



# Ways of cooking food



# Answer the questions:

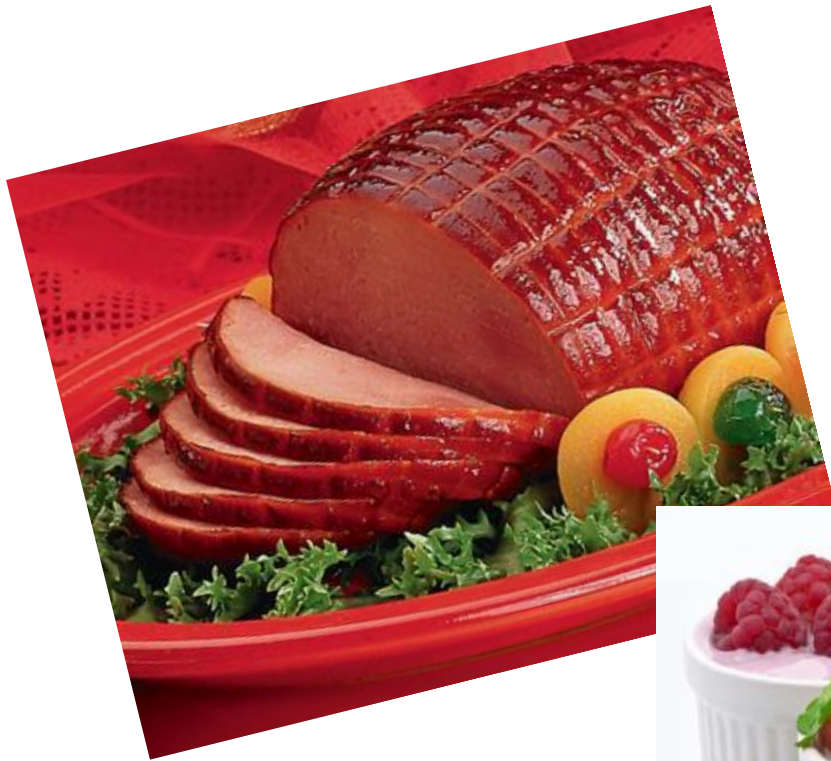
1. What do you like to eat?
2. What do you like to drink?
3. What would you like to eat for breakfast?
4. Do you like sweets?
5. What sweet things do you know?
6. Is it healthy to eat much sweet food?
7. Do you like sandwiches?
8. Do you usually have coffee for breakfast?
9. What bread do you prefer black or white one?
10. What is your favourite food?
11. What is your favourite drink?
12. Do you like porridge with butter?
13. What fruits do you love?
14. Do you eat fast food?
15. Is fast food healthy?
16. Do you eat healthy food?



# PROVERBS

<b>1.Appetite comes with eating.</b>	<b>а)Сначала поймай кролика, а потом уже сделай из него рагу. (Не готовь соус до того, пока не поймал рыбы)</b>
<b>2.As you brew, so must you drink.</b>	<b>б)Не все хлеба из одной печи.</b>
<b>3.All bread is not baled in one oven.</b>	<b>в)Обед узнают по кушанью, а ум – по слушанью.</b>
<b>4.Don't make your sauce until you have caught the fish.</b>	<b>д)Сам заварил кашу, сам и расхлебывай.</b>
<b>5.The proof of the pudding is in the eating.</b>	<b>е)Аппетит приходит во время еды.</b>
<b>6.Hunger is the best sauce.</b>	<b>ф)Голодный, как волк.</b>
<b>7.I am hungry as a hunter.</b>	<b>г)Голод – не тетка</b>
<b>8.Who has never tasted bitter, knows not what is sweet.</b>	<b>h)Не вкусив горького, не узнаешь и сладкого.</b>

**Here are some words.**  
**You should find the words for each title.**



**Sweets , Desserts**



**Vegetables**

**Snacks, Fast food**

**Drinks**



**Sea products**

**Fruits**

**Meat products**

**WORDS:** apples, hamburgers, pies, jam, bananas, turkey, carrots, milk, chicken, chips, ice cream, beef, pizza, ham, potatoes, sausage, tea, oranges, cheeseburgers, rolls, duck, cakes, tomatoes, coffee, cucumbers, sandwiches, crabs, onions, mineral water, grapes, marmalade, popcorn, bacon, corn flakes, cabbages, steaks, honey, fish, chocolate, lemonade

