



# Guide for eDHA Users

## eDHA Login and Wizard Guide for Filling Out a PDHRA

22 April 2014

UNCLASSIFIED



# How to Access the eDHA Website

- **Access the eDHA Web Page at:**

<https://data.nmcpHC.med.navy.mil/edha>

- **Inaccessibility of the website:**

*This may be related to the user's Internet Explorer (IE) settings. In the Internet Explorer page, click "Tools" then click "Internet Options." In the "Advanced" tab under "Security" ensure that SSL 2.0, 3.0 and TLS 1.0 are enabled and TLS 1.1 and 1.2 are not.*

*If issues persist, contact the eDHA help desk at (757)953-0717/DSN 377 or email at [NMCPHC-EDHAHelpDesk@med.navy.mil](mailto:NMCPHC-EDHAHelpDesk@med.navy.mil).*



# New eDHA Users

**NAVY** accelerate your life. EDHA Global :: Electronic Deployment Health Assessment (EDHA) Help About

Welcome to the U.S. Navy's Electronic Deployment Health Assessment Database (EDHA). To login, please enter your Login ID and password below.

Login ID Password Login Click here to login using your CAC Card (must first register by logging in with username and password)

Forgot Your Password? Error: Invalid Session. Please login again.

New User? (Local Admins/Providers, see below)

Perform Service Member Referral Update? (Providers only)

**NEW:** If prompted, please complete ONLY the required fields in the My Profile (bottom) portion of your profile. This website requires Internet Explorer 6.0 with pop-up blocking turned off.

If you are a Provider and need to register, contact your Local Administrator at EDHAHelpDesk@med.navy.mil  
If you are a member of the Reserve Component, to complete your registration, contact your Local Administrator for review: 1-888-PDHRA-99.

If you are a member of the Active Component, your Unit Administrator will assist you with your registration.

**NEW PROCEDURE FOR LOCAL ADMINISTRATORS**  
Local Admins and Providers only--Please read this System Authorization Access Request Form: [OPNA](#)

**NAVY** accelerate your life. EDHA Global :: Enter a Passphrase Help About

Instructions: Enter a valid Passphrase to register with the EDHA Database. Remember the Passphrase is case sensitive. You may get a valid Passphrase from your Local Administrator.

Passphrase:

Submit Cancel



# New User Registration

**NAVY** accelerate your life. **EDHA Global :: New User Registration** [Help](#) [About](#)

**Instructions:** Please fill in the following information in order to register with the EDHA Database. Please note that all information is required.

**Social Security Number (Login ID)**  
Enter your Social Security Number (no dashes). Please note that this will be your Login ID.  
SSN:

**Password**  
Make sure your Password contains 8-12 characters, including: a number(s), upper case alpha character(s), lower case alpha character(s) and a non-alpha character (!, @, &, etc.). Spaces are not allowed.  
Password:   
Confirm Password:

**Reset Password Reminder Question and Answer**  
Choose a question you will be able to answer in the event you forget your password:  
Question:    
Answer:

**Default Profile**  
Enter your default profile information. All fields are required.

Last Name:  First Name:  MI:

DOB (mm/dd/yyyy):

**Gender:**  
 Male  Female

**Service Branch:**  
 Air Force  
 Army  
 Navy  
 Marine Corps  
 Coast Guard  
 Civilian Expeditionary Workforce (CEW)  
 USPHS  
 Other Defense Agency  
List:

**Component:**  
 Active Duty  
 National Guard  
 Reserves  
 Civilian Government Employee

**Pay Grade:**  
 E1  O1  W1  
 E2  O2  W2  
 E3  O3  W3  
 E4  O4  W4  
 E5  O5  W5  
 E6  O6  Other  
 E7  O7  
 E8  O8  
 E9  O9  
 O10

**Enter your information then click "Register" to complete**





# Previous eDHA User

**NAVY** accelerate your life. **EDHA Global :: Electronic Deployment Health Assessment (EDHA)** Help About

Welcome to the U.S. Navy's Electronic Deployment Health Assessment Database (EDHA). To login, please enter your Login ID and password below.

