

1. build up
2. cheer up
3. grow up
4. **liven up**
5. put up
6. shoot up
7. speak up
8. stand up

build up

= get (your strength and health) back after an illness



After my illness, I had to do exercises to build up my strength.

Build up = build up a business=
to develop a business

He has built this business up into a
multi-national company



Build up = increase (n. built-up)



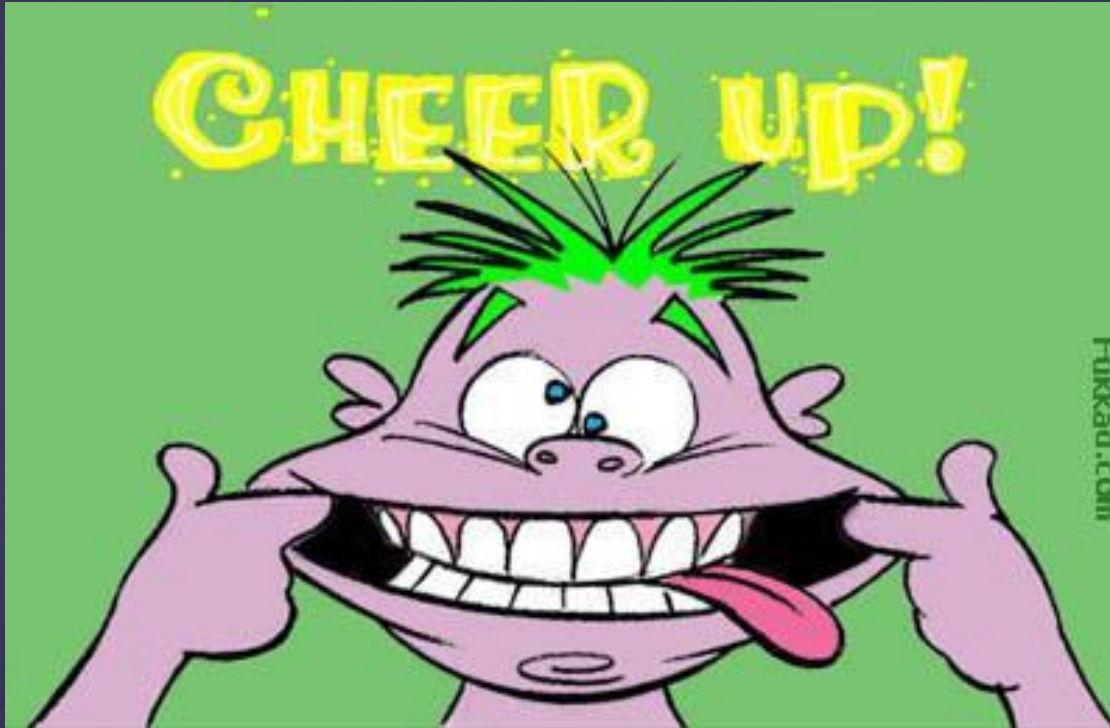
If the gass keeps building up there will
be an explosion.

Build up =cover an area in buildings
(adj. built-up)



They've really built up this area.
All the trees have gone.

cheer up =become less miserable



Cheer up! Things can't be that bad!

grow up = change from child to adult

I was
born and
grew up
in a tiny
village



liven up ['laɪv(ə)n]

оживиться, развеселиться
=make more
interesting and lively

Our host suggested
some games to try
and liven up the
party.



