## ADVERBS OF FREQUENCY

ENGLISH TEACHER

- ——always ——usually ——normally
  - ----frequently
  - ---often
    - ---sometimes
      - —occasionally
    - -seldom
      - -rarely
      - -hardly ever never

- "I always drink coffee before 09:00."
- "I am usually late for meetings."
- "What time do you normally go to bed?"
- "I frequently go out at weekends."
- "We often play football on Sundays."
- "Sometimes I play poker with my friends."
- "She occasionally watches French films."
- "I seldom do my homework."
- "I rarely go to the gym."
- "I hardly ever read the newspaper."
- "I never listen to what he says."
- POSITION: before main verb
  - after 'to be'
  - 'sometimes' is usually used at the beginning, but it can be used before the main verb also.

## **Adverbs**

always
often
usually
sometimes
regularly

play interesting games (computer games)

watch TV

play football (tennis)

READBOOKS

help my Mum (Dad)

walk

listen to music

visit my friends

do homework MyShared

## Adverbs of frequency

Usually always never sometimes often rarely

1. Adverbs of frequency used before the main verb in the sentence.

I **usually** get up at 7 o'clock
I don't **often** go to the cinema
She **never** eats bananas
We **always** watch TV in the evenings
I **sometimes** go swimming

2. These adverbs always used after verbs "to be" and "to do".

I am **never** late.

They are always polite

3. We can use **Sometimes** and **usually** in the beginning or in the ending of the sentence.

Sometimes I play tennis. I play tennis sometimes

Usually he goes to school by bus. He goes to school by bus usually.

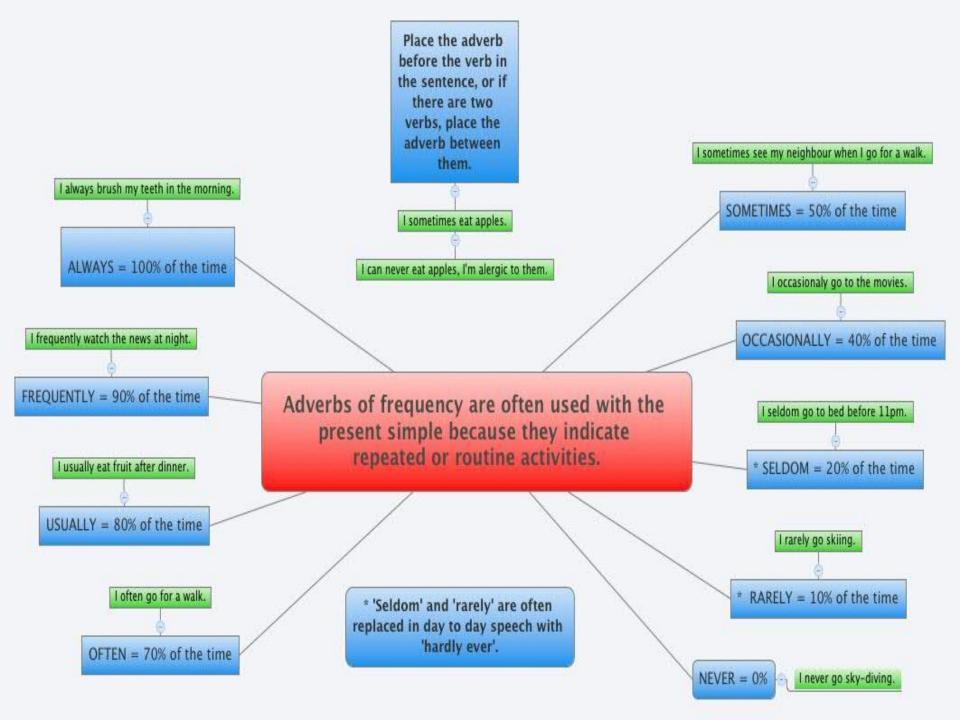
%	<b>Adverb of Frequency</b>	Example
100%	Always	I always study after class
90%	Usually	I usually walk to work
80%	Normally / Generally	I normally get good marks
70%	Often / Frequently	I often read in bed at night
50%	Sometimes	I sometimes sing in the shower
30%	Occasionally	I occasionally go to bed late
10%	Seldom	I seldom put salt on my food
5%	Hardly ever / Rarely	I hardly ever get angry
0%	Never	Vegetarians never eat meat

