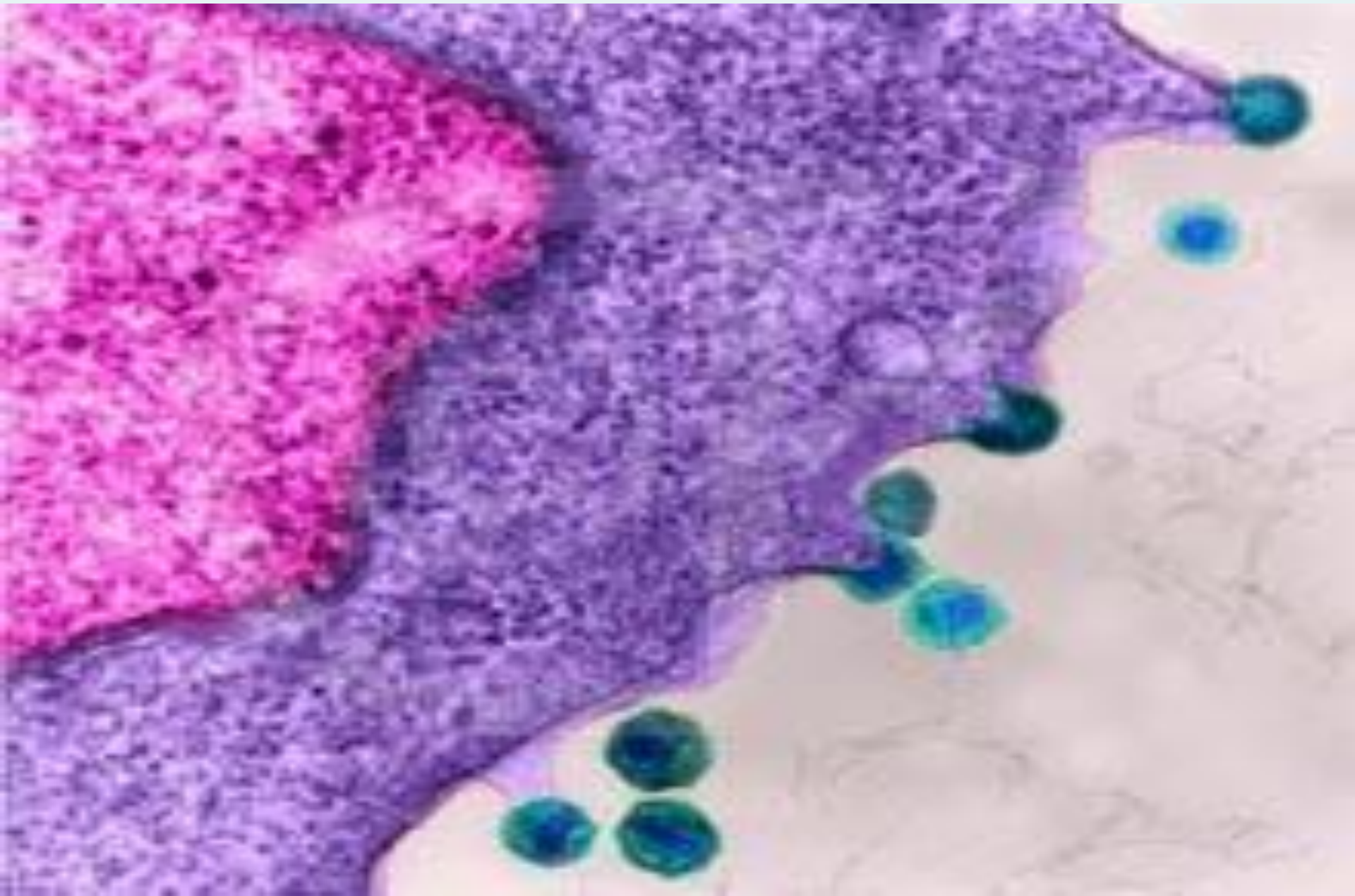
7. The considerable injury of the population CD4-lymphocytes **fulfilling key role in immune processes**, that result is violation of cooperation immune cells, loss by them of ability to the adequate answer on allogenic and autoantigenic exposures, that promotes clinical manifestation of the opportunistic infections and neoplasms



