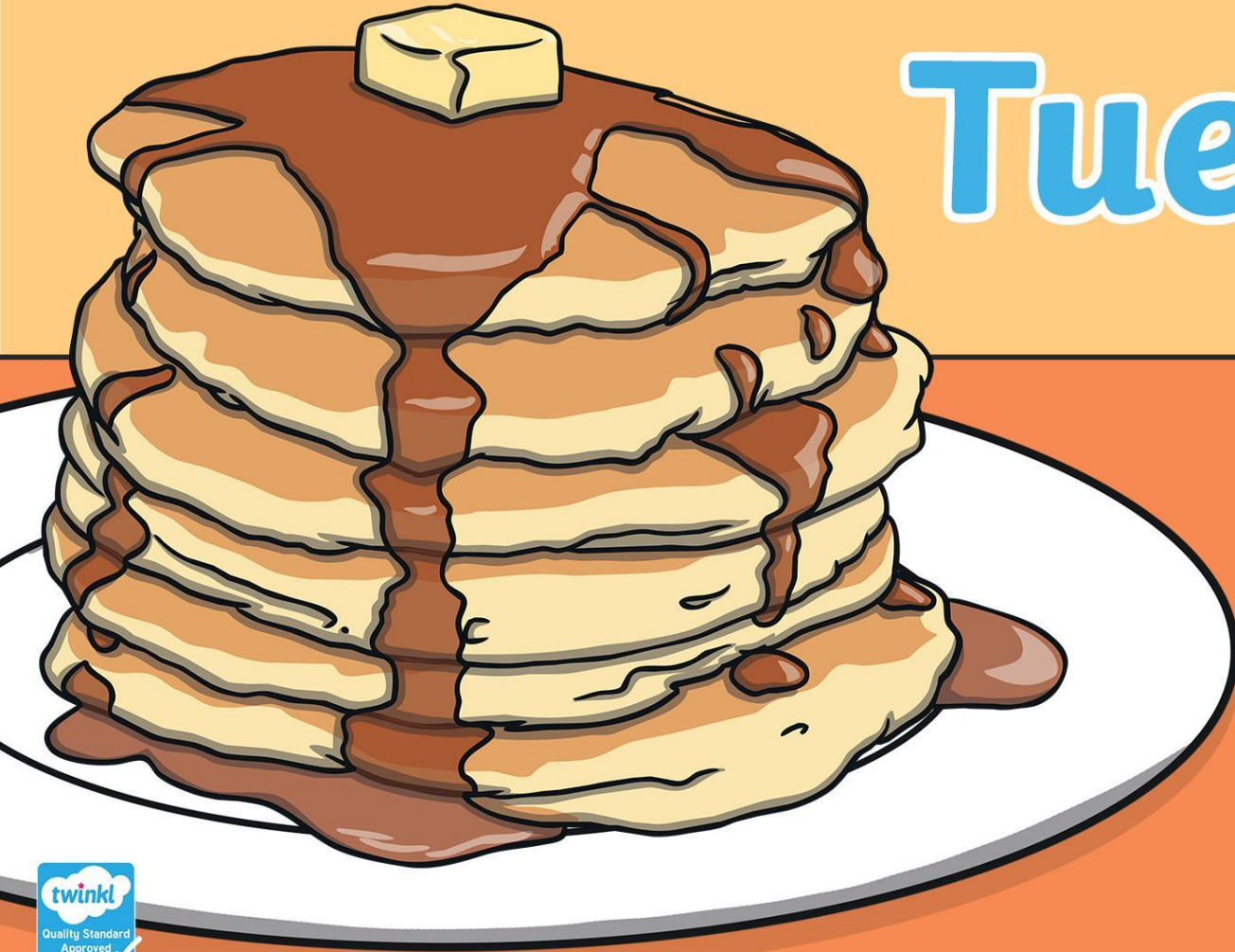


Shrove Tuesday

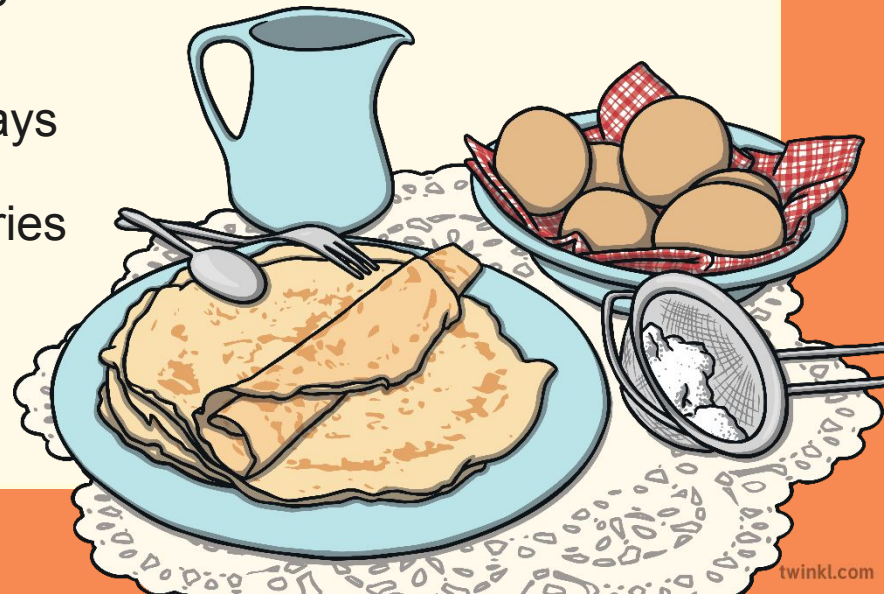


Aim

- How is Shrove Tuesday celebrated around the British Isles?

Success Criteria

- To learn about why people celebrate Shrove Tuesday.
- Understand some of the different ways in which Shrove Tuesday has been celebrated in each of the four countries of the United Kingdom.




Starter Activity


What do you know about Shrove Tuesday?




