

Working In Hot Environments

Purpose: This TBT is intended to prevent potential heat induced illness as a result of hot weather or hot workplace environments.

Classification of work:

Rest	Sitting (quietly or with moderate arm movement)
Light work	Sitting or standing to control machines, performing light hand or arm work (eg. Using a table saw); occasionally walking; driving
Moderate work	Walking about with moderate lifting and pushing or pulling; walking at moderate pace; eg. Scrubbing in a standing position.
Heavy work	Pick and shovel work; digging; carrying; pushing/pulling heavy loads; walking at fast pace; eg. Carpenter sawing by hand.
Very heavy work	Very intense activity at fast to maximum pace; eg. Shoveling wet sand

WHAT DOES THE LAW SAY?

