

Cogep^aHHe

1. Bcryn^eHHe ...3
2. nOHHTHe CO^Ha^bHOH aKTHBHOCTH ... 4
3. OaKTOpbl H BHgbl CO^Ha^bHOH aKTHBHOCTH ... 5
4. Co^Ha^bHble npoS^eMM ^rogen C HHBa^ngHOCTbro . 12
5. OcoSeHHOCTH (i)OpiVIHpOBaHHfl CO^Ha^bHOH aKTHBHOCTH y
HHBa.UigOB
... 19
6. Bbraog ... 23
7. 3aK^roneHHe ... 24

aoodnoa oiomrelz' KHHsmsd

KLTr H190H>K0IM£0a 903 1939 Mdl9

IM9 XtTod LI H190Hll'Hlf9aHH M

fTOXtrOLI HI3HH9IM0daO3

£HJM9990dl9 09 aXBffBifaOO

WVttVWPZ'AHW lOKIToaCOII 01 h

^aaiogmgo HHELDK H HHELDK

Homioaiogoo HwaixoagXo

HraaHaadnoHiron K91K30H919 9HjXdtT

9 'HHg090n KI919liXirOII₍₁

'₍₁9llH9aHIZ'}KH

0X1919₍₁ 10I91Hh0nl'9dn

HJMKIOOHXCOJMCOa

MIMI3HH9hMH9djO 9 HOtfOUf 3199h

'HHll9XIH9 M0HH9HLLDK MOHIXdl

XKH30IT9X 3 'HHH9>K0LT0U

K0H3IT9HII09 Koaox9HHli'o a

99Ktrox9H 'Xwohii :oodnoa loaximeoa

aaotfe 'oM9Htro

*BnHBIfUtiUDq *

oaioolngo a HHLrediomii

'₍₁9319H9ll^C9dl 010H3IT9HII09,,

MIMLI OfflHOhXlfOII X llXu

lOKHXCOIfOX aof'HiraaHH miag

HxooHqirgxHaxoipiz'

HamoreMc/xlMO

KHH9iraK H

iaooanodu 'xgiMtrgdu

3H axxgqgAo

KHaxoipiz'ea

oxoHairBHOodsn

H9iT9li xiaHH9iraax9on
Xd9iM HITH

HHH9XCHX90IZ' 3 WH
aHsnsxo

HLTJOIMOU JME3H
xoxfendgxxadax H

£XxHG H KHld9HG XH
xcHKLrax'aduo

iagOXh
'iaHSirairoAgoonKH

'3X3303X911911'
aea

HHH9iraadireH
HxoghniixgifeHiz'

IMOX3X a
HhAt'Ag 'giadoxox

'axHirgifiedno
'oaxognex

oiMMtroxgo9H
SOXOShHXOirOXH

'raaHaifgxHKgdxa H
On-OHaiTBHllOO-O

KiaHanxxa 'gxc
HXOOirSll 99 H

IMMJ/XI'IJ'
HXOOHhHif

HX90H3ir9XK9iz'
aX90HaiT9XK9ll'

HOHH HITH HOX a M
KBHH9iraadireH9ir9l

IM.iq Ha MX3anHHH H
i H KBHairgxaHeoa

HiMiaHanxMa 3X3X9
oxe - axooHaiixxa

‘oxfoi99hdoax-OHQir9XBaBHfOH

-‘Ol/OL99hMXMDOLI-OHH9aX99rngO -

‘oiAaotrXdx -

:aotrna OMqDOM99H BH qxHirgD'eBdiz'on OLDKOIM HxooHhHir
qxooHaaxNB oxtairaHlloo ‘oHqirgxaaoiz'giQ aaxogrngo
HX90Hqif9XK9D'9HfH>K xad9(f)9 xooa oa axooHanxxa oxfaiqifBHlloo
axairaaodn XSXCOK qx90HhHff

- HxooHaifsxKSiz' HOHHaaxoamgo xa^na xooa oa
KMXOBHA 99 qirgxaeaxon ‘HHH9mOHXO
XiqHH9aX99lngO XIM 9X9 H9 a HXOOHhHIF
HX90HH9h0HfM3 adgiM ‘qH9 u9X9 oxe - qx90Hanxxa
KBHqifBHlloo oxh “Doaiaa wgaigrD^

xgXdHHOHriMHXcf) H xg^axogmAo qx90HhHir xiadoxoM a
‘iaD'gdo MOHtrodmdu H HOHairanlloa nglnoiaxcAdxo iadoxxacj)
KOXKOOHXO Kadoxxacj) IMLIHm9Ha M ‘qifedgho oioao g xiogoo
AD'XCOJM iaHaeKaa OH99X iadoxxacj) HXG oog ggiraD' Max H
MxooHggdxou ‘9HHBHf09 ‘iadAxairAx qHgaodX ‘oaxogtngo a
KHH9hourMa ox9 qHgaodX ‘dgxxadax ox9 ‘axgaoirgh Hxoomiggooo
9HM99MIX9H9X H giqHtrodndu XK90HX0 HX90H3HXMB
HOHqiTBHlloo IMBdOXMB(f) IMHHH9dxXH a >{

iadOXMBCj) 9HHm9H3 H OH ‘9HHH9dxAH3 OMaifOX 9H X0IKHIT3
9MH9H9IMfM 99 H qX90H3HXMB OIXHqLfBMnOO BH XiMOxeog

■KMHBAoaxogrnxo ox9o39 KIT'D' iaD'gdo HOHairanlloo H HOHD'odndH

MxooHaMxxa noHairanliao trna MiaHHatf HH?;H>K MOHHoaxoomgo
xKHHSiraadireH xooa oa oifahBH ooxoohdoax BH KOOJornoredMuo 'axoairoh
ojarncHXdHXHaiMHdauoMe 'ojOHiiuogcHLf 'oaom/ann iMOMHaaodniMdocf)
'KHaodX OJ0HH0HnaMH(())HLraaM n oxoHairoxeaoeadgoolngo K9HH9imaaoon
KOxoyfeHdoxxadnx axooHanxxa Baxoohdoax -OHairsxaaaHeon xax 'nxooHanxxa
noHairanliao ana noxax