A Few Facts



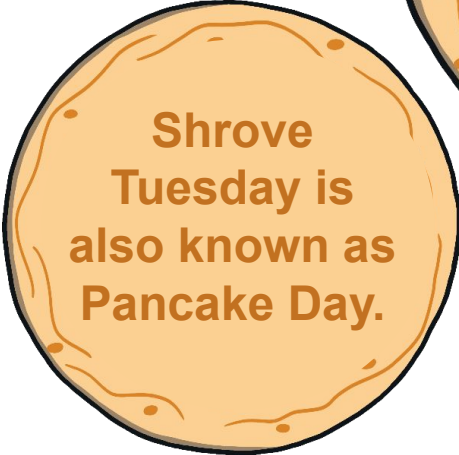
Shrove
Tuesday is the
last day before
Lent begins.



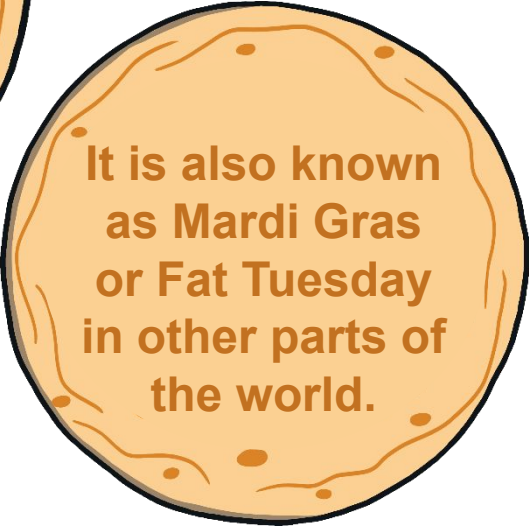
It always falls
47 days before
Easter



Lent is the Christian
period leading up
to Easter, when
people often give
up something.



Shrove
Tuesday is
also known as
Pancake Day.



It is also known
as Mardi Gras
or Fat Tuesday
in other parts of
the world.

