







SEPTIC ARTHRITIS

RAPID JOINT DESTRUCTION SERIOUS CAUSE OF MORTALITY **INOCULATION:** DIRECT CONTIGUOUS **BACTEREMIA PATHOGENESIS: ENDOTOXINS, EXOTOXINS TNF, IL-1, IL-6, ICAM-1** PHAGOCYTOSIS **NEUTROPHILS AUTOLYSIS**

SEPTIC ARTHRITIS -PATHOGENESIS PROTEASE ACTIVATION COLLAGEN LOSS PROTEOGLYCAN LOSS CHONDROCYTES NECROSIS - 48 HR SYNOVIAL NECROSIS **ABCESSES GRANULATIONS, PANNUS BONE NECROSIS** PROGRESSION **HOST FACTORS: LOCAL AND SYSTEMIC MICROBIAL FACTORS**

SEPTIC ARTHRITIS CLINICAL PRESENTATION: SINGLE JOINT 80%, POLYARTICULAR 20% **KNEE 40%, HIP 20%, SHOULDER 15% AFEBRILE ONLY 20%** JOINT PAIN, SWELLING, WARMTH, REDNESS **COMORBIDITY RISK FACTORS:**

AGE, PROSTHETIC JOINT, JOINT SURGERY ARTHROCENTESIS, IV DRUG ABUSE, RA, DM, MALIGNANCY, SLE, SICKLE CELLS, SKIN INFECTION, HEMPOPHILIA, ANEMIA, CHR. LIVER DIS.

SEPTIC ARTHRITIS

MORTALITY: 80% POLYARTICUL., 6%MONO POLYARTICULAR - 84% PREEXISTING J. DIS S. AUREUS - 80%

CHILDREN

PRESENTATION: PSEUDOPARALYSIS (LIMIT. J. MOVEMENT) IRRITABILITY LOW GRADE OR NO FEVER LARGE JOINTS OF LEGS **ADJACENT OSTEOMYELITIS OR OTHER INFECTIONS**

SEPTIC ARTHRITIS CHILDREN - BACTERIOLOGY NEONATES (< 6 MONTHS) AND > 2 YEARS: S. AUREUS AND GROUP B **STREPTOCOCCI** FROM 6 MONTHS TO 2 YEARS: H. INFLUENZAE AND KINGELLA KINGAE **POLYARTICULAR:** NEISSERIA GONORRHOEAE **SYNOVIAL GRAM STAIN - POSITIVE 1/3 SYNOVIAL CULTURE - POSITIVE 2/3 BLOOD CULTURE - POSITIVE 50% ORGANISM IS NOT IDENTIFIED - 1/3**

SEPTIC ARTHRITIS IN THE ELDERLY 50% OF ADULT SEPTIC ARTHRITIS > AGE 60 75% - IN JOINTS WITH PRIOR ARTHRITIS: **HIP, KNEE OR SHOULDER** SIGNIFICANT COMORBIDITY: DM, RF, SOL ... 10 % ARE FEBRILE AND ONLY 1/3 - WBC 🔶 ESR JOINT AND BLOOD CULTURES ARE POSITIVE **SOURCE - 3/4 FROM OTHER FOCUS: UTI, LUNG POOR OUTCOME: SEVERE JOINT DAMAGE 30% OSTEOMYELITIS 50% POOR FUNCTION**

SEPTIC ARTHRITIS IN RA **INCREASED RISK, ANNUAL INCIDENCE 0.5% POLYARTICULAR - 50%** PERIARTICULAR INVOLVEMENT FEVER AND WBS ARE NOT PROMINENT ESR AND DECLINES WITH THERAPY **BLOOD CULTURE IS POSITIVE 50-80%** S. AUREUS - POLYART. 93%, MONOART. 72% SOURCES OF INFECTION: RHEUM. NODULES, FOOT CALLUSES, LUNG, UTI **RECURRENCY IN THE SAME JOINT - 1/3 MORTALITY: POLYART. 49%, MONOART.16%**

SEPTIC ARTHRITIS IN DRUG ABUSERS 1/3 OF SEPTIC ARTHRITIS - IN DRUG **ABUSERS HIV POSITIVITY PREDOMINANTLY - AXIAL JOINTS** S. AUREUS, ENTEROBAC, P. AER, SERRATIA **CANDIDIASIS (CONTAMINATED HEROIN): OCULAR, SKIN, COSTO-CHONDRAL OR SCJ GRAM-NEGATIVE JOINT INFECTION: INDOLENT AND DIFFICULT TO DIAGNOSE** ESR, WBC, 99-Te BONE SCANS POSITIVE

SEPTIC ARTHRITIS YATROGENIC AFTER ARTHROSCOPY 0.04%-4% INCREASED RISK: I/ARTICULAR STEROIDS PROLONGED TIME OF ARTHROSCOPY MULTIPLE EXCISIONS SHORT TOOLS DESINFECTION TIME S. AUREUS, S. EPIDERMIDIS, GR-NEGATIVE **ARTHROCENTHESIS+I/A STEROIDS < 0.01%** SIGNS: PAIN, ERYTHEMA, FEVER, SWELL **1-2 WEEKS AFTER PROCEDURE** MAY BE MILD IN UNDERLYING DISEASE