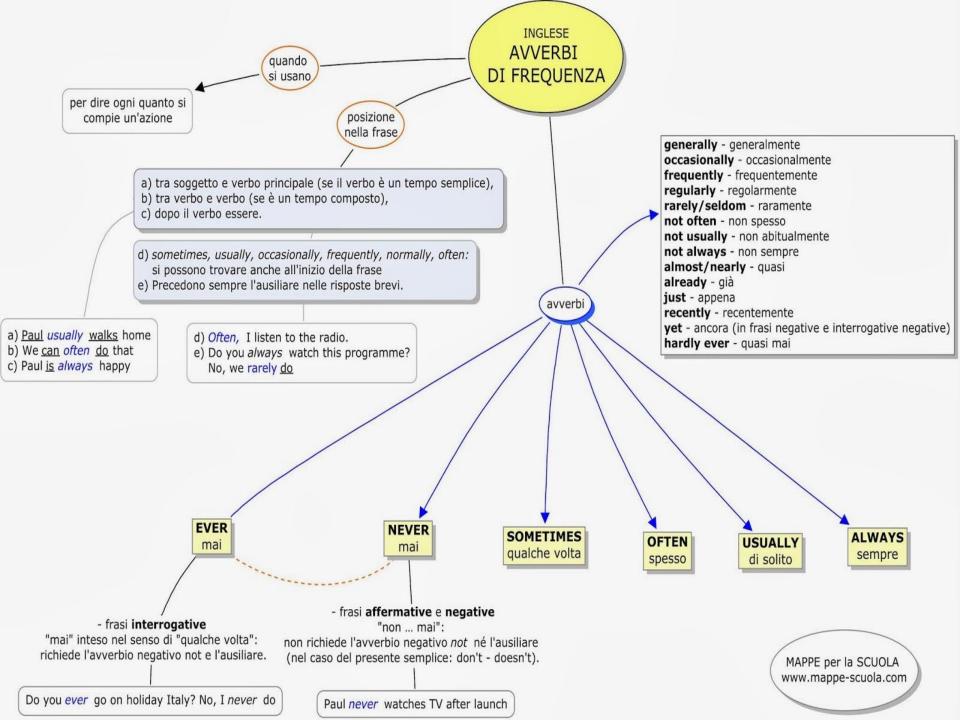
Subject + Adverb + Main Verb

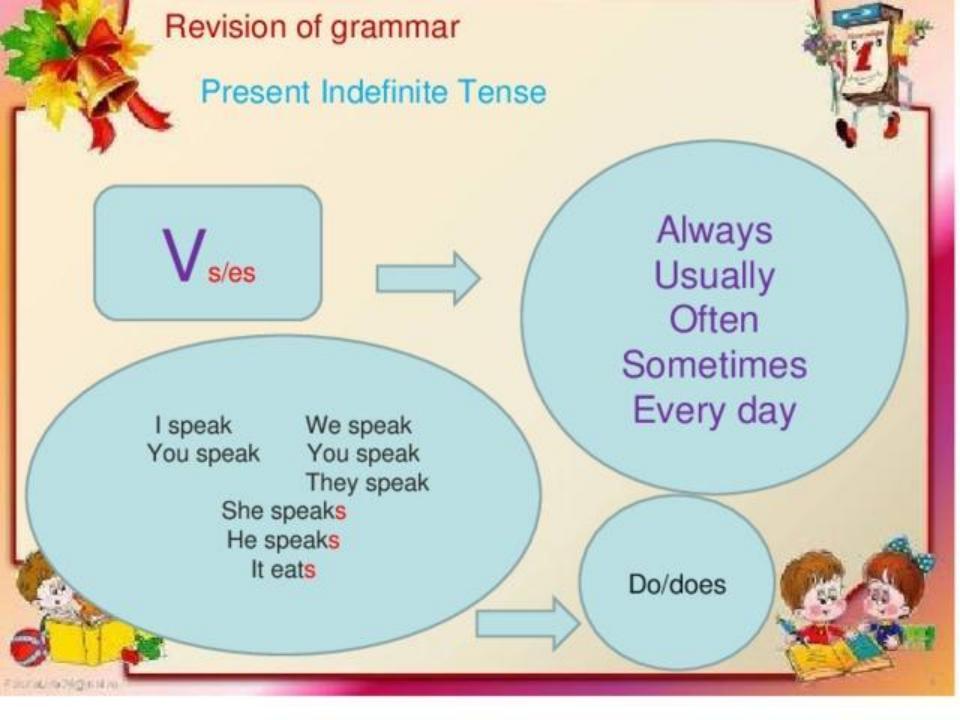
Daniel always passes his exams.

Subject + BE + Adverb

He is always happy.







## Present Simple настоящее простое (often, always, usually, every)V1(s)?,- do, does



He often goes to the library Why does he go there?



She listens a teacher every day



I, you always clean the house.

Do you help me?

Yes. I do



We, they usually sit together. We, thee don't like to be alone.









always
usually
often
make my bed.
sometimes
never

Ask and answer questions about your everyday life. Use "How often do you..." to ask the questions and the Adverbs of Frequency (always, usually, sometimes, rarely, never) to answer the questions.

Example: A: How often do you **play** soccer on the weekend?

B: I always play soccer on the weekend. / I rarely play soccer on the weekend.

A: How often do you listen to the radio in your car?

B: I sometimes listen to the radio in my car. / I never listen to the radio in my car.

play ?	watch?	listen to ?	eat ?	wash ?
Always	Always	Always	Always	Always
Usually	Usually	Usually	Usually	Usually
Sometimes	Sometimes	Sometimes	Sometimes	Sometimes
Rarely	Rarely	Rarely	Rarely	Rarely
Never	Never	Never	Never	Never