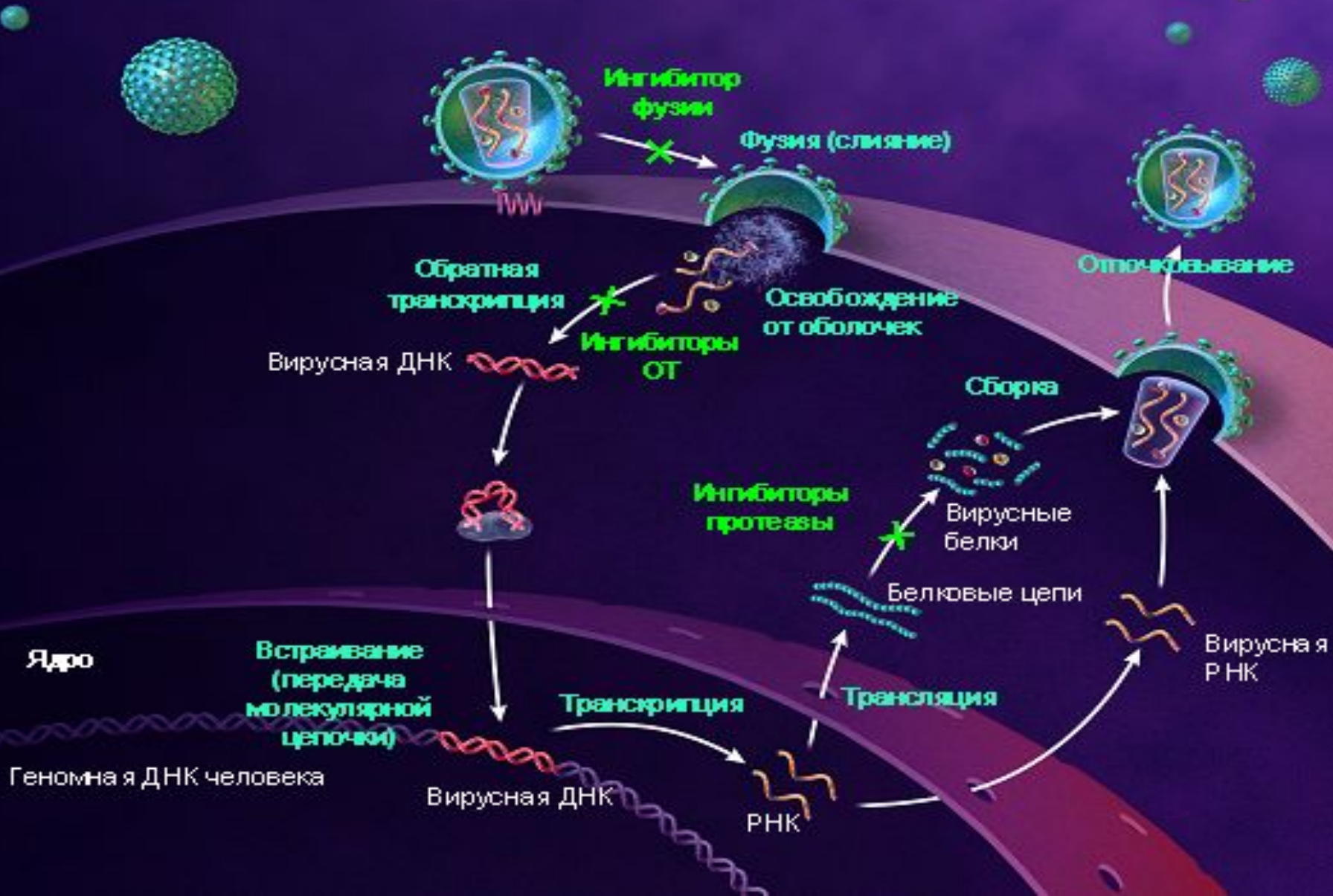
ВИЧ

Лимфоцит

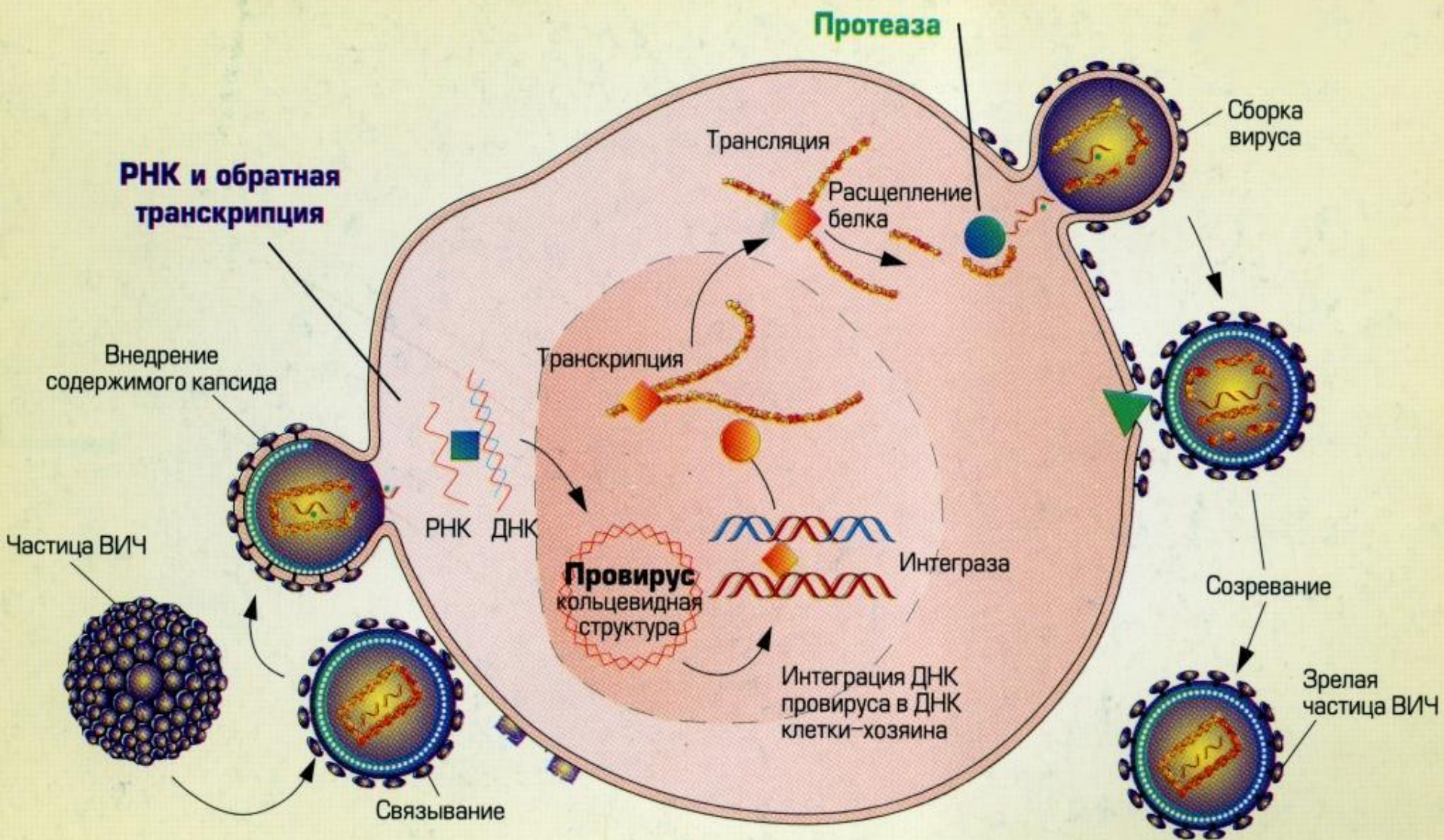
Viruses of an immunodeficiency (HIV) join to glycoproteins to receptors on a surface **lymphocytes**. CEM x 110.620. Conditional colors.



Vital cycle of the VIH and targets for medicine



Vital cycle of the VIH



8. **The polyclonal activation of B-lymphocytes** is cause increase in a blood of all classes immunoglobulins (high level of antibodies in a blood) that results in exhausting and this link immunity

9. **Decrease of immune cells** occurs because of:

- direct destroy by a virus in during reproduction
- derivation gp 41 of the complexes between **damage and undamage** of cells
- **blockade** gp120 receptors **uninfected** cells with by loss of function activity with subsequent by destroy them T_H - lymphocytes
- injury of the **cell- precursors** in marrow
- **intensifying apoptose** infected of cells

10. Occurs **anergy** of a skin and mucous, are depressed **inflammatory responses**.
11. Under influence of manifold co-factors or superinfections, toxic effects (**narcotics**) beginning the intensive replication of viruses (**in the end of secondary latent period**) with mass destruction immune cells, that results in appearance AIDS-indicator diseases, make progress which even on a background of specific treatment results in death of the patients

PATHOMORFOLOGY

(the manifestations are diversiform)

- **lymphadenopathy** with involution of a glandular tissue
- **demyelination and sponge degeneration** of the nervous tissues

- vasculites and glomerulonephrites, hepatitises etc.
- manifold manifestations of **AIDS - indicators**

Incubation period:

- **virologic** from 2 to 4 weeks
- **immunological** from 8 to 12 weeks
- **AIDS-incubation** from 2 to 10 years and more

Acute retroviral a syndrome

CLASSIFICATION HIV-infection (WHO June 2006 r)

Clinical stage 1

- asymptomatic
- persistic a generalized lymphadenopathy

Clinical stage 2

- **losses of mass** of a body less than **10 kg**
- activation **herpes VZV** the last 5 years
- **minimal dermo-mucous damage** (seborrheas a dermatitis, prurigo, mycotic affection nails, relapsing damage of an oral cavity, cheilitis)
- repeated **infections URT** (including bacterial sinusitis)

Clinical stage 3

- **losses of mass** of a body more than **10 kg**
- **diarrhea** more than 1 month of a vague etiology
- **fever** more than 1 month of a vague etiology
- **candidiasis** of an oral cavity
- **hairy a leukoplakia** of an oral cavity
- pulmonary **tuberculosis** on an extent of the last year
- **severe bacterial infections** (pneumonia, purulent myositis etc.)

