The Physics of Cats or, How Cats (Almost) Always Land on Their Feet

Emily Russell Monday, March 5, 2007

Overview

- Debunking the Myth
- The Righting Reflex
- Drag and Air Resistance
- Angular Momentum

It has long been speculated that a cat will always fall on its feet.



But how does the cat do this?

Does it know how to push off as it begins to fall?

Does it use air resistance to turn itself?

Étienne Jules Marey (1830-1904)

Marey was a French doctor, and one of the pioneers of photography and chronophotography.



In 1894, in response to a call for information from the Academy of Science in Paris, Marey took several videos of falling cats.



The Righting Reflex

The righting reflex is innate in cats, and develops between the ages of 3 and 7 weeks. This instinct allows them to orient themselves in the air before hitting the ground.

The Righting Reflex

Cats depend largely on visual cues to right themselves. Their *vestibular system* also allows them to tell which direction is up.



In 1553, Giambattista Benedetti (1530-1590) determined that all objects fall with the same acceleration.

This is due to the force of Earth's gravity,

 $F = m \cdot g$

After falling for a time t, the object's velocity is

 $v = g \cdot t$

But this is not the whole story!

A falling object is slowed by *air resistance*.

The *force* due to air resistance is given by:

 $F = \frac{1}{2}C_d \cdot \rho \cdot A \cdot v^2$

where, C_d = coefficient of drag (around 0.2)

- ρ = density of air
- A = area of object
- v = velocity of object

Since the air resistance acts upwards, it tries to slow down the speed at which the object falls.

Terminal velocity is reached when the downward force of gravity and the upward force from air resistance are the same:

 $m \cdot g = \frac{1}{2}C_d \cdot \rho \cdot A \cdot v^2$

Terminal velocity:

$$v = \sqrt{\frac{2 \cdot m \cdot g}{C_d \cdot \rho \cdot A}}$$

v ~ 614 mph (maximum speed of skydiver)
v ~ 120 mph (normal skydiver)
v ~ 60 mph (cat)

A skydiver's parachute has a much larger area than the diver himself, so it slows down the terminal velocity.

$$v = \sqrt{\frac{2 \cdot m \cdot g}{C_d \cdot \rho \cdot A}}$$



A cat can change its terminal velocity by spreading out its limbs and increasing its area. The bulk of its fur also helps.

This splayed position is often compared to the *flying squirrel*.





A cat can determine which way is up, and has a slow enough terminal velocity that it can survive a fall – but how does it turn itself to land feet-first?

This problem is harder than it looks because of *angular momentum*.

Angular momentum is a quantitative measure of how much an object is rotating. The equation for angular momentum is:

 $L = m \cdot v \cdot r$

m = mass
v = velocity
r = radius of object



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One of the most basic laws of physics is the *conservation of angular momentum:* the angular momentum of an object cannot change unless *outside* forces act on it.

Skaters use this conservation of angular momentum to speed up their spins:





large r, small v

small r, large v

 $m \cdot v \cdot r = const$

The only outside forces acting on the cat are *gravity* and *air resistance*. These forces are the only way for the cat to change its angular momentum and rotate.

Gravity acts on the center of mass of the cat, and does not change its angular momentum.

The cat could potentially use air resistance to change its rotation and turn itself to fall feet-first. This was a popular hypothesis for a long time, but turns out to be wrong.

So how does the cat turn over if it can't rotate?

The answer: the cat's entire body cannot rotate at once....

...But cats are very flexible!!

A cat begins by spreading its hind legs very wide, and pulling in its front legs.

It can then turn its front half quickly in one direction, while its back half moves slowly in the other direction.



Let's look at the cat's angular momentum:

front half – $L_{front} = m_{front} \cdot v_{front} \cdot r_{front}$ *v* is large and positive *r* is small

back half – $L_{back} = m_{back} \cdot v_{back} \cdot r_{back}$ *v* is small and negative *r* is large

total -

 $L_{total} = L_{front} + L_{back}$



The front and the back of the cat have angular momentum in opposite directions, so added together, the *total* angular momentum of the cat remains zero.



The cat then reverses the process: it spreads its front legs and pulls in its hind legs.

It can then turn its back half quickly to catch up with the front half, while the front half turns slowly backward.



The result: the cat turns over to land on its feet, but its total angular momentum is always zero; its entire body never rotates at once!





A study was released in the Journal of the American Veterinary Medical Association in 1987 of 132 cats which had fallen from high-rise windows in New York.

The average fall height was 5.5 stories.

90% of the cats survived.

Above a fall height of 7 stories (around 70 feet), the number of injuries the cat sustained actually *decreased*.

This is because once it has turned over and reach terminal velocity, the cat relaxes its muscles, so that its landing is softer.

Summary: sequence of events

- cat determines which way is up
- cat rotates front half of body to face down
- cat rotates back half of body to face down
- cat spreads out and relaxes its muscles
- cat lands safely

DO NOT TRY THIS AT HOME

Although a falling cat has a very good chance of landing on its feet, many cats have died by falling. Cats that survive are often injured, sometimes severely.

Further Questions

- What triggers the "righting reflex" to kick in?
- Can a cat reorient itself with its eyes closed?

and most importantly:

 If you attach a piece of toast butter-side-up to the back of a cat and drop it, will the cat land on its feet, or will the toast land butter-side-down?

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No cats were harmed in the making of this presentation.