**Login ID**  **Password**  **Login** [Click here to login using your CAC Card \(must first register by logging in with username and password\)](#)  
*Error: Invalid Session. Please login again.*

[Forgot Your Password?](#)  
[New User? \(Local Admins/Providers, see below\)](#)  
[Perform Service Member Referral Update? \(Providers only\)](#)

**NEW:** If prompted, please complete ONLY the required fields in the MHA Explorer 6.0 with pop-up blocking turned off.

If you are a Provider and need to register, contact your Local Administrator at [EDHAHelpDesk@med.navy.mil](mailto:EDHAHelpDesk@med.navy.mil)  
If you are a member of the Reserve Component, to complete this Assessment, contact your Local Administrator at [1-888-PDHRA-99](tel:1-888-PDHRA-99).

If you are a member of the Active Component, your Unit will provide you with the necessary information.

**NEW PROCEDURE FOR LOCAL ADMINISTRATORS AND PROVIDERS!**  
Local Admins and Providers only--Please read this document for obtaining access: [Instructions for EDHA Access](#)  
System Authorization Access Request Form: [OPNAV 5239/14 \(Rev 9/2011\)](#)

**Privacy Act Statement** :: Authority: 10 U.S.C. 136 Chapter 55. 1074f, 3013, 5013, 8013 and E.O. 9397 Principal Purpose: To assess your state of health after deployment outside the United States in support of military operations and to assist military healthcare providers in identifying and providing present and future medical care to you. Routine Use: To other Federal and State agencies and civilian healthcare providers, as necessary, in order to provide necessary medical care and treatment.

**FOR PROVIDERS ONLY:** Per BUMEDNOTE 6100 of 05 April 2012, the Mental Health Assessment (MHA) will be conducted in coordination with the Pre-Deployment Health Assessment (DD2795) and Post-Deployment Health Re-Assessment (DD2900).  
This will require all providers to successfully complete the MHA Training s (<https://mhaquiz.dhhq.health.mil>) prior to reviewing and certifying the PDHA/PDHRA and MHA. If assistance is needed to access MHA Quiz or to contact MHA Training, please contact the MHA helpdesk at: 1-800-600-9332, Option 5  
Users needing EDHA login assistance should call NMCPHC at (757)953-0717/0794 or send email to NMCPHC-EDHAHelpDesk@med.navy.mil.

**Online Training Video for Mental Health Assessment (MHA)**  
Three online training videos has been prepared for Mental Health Assessment Healthcare Providers. Please select any of the desired surveys to start the training video:

- [New eDHA Release - Provider Section](#)
- [Post-Deployment Health Re-Assessment \(PDHRA\) Mental Health Assessment](#)
- [Mental Health Assessment - Provider Section](#)

**Access eDHA at:**  
<https://data.nmcphc.med.navy.mil/edha>  
**1) Login ID = your SSN**  
**Password = the one you created or**  
**2) Login using your CAC option**



# Forgot Your Password Login Option

**NAVY** accelerate your life. **EDHA Global :: Electronic Deployment Health Assessment (EDHA)** Help About

Welcome to the U.S. Navy's Electronic Deployment Health Assessment Database (EDHA). To login, please enter your Login ID and password below.

Login ID:  Password:

[Click here to login using your CAC Card \(must first register by logging in with username and password\)](#)  
**Error: Invalid Session. Please login again.**

- [Forgot Your Password?](#)
- [New User? \(Local Admins/Providers, see below\)](#)
- [Perform Service Member Referral Update? \(Providers only\)](#)

complete ONLY the required fields in the **My Profile** (bottom) portion of your profile. This website requires Internet blocking turned off.

need to register, contact your Local Administrator (EDHA POC), or NMCPHC at (757) 953-0717 or send email to: [NMCPHC-@navy.mil](mailto:NMCPHC-@navy.mil)

If you are a member of the Active Component, your Unit will provide direction for the health care provider review process.