Clinical stage 4:

- Wasting syndrome, due to **HIV**
- **pneumocystis carinii** pneumonia, pneumonia recurrent
- **toxoplasmosis** of brain
- **cryptosporidias, isosporiasis** – chronic intestinal, 1-month duration
- **cryptococcosis** extrapulmonary (**meningitis**)
- **CMV** - infection (excepting a damage of a liver, spleen, lymphatic nodi), **CMV-retinitis** (with loss of vision)
- **HSV** - infection with a damage of a skin or mucous by duration more than 1-month or with a damage visceral bodies of any duration
- **progressive multifocal leukoencephalopathy**
- **anyone a endemic mycosis** (disseminated or extrapulmonary) (histoplasmosis, coccidioidomycosis etc.)
- **candidiasis of bronchi, trachea or lungs, oesophageal candidiasis**

- visceral leishmaniasis
- extrapulmonary a tuberculosis
- **atypical mycobacteriosis** disseminated or extrapulmonary)
- B** - cellular malignant **lymphoma** – brain, Burkitt`s sarcoma
- **Kaposi*s sarcoma**
- **encephalopathy, HIV-related**

CLINIC ACUTE RETROVIRAL of a SYNDROME:

- | | |
|---------------------------------|------|
| - high fever | 96 % |
| - adenopathy | 74 % |
| - pharyngitis | 70 % |
| - eruption on a skin and mucous | 70 % |
| - myalgia - | 54 % |
| - diarrhea - | 32 % |

- headache - 32 %
- nausea and vomiting - 27 %
- hepatosplenomegaly - 14 %
- lowering mass of a body - 13 %
- candidiasis of an oral cavity - 12 %

- neurologic manifestations - 12 %
 (aseptic meningitis, meningoccephalitis, peripheral neuropathy, paresis, s-т Гийена - Барре, psychosis)

All these manifestations are stipulated only **HIV** and **after 3-6 months (even without any treatment) disappear** and for the patient is starting the **secondary** latent period from 2 up to 15 and more than years.

Acute retroviral a syndrome- eruption on a skin



Острая лихорадочная фаза ВИЧ-инфекции: сыпь. Сыпь состоит из отдельных беспорядочно разбросанных пятен и папул; локализуется на руках и туловище. Помимо лихорадки у больного выявлены увеличенные лимфоузлы, язва на мошонке и гиперемические пятна на небе

(seborrheas a dermatitis)

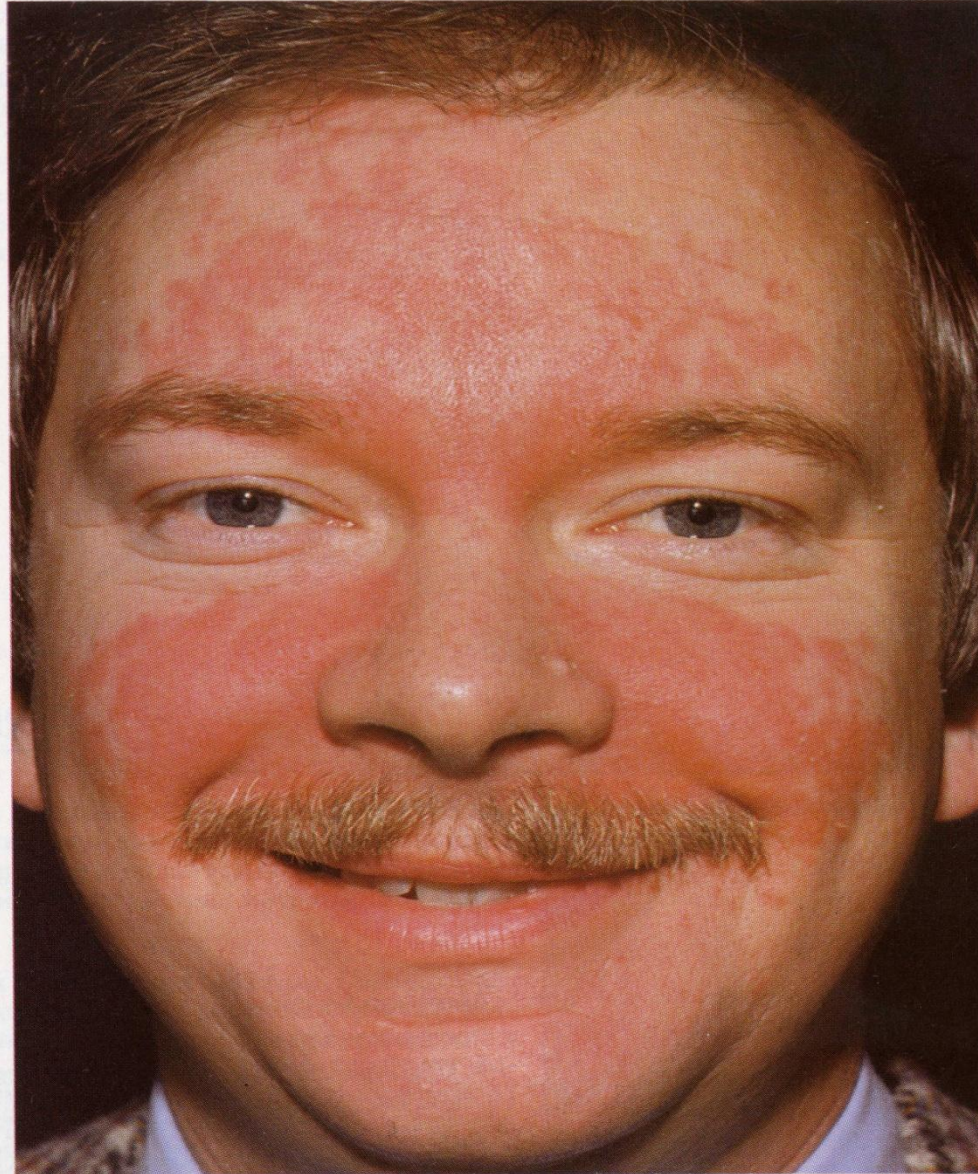


Рисунок 3-15. Себорейный дерматит. Поражены верхняя губа, щеки, носогубные складки, брови, надпереносье и лоб. Такие же высыпания — эритема и желтовато-оранжевые чешуйчатые бляшки — обнаружены за ушами и на груди

seborrheas a dermatitis



Рисунок 3-16. Себорейный дерматит на фоне ВИЧ-инфекции. На левой щеке, носу, переносице и бровях — красные шелушащиеся бляшки, напоминающие псориатические (это состояние известно как себопсориаз). У больного — СПИД. Недавно он перенес инсульт. Левая половина лица парализована, поэтому высыпаний на ней гораздо больше

candidiasis of a tongue



LABORATORY DIAGNOSIS HIV:

The data epidanamnesis , parenteral anamnesis and sexual behaviour, presence HIV for the pregnant woman

- 1. ELISA** - detection in a blood of antibodies against a virus
- 2. Immunoblotting** (detection in blood of antibodies against major antigenes HIV- from 4 up to 6)
- 3. PCR** - detection in a blood of virus RNA
- 4. Virologic research** (cultivation HIV on cultures of tissues)
- 5. Immunogram** (quantity CD4 of cells)
- 6. Manifold bacteriological, virologic, parasitologic, mycotic, histological and tool methods research for revealing of indicator diseases**

Специфические
серологические
маркеры
ВИЧ-инфекции

антитела к gp 41 и gp 120

антитела к gag

антигены ВИЧ

антигены ВИЧ

время

1

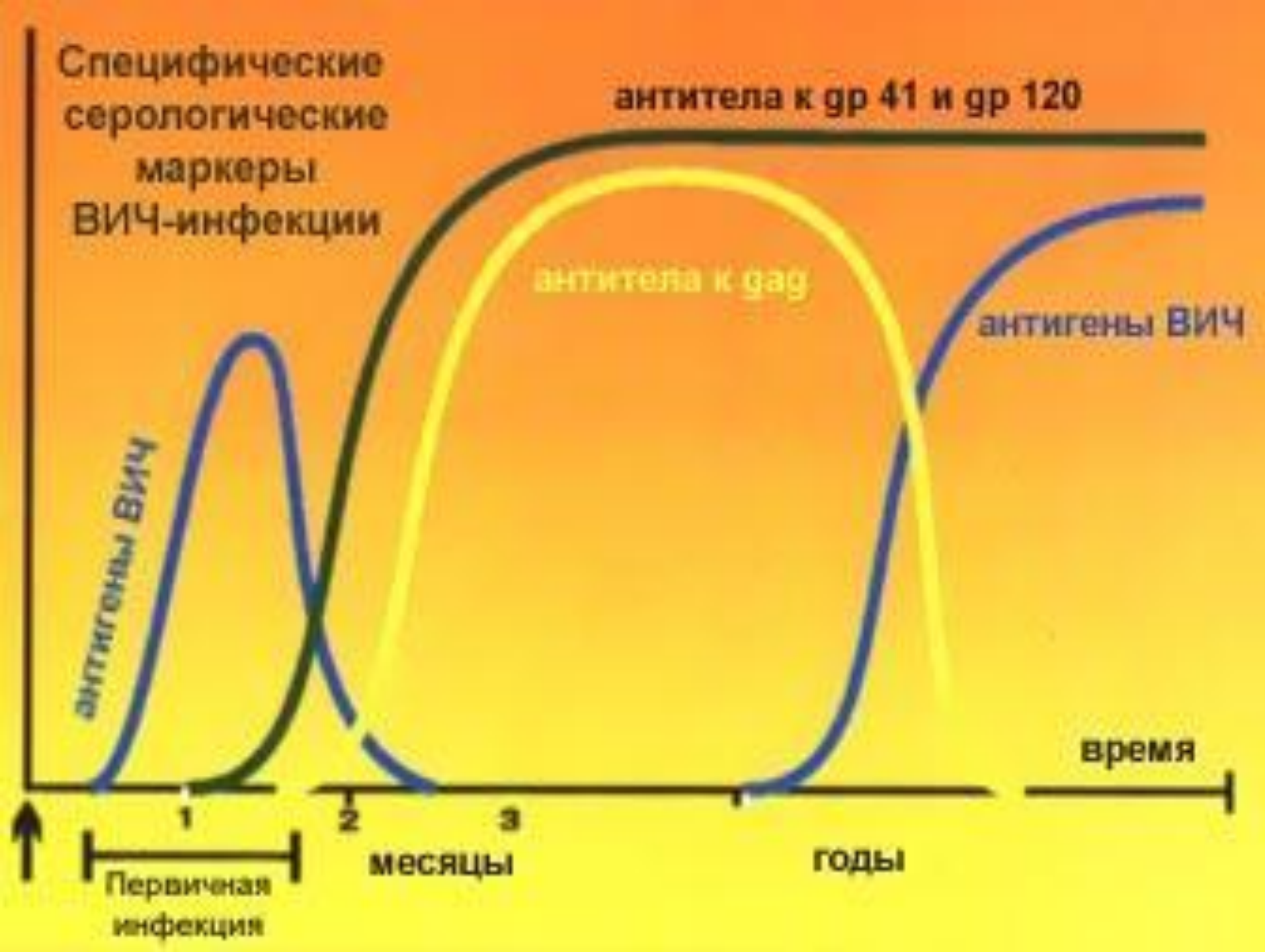
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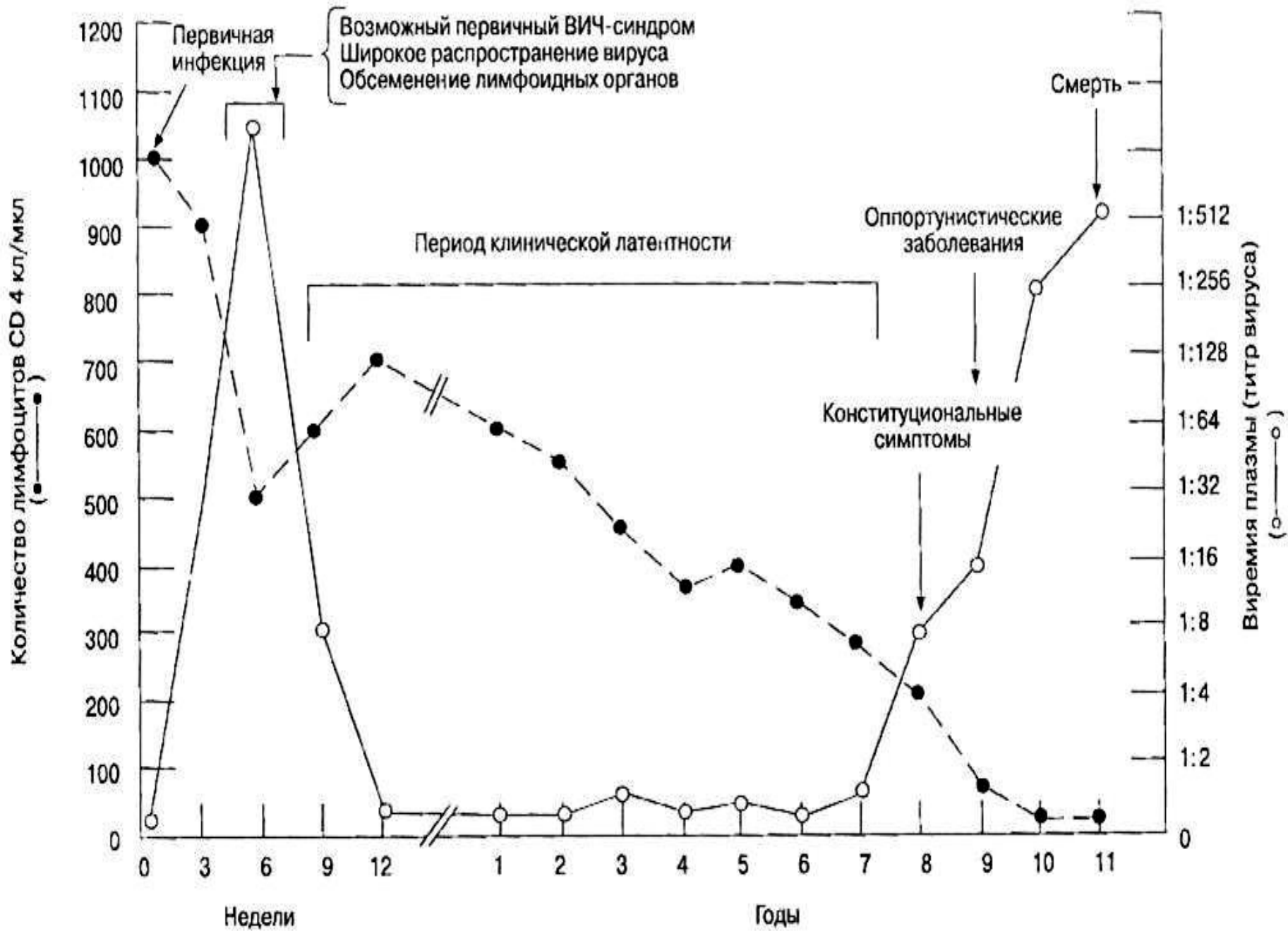
3

