

# MY IDOL



Created: Oksana Kuzmina, group 71107

# Sjostrom Sarah



genus. August 17, 1993, Rönninge, Salem commune, Lena Stockholm) - Swedish swimmer, Olympic champion in 2016, seven-time world champion and nine-time European champion. Specializes in swimming with butterfly and freestyle at distances of 50, 100 and 200 meters.

# SPORTS ACHIVMENTS

- She won the gold medal in her first world championship finals in Rome in 2009, and four years later won "gold" and "silver" in Barcelona.
- World record holder at a distance of 50 meters butterfly from July 5, 2014. World record holder at a distance of 100 meters butterfly from August 2, 2015. Ex-world record holder at a distance of 100 meters butterfly in 2009-2012 (keeps the record of Europe at this distance). Sweden's record holder at the distances of 50, 100 and 200 meters freestyle, as well as 100 meters on the back.
- Represented Sweden at the Olympic Games in 2008, 2012 and 2016.

# Personal records

100 m freestyle: 51.71  
50 m freestyle: 23.67  
100 m butterfly: 55.48 WR  
50m butterfly: 24.43

WORLD CUP RECORD

**SARAH  
SJÖSTRÖM** (SWEDEN)

**55.07**

SWIMMING  
100M BUTTERFLY



# Sports career

- At the age of 14, she took part in the Olympic Games (14 results in the semifinals), at 15 years of age she won gold at the World Championships in Rome 2009 at a distance of 100 m butterfly.



# Film

<https://youtu.be/oruXukGP6AQ>

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