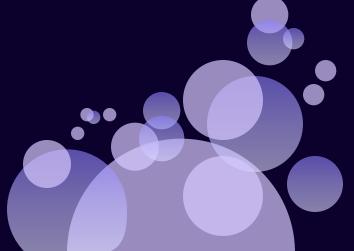


Figure skating!

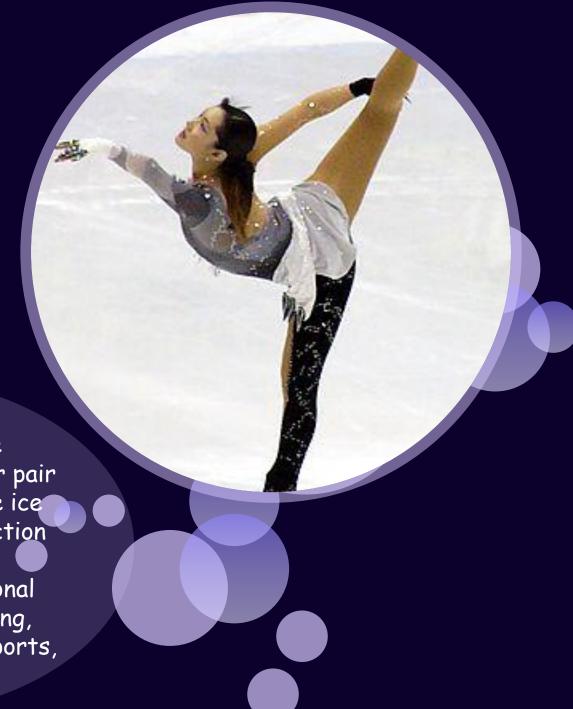


By DASHA BLINKOVA 7B



what is it?

The main idea is in the movement of the athlete or pair of athletes-skating on the ice of the change of the direction of the slide and the implementation of additional elements (spinning, jumping, combinations of steps, supports, etc.) to the music.



Species

In figure skating there are 5 species: men's single skating, women's single skating, pair skating, sports dancing and group synchronized skating.













History

The origins of the figure skating lie in the distant past, and his roots in the bronze age. However the birth of figure skating as a sport, is associated with the moment, when the bike started manufacture of iron, and not from the bones. First clubs of fans of figure skating appeared in the XVIII century in the British Empire in Edinburgh (1742). After 100 years (from 1742) in figure skating were already known to almost all modern compulsory figures and the basic techniques for their implementation.

Vocabulary

Spinning-Вращения

Support-Поддержка

Roots-Корни(не деревьев)

Techniques-Методы

Associated -Связанный





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