месяцы

годы

Первичная
инфекция





ANTIRETROVIRAL TREATMENT (ART)

ART is a reception of specific drugs, which operating on various components HIV, prevent it to develop and to be multiplied

ART - does not cure of a HIV-INFECTION completely, but improves quality of life and allows essentially slows down development AIDS

ART - allows sharply to lower quantity of a virus in organism and longer to save effective operation the immune system

ART - will be carried out continuously and all life!!!

ART - is assigned only at lowering quantity CD4 lymphocytes from 350 and is lower in 1 mcl. of a blood (It is often starting from 2-nd clinical stage of the disease)

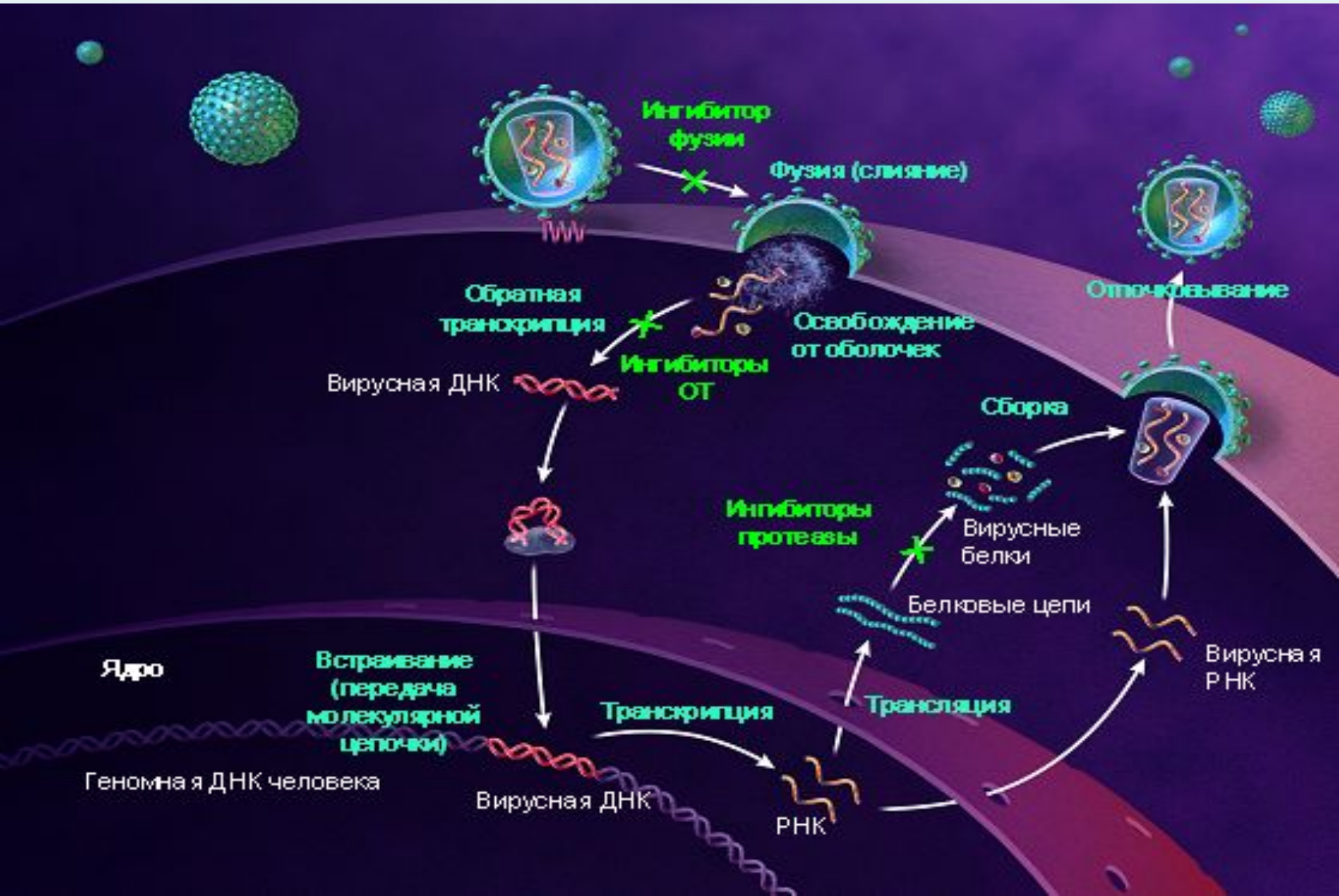
GROUPS ANTIRETROVIRAL of DRUGS:

1. **Nucleosid`s inhibitors** return transcriptasa-
(d4T, AZT, ddl, 3TC ...)
2. **Unnucleosid`s inhibitors** return transcriptasa -
(EFV, NVP ...)
3. **Inhibitors of a protease:** (NFV, Ipv/rtv, IDV, RTV, SQV ...)