ooxAdtr n HHHShAdon n nnHatfae xiaHHoaxoolngo nnHOHiromaa 'HHHadgoo
'nlliaeHHaxdo 'axoxaoo xiaHHoaxoomgo oxogad a 'xaHaxdo xiaHdogiaa a
'nnHOiraoHaxoon xiaHHoaxodatr/foojorngo nnHOiz'xofogo a onxoahA ox£
KHXXHduX'adu 'aHonadodxniM 'aHonxod 'aaxodaizyfoox HHCHXC
HOxoohnXHiron-OHHoaxoolngo a nxooHhHir KHxoafiX HHHadHmoad a
aoxoaxcadiiaa axooHanxxa BaxoohnxHiron-OHHoaxoolngo

ooiraiz' xax n

atfAdx iaHHirnn'noHiz' HHHSLruadxX n nnHOizCairgoo a 'oxogad on watnndaaox
HTTIOIMOU noHHoaxoiz'odoonH nnHaeaxo a 'KHHaaot'Adogo n nanx/drodu
aottna xiaaoH KHHOoao aoxodo HHHOlnadxoo a '(aoirandoxaiM 'aadiao
'KMHaaoTrXdogo) at'Adx axotrodo nlliaxaAirnoxe HHHdrahXirX a 'HH000(())odu
XRHXOIMO n xiadoxa MMHOoao a 'oanxaMnMHM MOHHoaxogoo on
nnxH/xf) xlnoiAaxoxoaxooo n HH009(())odu MMHornoiMaoo a '(xAiroA nirn)
nn'nxAiz'odn noKHli'oeHodn aaxoohax nnHomiaaon a 'hatfae xiaHHoaxotfoaenodn
xiaHHOiraaxoon nnHomod a HKaxaxairAeod MiMiaxXHJMxootr Koxoairotfodno
nxooHanxxa noaotrMx aHoao;/; nxooHairoxKOiz' HoatfXdx aotrna xianxodxHOx
HHHOHiromaa ndn MOxooHgooono 'aoxiaaaH 'HHHOMA 'nnHaHe
'noxooHxcoKeoa xiaHHoaxowX n xnxoohnencj) xiaHHoaxogoo oiaxooHhnir
HHliaeniraod aHOuoxo 'atfAdx nxooHairoxHiz'oaenodn oxood IMOHHKOXOOU
H oaxotfoaenodn ooHHoaxoomgo a 'axnHxogad 'axoairoh KHHOhoiraoa
aHOuoxo xoaiaaeaxon nxooHanxxa ana HiaHHa^f nxooHhHir nxooHanxxa

npoflB-raeTCfl B TOCTOAHHOM noncKe HOBMX 3agan H HX pemeHHH, B aKTHBHOh CMeHe H npno6peTeHHH HoBbIX \$yH^HH, B OBNageHHH HHHOBa^HOHHMMH npneMaMH H MeTogaMH Tpyra, B pa^HOHa^H3aTopcTBe H H3o6peTaTentCTBe, BHeceHHH npegno^eHHH no nynymeHHM ycnoBHH H ^\$\$eKTHBHOCTh Tpyra. Enarogapa TaKOH aKTHBHOCTh noBbmaeTca He TontKO ^\$\$eKTHBHOCTh geaTenbHOCTh OTgenbHMx HK>gen, HO H Bcero KonneKTHBa.

^HHHoCTb Mo^eT npoflBHflTb CO^Ha^bHyW aKTHBHOCTh B HeKoTopbix c^epax ^H3HH H BHgax geaTenbHOCTh 6onbme, neM B gpyrx. OgHaKo, Bce Bugb co^Ha^bHOH aKTHBHOCTh, KaK H c^epbi o6m,ecTBeHHon ^H3HH, Hepa3pbIBHo B3aHMocBa3aHbl.

Co^Ha^bHoe TBopneCTBo - co3HraTenbHbiH npo^cc,

HanpaBneHHbH Ha npeo6pa3oBaHHe cno^HBmxcfl H co3raHHe KanecTBeHHo HOBMX \$opM co^Ha^bHbIx opaomeHHH H co^Ha^bHOH gencTBHTenbHOCTh.

Co^Ha^bHoe TBopneCTBo npegnoaraeT aKTHBH3a^HW Bcex HHTenneKTyanbHbx, gyxoBHbix H \$H3HneckHx can HHHHOCTH, no3Bo.uaeT MaKcHManbHo pacKpbITb CBOH cnoco6HOCTh, HanpaBHTb ^Hep^HW Ha gocpa^eHHe HHTepecoB KonneKTHBa H o6m,ecTBa B ^HOM . Co^Ha^bHoe TBopneCTBo ^BnaeTca Han6onee 3penon ^opMon CO^Ha^bHOH aKTHBHOCTh.

B coBpeMeHHon HayKe cym,ecTbyeT MHO^CTBO aBTopoB, HbH MHeHHa pacxog^Tca, ogHaKo, Bbige. rak>T raaBHoe: ^neHanpaBneHHoe B3aHMogencTBHe HHHHOCTH H o6m,ecTBa.

CneroBaTenbHo, co^Ha^bHaa aKTHBHOCTh c^e^H\$HHecKHM o6pa3oM MoTHBHpoBaHa. A 3HanHT, MO^HO onpegHTb MOTHBM CO^Ha^bHOH aKTHBHOCTh - oco3HaHHbie npHHHHb, no KoTopbIM HK>gn BcTynawT BO

B3aHMogencTBHe gnyr c gnyroM oKa3bmapoT BHHAHHe gnyr

Ha gpyra u ocyrn,ecTBaaroT pa3auHHbie Bugbi co^HaabHo-3HaHHMOH
geaTeabHocTH .

B.B. KO3HOB, HanпyMep, cauTaeT, HTO apo6aa cTpyKTypa aBaeTca
egHHCTBOM ^aopo u cocTaBaapopн,ux ero ^aeMeHTOB, HTO npegноaapaeT
Me^gy ^aocpaocTbro u Ka^gbiM ^aeMeHTOM Haauaue paga cao^Hbix
nogcTpyKTyp - nпoMe^yroaHbix CTpyKTyp pa3auaHbix yпoBHea .

B CTpyKType MOTHBOB co^HaabHOH aKTHBHOCTH BbigeaapoTca Tpy
nogcTpyKTypb:

nogcTpyKTypa noTpe6HocTea,

nogcTpyKTypa BHyTpeHHero Kopпooa,

nogcTpyKTypa ^aea.