**NEW PROCEDURE FOR LOCAL ADMINISTRATORS AND PROVIDERS!**  
Local Admins and Providers only--Please read this document for obtaining access: [Instructions for EDHA Access](#)  
System Authorization Access Request Form: [OPNAV 5239/14 \(Rev 9/2011\)](#)

**Privacy Act Statement** : Authority: 10 U.S.C. 136 Chapter 55, 1074f, 3013, 5013, 8013 and E.O. 9397 Principal Purpose: To assess your state of health after deployment outside the United States in support of military operations and to assist military healthcare and

and the

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**NAVY** accelerate your life. **EDHA Global :: Reset Password** Help About

Instructions: Before resetting your password, please enter your Login.

Login ID:

**In the next screen, enter your SSN as Login ID then click "Submit"**



# Reset your Password

**NAVY** accelerate your life. Help About

## EDHA Global :: Reset Password

**Instructions:** Before resetting your password, please enter your Login.

Login ID:

Before resetting your password, please provide your registration information.

SSN:

Date of Birth:   
(mm/dd/yyyy)

Service Branch:  Air Force  Army  Coast Guard  Civilian  Navy  USPHS  Other  Other Defense Agency

Pay Grade:  E1  E2  E3  E4  E5  E6  E7  E8  E9  
 O1  O2  O3  O4  O5  O6  O7  O8  O9  O10  
 W1  W2  W3  W4  W5  Other

**Enter your information then click "Submit." The system will then take you back to the Login Page.**  
**Note: Unless you updated your eDHA profile select the Pay Grade when you first created your account.**



# Create a New Deployment Health Assessment

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Profile Help About Logout

**EDHA Global :: User Main Page**

Welcome: Christian Sanchez

**Instructions:** Deployment Health Assessments (DHA) and Mental Health Assessments (MHA) are required to be completed at specific time frames prior to, at return, and after a qualifying deployment. The table below indicates the timeframe each assessment is to be completed.

**Deployment Health Assessment (DD Forms 2795, 2796, 2900) Mental Health Assessment (NAVMED 6100/8)**

	Prior to Deployment	Returning from Deployment	Once Returned from Deployment		
Assessment	Pre-Deployment Health Assessment (Pre-DHA) (DD 2795)	Post Deployment Health Assessment (Post-DHA) (DD 2796)	Post Deployment Health Re-Assessment (PDHRA) (DD Form 2900)	Mental Health Assessment (MHA) (NAVMED 6100/8)	Mental Health Assessment (MHA) (NAVMED 6100/8)
Timeframe	To be completed no earlier than <b>120 days</b> prior to start of deployment	To be completed between <b>30 days</b> before and 30 days after return from deployment	To be completed between <b>90-180 days</b> after returning from deployment*. Early completion is allowed only for service members separating from the Navy/USC	To be completed between <b>181-545 days</b> (7-17 months) after returning from deployment	To be completed between <b>546-910 days</b> (18-30 months) after returning from deployment**

\* The PDHRA must be completed even if it has been more than 180 days after returning from deployment  
 \*\* The final MHA must be completed even if it has been more than 30 months after returning from deployment

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List of Health Assessment Selected for Review: All surveys listed  
 To customize this list: [Click Here](#)

**Click "Create a New Deployment Health Assessment"**

[➔ Create a New Deployment Health Assessment](#)
[➔ Create a new Standalone Mental Health Assessment NAVMED 6100/8 \(3/2012\)](#)

EDHA Assessments
Standalone Mental Health Assessment (MHA) NAVMED 6100/8 (3/2012)

SSN	Pre DHA Date	PreDHA		Post DHA Date	POSTDHA		PDHRA Date	PDHRA		MHA 4 Date	MHA 5		
	Submitted	Certified	Review	Submitted	Certified	Review	Submitted	Certified	Review	Submitted	Review	Submitted	Review
	--	No	--	--		No	--	No	--	--	--	--	--



# Select the Correct DHA

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Welcome

**Instructions:** Deployment Health Assessments (DHA) and Mental Health Assessments (MHA) are required to be completed at specific times, at return, and after a qualifying deployment. The table below indicates the timeframe each assessment is to be completed.