Shrove Tuesday and Lent

In Christianity, Shrove Tuesday is the feast day before the beginning of Lent on the following day (Ash Wednesday).

Traditionally, Lent (the 40 days leading up to Easter), was a time of giving up certain foods.

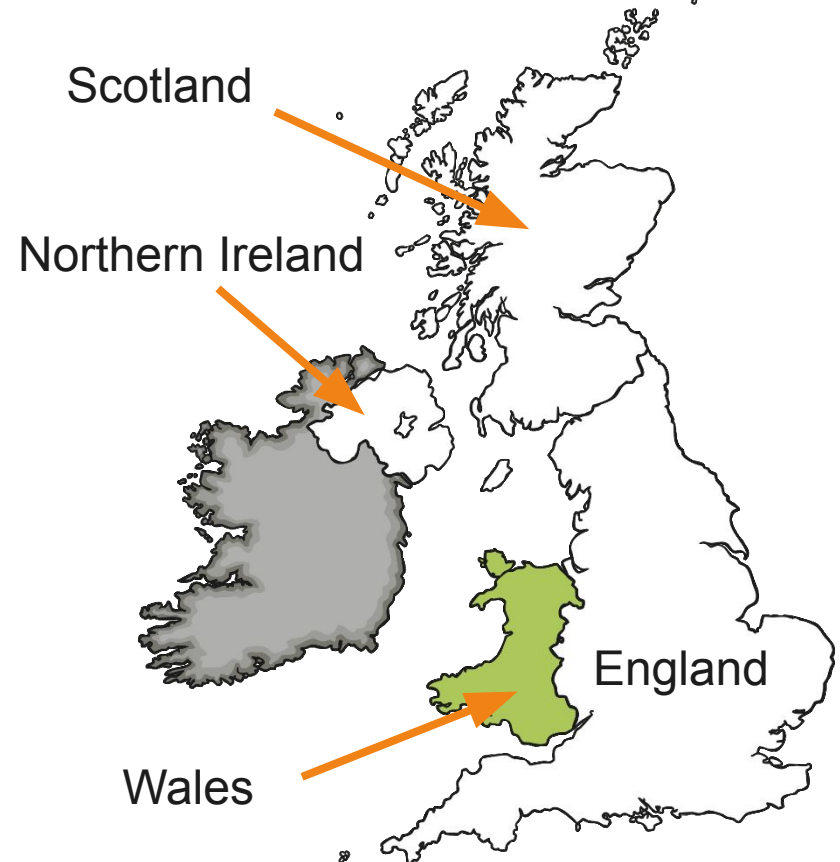
On Shrove Tuesday, people went to church to confess their sins and were called by a bell, which came to be known as the 'pancake bell'.

People used up rich foods in their home such as eggs and one way of using them was to make pancakes.



Shrove Tuesday around the UK

What are the four countries of the United Kingdom?