Triple therapy (on one drug from each of the listed above groups with replacement on the following **triple combination** will be used only at appearance of stability to the first group!!!

The mechanism of operation of drugs from each of groups represented on the following slide

Vital cycle of the VIH and targets for medicine

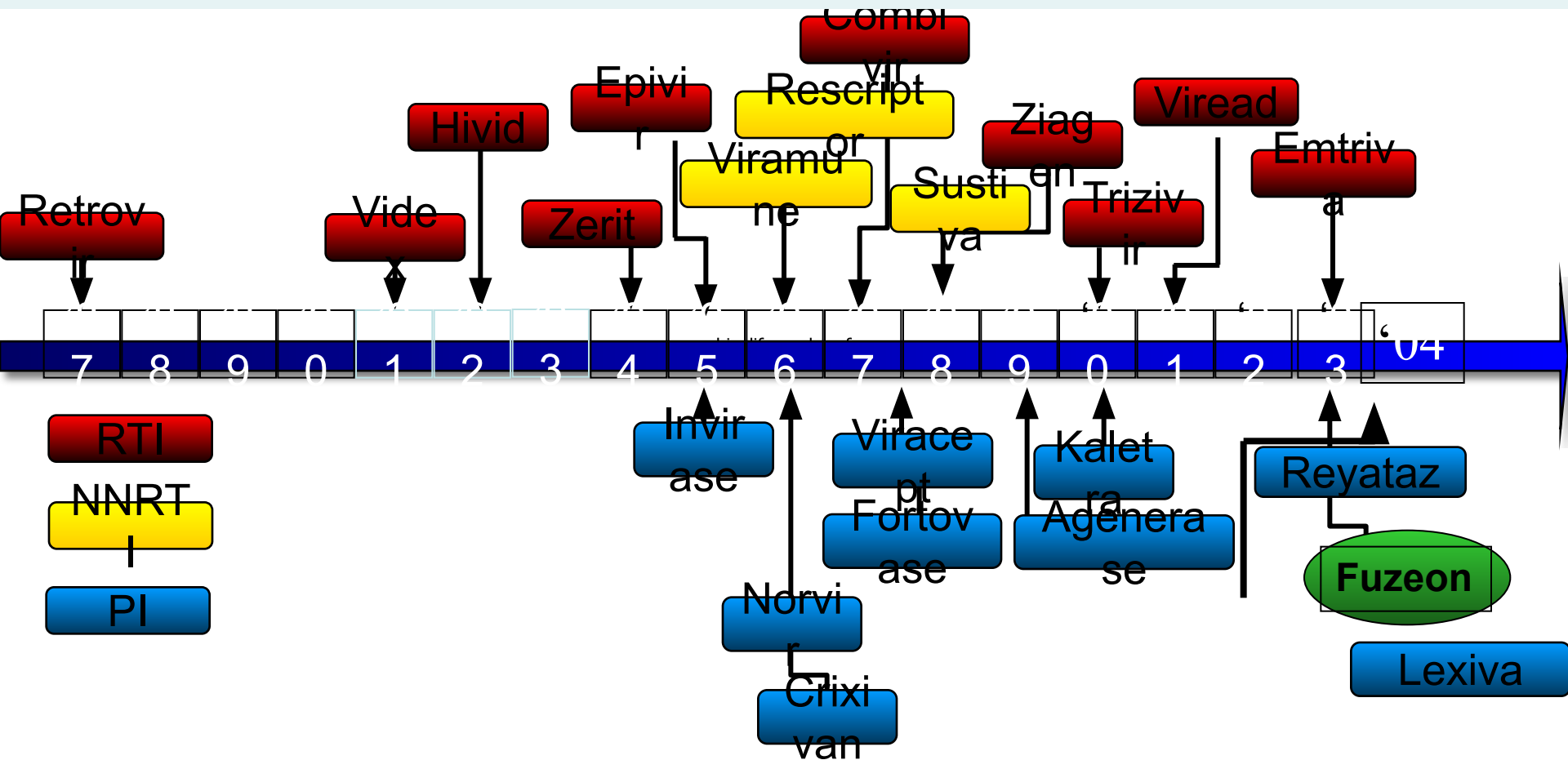


GROUPS ANTIRETROVIRAL OF DRUGS:

НИОТ	ННИОТ	ИП	ИФ
<p>Zidovudine(AZT) Stavudine (d4T) Lamivudine(3TC) Didanosine (ddI) Abacavir (ABC) Emtricitabine (FTC)</p>	<p>Efavirenz (EFV) Nevirapine (NVP)</p>	<p>Indivavir(IDV) Ritonavir(RTV) Нелфинавир (NFV) Saquinavir(SQV) Фосампренавир (FPV) Lopinavir(LPV/r) Atazanavir(ATV) Типранавир (TPV) Дарунавир (DRV)</p>	<p>ИФ Энфувиртид (ENF) CCR5 Маравирок</p>
НТИОТ			ИИ
<p>Tenofovir (TDF)</p>			<p>Ральтегравир</p>

История антиретровирусных препаратов

С 1987 по 1995 использовались 4 АРВ препарата класса НИОТ. Во второй половине 90-х годов начали использоваться ННИОТ препараты. С 1995 было начато применение ингибиторов протеаз.



1) Nucleoside Reverse Transcriptase Inhibitors



Emtriva

Eg : Emtricitabine
200 mg once a day



Epivir

Eg : Lamivudine or 3TC
300-mg tablet once a day
150 mg tablet twice a day



Videx EC

Eg : Didanosine or ddl
400 mg enteric coated capsules



Retrovir

Eg : Zidovudine or AZT
100 mg and 300 mg capsules
10 mg/mL IV solution
10 mg/mL oral solution



Viread

Eg : Tenofovir
300 mg tablets
once a day



Zerit

Eg : Stavudine or d4T
15, 20, 30 and 40 mg capsules
1 mg/mL oral solution



2) Non-Nucleoside Reverse Transcriptase Inhibitors

Sustiva

Eg : Efavirenz

50, 100 and 200 mg capsules



Viramune

Eg : Nevirapine

200 mg tablets

50 mg/5 mL oral suspension.

hiv_life_cycle.asf

3) Fusion Inhibitor

Fuzeon

Eg : Enfuvirtide

90 mg



4) Protease Inhibitors



Fortovase

Eg : Saquinavir 200 mg soft gel capsules



Norvir

Eg : Ritonavir 100 mg capsules 600 mg/7.5 mL oral sol.