BbigeaeHHbie nogcTpyKTypbi cocToaT H3 MHo^ecTBa

MOTHBa^HOHHbIx KoMноHeHToB, KoTopbe TaK uau HHaae o6ycaoBauBaroT
co^HaabHyro aKTHBHocTb auaHocpa. Pa3Hbie KoMноHeHTbi cTaHoBaTca
aKTyaabHbMu B pa3Hbie nepyogbi ^opMypoBaHua MOTHBOB co^HaabHOH
aKTHBHocTy. MoTHBa^HOHHMe KoMноHeHTbi MoryT 6bTb npegcTaBaeHbi
KaK ncuxoaopuaeckHMy oпpa3oBaHuaMu, TaK u ncuxoaopuaeckHMy u
co^HaabHMMH ^aKTopaMu, mpoпbie oKa3bBapoT BauaHue Ha
MOTHBa^HOHHbIH nпo^cc.

nogcTpyKTypa noTpe6HocTeH

noTpe6HocTy, B nepByro oaepegb, o6bacHapoT, noaeMy aeoBeK xoaET
nпoaBHTb aKTHBHocTb. noTpe6HocTb cogep^HT B ce6e aKTHBHoe
oTHomeHue, KoTopoe HanпaBaeT auaHocTb Ha H3MeHeHue ycaoBHH gaa
ygoBaeTBopehua Hyacг.bi B aeM-au6o. HMeHHo ^o^TOMy gaHHaa
nogcTpyKTypa aBaeTca oгHoa H3 cocTaBaapopн ux cTpyKTypbi MOTHBOB

CO^Ha^bHOH aKTHBHOCTh .

B nogCTpyKTypy noTpe6HocTeft, Ha MOTHBM

CO^Ha^bHOH aKTHBHOCTh, BXOgaT: nOTpe6HOCTH B o6meHHH, B
OC03HaHHH ce6a H HHHHOCTHOM pOCTe, B o6meCTBeHHO-3HaHHMOH
geaTenbHOCTH, B

caMoyTBep^geHHH, B caMopea^H3a^HH, B gocTH^eHHH, B
npH3HaHHH H yBa^eHHH, B OKa3aHuu noMomy, B noayneHHH 3HaHHH, B
npyBaeneHuu K ce6e BHHMaHua, B 6aaronoyHHH H npecpa^e. KoMnaeKc H
HanpaBneHHOCTb noTpe6HocTeft MoryT MeHaTbca B 3aBHCHMOCTy OT
co^HaHbHO-geMO^pa\$HHecKHx ^aKTopoB, a TaK«:e reHgepHOH

npyHagne^HOCTH HHHHOCTH.

nojCTpyKTypa ueaeH

nogCTpyKTypy ^aeft cocTaBaapor caegyromue KOMnoHeHTbi:
cobCTBeHHO, ^ab KaK MaTepuanbHbift uau ugeaabHbift npegMeT, o6pa3
6ygymero pe3yabTaTa, a TaK^e noby^geHHe K gocTH^eHuro nocTaBneHHOH
^au.

B ^Ty nogCTpyKTypy BxogaT ^au aKTHBHOCTh, KOTopbie 3aBucaT OT
3HaHHMOCTH noTpe6HocTeft aeaoBeKa. ^ab - ^TO oco3HaHHbift o6pa3
6ygymero pe3yabTaTa, K KOTopomy H cTpeMHTca aeaoBeK. ^ab co^HaHbHOH
aKTHBHOCTh Mo®;eT 3aKaroaaTbca KaK B caMOM npo^cce geaTeabHOCTH,
TaK H B ee cogep^aHHH. K npyMepy, noTpe6HocTb aeaoBeKa K
caMopeaaH3a^HH MO^ST 6biTb ygoBaeTBopeHa aepe3 onpegeaeHHyro c^epy
geaTeabHOCTH c noab3oft gaa caMoro ce6a. 3TO MO^eT 6bTb BOHOHTepcKaa
geaTeabHOCTb, rge aeaoBeK npoaBaaeT 3a6oTy o gpyx arogax no
TaKHM o6pa3OM, B npo^cce MOTHBa^HH npoucXoyT
cobCTBeHHOMy ®:eaaHHro H y6e^geHuw, npy ^TOM ocymeTBAawTca

onpegeaeHHbie co^HaabHbie noTpe6HOCTh.

aKTyaabHbix noTpe6HQCTeft cy6beKTa H ^HH, KaK npegMeTa
ygoBaeTBopeHHa noTpe6HQCTeft, a TaK«:e cnoco6oB H BQ3Mo:^HQCTeH
gQCTH^eHHa ^HH, KQTQpbie CQgep^HTCa B KQHKpeTHQH CHTya^HH.
MoTHBa^Ha CKaagbiBaeTca H3 Bbipa6oTaHHoro cy6beKTQM ^HHOCTHOTO
H ncHXQaorHaecKQro cnoco6a peaHH3a^HH CBQHx noTpe6HQCTeft npn
gaHHbx Tpe6oBaHHax H o6cToaTeabCTBax, KQTQpbie THnnaHbi gaa ero
^H3HH.

nPJCTpVKTVpa BHVTpeHHep KOHTpOHa

Ee CQCTaBHaMT CnQCQ6HQCTH, 3HaHHa, yMeHHfl H HaBbIKH B
onpegeaeHHQM BHge geaTeabHQCTH H HX o^HKa aeaoBeKQM. KpQMe
^TQ^Q B gaHHyro nogcTpyKTypy MQTHBQB CQ^HaHbHQH QKTHBHQ CTH
BxogHT ypQBeHt npHTa3aHHH HHHHQCTH KaK CTeneHt MQ6H^H3a^HH
aeaoBeKa gaa gocTH^eHHa onpegeaeHHQH 3HaaHMQH gaa Hero ^HH. Ha
ypoBeHb npHTa3aHHH QKa3bBawT BHHaHHe TaKHe ncHxoarHaecKHe H
CQ^HaHbHble ^aKTQpb KaK Q^HKa HeaOBeKQM CBQHx BQ3MQ^HQCTeH,
yCHQBHH H

BepoaTHQCTH gocTH^eHHa ^HH, a TaK^e caMa CQ^HaHbHaa CHTya^Ha H ee
o^HKa aeaoBeKQM.