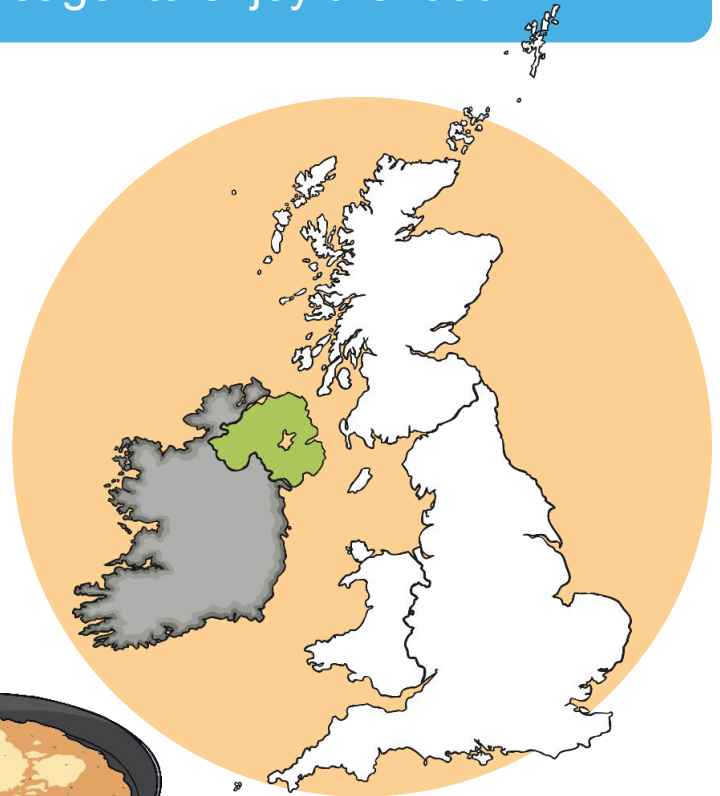
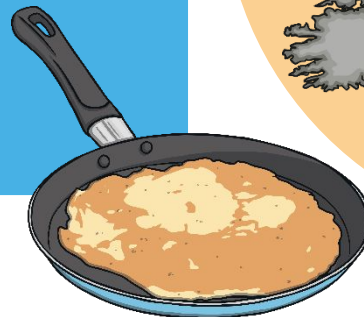


Northern Ireland

In the past, pancakes were cooked over a fire, which families and friends would gather around, eager to enjoy the food.

The eldest unmarried daughter of the family would toss the first pancake.

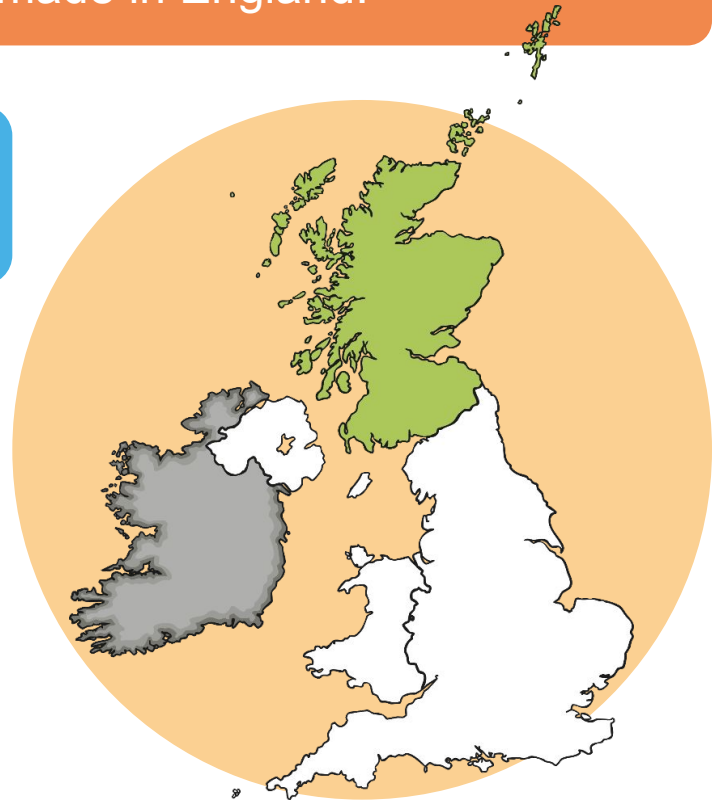
It was thought that if she tossed it and it landed back in the pan she would be married that year, but if it didn't turn over when tossed or she dropped it, she would stay single.



Scotland

Scottish pancakes are much smaller and thicker than traditional pancakes which are often made in England.

In some parts of Scotland they are called “drop scone” or “dropped scone.”



