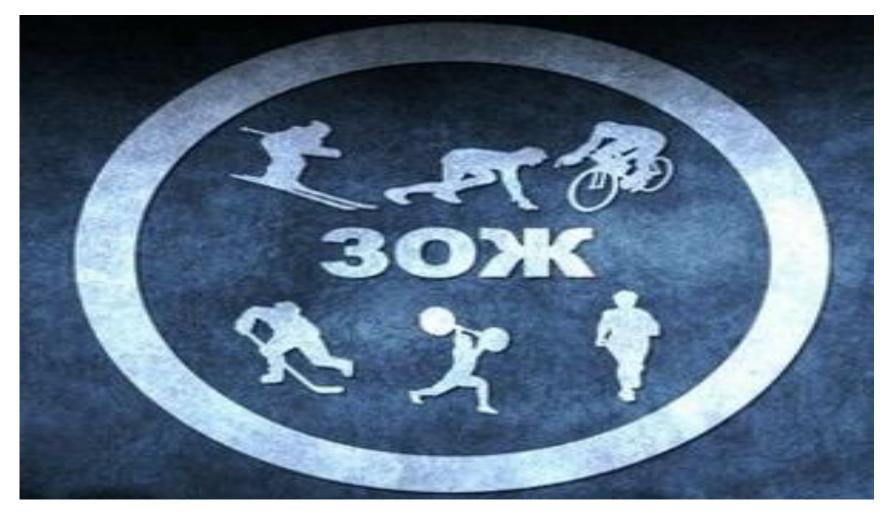
Presentation on theme: "Rules of health"



To become a healthier person, you should follow some rules:



Get a lot of sleep.



Eat healthy food.



Do exercises.



Say no to addictions.