CrpyKTypa MQTHBQB co^Ha^bHOH aKTHBHQ CTH HMeeT He ToabKQ
ropH3QHTaabHoe CTpoeHHe, HQ H BepTHKaabHoe, npegTaBaeHHoe
Hepaxnen MQTHBQB. Korga poBopaT o6 HepaxHH MQTHBQB, peat aarn,e
Bcero HgeT o TOM, aTO B onpegeaeHHbift MQMeHT BpeMeHH nan B
HeKQTopoH CQ^HaabHQH CHTya^HH ogHH MQTHBb aBaarorca 6oae
CHHbHbiMH, aeM gpyne, B 6oabmeft CTeneHH BanawT Ha noBegeHHe
aeaoBeKa. Hepaxna MQTHBQB HMeeT CHCTeMHQ-gHHaMHaecKyro
cy^HQCTb. nog CHCTeMHQCTbw noHHMaetca coaeTaHHe

BeKropoM co^HaabHO^o noBegeHHa. nog gHHaMHHHocTbro gaHHon
CHCTeMM noHHMaeTca B03M0^H0CTb ee H3MeHeHHa.

TaKHM o6pa30M, MO^HO cgearb BbiBog o TOM, HTO Ha co^HaabHyro
aKTHBHOCTh BHHaMT BHyTpeHHHe H BHeHHHe ^aKTopb, CO^Ha^bHaa
aKTHBHOCTh 6biBaeT HecKoabKHx BHgoB (TpygoBaa,
o6p,ecTBeHHo-noaHTHnecKaa, no3HaBareabHo-TBopHecKaa H T.g.), a TaK^e
CTpyKTypa MOTHB0B co^Ha^bHOH aKTHBHOCTh — ^To gHHaMHnecKaa
cnpeMa MOTHBa^HOHHMX KoMnoHeHTOB H ^aKTopoB, ^opMHpyW^HX
pa3aHHHMe MOTHBM, noby^gawrn,Hx HeoBeKa K coBepfleHHW
onpegaeHHbix gencTBHH H nocTynKoB, onpegaeaw^aa CTeneHb ero
aKTHBHOCTh H HanpaBaeHHOCTh noBegeHHa gaa gocrac«eHHa KoHKpeTHbix
co^Ha^bHO-3HanHMbix ^aen.

ooHairadoiMa 'KHHomAdaHoaadn KOxonraK KMHOtroaou KOOJomCHKHOLTMIIO HiMauHx
iMdoH oaxoomgo a xiaxKHHdn xo KOOolnoiKHOirMxo
'MOtTOILf OMHOtTOaOU Kg 90 3 XOahOHfMa KadOXOM 'MMJOLfOXaU HOHaifaHlloo
iaiMOirgodn H KOXKOOHXO IMMh M 'OXOX 9iMod>j Hotfonr XHMOHhX'O H Hotfonr
xiaLTHMcou 'xiaHxogadeog ' HHSITIOHXO X M MO O H M HXGMQ IM HHLrecHifmdoH
'aoriHSMog 'aoxHadxHK dKtrodg 'XRHHOX'MCXOO
xHmaiag 'iqffogao oiHHoniHir M XRHHOX'MCXOO 'HOX'CHLT xiaHairog 'aoi/HiraaHH
'aodsHOHOHsn xiqHgoonooizAdx 'HHTHHOMC 'HMcotfoiroiM 'xHHxoLTOHHomdoaooH
'xodHO-HOXox' 'aaxoxgtr iaxHlne 'aaxoHMDgxaiM iaxHlne 'MMIMOO HOHHSiModao
'HHHOITIOHXO xiqHHoaxoomgo HHliacHHaiMAx 'KHHOirooaH Kqaodot'e iaHadxo
iaiMOirgodn : iqxogad HOHairaHlloo iqimOLrgodu oiaHhHHHx iMHiroHhodon 'HxooHgodiz'on a
aoKBaatfa og

HiMiqHaoHX'ooaou oxoodn atTJOHM a 'MiMMMOOhoaoLfOh OM(Max
xoiaaiaeaH XH 'Hotfonr MHLMMC HOHHOX'iqgo a xoiaMHHeoa iaiMOirgodn
gnjAdtr H 'ox H AxairoMOon xiaaonnAdx o - Kodoxa oa a 'xaiMOirgodn
(xiaHxooHhHir HITH) xiqHqiraAiz'HaHiz'HH go xadoaox oahAiro iMoadou g ■
uuAdJ XH H aoiz'HaHiz'HH OHaoda aH HIMHITioiaMHHLLoa 'HiMaiMOLrgodu o
oiroiz' XOOIMH aHO ox 'iqxogad HOHairaHlloo KOXOHOHM oxf-,

- Holnoa IMOHHOMCOLTOU iMHinoiAaxoornAo Hotrour HxooHHodoaxoiraizAoH
OHHOiraKiqa oiairoli Hooao OOTHIOIMH 'KHHOHIM oxomioaxoolngo OHHOHALH
H Max 'aotroxoiM XHMOOIIHXOHXHXO oiamoiMOu o KOxoinraxooInAoo
oodoxoM 'aaxoolngo KHxnaead KHHKOXOOO oxoHaHXMoago OHHHOHHO Max
xoaxaifOHlz'odH iMOLrgodu xiaHairanlloo onHaaotrirooH AIMOXGOH •An'odHdn
oiAHaHXMoqgo-OHaHXMoqgAo XOOIMH HHO oxh 'xoAffoiro iaiMOirgodu
HOHairanlloo KHHOiroli'odHO epj iMOxaxqirAeod H oiairoli 99 ALTMOIM
onaxoxoaxooooH OXOH KITH OOIMHKBHx MHM HxooHqiroxKOlz' iMOxxoagAo
ooiMoaaaHeooo Hogoo xoKiraaxoiz'odH aiMOirgodu KBHqiraHlio3

noBegeHHe, anKoroaH3M, HapKoMaHHa, ^pocTHTy^Ha H caMoySnftcTba.

TaKHM o6pa3OM, npo6aeMbi, Bo3HHKaro^ne B npo^cbe
^H3HegeaTeabHOCTH HHgHBHga, pynnbi, co6pн,ecTba, MoryT
HHTeпneTHпoBarca KaK TpyгHocpa, o6ycaoB.aeHHbie
HecooTBeTCTBHeM Me^gy ^eaaeMbiM H BO3MO^HMM.

