

Sport

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What is sport?

- Sport is the activity of people (athletes) organized according to certain rules , which consists in comparing their physical and (or) intellectual abilities, as well as preparation for this activity and interpersonal relations

baseball

Baseball is most popular in Cuba, the United States , Venezuela, Japan, China, and South Korea. In the United States , Japan, the Czech Republic, and other countries, softball is also common — a simplified version of baseball — a game that can be played indoors and on small fields. Currently, baseball is played in more than 120 countries around the world.



Wrestling

- Wrestling- single combat, hand-to-hand combat between two people , in which each tries to overpower the other, knocking him down the Origins of the struggle should be sought in primitive times. Then it was purely utilitarian in nature. The need for food production , their own protection and the protection of relatives forced primitive people not only to be physically ready, but also to have specialized motor skills