Invirase

Eg : Saquinavir 1,000 hard gel twice daily



Crixivan

Eg : Indinavir 200, 333 and 400 mg every 8 hours.



Kaletra

Eg : Lopinavir or Ritonavir 200 mg lopinavir 50 mg ritonavir.



Reyataz

Eg : Atazanavir sulfate 200-mg capsules

1) Truvada

- Emtricitabine / Emtriva 200 mg
- Tenofovir / Viread



2) Combivir

- Lamivudine / Epivir 150 mg
- Zidovudine / Retrovir



3) Epzicom

- Lamivudine 300 mg
- Abacavir

[hiv_life_cycle.asf](#)



4) Trizivir

- Zidovudine / Retrovir 300 mg
- Lamivudine / Epivir 150 mg
- Abacavir / Ziagen 300 mg



TYPICAL the SCHEME ART AT HIV For the ADULT:

- 1. AZT (zidovudin) +3TC (lamivudin) + Kaletra (Lopinavir/
Ritonavir)**
- 2. AZT +3TC + EFV (ifavirens)**
- 3. d4T (stavudin) +ddL (didanosin) + Kaletra (Lopinavir /
Ritonavir)**
- 4. d4T + ddL + EFV (ifavirens)**

**Other schemes of treatment in a case are stipulated those
decrease of effect or excessive toxic operation ART:**

- oppression of the function of a marrow**
- neurotoxicity or peripheral neurotoxicity**
- hepatotoxicity**

- appearance of an exanthema or enanthema
- syndrome of the diarrhea
- pancreatitis
- lowering and violation of vision

Because of a toxicity many patients interrupt treatment!!

The efficiency of treatment depends on the **mode of treatment**. If the patient in currents of year has accepted of drugs:

- It is more than 95 % - efficiency makes **78 %**
- 90 - 95 % - efficiency **45 %**
- 80 - 90 % - efficiency **33 %**
- 70 - 80 % - efficiency **29 %**
- It is less than 70 % - efficiency **only 18 %!!!**

Снижение смертности с появлением ВААРТ



PROPHYLAXIS (there is no specific prophylaxis!!!)

- **revealing** groups of hazard and their testing (with permissions of the patient!!!)
- **careful research** of all biological tissues obtained from the man on HIV (donors)
- **usage of medical gloves**
- **usage** of masks, shields, glasses, aprons- for protection of a skin and mucous
- **usage** of a «scoop» technique dressing disperser hood on a needle of a utilised squirt
- **at transmission** during operation of the tool from hands in hands to utilize « a neutral field » - little table, tray
- **washing hands**, disinfection of tools, ware, linen, equipments

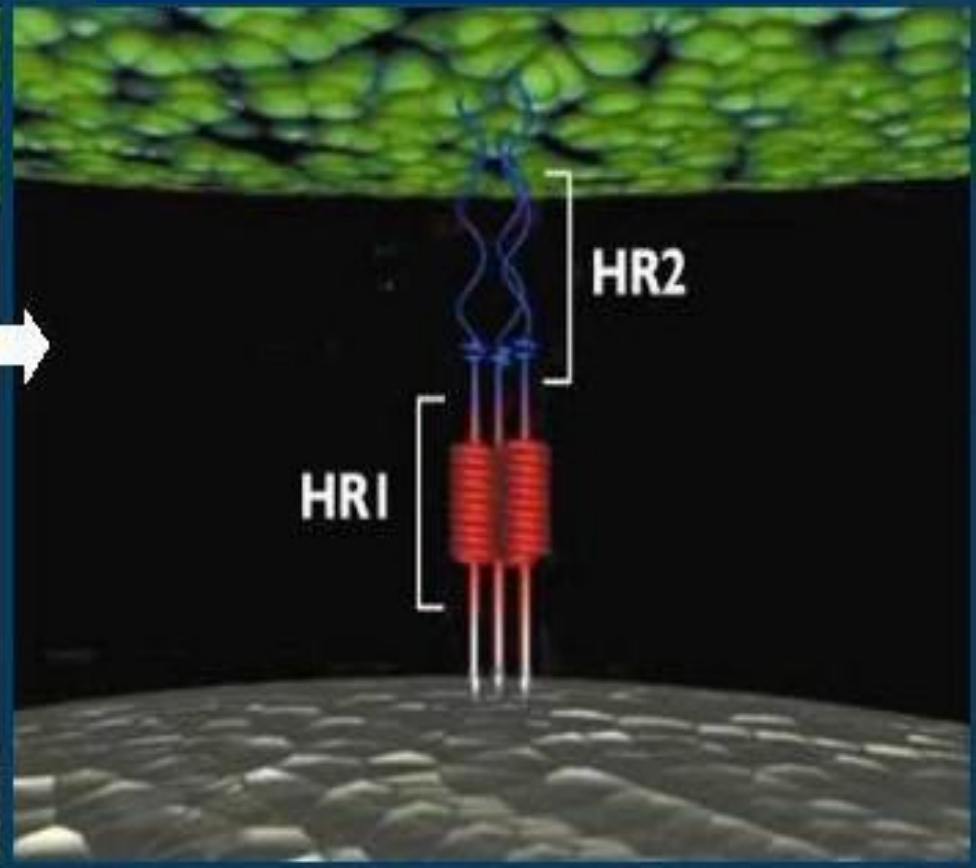
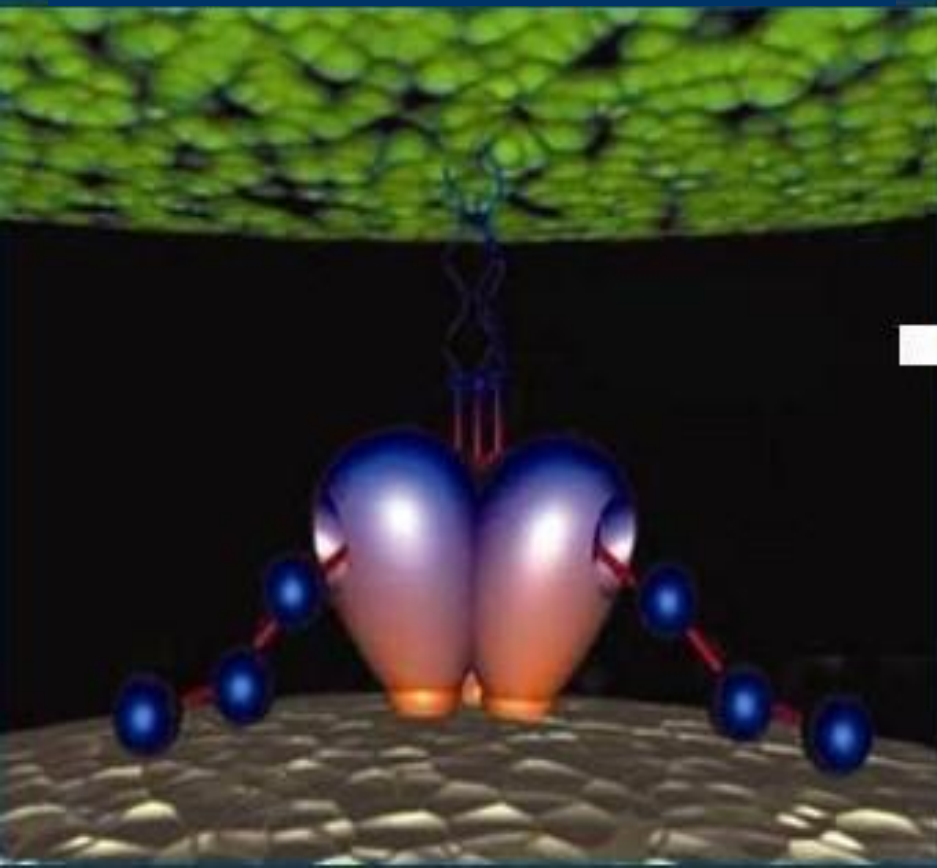
- **usage of special containers** at a transportation of test tubes with anyone biological by materials obtained from the patient
- **emergency prophylaxis ART** injured medical personal during contact to the patients
- **struggle** about distribution of narcotic resources
- **carrying out** by the pregnant woman ART before labor
- **obligatory** usage of condoms at random sex links
- **sanitary enlightenment** since school age, connection public and religious the figures to the given operation