OegeпaнHbift 3aKOH «06 ocHOBax co^Ha^bHO^o o6cay^HBaHHa
HaceaeHHa B POCCHCKOH Oegeпa^HH» Ha3biBaeT caeypнue

пa3HOBHгHOCTH TpyгHOH ^H3HeHHOH CHTya^HH:
HHBanngHOCTb,

Hecнoco6HOCTb K caMOo6cay^HBaHHW B CBA3H c npeKaoHHbiM
BO3пacTOM, 6oae3Hbw, ЧПOTCTBO, 6e3Hag3opHOCTb,

Manoo6eчeneHHOCTb, 6e3пa6oT^a, OTcyTCTBHe onpegeaeHHoro
MecTa ^HTeabCTBa, KOH^HHKTM H ®;ecTOKoe o6пaрн,eHHe B ceMbe,
ogHHonecTBO. ^o^TOMy gaa пaccMOTpeHHa KaaccH\$HKa^HH co^HaabHbIx
npo6aeM o6paTHMca K THnoarHH TpyгHbix ^H3HeHHbix CHTya^HH.

Hecнoco6HocTb K caMOo6cay^HBaHHW B CBA3H c npeKHOOHHbiM
BO3пacTOM,

6oae3Hbw. Cogep^aHHe TpyгHoH ^H3HeHHOH CHTya^HH 3aKaK>neHo
B ee Ha3BaHHH, ogHaKO npo6aeMa opraHHHeHa gByMa pynnнaMH npHHHH
(cTapocTb H 6oae3Hb), Bbinann TaKHe npHHHHbi, KaK MaageHHecKHH
Bo3пacT H HHBanngHocTb. Hecнoco6HocTb K caMOo6cay^HBaHHW
^HKcпnyeT BHHMaHHe Ha HegocTaronHoM COCTO^HEH \$H3Heckopo
пecypca, no^anyft, ^TO caMoe KпaHHee KanecTBo. 3гeчb Heo6xogHMo HMeTb
B BHгy, HTO Hecнoco6HocTb K caMOo6cay^HBaHHW B CBA3H c 6oae3Hbw
MO^T 6biTb BпeMeHHoH, B TO ^e BпeMa npegcTaBaeTca BO3MO^HOH
гH\$\$eпeH^Ha^Ha yпoBHefи Hecнoco6HocTH (opraHHHeHHe nepegBH^eHHa,
OICTBO.
opraHHHeHHe гBH^eHHH, opraHHHeHHe

3TOT Bug TpygHMX ^u3HeHHbix CUTya^ufi MO^eT 6bITb
paCCMOTpeH

B CHCTeMe «pe6eHOK-ocym,ecTBneHHe poguTen^Mu CBOUX
\$yH^ufi». OCHOBHMMH ^yH^HAMH pogurenefi ^BnawTca cogep^aHue
(ocymecTBHeHue nuraHua, yxoga, o6ecneneHue oge^gofi u np.), BocnuraHue
(ceMefiHoe BocnuTaHue, op^aHU3a^ufl o6pa3OBaHHa), ncuxonorunecKaa
noggep^Ka, npegcraBneHue uHTepecoB, Hag3op. ECTeCTBeHHO-CO^Ua^bHbIfi
HHCTHTyT pogHTentCTBa ^aKTHHeCKH

BbinonH^eT ponb BpeMeHHoro nocpegHyKa Me^gy o6m,ecTBoM u
pe6eHKoM. YTPaTa pe6eHKoM TaKoro co^ua^bHO^o nocpegHHKa co3raeT
cepbe3Hbie TpygHocTH B yroBHeTBopeHuu Bcefi raMMbi nenoBenecKux
noTpe6HocTefi H co^ua^bHbIx Hy^g.

Ee3Hag3opHocTb Bbi3BaHa HeucnoHHeHueM poguTen^Mu CBOHX
\$yH^HH Hag3opa H BocnuTaHua pe6eHKa H oTnunaeTca OT cnpoTCTBa
HoMHHanbHMM HanunueM pogurenefi. ^acTHbIM H Hauohee co^ua^bHO
onacHMM cnyaeM 6e3Hag3opHocTH ^BnaeTca nonHbifi pa3pbn pe6eHKa H
ceMbH (oTcyTCTBHe nocTo^HHoro MecTa ^HTenbCTBa, opaHueHHocTb
KoHTaKToB C pogHTeH^MH HHH Hu^Mu, Hx 3aMeHflMffl,uMu).
Co^Ua^bHbIfi acneKT npo6neMbi 6ecnpH3opHocTH COCTOHT B oTcyTCTBH
HopManbHbix nenoBenecKHx ycnoBufi ^H3HH H BocnuTaHua,
6ecKomponbHocTy 3a noBegeHHeM H BpeM^npennoBo^geHueM, BegymuM K
co^ua^bHofu ge3am^uu. nnyHUHofu Bo3HUKHoBeHua 6ecny3opHocTy
ABnaeTca yxog pe6eHKa u3 ceMbu BnegCTBue ^ecTOKoro o6pameHua
pogurenefi nu6o

KoH^HUKTa.

Ee3Hag3opHocTb co3raeT co^ua^bHble npo6neMbi KaK B HacToameM
(6e3Hag3opHbie geTu cTaHoBarca ynacTHUKaMu u ^epTbaMu

Мaaoo6ecneaeHHocTb B KaaecTBe co^HaabHOH нpo6aeMbi
npegcTaBaaeT CO6OH HegocTaroaHocTb MaTepuaa6Hopo пeчyпca KaK cpegcTBa
yгoBaeTBoпeHua co^HaabHbIx нoTpe6HOCTeH. !^H3HeHHaa ЧHTя^Ha
Maaoo6ecneaeHHbix ppa^gaH Tpyгocнoco6Hopo B03пacTa xapaKTepy3yeTca
TaK^e HH3KHM co^HaabHbIM CTarycoM,

^OpMHпOBaHHeM KOMнаeKCa HenoaHo^HHocTH, пOCTOM
CO^HaabHOH anarau, gaa geTen, BocнyTbiBaKfluxca B Maaoo6ecneaeHHbix
ceMбax, BO3HHKaeT onachoCTb 3aHH^eHHa co^HaabHbIx CTaHgapTOB,
пa3Bмua apпeчHBHOCTH KaK нo oTHoMHHK K pocyгapcTBy, o6pн,ecTBy,
TaK u K OTgeabHMM caoam, pпyннаM HaceaeHua, HHгуBугам.

