

# Traditional English Cuisine

Breakfast is the first meal of the day. It is at about 8 o'clock in the morning. And consists of porridge with milk and salt or sugar, eggs – boiled or fried, bread and butter with marmalade or jam. Some people like to drink tea, but others prefer coffee.



Lunch. The usual time for lunch is 1 o'clock. This meal starts with soup or juice. Then follows some meat or poultry with potatoes.



## ENGLISH LUNCH!

### SANDWICHES:

- MORTADELLA SANDWICH
- CHEESE SANDWICH
- SAUSAGE SANDWICH
- HAM SANDWICH



### FRUIT:

APPLE



BANANA



### DRINKS:

ORANGE JUICE



WATER



Tea is the third meal of the day. It between 4 or 5 o'clock. On the table there is tea, milk or cream, sugar, bread, cakes and jam.





Dinner is the fourth meal of the day. The usual time is about 7 o'clock. Dinner usually consists of soup, fish or meat and vegetables.



# MAIN MEAL DISHES IN ENGLAND

<u>Roast Beef</u>	<u>Yorkshire Pudding</u>	<u>Toad-in-the-Hole</u>
<u>Roast Meats</u>	<u>Fish and Chips</u>	<u>Ploughman's Lunch</u>
<u>Cottage Pie</u>	<u>Shepherd's Pie</u>	<u>Gammon Steak with egg</u>
<u>Lancashire Hotpot</u>	<u>Bubble and Squeak</u>	<u>English Breakfast</u>
<u>Bangers and Mash</u>	<u>Black Pudding</u>	<u>Bacon Roly-Poly</u>
<u>Cumberland Sausage</u>	<u>Pie and Mash with parsley liquor</u>	



Toad-in-the-hole



Black pudding



Bacon roly-poly



Pie and Mash with parsley liquor

THANK YOU FOR ATTENTION!

