

The theory of prospering person





INVOLVEMENT IN LIFE;
(affairs, communication, games)
AND GRATITUDE

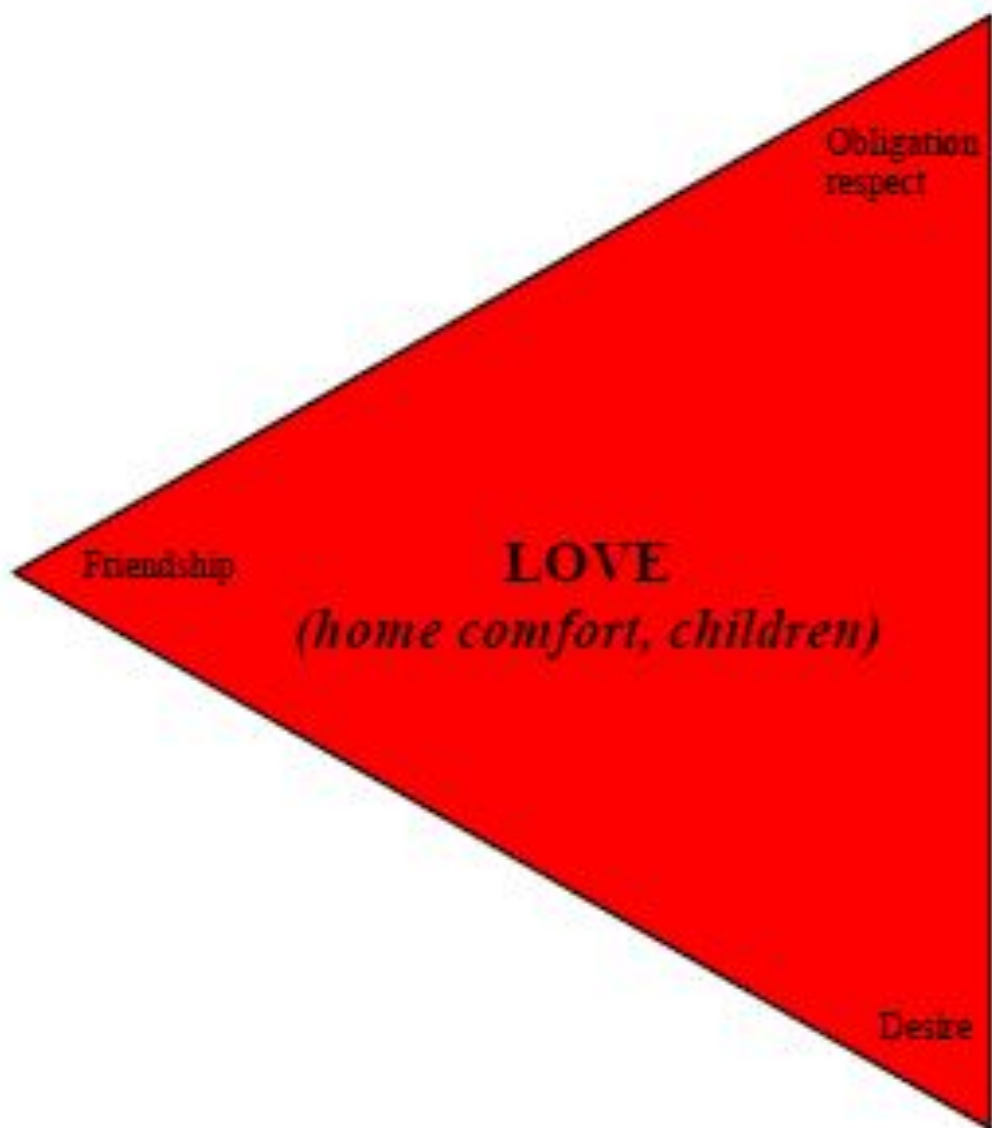
Complete
sleep

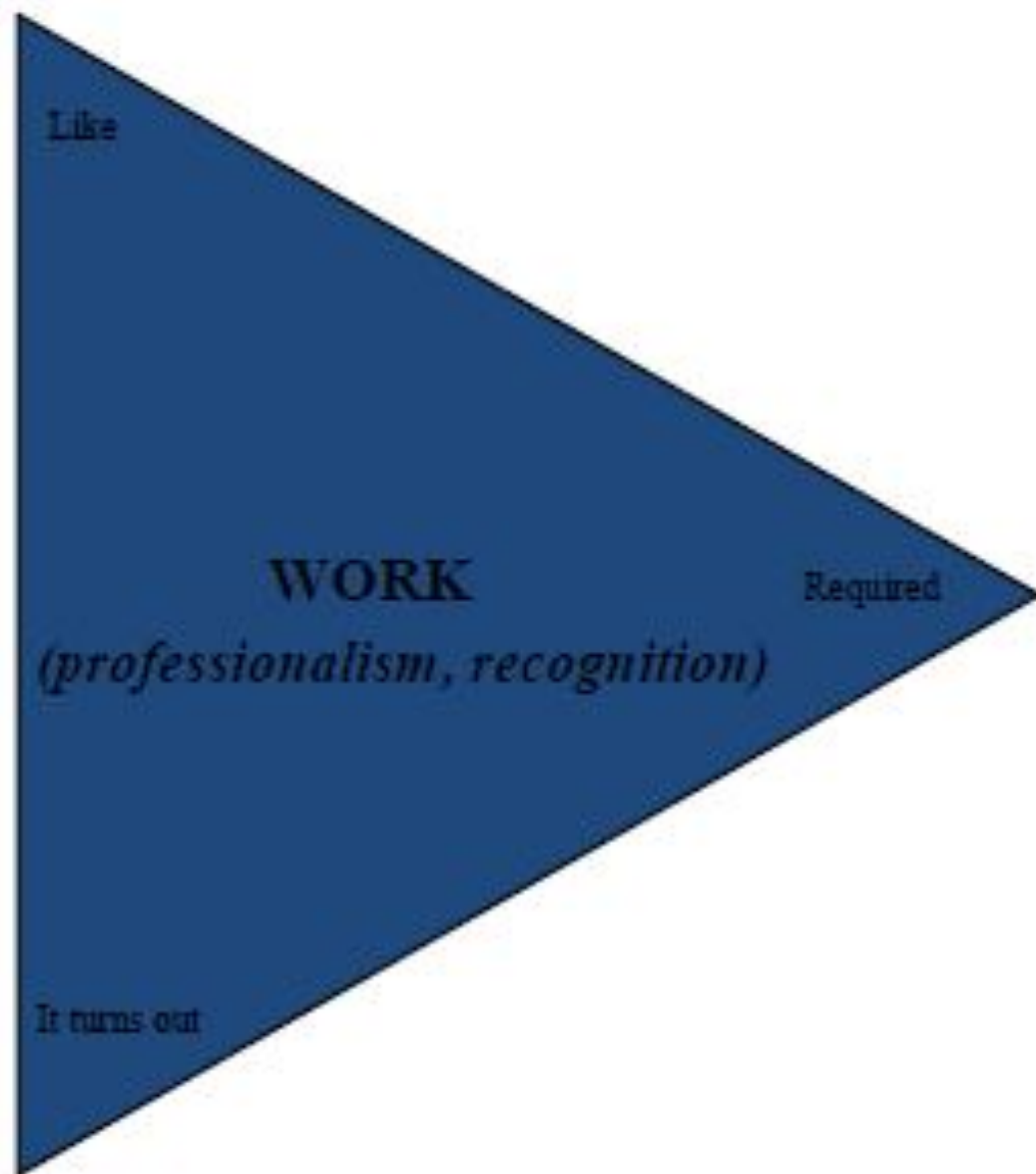
Proper