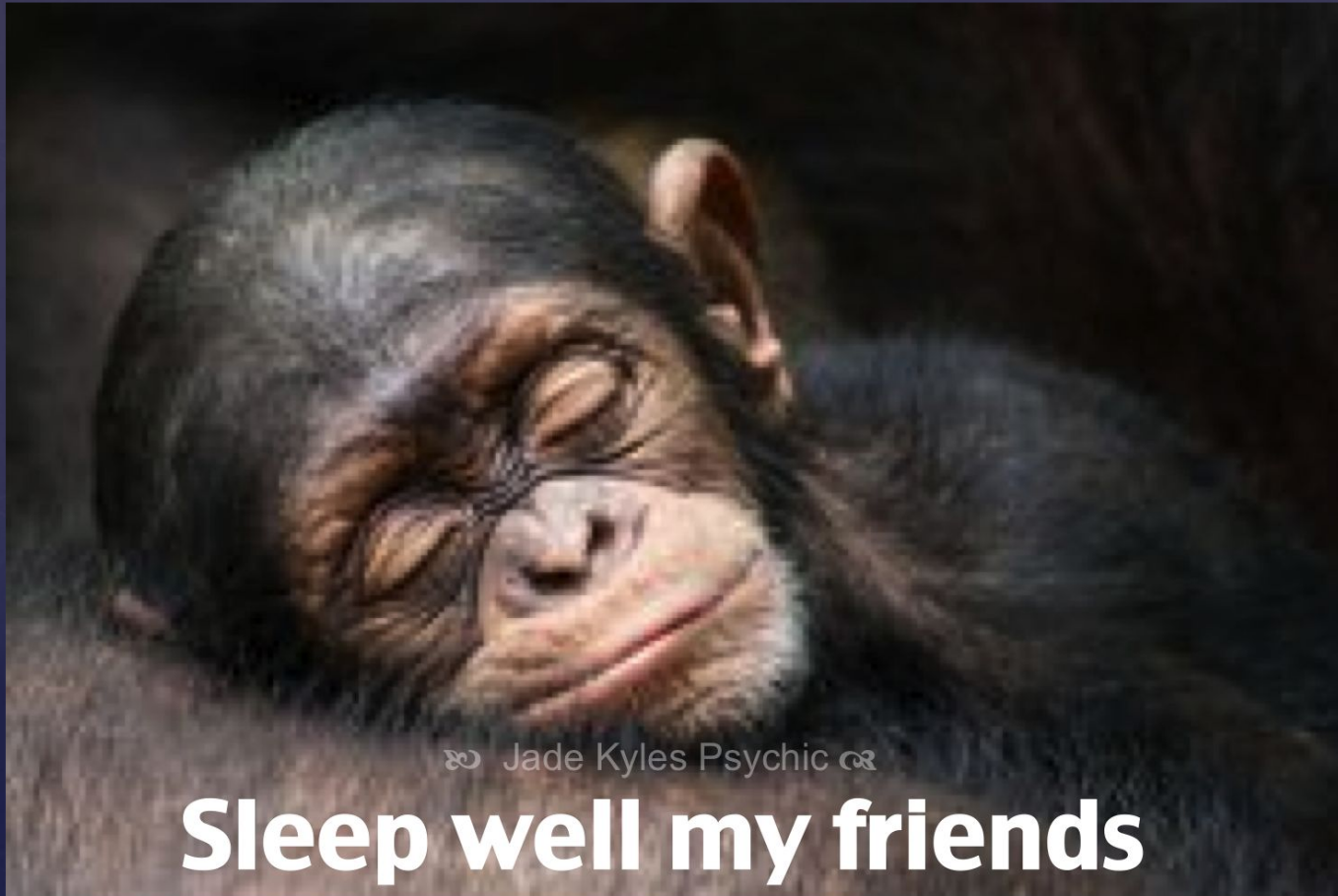
put up

=place on a wall

I'll put up
the poster
on that
wall.



put up = принимать, давать приют (гостям)
**give someone food and
a bed for the night**



∞ Jade Kyles Psychic ∞

Sleep well my friends

The hotels
were full
so my
friends put
me up.

put up
(a fight)

= (затянуть драку)

resist оказывать сопротивление; ,
fight against someone or
something

The escaped prisoner didn't put up
much of a fight



put up (money)

= вкладывать (деньги)

provide обеспечивать **money**

My father put
up the money
to start my
business.



put up

= выставлять свою кандидатуру (на выборах) choose a candidate for an election

We have to put up a strong candidate for this election.



put up with = (выносить, терпеть)
=tolerate

I can't put up with it any longer. —
Больше не могу с этим мириться.



shoot up

= increase возрастать rapidly
['ræpɪdli быстро]



The prices of petrol have shot up recently. в последнее время

Speak up = speak more loudly громко



Can you speak up? I'm a bit deaf.

stand up = get to your feet



The pupils have to stand up when the teacher comes in.

stand up for your rights

= защищать свои права strongly defend защищать
your rights

Don't be
afraid to
stand up
for your
rights as a
citizen.



stand up to = смело встречать not to run away from
someone



Don't expect me to stand up to
somebody with muscles that big!

stand up to

= endure выдержать
(rough [rʌf] грубый;
treatment) обращение

This tower башня; was
built to stand up to
all kinds of weather.



- 1** Complete each of the sentences with the correct form of one of the verbs below and the particle UP. Use each verb once only.

build cheer grow liven put shoot speak stand

1. I'm not tall enough to reach. Can you this poster for me?
2. Why are you so miserable? ! Things can't be that bad!
3. When the headmaster came in, most of the pupils but a few remained seated.
4. The party was really boring so I suggested some games to it
5. After a long illness, it takes some time to your strength.
6. She's a bit deaf so you'll have to
7. I was born in Washington but I in New York.
8. The weather's been so bad that the price of strawberries has

The 'UP' in the verbs in this exercise had the meaning of an upward movement, an increase or an improvement.



"Could you speak up, John!"