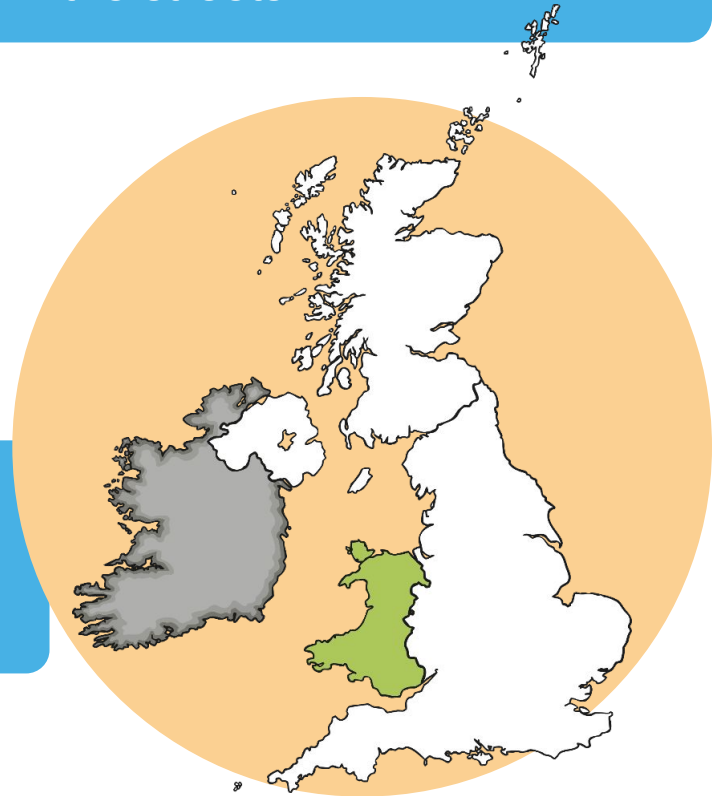
Wales

On the evening before Shrove Tuesday, in some parts of Wales tin cans were kicked up and down the streets.

It is thought this was to remember the task of putting away all the pots, pans and utensils used to make the tastier food that was not allowed to be eaten during the period of Lent.

Crempogs, also known as ffoes, are thicker than the traditional English-style pancakes often eaten on Pancake Day.

Traditionally, they were cooked on a cast-iron bake stone, griddle or 'planc'.

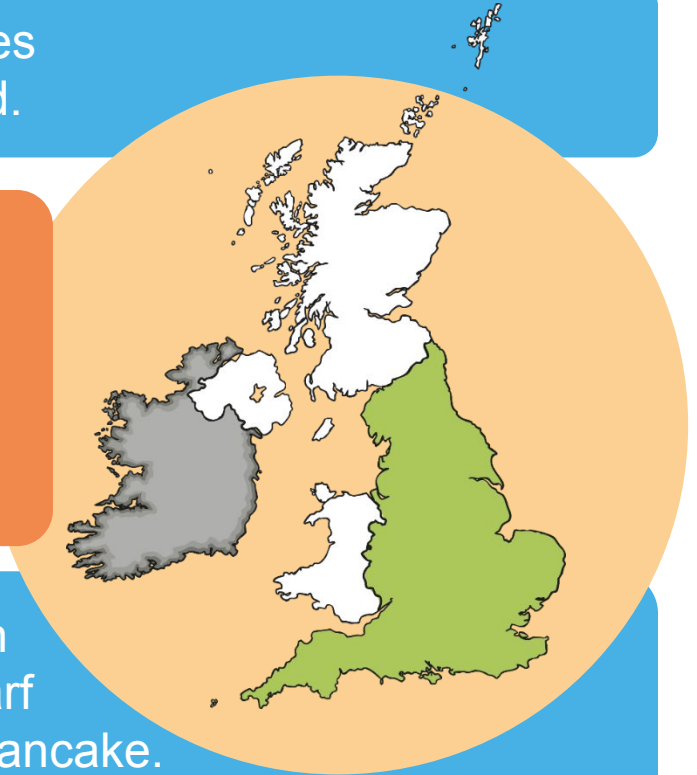


England

One of the most famous pancake races takes place in Olney in Buckinghamshire, England.

According to tradition, in 1445 a woman living in Olney heard the church bell while she was making pancakes and, not wanting to be late for the service, ran to the church in her apron, still holding her frying pan!