**Deployment Health Assessment (DD Forms 2795, 2796, 2900) Mental Health Assessment (NAVMED 6100/8)**

	Prior to Deployment	Returning from Deployment	Once Returned from Deployment		
Assessment	Pre-Deployment Health Assessment (Pre-DHA) (DD 2795)	Post Deployment Health Assessment (Post-DHA) (DD 2796)	Post Deployment Health Re-Assessment (PDHRA) (DD Form 2900)	Mental Health Assessment (MHA) (NAVMED 6100/8)	Mental Health Assessment (MHA) (NAVMED 6100/8)
Timeframe	To be completed no earlier than 120 days prior to start of deployment	To be completed between 30 days before and 30 days after return from deployment	To be completed between 90-180 days after returning from deployment*	To be completed between 181-545 days (7-17 months) after returning from deployment	To be completed between 546-910 days (18-30 months) after returning from deployment**

Select "Have you returned from deployment within the past 90 to 180 days?" for the PDHRA.

\* Early completion is allowed more than 180 days after return

Choose the appropriate DHA based on the "Timeframe" associated with the "Assessment" then click the "SELECT" green arrow which corresponds to the DHA you need to fill out

User Assessment Association Wizard - Step 1

Departure Type:

- To be completed no earlier than 120 days prior to start of deployment **SELECT**
- To be completed between 30 days before and 30 days after return from deployment **SELECT**
- To be completed between 90-180 days after returning from deployment\* **SELECT**
- To be completed during the two subsequent PHAs following deployment **SELECT**

is allowed only for service members separating from the Navy/USMC. The PDHRA must be completed even if it has been more than 180 days after returning from deployment

**CANCEL**



# Select the Reason for PDHRA then Enter the Date of Departure from Theater

**Click “Boots on the Ground for at least 30 days” or “Required by Command,” whichever applies, to complete the PDHRA. “U.S. Marine Corps” is for USMC Service Members Only!**

User Assessment Association Wizard - Step 2

Area of Deployment:

 Boots on the Ground for at least 30 days.	 U.S. Marine Corps	 Being deployed on a ship.	 Required by Command.
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**CANCEL**



Assessment Association Wizard - Step 3

Date of Departure:  
Enter your date of departure from Theater (range: Today - (90 ~ 180 days))  
(mm/dd/yyyy)

**BACK** **NEXT**

- OR -  
Report an Overdue PDHRA Survey

**CANCEL**

**Enter the date you departed from the theater of operation using the drop down option. If your “Departure Date” is outside of the compliance window, use the “Report an Overdue PDHRA Survey” option.**



# Navigating the eDHA Wizard

Assessment Association Wizard - Step 3

Date of Departure:

Enter your date of departure from Theater (range: Today - 90  
(mm/dd/yyyy))

02/02/2013

-OR-

Report an Overdue PDHRA Survey

BACK

NEXT

After you entered the "Date of Departure," click the "NEXT" arrow. The next screen will ask you to ADD the PDHRA.

If you chose "Report an Overdue PDHRA Survey," the system will take you directly to the "Enter a Passphrase" screen

Assessment Association Wizard - Step 4

Report a new Post-Deployment Health Reassessment Survey:

PDHRA

ADD

BACK

OTHER

Click "ADD" green arrow. In the next screen, the system will prompt you to enter the "Passphrase."

CANCEL

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EDHA Global :: Enter a Passphrase

Help About

Instructions: Enter a valid Passphrase to create a new survey. The Passphrase is case sensitive. You may get a valid Passphrase from your Local Administrator.

Passphrase:

Enter the Passphrase "Activenavy1#" then click "Submit." The system will then take you to the PDHRA form.

Submit

Cancel



# If the DHA Originally Selected is not the Correct DHA

Assessment Association Wizard - Step 4

Report a new Post-Deployment Health Assessment Survey:

POSTDHA
---------

BACK ADD OTHER

Assessment Association Wizard - Step 5

You have selected to opt-out from the selection of options that were presented to you on the previous page.