## **Sweets , Desserts**

pies  
jam  
rolls  
ice cream  
chocolate  
cakes  
honey  
marmalade

## **Sea products**

crabs  
fish



## **Snacks, Fast food**

popcorn  
cheeseburgers  
sandwiches  
hamburgers  
corn flakes  
pizza  
chips

## **Drinks**

milk  
tea  
mineral water  
lemonade  
coffee

## **Vegetables**

tomatoes  
carrots  
cucumbers  
potatoes  
cabbages  
onions

## **Meat products**

chicken  
turkey  
bacon  
steaks  
ham  
duck  
beef  
sausage

## **Fruits**

grapes  
apples  
bananas  
oranges

**Your homework was to tell us about meals in England. And now, we are going to speak about meals which are popular in Great Britain. If you are ready, let's start . Ask questions, please.**



**And now, we are going to speak about our Russian traditional cuisine . If you are ready, let's start . Ask questions, please.**





# Ways of cooking food

## techniques



**stuffed**



**in sauce**



**grilled**



**marinated**



**poached**



**mashed**



**baked**



**pan-fried**



**fried**



**pickled**



**smoked**



**deep-fried**



**in syrup**



**dressed**



**steamed**



**cured**

# Ways of cooking food

cooking



peel



slice



grate



pour



mix



whisk



boil



fry



roll



stir



simmer



poach



bake



roast



grill

# Useful Cooking Verbs



**Crush**



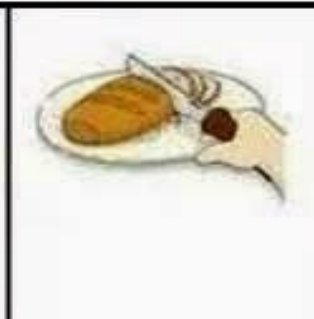
**Mash**



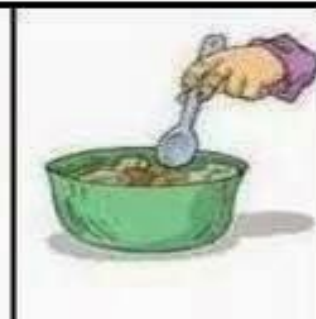
**Mix**



**Serve**



**Slice**



**Stir**



**Melt**



**Grill**



**Simmer**



**Pinch**



**Pour**



**Sprinkle**



**Peel**



**Grate**



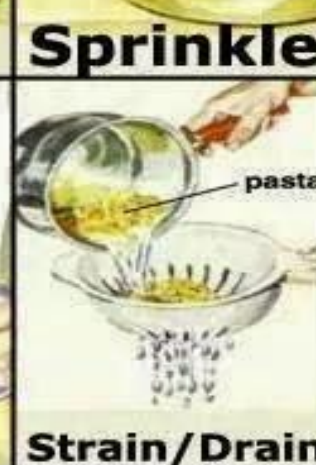
**Squeeze**



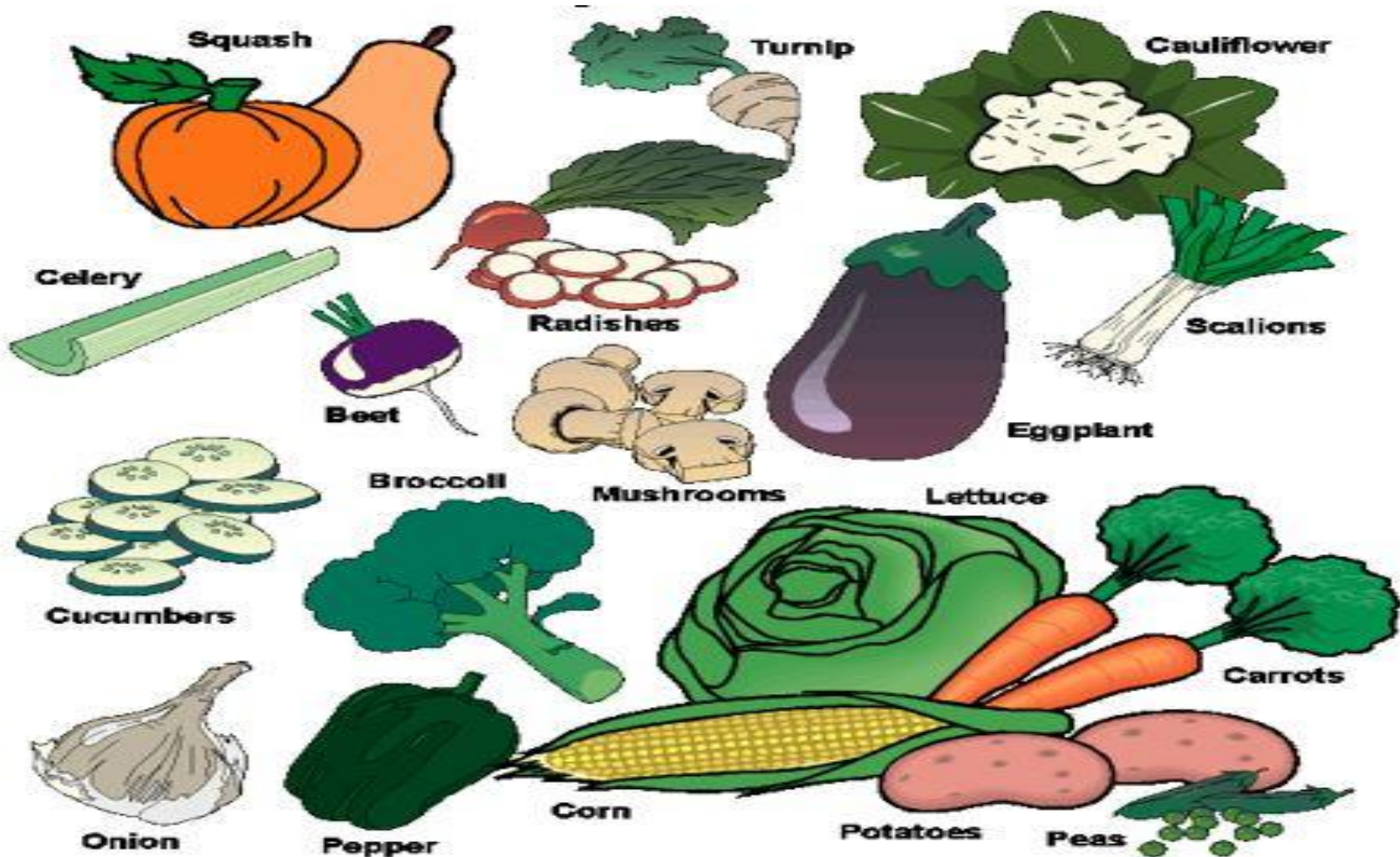
**Carve**



**Spread**



**Strain/Drain**



# FRUITS



orange



mandarin



grapefruit



lemon



lime



kiwi



pineapple



pomegranate



avocado



pomelo



coconut



