## Phrasal Verb Organiser with Mini-Dictionary by John Flower

#### Up

- 1. an upward movement
- 2. an increase, an improvement
- 3. completing, ending
- 4. approaching

## Build up

= get (your strength and health) back after an illness





After my illness, I had to do exercises to build up my strength.

# Build up = build up a business= to develop a business He has built this business up into a multi-national company



## Build up = increase (n. built-up)



If the gass keeps building up there will be an explosion.

## Build up =cover an area in buildings (adj. built-up)



They've really built up this area.
All the trees have gone.

## Cheer up

#### =become less miserable

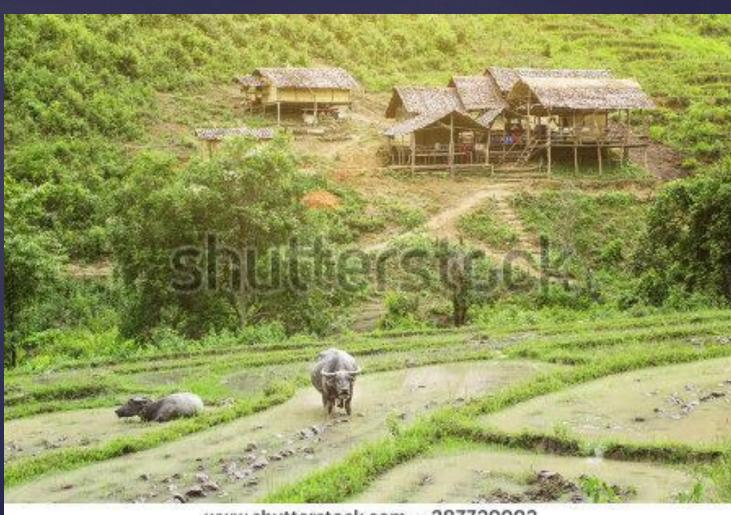


Cheer up! Things can't be that bad!

## grow up

= change from child to adult

I was born and grew up in a tiny village



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## liven up ['laɪv(ə)n]

оживиться, развеселиться =make more interesting and lively

Our host suggested some games to try and liven up the party.



## put up

## =place on a wall

I'll put up the poster on that wall.



## put up

= принимать, давать приют (гостям)

## give someone food and a bed for the night



The hotels were full so my friends put me up.

put up (a fight)

= (затеять драку)
resist оказывать сопротивление; ,
fight against someone or
something

The escaped prisoner didn't put up much of a fight



## put up (money) = вкладывать (деньги) provide обеспечивать money

My father put up the money to start my business.



## put up

= выставлять свою кандидатуру (на выборах) choose a candidate for an election

We have to put up a strong candidate for

this election.



#### put up with = (выносить, терпеть) tolerate

I can't put up with it any longer. — Больше не могу с этим мириться.





shoot up

= increase возрастать rapidly ['ræpidli быстро]



The prices of petrol has shot up recently. в последнее время

## speak up = speak more loudly громко,



Can you speak up? I'm a bit deaf.

## stand up = get to your feet



The pupils have to stand up when the teacher comes in.

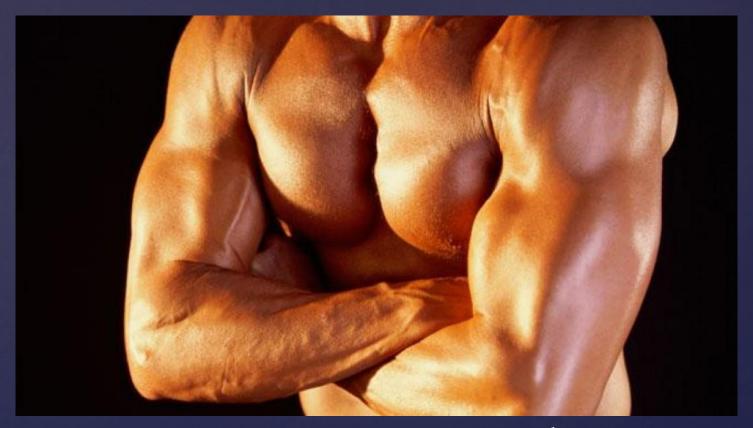
#### stand up for your rights

= защищать свои права strongly defend защищать your rights

Don't be afraid to stand up for your rights as a citizen.



## stand up to = смело встречать not run away from someone



Don't expect me to stand up to somebody with muscles that big!

#### stand up to

= endure выдержать (rough[rлf] грубый; treatment) обращение

This tower башня; was built to stand up to all kinds of weather.



1 Complete each of the sentences with the correct form of one of the verbs below and the particle UP. Use each verb once only.

#### build cheer grow liven put shoot speak stand

1. I'm not tall e	nough to reach. Can v	/ou	this poster	for me?
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- 2. Why are you so miserable? ...... ! Things can't be that bad!
- 3. When the headmaster came in, most of the pupils ...... but a few remained seated.
- 5. After a long illness, it takes some time to ...... your strength.
- 6. She's a bit deaf so you'll have to ......
- 7. I was born in Washington but I ..... in New York.

The 'UP' in the verbs in this exercise had the meaning of an upward movement, an increase or an improvement.



"Could you speak up, Jobn!"