Ee3пa6oTy^ npegcTaBaaeT CO6OH нpo6aeMy Tpyгocнoco6Hbix
ppa^gaH,He uMeK^ux пa6oTbi u 3apa6oTKa (гоxoga), poTOBbix нпncTynHTb K
пa6oTe. Co^HaabHaa CTopoHa нpo6aeMbi 6e3пa6oTy^i Bbпa^aeTca B
3auHTeпecoBaHHocTy aK6opo pocyгapcTBa B MaKCHMaabHOH
BoBaeaeHHocTy HaceaeHua B нpo^cc нpoH3BогcTBa MareпnaabHbix u
gyxoBHbx 6aar ^TH aKгу aBaaKTca HaaopnaaTeabpнyKaMu u KopMaT
H^гуBeHaecKue KaTeropuu - geTen u CTapHKOB). KpoMe Toro, 6e3пa6oTHbie
npegcTaBaaKT CO6OH HecTa6нabHyK, ^OTeH^HaabHO KпуMUHoreHHyK
co^HaabHyK pпyнны (y 6e3пa6oTHbx 6oae BMCOK пycK aco^HaabHO^o
ноBegeHua). Hy u HaKoHe^ 6e3пa6oTHbie - ^TO caou HaceaeHua, Hy^gaKpнueca
B 3am,yTe u нoMopнy (B Bугe гонаaT, KOM^eHca^HH u T.g.). ^o^TOMy gaa
pocyгapcTBa гeмeBae o6xогyTca пpeогoaeHue 6e3пa6oTy^i, aeM cogep^aHue
6e3пa6oTHbix.

OTcyTCTBue onпeгeaeHHopo MecTa ^HTeabcTBa- c^e^H\$HHecKaa
co^HaabHaa нpo6aeMa, cBa3aHHaa He ToabKo u He cToabKo c
HegocTaTOHHocTbK ^KOHOMHHecKO^o пeчyпca, cKoabKo c HapumeHueM

Ha3BaHHe «6OM^» (6e3 onpegeaeHHoro MecTa ^HTeabcTba), OHH BbiHy^geHbi cKHTarbca, 3aHHMarbca 6poga^HHecTBOM. CaMO caBO «6pogara» o6acHaeTca B caoBapax KaK «o6HHrn,aBmHH, 6e3goMHbift aeaoBeK, cKHTarornuftca 6e3 onpegeaeHHbix 3aHaTHH».

KOH^HHKTM H @;ecTOKoe o6parn,eHHe B ceMbe.KoH^aHKTbi B ceMbe npegcTaBapOT co6oft cToaKHOBeHHe cynpyoB, geTeH H pogHTeaeft, Bti3BaHHoe TpyrHopa3pemHMMMH npOTHBoeanaMH, cBa3aHHbiMH c npOTHBO6opcTBOM H OCTpblMH ^MO^HOHaabHbIMH nep^HBaHHaMH. KOH^HHKT BegeT K pacTpoftcTBy ^yH^HOHHpoBaHHa ceMbH, HapymeHHW npo^cca peaaH3a^HH noTpe6HocTeft ee aaeHOB.

^ecTOKoe o6parn,eHHe c geTbMH BegeT K pa3HbIM nocaeTbHaM, HO HX o6begHHaeT ogHO - yrn,ep6 3gopoBbro nan onacHocTb gaa ^H3HH pe6eHka, He poBopa y^e O HapymeHHH ero npaB. KoH^aHKTbi B ceMbe pa3pymaWT ayBcTBO 3am,Hrn,eHHocTH, ncnxoopHHecKHH KOM^opT, BM3MBawT TpeBO^Hoe 6ecnoKOHcTBO, nono^gawT ncnxHHecKHe 3a6oaeBaHHa, yxog H3 ceMbH, cyH^HgaabHble nonbTKH.

OgHHoaecTBO

- ^TO nep^HBaHHe, Bbi3bmarom,ee KOMnaeKcHoe nocTpoe ayBcTBO, KOTopoe BMpa^aeT onpegeaeHHyo \$opMy caMoco3HaHHa, cBHgeTeabcTByrom.ee o pacKoaе OTHomeHHH H cBa3eH BHyTpeHHero MHpa aHHHocTH. HcTOHHHKaMH ogHHoaecTba aBaawTca He ToabKO Oco6eHHocTH aHHHocTH, HO H C^e^H\$Hka ^H3HeHHOH CHTya^HH. OgHHoaecTBO noaBaeTca B pe3yabTare HegocTaroHHocTH co^HaabHO^o B3aHMogencTBHa HHgHBHga, B3aHMogeftcTBHa, KOTopoe ygoBaeTBopaET ocHOBHMe co^HaabHMe 3anpocbi aHHHocTH.

BbigeaaroTca gBa THna ogHHoaecTba: ^MO^HOHaabHoe

KOXOaXHhO HIOOHfTHLreaHH KOXaHCHdu IMIHHaOHOO
'HHIOIMOU H IHAHITiaE HOHairanlioo axooivHtz'oxgooH KHtnoreaiaeiaa H
HxooHairoxKOiz'OHeHxc OIHHOliHHadlO X IMHtTIKX'OaHdu
'HIMaXMOCflOtr HITH INHHdx HIMKHaXOX'aLTOOU
'HKKHHaaoirogae raaHHOiraoiroAgo 'aaaodoiz'e ivoaxoHodxood
KHXHOXO oo a Ha?; Kao HxooHiz'HiraaHH axaovxadx KHHHOiModao3