melon



banana



pear



peach



plum



quince



apricot



watermelon



cherry



blueberry



apple



strawberry



grape



fig



pitaya (dragon)



papaya



raspberry

# Translate these phrases

1. Can you peel the banana?
2. You can slice this bread if you want to help.
3. Can you grate the cheese?
4. Pour me some coffee..
5. We can mix apples, yogurt and bananas together.
6. Stir up the eggs with milk.
7. The soup has simmered down!
8. You must crush garlic to make garlic sauce.
9. Let`s do mashed potato with milk!
10. Please, serve this dish to that man.
11. Please, melt the ice-cream to make it warmer.
12. Please, grill a hamburger to me.
13. And sprinkle it lightly with pepper.
14. Squeeze the lemon here.
15. Carve the chicken.
16. Please, spread the butter on the bread.

## Use pronoun

(above, across, around, at, behind, from, in front of, in, into, on, out of, over, through, to, under)

1. There is a garden ( ) our house. 2. The bridge is (over) the river. 3. All students are ( ) the lesson now. 4. Where are the boys? They are ( ) the park. 5. Our flat is ( ) the centre. 6. There was a lamp ( ) the table. 7. He will sit ( ) you. 8. Usually we go ( ) the college together. 9. He came ( ) the house. 10. I come home ( ) school very late. 11. Take my book ( ) him, please. 12. Come ( ) the room. 13. He took us ( ) the forest. 14. Children, take your books ( ) your bags and put them ( ) the tables. 15. The box was ( ) the bed. 16. He looks ( ) the window.

**Describe how to cook a dish?  
(What are the methods of cooking?)**

**There is/ are some ... What can I make?**

1. Tomatoes, sausage, cheese, mayonnaise
2. Potatoes, onions, carrots, rice, meat, salt, water
3. Coffee beans, water, sugar, milk
4. Bananas, apples, oranges, nuts, raisins, yogurt
5. Bread, butter, cheese, sausage
6. Potatoes, salt, oil