



EXTREME

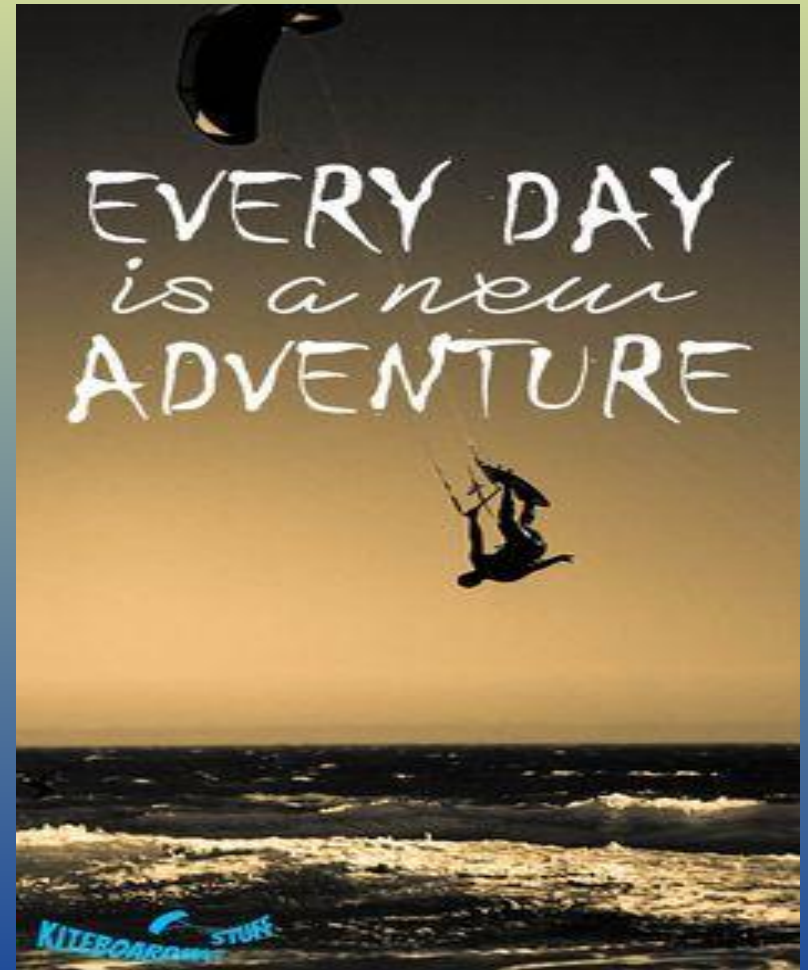


SPORTS



Quiz

Are You a Thrill-Seeker?



Succeed or fail, it's about
getting outside of your
comfort zone. The only way to
go forward is to be willing to
take that next step.

Danny Harf, an extreme rider

Bungee Jumping



Paragliding



Cliff Diving



Canoeing



Windsurfing



SKI JUMPING



Scuba Diving



Rock Climbing



Wing –Suit Flying

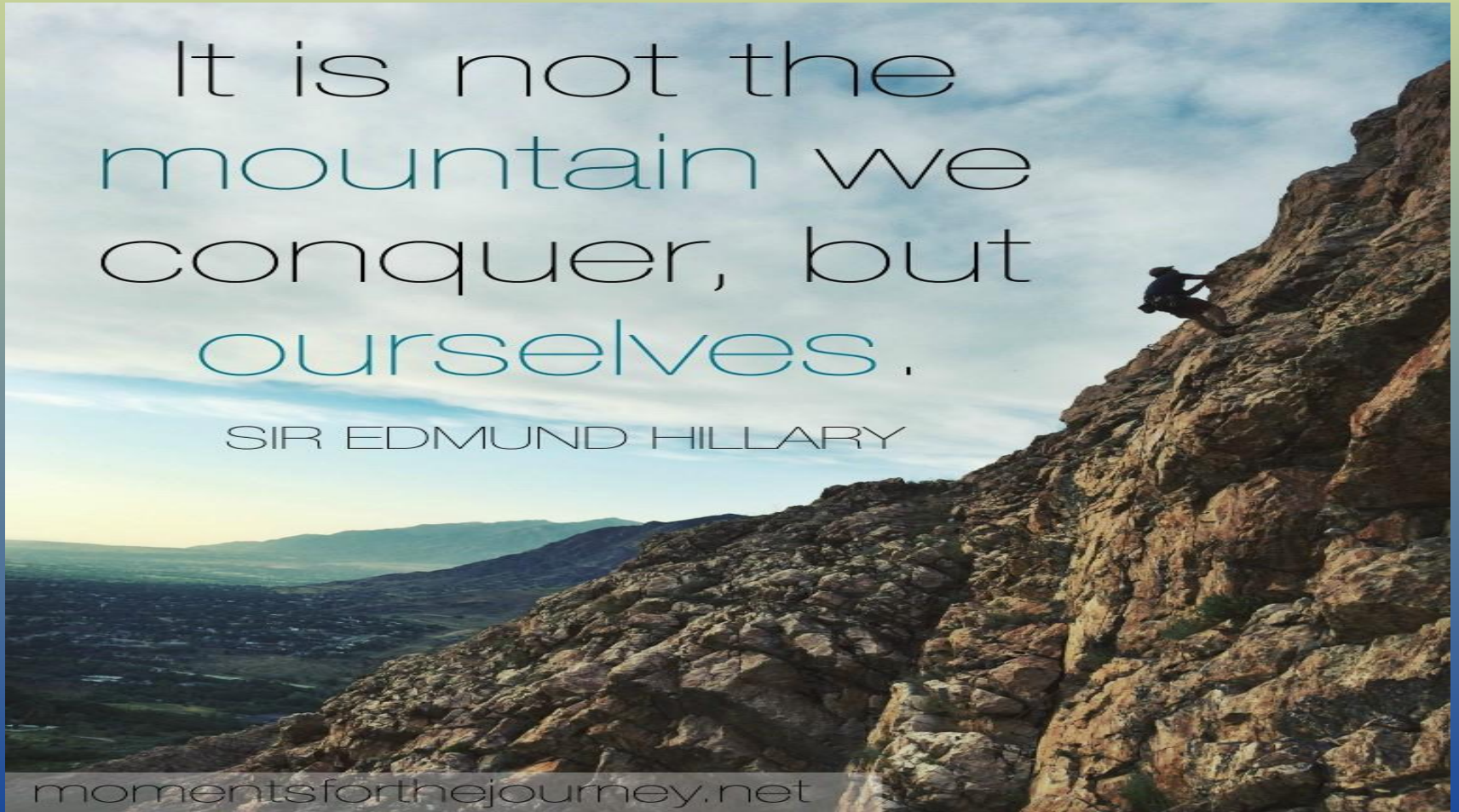


Why Do People Do Extreme Sports?

It is not the
mountain we
conquer, but
ourselves.

SIR EDMUND HILLARY

momentsforthejourney.net



A person on a bicycle is performing a wheelie on a paved road. The background shows a clear sky and some distant hills. The text is overlaid on the image in a bold, white, sans-serif font.

**DON'T
LIMIT YOUR
CHALLENGES.**

**CHALLENGE
YOUR LIMITS.**

Bruce Lee



- There are no limits. There are plateaus, but you must not stay there, you must go beyond them.

Make Your Choice..

Extreme Sports...

- *The riskier, the better.*
- *Let's go on an adventure*
- *Challenge yourself.*
- *I am not into extreme sports or something. I just live a quiet life.*

[illegible]