HHE;HX(CHao axnodxo OHHITOXKOXOOIMHO HxooHxcoiveoa
Alz'HiraaHH iag airaaaiz' Kadoxox 'HTHOIMOU noxax
HxooKHlz'oxgooH o HOIZH iax^HHaaiaa Hinag
'«HXOoHairoxKOtzoHE; HX(HOHHOliOHiroH x
axooHgoono-axooHhHir» xaHHirdoox OKOXOHO a
KoaxaandxaiMOoad airaxo aivoirgodH KHHHHIZ'
'aoHiraaodHCHHaiMAx HxooHiz'HiraaHH go KHHOiraaxoiz'odn a XX
siretaH g alz'HiraaHH ojHHaaooxoornAo x axoizPdo xiaHairandoxaiM
XOXHXOOIZ'OH axKHirouooa oiaHHaaendu 'KHHOUXcodhX
onrnoiXaxoxoaxooo noHiraaaiz'eo 'Kalz'HiraaHH HTHOIMOU
HOHairandoxaiM KHKOirgodn H HXOO Hgoo O HOotrXdx iaxedxA
ivaxxouoa KHxOHIIIHIZ'OIM nooirKiroiz^ OHHHKHHa ntfodoho
oiAadon a 'oHHaaooxoornXo ooa nxeaHhonoogo
OHHITOXKOXOOKHO HxooHxcoiveoa axoairoh xoamnir H
HXOOHHITOXKOIZ' HOHairaHOHOOOijiodH HOHHOliOHiroH x
iMOHaxoxKuodu aoxoairaa nxooHlz'HiraaHH Axniroxon '
«KoaxHtrXdx axooHgoouo-axooHhHiD) HHHomoHxo aH aoirairoiz'
XHOIIXH HxooHiz'HiraaHH oxHxoHdovxadx ndu OHnirahHHoadon
HxooHniroxKOiz'OHeHxc HHHOiraKodu a nHOhHHadxo anhoaX
'aHHOHad 'aHHaaoirogae onaxoiz'oiroa oiadoxox "nHir
HXHxoHdovxadx Kirlz' XHXCAITO H «HiaHlz'oxHdHOH» xoahaHeo

nmooHonumv nomtrvnHoD KinwDodmvdotf)
mu,ioiniD(jo,i) -g

• a m3 triced J

OMj/xltT H

MEM

‘MX90HHE

£Kg0 H EaEdu

9M(9MMEX

1CH9IMH H

EaX99TngO

HJMEHOITh

KOXOIKiraK

HHO 903 OXh

‘3XHXOJMXO

XOAtfOifa OH

‘iaJM3Edx

‘KHHEaoirogae

onaxatfoiraa

HKETTifEaHH

HITEXO

onj/xltr

‘KHHOiz'Mcod

9 iattHifEaHH -

XHH £H MHtro

Axood

AjMomHOHaif

Eiz'M

CHHHH9X-H9

HtrOiaiM H (KHH9ff>K9gAoiM39 H KHH9tr>K9gX) Xd9(00
CHXHaLf3/a.M9Lflf9XHM 3H KHaiOH9tr?;oa iatroxgiM Kaxoxfeaironaii
Xd9(00 cnXHaHiHHJOM 3H HHaiOHStreoa ndn aaiorngo 'xatfcair 'ggga o
CHanaiMdo(())HH KOCH/XTICH9IMM axaaoeaironoH 9HH9JMA
'KHHamgo xad9(f)9 xiixAdiz' H HoaoironxcsK 'Hoa-ojXoox' 'noaotrMx
'HOHaifaAxx9irir9XHH a xKxaoHxcoKeoa xHoao 'KHHSli'saon H
HHHSITIOHXO xiaHairanliao gtrodndu 'XKXOOHHSII
XI3HH9H£H)K 0 HHHaH£ HX90HH9aX9H9ff 'iaHHgAlfX 'aiMSXgO
KHHaaodHIMdO(f) axooiMHX'oxgoaH xsaxHHeoa aosli'g aoxHSizXxo xiixax
iad9(f)9 HOH3HXHHXOX KHxnaead o KOXsaHHhBH HxaoHaHxxa
HOHairanliao gMHaaodniMdocj)

aoxH

SX'X

xo

Hxoo

HaH

XMa

HOH

airanl

ioo

onma

aodH

JMdc

xj)

9Htri

CHX

axog

ooou

o

^OpMHpOBaHHfl C03HaHHfl (paCCKa3, o6taCHEHHe, pa3taCHEHHa, BHymeHHe, ^THHeCKaa 6ecega, neKzna, gncKycna, gncnyT, MeTog npHMepa).

Cnegyrom, HM ^Ta^OM ^opMHpoBaHHa cognaabHoH aKTHBHocTH cTygeHToB c OB3 BbicTynaer pa3BHTHe HX ogeHonHo^MognoHaabHoH c^epti, T. e. Heo6xogHMbix HaBbiKoB B ynpaBneHHH CBOHMH ^MO^HaMH, o6yneHHe ynpaBneHHro KoHKpeTHbIMH nyBCTBaMH, noHHMaHHro CBOHX ^MO^HOHa^bHbIx cocToaHHH H npHHHH, HX nono^garomgx. 3geb npHMeHHMM MeTogT BHymeHHa H caMoBHymeHHa H MeTogTi ^opMHpoBaHHa ^M0^HOHa^bHO-B0^eB0H c^epti (Tpe6oBaHHe, ^Mo^HOHa^bHoe B03gencTBHe, o6rn, ecTBeHHoe MHeHHe, goBepne, npra H gp.).

BbimeyKa3aHHbie pynnbi MeTogOB B coneTaHHH c MeTogaMH B03gencTBHa Ha MoTHBagnHHyw c^epy HHHHOCTH cnoco6cTByroT ^opMHpoBaHHW MHpoBo33peHH_S cTygeHToB. OopMHpoBaHHe cognaabHon aKTHBHocTH aBnaeTca npogeccoM ocBoeHHa onpegeneHHbix c^ep o6rn, ecTBeHHoro onTiTa, B pe3yabrare KoToporo Bo3HHKawT HoBbie MOTHBHM H noTpe6ocTH, HX npegopa3oBaHHe H conogHHHeHHe H T. n.

MeTogTi Bo3gencTBHa Ha MOTHBa^HOHHyro c^epy cTygeHToB BKawnawT MeTogT noornpeHHa H HaKa3aHHa, cpaBHeHHa, copeBHoBaHHa, KoHKypeHH, HH, goBepna, nrpbi H gp. MeTogTi cTHMyanpoBaHHa HMewT genbro no6y^geHHe cTygeHTa K onpegaeHHoMy noBegeHHW nepe3 ygoBaeTBopeHHe ero noTpe6ocTen H HHTepecoB. Bo3gencTBHe Ha MoTHBagnHHyw c^epy ^opMHpyer yMeHHe npaBHHbHo ogeHHBarb cBoe noBegeHHe, HTO cnoco6cTByer oco3HaHHW cTygeHTaMH CBOHX noTpe6ocTen, T. e. noHHMaHHW cMbcna cBoen ^H3HegeaTeabHocTH, Bbi6opy MOTHBOB H cooTBeTCTByromgx HM geneS.