nutrition

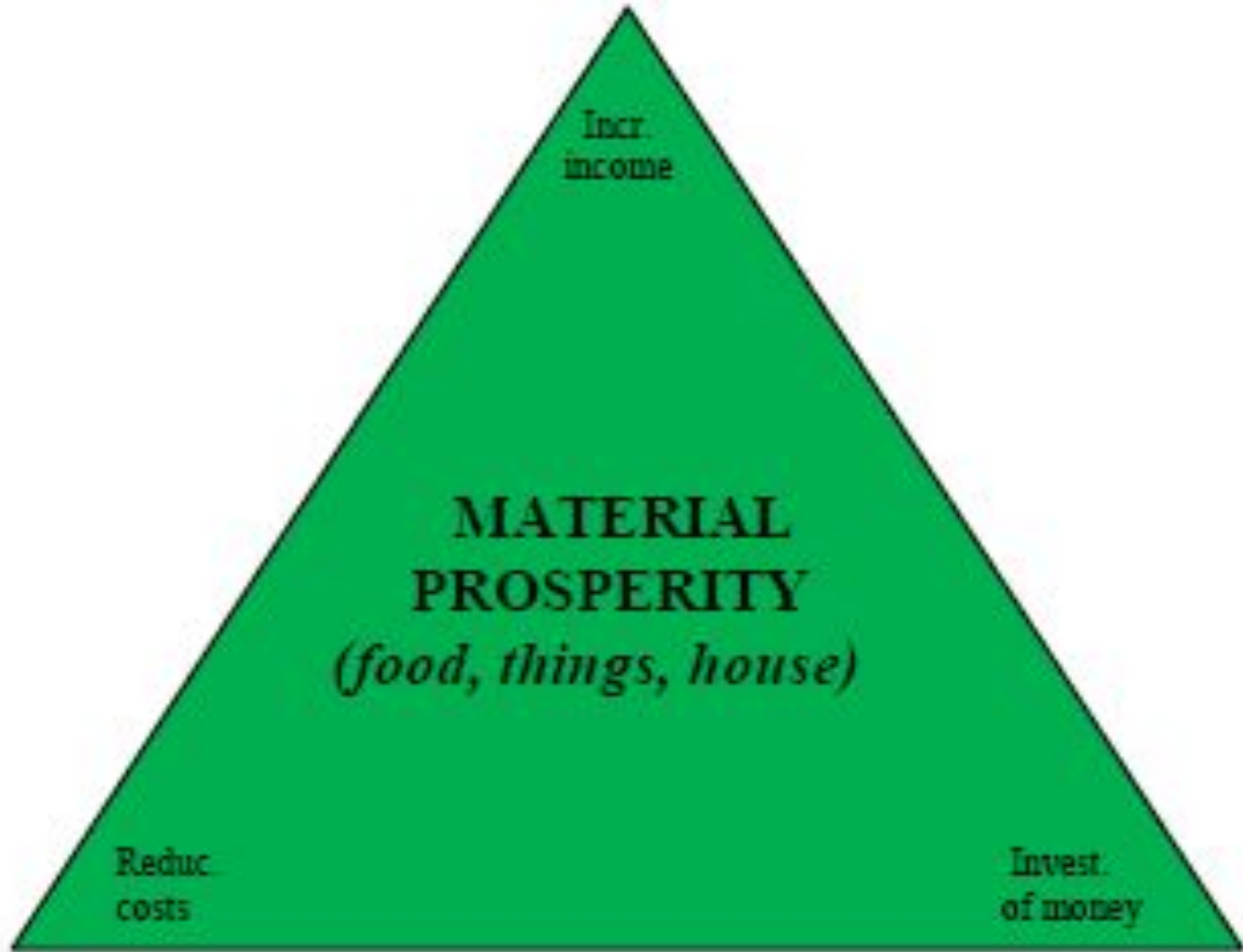
GOOD HEALTH
(cheerfulness, optimism, productivity)

