

#### **ELIMINATE WASTE &**

PROTECT THE ENVIRONMENT

# Why it is...



Garbage is a huge problem because it consumes resources, pollutes our planet and doesn't ever go away.









The best solution to our garbage problem is to find the most appropriate way to manage what's left:

REDUCE - REUSE - RECYCLE - CO MPOST - BURN - BURY

### What Can We Do?



Packaging Scavenger Hunt

How much packaging is used to wrap the foods you eat?
Conduct a packaging scavenger hunt at a

local grocery store.

Make a list of the foods you find with no wrapping, with one wrapping, with two wrappings and with three or more wrappings.

Take responsibility for the waste you produce. Make a difference at home, school and when shopping. It's easy and every little bit helps!

## At The Store



Before you buy anything, ask yourself: "Do I really need it?"





Use cloth bags when shopping or reuse the plastic bags you already have.



Avoid buying desserts or snacks that come in single-serving containers.



Look for the EcoLogo™ labe



The average
pencil
can draw a
line 56
kilometres
long or write
about 45,000
words! The

United States alone uses 2.8 billion pencils a year.

## At Home





Repair, refinish and recover items

before throwing them away



Use rechargeable batteries



**Buy paper products** 



Sell useable things

Over 13
billion
pieces of
junk mail
are
delivered to
Canadian
mailboxes



every year. That's about 450 pieces for every person in your household.

## At School / university



Reuse a fabric bag and reusable containers



Organize a litter cleanup



Set up a reuse box in the classroom



Redesign a Package

Packaging makes up a big part of our waste stream. Try to design packaging with the environment in mind.