

English

Sport in our life



**«Smart Girls»
form 10-A**

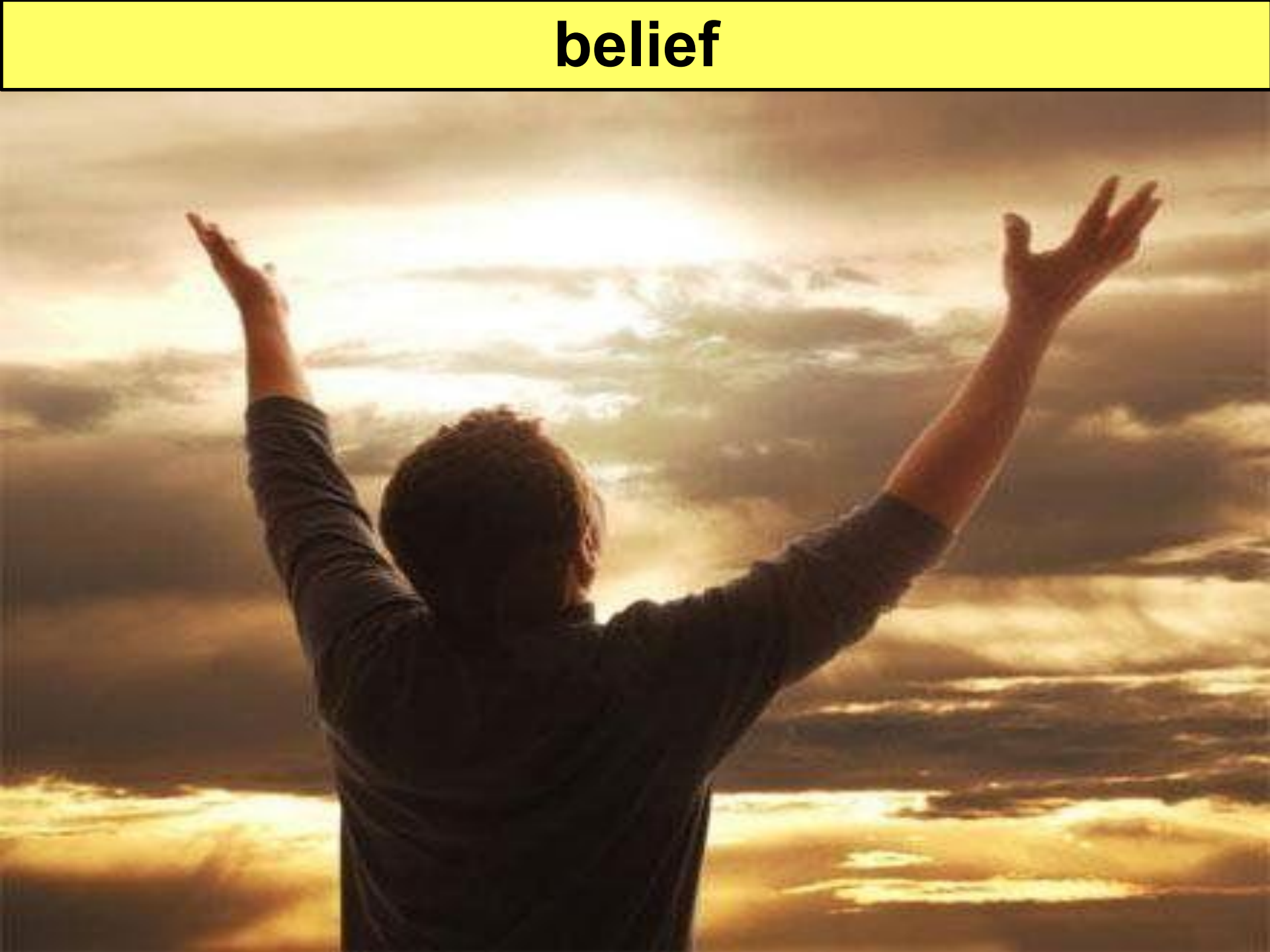
**Dolynska gymnasium №3
teacher: Sheremet T.V.**

Vocabulary

- belief
 - goes in for sports
 - inactive
 - activity
 - fond of
 - joggin
 - compulsor
- paid to
 - sports
 - competitions
 - coach

у

belief



goes in for sports



inactive



Sport activity



fond of



jogging



compulsory



paid to



sports competitions



impressive



coach



Sport in our life

Sport is very important in our life. The general *belief* is that a person who *goes in for sports* can't be weak and ill. Physically *inactive* people get old earlier than those, who find time for sport *activity*. And of





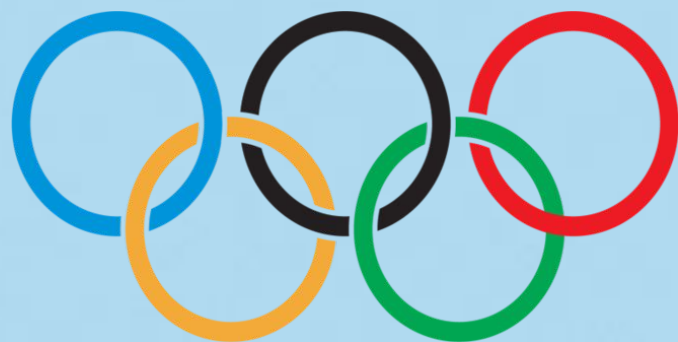
Many people do sports on their personal initiative. They go in for skiing, skating, table tennis, swimming, volley-ball, football, body-building, etc. All necessary facilities are provided for them: stadiums, sport grounds, swimming pools, skating

Sport in Ukraine



People all over the world are fond of sports and games. In our country sport is being widely popularized as well. The most popular kinds of sport are football, volleyball, basketball, tennis, figure-skating, aerobics, ping-pong and swimming. A lot of people are fond of jogging. In schools and colleges sport is a compulsory subject. Many young people

Much attention is also paid to professional sports. Every year there are a lot of sports competitions, sports days and Olympiads. Our sportsmen also take part in the Olympic Games once in four years. The Olympic victories of Ukrainian athletes are quite impressive: about 200 gold medals. Among the Olympic champions are L. Latynina, O. Bayul, Y. Klotchkova, S. Bubka and many others. Now their names are famous all over the world.



In order to become a champion, you must train for many years. A good coach is also very important. Nowadays specialists in physical training are trained by Kiev Institute of Physical Training, in Lvov, Dnepropetrovsk, and by 14 high physical training schools. The largest stadiums are Kiev Stadium for 100.000 spectators and Kiev Palace of Sports for 12.000 spectators. There are also some international sports clubs like "Spartak" or "Progress" in Lvov, Chernovtsy and other cities.