Today, women who live in Olney take part in the race, wearing an apron and a hat or scarf and of course carrying a pan containing a pancake. They must flip their pancakes three times during the race. The first person to cross the finish line at the church and receive a kiss from the vergier wins the race!



Pancake Races

Across the United Kingdom, pancake races have often been part of the celebrations.

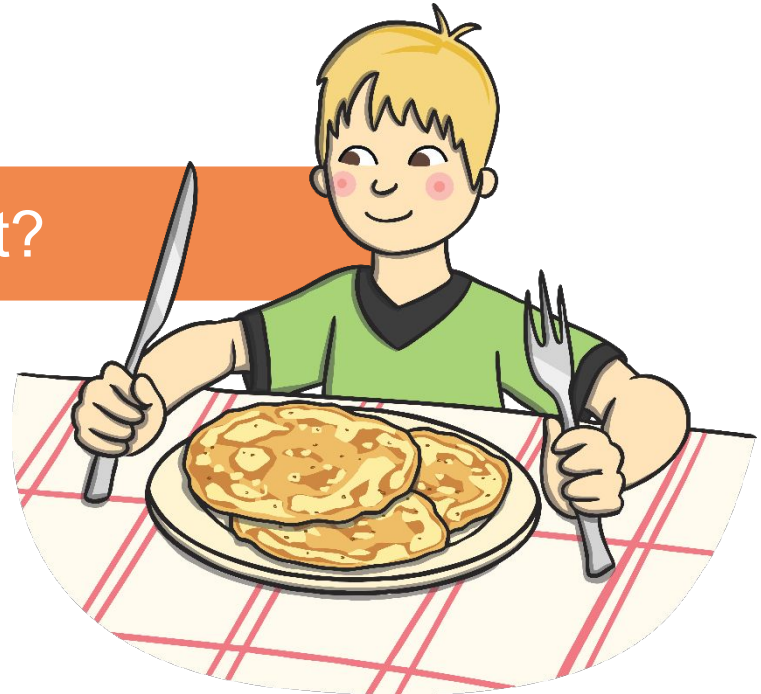
People run (often dressed in costumes or fancy dress) whilst tossing a cooked pancake in a frying pan at the same time.

The first person to cross the finish line is the winner.



Quiz Time!

How many can you get right?





When is Shrove Tuesday?

A

The day before Christmas day.

B

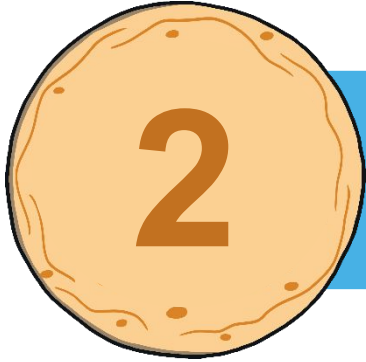
It is the last day before Lent begins.

C

The first day of the year.

D

The last day of the year.



How many countries are
in the United Kingdom?

A

2

B

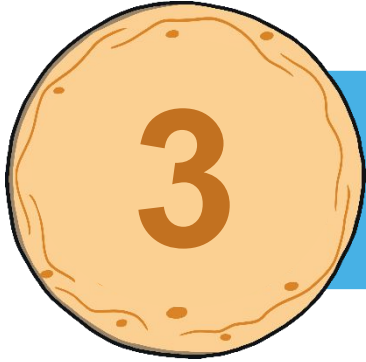
6

C

1

D

4



In some parts of Scotland, what are Scotch pancakes also known as?

A

fairy cakes

B

drop scones

C

biscuits

D

flapjacks



4

What were Welsh crempogs traditionally cooked on?

A

tray

B

saucepan

C

cast-iron bake stone, griddle or 'planc'.

D

shelf



During a traditional pancake race what would contestants usually do?

A

run whilst tossing their pancakes in a pan

B

stand still

C

eat all of the pancakes

D

cook pancakes