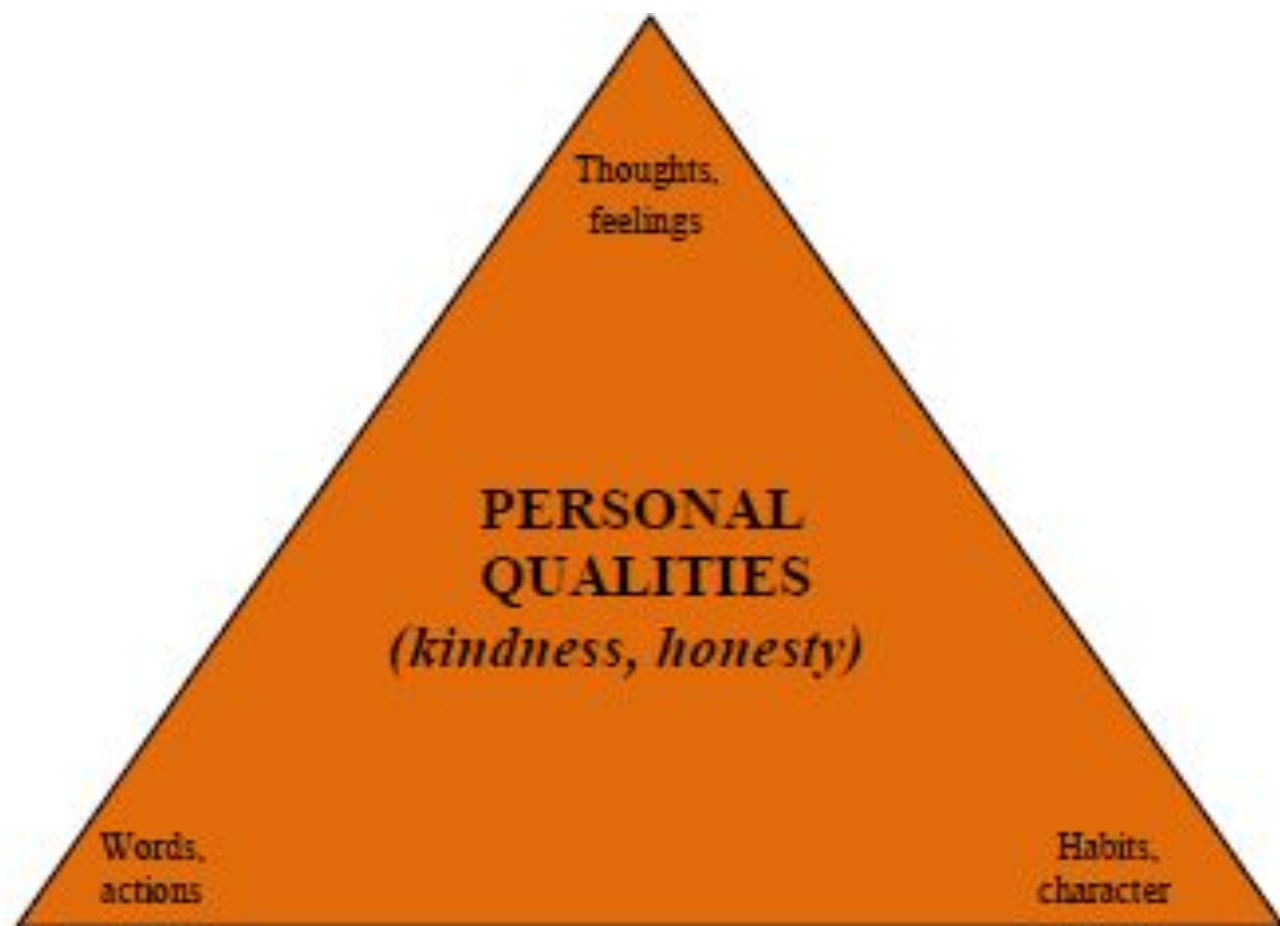
Physical
activity

Absence of
nerves









Thank You for Attention!