Ba^HtiM ^Ta^0M B npo^cce ^opMHpoBaHHa co^Ha^bHOH aKTHBHOCTh cTygeHTOB c OB3 aBaeTca pa3BHThe noBegeHneckoft c^epti. Ha gaHHOM ^Ta^e ^opMHpyorca cnoco6HocTh K cnoHTaHHOMy rn6KOMy noBegeHHro B HecTaHgapTHx CHTya^Hax, ocHOBaHHOMy Ha noHHMaHHH H npHHaTHH BHyTpeHHHx MOTHBOB, CBOHX ^neft; CnOCO0HOCTb K COgeHCTBHW H KOHCTpyKTHBHOMy COTpygHHHeCTBy; OTKptOCTb gaa HOBoro noBegeHneckoro onTiTa; KanecTba, noMorarornue Moaogomy nenoBeKy pearooBarb CBOW HHgHBHgyaabHocTb B o6pH,ecTBeHHOH geaTenbHocTh H T. g.

npH BO3געncTBHH Ha noBegeHneckyro c^epy cTygeHTOB Hcnoab3ywTca MeTogTi BO3געftcTBHa Ha npegMepao-npaKTHHecky c^epy (MeTogTi BocnHTmarom,Hx CHTya^HH, MeTog co^HaabHOH npo6Ti); MeTogT op^aHH3a^HH geaTenbHocTh H ^opMHpoBaHHa onTiTa noBegeHHa (ynpa^HeHHe H npnyeHHe c noMopH,bro nrpti, Tpyga, Hcnonb3OBaHHe gpaMaTH3a^HH, nopyeHHa, copeBHOBaHHa, MeTogTi noggep^KH, noKa3a o6pa3^B, npHMepoB, co3gaHHe CHTya^HH ycnexa).

Bce yKa3aHHte MeTogTi OKa3TiBawT KOMnaeKcHoe BHHaHHe Ha ^opMHpoBaHHe co^Ha^bHO aKTHBHOCTh HHHHOCTH cTygeHTa c OB3. nogxogHTb K opMHOMy apceHaay MeTogOB H cnoco6oB ^opMHpoBaHHa co^Ha^bHOH aKTHBHocTh cTygeHTOB caeyeT c no3^HH Heo6xogHMocTh H gocTaroHHocTh, c nyBcTBOM Mepti, nopagKa H CBA3H.

OcBoeHHe co^HaabHO^o onTiTa H ^opMHpoBaHHe Heo6xogHMtx KanecTB HHHHOCTH nponcxogHT 6ticTpee H Ha 6oae ray6oKOM ypoBHe B npo^cce o6pH,eHHa, ynacTHa B KoaaeKTHBHx MeponnaTHax. B TO ^e BpeMa npo^cc ^opMHpoBaHHa co^HaabHOH aKTHBHocTh nogpa3yMeBaeT yneT HHgHBHgyaabHTix oco6eHHocTeft cTygeHTa c OB3. ^o^TOMy coneTaHHe

getfrentHOCTH.

TaKHM 06pa30M, pea^H3a^Ha MeTOgHKH ^OpMHpOBaHHfl
CO^Ha^bHOH aKTHBHOCTh CTygeHTOB C OB3 nO3BOuaeT
aKTHBH3HpOBaTb ^OTeH^Ha^ co^Ha^bHO^o BoenuraHHA B negarornecKOM
Konnege, BK3K>HHTb negarOpOB K HCnOub3OBaHHM ^THX
BO3MO^HOCTeH B CBOeH

BHeyne6HOH pa6OTe c TaKHMH CTygeHTaMH, yOBnetBOpHTb
nOTpe6HOCTb

MOHOge^H B npaKTHHeCKOM ynaCTHH B CO^Ha^bHO-3HaHHMOH
ge^TenbHOCTH.

• 9 m₃ triced J

SHjXdtr H

MEM

‘HIOOHHE

EKQO H

Eaadu 9M(

9MMEX

1CH9IMH

H

EaX99Tng

O

HJMEHOIT

h

KOXOIKira

K HHO 903

OXh

‘aXHXOJM

XO

XOAtfOIfO

OH

dnHdh(HlfHr>
£'9 ‘PHMaadx

‘KHHaairo

gae

onaxotfoiro

7. *Humepamypa*

1. «0 co^HaabHOH 3arn,HTe HHBaangoB B POCCHCKOH Oeepa^HH»: OeepanbHbiH 3aKOH PO OT 24.11.1995r. N181-O3 (peg. OT 28.04.2009r.) // O^^nantHbie goKyMeHTM B odpa3oBaHHH.-2007.-N16.-C.4-14.
2. «O6 ochOBax co^HaabHO^o odny^HBaHHa HaceneHHa B POCCHCKOH Oeepa^HH»: OeepanbHbiH 3aKOH PO no COCTO^HHW Ha 10.12.1995 roga N 195-O3. Peg. OT 22.08.2004 // Poc. pa3eTa.- 1995.-N 243.- C. 23.
3. <https://zen.yandex.ru/media/id/5ec6be0ca3811a33d949fc39/socialnaia-aktivnost-i-kollektivnaia-identichnost-vzroslyh-liudei-s-invalidnostiu-6055f5497aafb7568301e80>
[6](#)
4. ,^eK.aapa^Ha o npaBax HHBaangoB: npoBo3paameHHaa pe3on^Heft 3447 (XXX) TeHepaabHoft AccaMden OOH OT 09.12.1975r. // Co^HaabHoe odecneneHHe.-2005.-N23.-C.4-5.
5. https://psyjournals.ru/inclusive_edu/issue/44225_full.shtml
6. ryceBa .H.A. TexHonopa co^HaabHOH peadnm^HH HHBaangoB // Co^HaabHoe odny^HBaHHe.-2004.-N^3.-C.33-44.
7. TycnoBa M.H. Op^aHH3a^Ha H cogep^aHHe co^HaabHOH padOTb c HaceneHHeM: ynedHHK.- M.: AKageMHa, 2007.-256c.
8. <https://scienceforum.ru/2017/article/2017036548>
9. KaK od^artca c HHBaangaMH.- M.: npeorneHHe, 1993.-31c.