Step 1: Please specify the reason: -- Please select reason --  
Step 2: Please describe (if needed): -- Please select reason --  
Step 3: Please select your action: New Deployment  
Other

PRE DHA	POSTDHA	PDHRA
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BACK ADD ADD ADD

**If the DHA originally selected from the previous screen is not the correct DHA, click the "OTHER" green arrow. In the next screen, you will have the option to choose the correct DHA.**

**Select the reason why you opt out of the previous screen then click the "ADD" green arrow of the correct DHA – choose PDHRA in this instance. In the next screen, the system will prompt you to enter the Passphrase.**

NAVY accelerate your life. EDHA Global :: Enter a Passphrase

Instructions: Enter a valid Passphrase to create a new survey. The Passphrase is case sensitive and must be at least 8 characters long. Only Administrators can create surveys.

Passphrase:

Submit Cancel

**Enter the Passphrase = Activenavy1# then click "Submit"**



# Fill out all the Pages then Save

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Welcome: Christian Sanchez

Reset Timeout Remaining Time: 1:59:29 Post-Deployment Health Re-Assessment (Deployer)

Demographics: Profile

Last Name	First Name	Middle Initial
<input type="text" value="Sanchez"/>	<input type="text" value="Christian"/>	<input type="text" value="G"/>
Social Security Number	Today's Date	
<input type="text" value="123456789"/>	<input type="text" value="03/May/2013"/>	
Date of Birth (dd/mmm/yyyy)	Gender	
<input type="text" value="11/12/1980"/>	<input checked="" type="radio"/> Male <input type="radio"/> Female	
Service Branch <i>*Required</i>	Component	Pay Grade
<input type="radio"/> Air Force	<input type="radio"/> Active Duty	<input type="radio"/> E1 <input type="radio"/> O1 <input type="radio"/> W1
<input type="radio"/> Army	<input type="radio"/> National Guard	<input type="radio"/> E2 <input type="radio"/> O2 <input type="radio"/> W2
<input type="radio"/> Navy	<input type="radio"/> Reserves	<input type="radio"/> E3 <input type="radio"/> O3 <input type="radio"/> W3
<input type="radio"/> Marine Corps	<input checked="" type="radio"/> Civilian Government Employee	<input type="radio"/> E4 <input type="radio"/> O4 <input type="radio"/> W4
<input type="radio"/> Coast Guard		<input type="radio"/> E5 <input type="radio"/> O5 <input type="radio"/> W5
<input type="radio"/> Civilian Expeditionary Workforce (CEW)		<input type="radio"/> E6 <input type="radio"/> O6 <input checked="" type="radio"/> Other
<input type="radio"/> USPHS		<input type="radio"/> E7 <input type="radio"/> O7
<input type="radio"/> Other Defense Agency		<input type="radio"/> E8 <input type="radio"/> O8
		<input type="radio"/> E9 <input type="radio"/> O9

1 of 10 pages

**Click "save" icon before leaving each page**



# Sample User Main Page with Submitted PDHRA Not Certified

accelerate your life. **NAVY** EDHA Global :: User Main Page Profile Help About Logout

Welcome: Christian Sanchez

**Instructions:** Deployment Health Assessments (DHA) and Mental Health Assessments (MHA) are required to be completed at specific time frames prior to, at return, and after a qualifying deployment. The table below indicates the timeframe each assessment is to be completed.

**Deployment Health Assessment (DD Forms 2795, 2796, 2900) Mental Health Assessment (NAVMED 6100/8)**

	Prior to Deployment	Returning from Deployment	Once Returned from Deployment		
	Pre-Deployment	Post Deployment	Post Deployment Health	Mental Health	Mental Health

**Note: YOU ARE NOT DONE YET!**  
**The PDHRA is not complete until certified by the medical provider:**

- Schedule a face-to-face interview with the medical provider at your local Military Treatment Facility (MTF) to have your DHA certified
- Active Duty Sailors in a remote location without access to an MTF or Reserve Sailors should contact the PDHRA Call center at 1-888-734-7299 to have your PDHRA certified.