ENDING OF THE LECTURE

Stage 2. Attachment with coreceptors

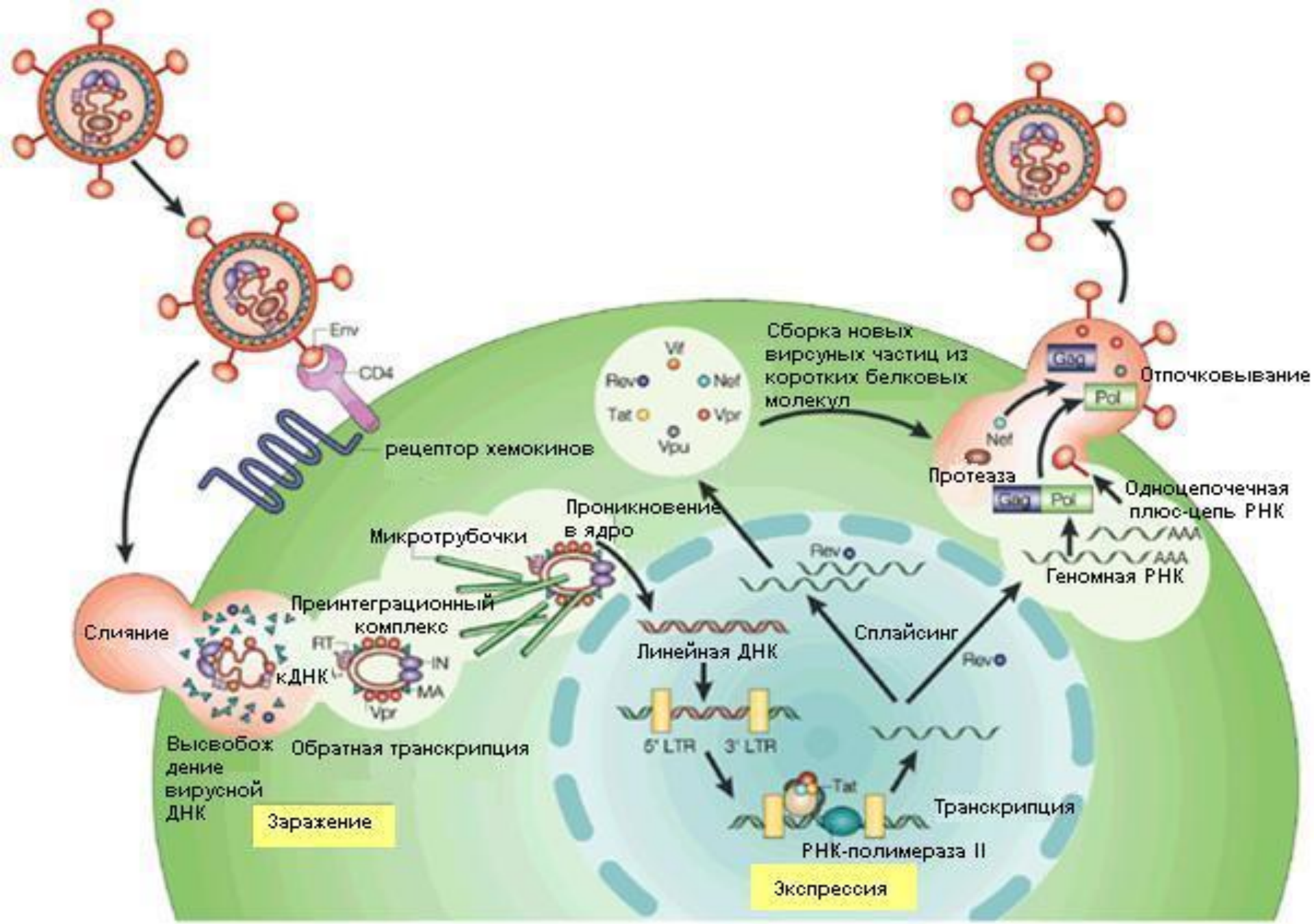
Конформационные изменения

Домены gp41





Хронический язвенный герпес: поражение перианальной области.
Крупные, чрезвычайно болезненные язвы соседствуют с саркомой Капоши





This lung is as solid as liver because of *Pneumocystis carinii* pneumonia (PCP). There is diffuse consolidation. PCP is typical of immunocompromised patients, particularly those with AIDS.

Нуклеозидные ингибиторы обратной транскриптазы

ZDV, ddI, d4T, 3TC, ABC, TDF,

2 Не-нуклеозидные ингибиторы обратной транскриптазы

NVP, EFV

Обратная транскриптаза

Ингибиторы слияния

Фузон

Протеаза

Ингибиторы протеазы

**SQV
RTV
IDV
NFV
LPV**

Интеграза

