to speak one's mind

to say honestly what you think about a situation, even if it might offend people

to be a pain in the neck

= to be annoying

to get on someone's nerves

= to annoy \ to irritate

to drive somebody crazy

= to make somebody extremely annoyed

to hold one's tongue

= not to say things that upset people

to break the ice

= to make people who have not met before feel more relaxed with each other