

SWEDEN NATIONAL DISH

MEAT BOALS





INGREDIENTS

- 300 g minced pork
- ½ medium onions
- Bunch of greens
- 1 chicken egg
- Salt and pepper – to taste
- 1 teaspoonfull of cream

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- Cut brinch of greens , onions
 - Break egg
 - Mix ingrediens





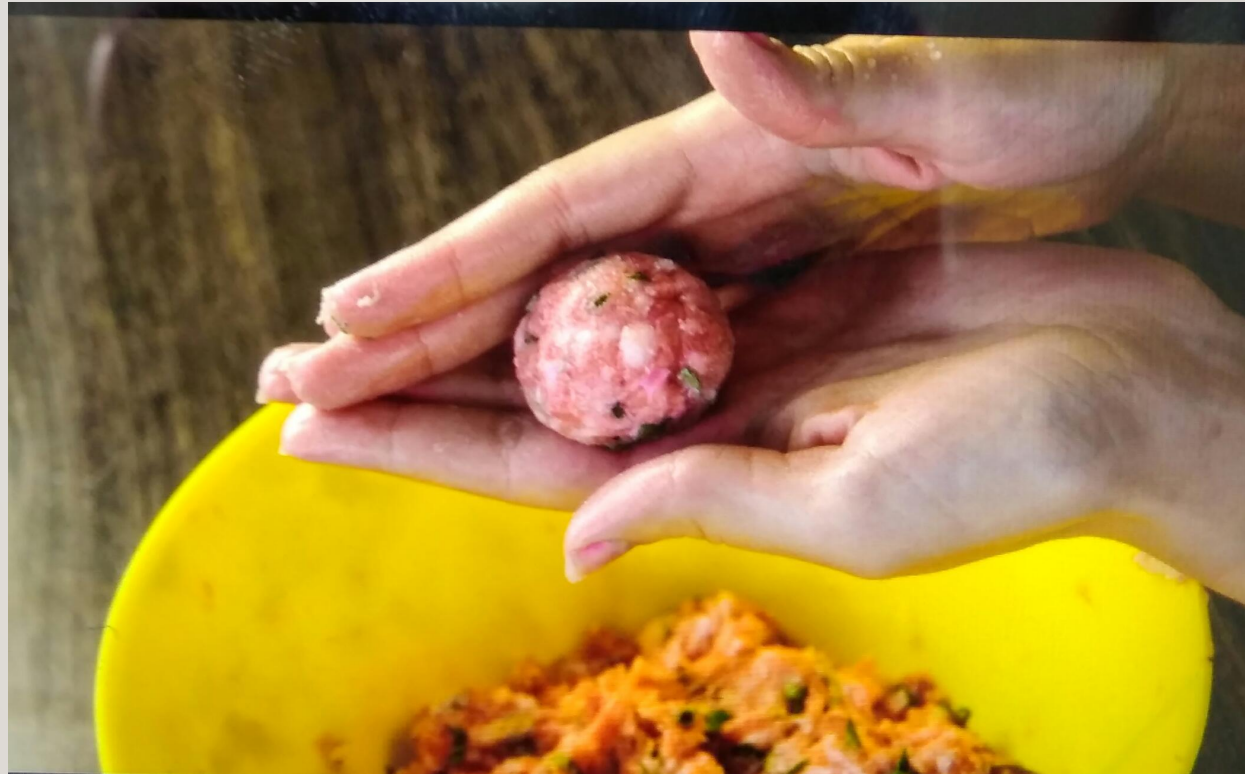






2.

- Blind boals
- Fry 40 min





ENJOY YOUR MEAL!