EDHA Assessments Standalone Mental Health Assessment (MHA) NAVMED 6100/8 (3/2012)

SSN	Pre DHA Date Submitted	PreDHA Certified	PreDHA Review	PreDHA MHA	Post DHA Date Submitted	POSTDHA Certified	POSTDHA Review	PDHRA Date Submitted	PDHRA Certified	PDHRA Review	PDHRA MHA	MHA 4 Date Submitted	MHA4 Review	MHA 5 Date Submitted	MHA5 Review
	--	No	--	--		No		5/3/2013	No	--	--	--	--	--	--



# Edit a Recently Submitted PDHRA

← [https://data.nmcpmc.med.navy.mil/edha/User\\_Index.aspx](https://data.nmcpmc.med.navy.mil/edha/User_Index.aspx)

accelerate your life **NAVY** EDHA Global :: User Main Page

Welcome:

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 \*\* The final MHA must be completed even if it has been more than 30 months after returning from deployment

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**List of Health Assessment Selected for Review:** All surveys listed

To customize this list: [Click Here](#)

➔ Create a New Deployment Health Assessment ➔ Create a new Standalone Mental Health Assessment NAVMED 6100/8 (3/2012)

EDHA Assessments Standalone Mental Health Assessment (MHA) NAVMED 6100/8 (3/2012)

SSN	Pre DHA Date Submitted	PreDHA Certified	PreDHA Review	PreDHA MHA	Post DHA Date Submitted	POSTDHA Certified	POSTDHA Review	PDHRA Date Submitted	PDHRA Certified	PDHRA Review	PDHRA MHA	MHA 4 Date Submitted	MHA4 Review	MHA 5 Date Submitted	MHA5 Review
	7/20/2007	Yes	<a href="#">View</a>	--	10/19/2008	No	<a href="#">View</a>	10/19/2008	Yes	<a href="#">View</a>	--	--	--	--	--
	7/24/2007	Yes	<a href="#">View</a>	--	--	No	--	--	No	--	--	--	--	--	--
	3/29/2010	Yes	<a href="#">View</a>	--	--	No	--	--	No	--	--	--	--	--	--
	5/30/2012	Yes	<a href="#">View</a>	<a href="#">View</a>	10/22/2012	No	<a href="#">View</a>	4/1/2013	No	<a href="#">Edit</a>	--	--	--	--	--



# Sample User Main Page with Certified/Completed DHA

Profile Help About Logout
NAVY
EDHA Global :: User Main Page

Welcome: Christian Sanchez

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<b>Timeframe</b>	To be completed no earlier than <b>120 days</b> prior to start of deployment	To be completed between <b>30 days</b> before and 30 days after return from deployment	To be completed between <b>90-180 days</b> after returning from deployment*. Early completion is allowed only for service members separating from the Navy/USMC	To be completed between <b>181-545 days</b> (7-17 months) after returning from deployment	To be completed between <b>546-910 days</b> (18-30 months) after returning from deployment**

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**List of Health Assessment Selected for Review:** All surveys listed

To customize this list: [Click Here](#)

[Create a New Deployment Health Assessment](#)
[Create a new Standalone Mental Health Assessment NAVMED 6100/8 \(3/2012\)](#)

EDHA Assessments

Standalone Mental Health Assessment (MHA) NAVMED 6100/8 (3/2012)

SSN	Pre DHA Date Submitted	PreDHA Certified	PreDHA Review	PreDHA MHA	Post DHA Date Submitted	POSTDHA Certified	POSTDHA Review	PDHRA Date Submitted	PDHRA Certified	PDHRA Review	PDHRA MHA	MHA 4 Date Submitted	MHA4 Review	MHA 5 Date Submitted	MHA5 Review
	--	No	--	--		No		5/3/2013	Yes	<a href="#">View</a>	--	--	--	--	--



# Contact Us

- **NMCPHC EDHA:**

- **Website:** <https://data.nmcphc.med.navy.mil/edha/>
- **Help desk:** (757)953-0717/DSN 377 or email at [NMCPHC-EDHAHelpDesk@med.navy.mil](mailto:NMCPHC-EDHAHelpDesk@med.navy.mil)

- **USFF:**

- **Website:** [www.dha.navy.mil](http://www.dha.navy.mil)
- **Email:** [usff.dha.fct@navy.mil](mailto:usff.dha.fct@navy.mil)

