

# SPORT IN OUR LIFE





**People all over the world are fond of sports and games. Sport makes people healthy, keeps them fit, more organized and better disciplined. It unites people of different classes and nationalities. Many people do sports on their personal initiative. Sports: go in for skiing ,skating , table tennis , swimming volley-ball , football.**



## АНГЛИЦИЗМЫ в культуре и спорте

- Волейбол
- Футбол
- Баскетбол
- Хоккей
- Бейсбол
- Шейпинг
- Фитнес
- Дайвинг
- Боулинг
- Спортсмен





**BOWLING**

боулинг  
играть в шары

**FOOTBALL**

футбол  
foot — нога  
ball — мяч

**VOLLEYDOLL**

волейбол  
volley —  
отбивать на лету  
ball — мяч

**BASKETBOL**

баскетбол  
basket — корзина  
ball — мяч

**SHAPING**

шейпинг  
придание формы

**ARMRESTLING**

армрестлинг  
arm — рука  
wrestling — упорная

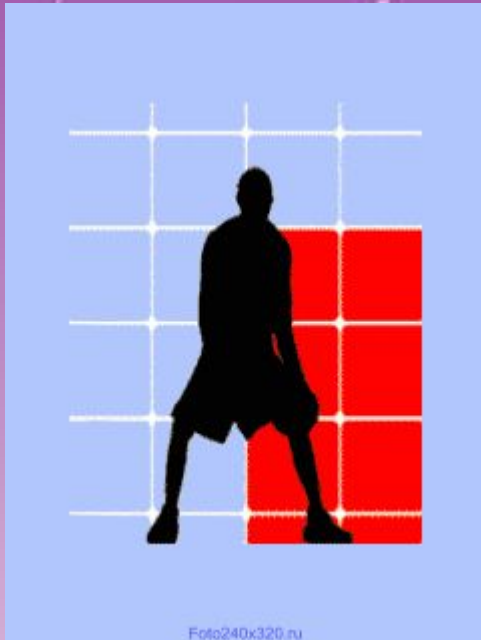
**SNOWBORD**

сноуборд  
снежная доска

**SPORT**



# Basketball



**Basketball (commonly nicknamed "B-ball" or "hoops") is a team sport in which two teams of five players try to score points by throwing or "shooting" a ball through the top of a basketball hoop while following a set of rules.**

**Basketball is one of the world's most popular and widely viewed sports.**

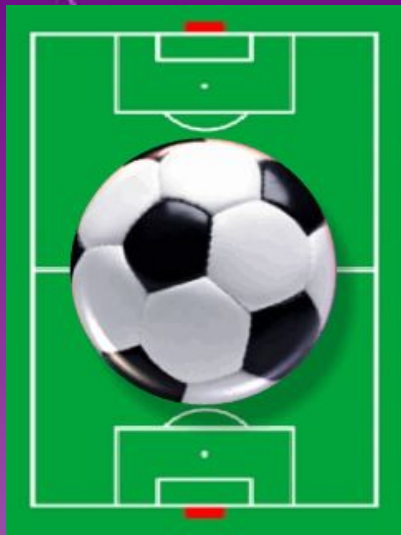


# Volleyball



**Volleyball is a team sport in which two teams of six players are separated by a net. Each team tries to score points by grounding a ball on the other team's court under organized rules.**





# Football



**Association football, more commonly known as football or soccer, is a sport played between two teams of eleven players with a spherical ball. At the turn of the 21st century, the game was played by over 250 million players in over 200 countries, making it the world's most popular sport**

# Hockey



**Hockey is a family of sports in which two teams play against each other by trying to maneuver a ball or a puck into the opponent's goal using a hockey stick. Ice hockey is played on a large flat area of ice, using a three-inch-diameter (76.2 mm) vulcanized rubber disc called a puck. This puck is often frozen before high-level games to decrease the amount of bouncing and friction on the ice. The game is contested between two teams of skaters.**





# ***Tennis***

Tennis is a sport usually played between two players (singles) or between two teams of two players each (doubles). Each player uses a racket that is strung to strike a hollow rubber ball covered with felt over a net into the opponent's court. Tennis is an Olympic sport and is played at all levels of society at all ages. The sport can be played by anyone who can hold a racket, including people in wheelchairs.



# Boxing



**Boxing**, also called **pugilism**, is a combat sport in which two people fight each other using their fists. Boxing is supervised by a referee over a series of between one to three minute intervals called rounds. The match ends, when an opponent is knocked out or deemed incapable to continue match by a referee (Technical Knockout), if an opponent is disqualified for breaking a rule, resigning by throwing in a towel, or by judges' scorecards at the end of the bout. There are two forms of boxing, amateur and professional.



# Karate

Karate (空手, English: /kəˈrɑːti:/) is a martial art developed in the Ryukyu Islands in what is now Okinawa, Japan. It was developed from indigenous fighting methods called te (手, literally "hand"; *Tii* in Okinawan) and Chinese kenpō. Karate is a striking art using punching, kicking, knee and elbow strikes, and open-handed techniques such as knife-hands. Grappling, locks, restraints, throws, and vital point strikes are taught in some styles. A karate practitioner is called a karateka (空手家).



# Biathlon

The **biathlon** is a winter sport that combines cross-country skiing and rifle shooting. It is treated as a race where the contestant with the shortest total time wins. Depending on the competition, missed shots result in extra distance or time added to the contestant's total running distance or time.





**Hand-to-hand combat** is a physical confrontation between two or more persons at very short range (grappling distance, or within the physical reach of a handheld weapon) that does not involve the use of ranged weapons. While the phrase "hand-to-hand" appears to refer to *unarmed* combat, the term is generic and may include use of melee weapons such as knives, sticks, batons, spears, or improvised weapons such as entrenching tools.



# Skiing

**Skiing is a recreational activity using skis as equipment for traveling over snow. Skis are used in conjunction with boots that connect to the ski with use of a binding.**





# Cycling



**Cycling, also called bicycling or biking, is the use of bicycles for transport, recreation, or for sport. Persons engaged in cycling are cyclists or bicyclists. Apart from ordinary two-wheeled bicycles, cycling also includes riding unicycles, tricycles, quadracycles, and other similar human-powered vehicles**

# Figure skating

Figure skating is an Olympic sport in which individuals, pairs, or groups perform spins, jumps, footwork and other intricate and challenging moves on ice skates.