SEPTIC ARTHRITIS IN PROSTHETIC JOINTS EARLY INFECTION <12 MONTHS - 2% LATE INFECTION >12 MONTHS - 0.6% LEADS TO PROTHESIS LOSS AND SEPSIS **RISK FACTORS:** RA, PSORIASIS, INFECTION, STEROIDS, OPERATION TIME, LARGE **GRAFTS, DELAYED HEALING** TO REDUCE INFECTION RATE: **PERIOPERATIVE ANTIBIOTICS CLEAR AIR SYSTEM IMPROVED TECHNIQUE AND EXPIRIENCE** S. AUREUS 50, MIXED 33, GR-10, ANAER. 5%

SEPTIC ARTHRITIS IN PROSTHETIC JOINTS TREATMENT OPTIONS: 1. REIMPLANTATION (38% RECURR., RA-60%) **2. LONG TERM ANTIBIOTICS 3. EXCISION ARTHROPLASTY +/- FUSION 4. ARTHROTOMY+PROTHESIS REMOVAL** ANAEROBIC INFECTION **UNCOMMOM -1% OF SEPTIC ARTHR. CASES** WHEN? TRAUMA, PROSTHESIS, IMMUNOSUP. **GASTR-INTEST SURGERY FOR MALIGNANCY** PEPTOCOCCUS, PEPTOSTREPTOCOCCUS, **BACTEROID, FUSOBAC., CLOSTR., MIXED 50%**

ANAEROBIC INFECTION MONOARTICULAR INVOLVE THE HIP OR OTHER JOINT SIGNS: FOUL SMELLING SYNOVIAL FLUID **AIR WITHIN JOINT OR SURROUND TISSUE SOURCES: RETROPERITONEAL, PELVIC ABSCESS MALIGNANCY, AFTER CHEMOTHERAPY ABDOMEN AND GENITAL TRACT PERIODONTAL ABSCESSES** SINUSITIS, DECUBITI

SEPTIC ARTHRITIS - DIAGNOSTIC APPROACH CLINICAL SUSPICION +EXTRA-ARTICULAR FOCUS OF INFECTION ARTHROCENTESIS+SYNOV. FLUID ANALYSIS:

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- 1. POSITIVE GRAM STAIN 50-75%
- 2. POSITIVE CULTURE 50-75%

3. WBC >50000 IN 50-70%, 2000-50000 IN 30-50%

WITH PMN >85%

4. GLUCOSE <50%OF THE SERUM GLUCOSE
5. LACTIC ACID IS INCREASED BUT N IN GR6. CRYSTALS LEAK OUT DURING INFECT BUT DON'T RULE OUT SEPTIC ARTHRITIS **SEPTIC ARTHRITS - DIAGNOSTIC APPROACH FEVER - ABSENT OR LOW-GRADE 50% LEUKOCYTOSIS 50% ESR AND CRP - ELEVATED BLOOD CULTURES - POSITIVE IN 50 % TO CULTURE ALL ORIFICES, FLUIDS, FOCI** CHOCOLATE AGAR FOR GONOCOCCAL **SYNOVIAL BIOPSY FOR MYCOBAC., FUNGI.** X-RAY: TO RULE OUT OSTEOMYELITIS FAT PAD DYSPLACEMENT BY EFFUSION **PERIARTICUL. OSTEOPOROSIS - 1 WEEK JOINT SPACE LOSS, EROSIONS 7-14 DAYS**

SEPTIC ARTHRITIS - X-RAY GASE FORMATION - E.COLI OR ANAEROBES SOFT TISSUE EXTENSION - BY US, CT, MRI SCINTIGRAPHY (SCANOGRAMM) Te, GI, INDIUM-LABEL LEUKOCYTES Te - ICREASED BLOOD FLOW GI, INDIUM - IN SITES OF PROTEIN AND WBC **NO INFORMATIVE FOR PROSTHESIS INFECT: ABNORMAL UPTAKE FOR 1 YR AFTER OPER GI - LOW SENSITIVITY FOR PROSTHESIS**

SEPTIC ARTHRITIS -TREATMENT IMMEDIATE JOINT ASPIRATION TO REMOVE AS MUCH FLUID AS POSSIBLE TO SEND THE FLUID FOR INVESTIGATION **GR+ COCCI: CLOXACILLIN OR VANCOMYCIN GR-COCCI: CEFTRIAXONE (ROCEFIN) GR-BACIL: BETA-LACT.+GARRA OR ROCEFIN GRAMM STAIN NEGATIVE:** •<AGE 2YR- COVER STAPH, STR, H. INFL, GR-• AGE, IMMUNOCOMPR. -MRSA, GR-• OTHER: PENICYLLINASE RESIST. BETA-LAC **SURGERY: HIP, SHOULDER, 5-7DAYS FAILURE**

SEPTIC ARTHRTIS - TREATMENT DURATION OF ANTIBIOTIC THERAPY: PARENTERAL - FOR 2 WEEKS, **THAN ORAL - FOR 2-6 WEEKS STREPT. AND H. INFLUSENZA - FOR 2 WEEKS STAPH. - FOR 3 WEEKS OR LONGER** ARTHROSCOPY FORBIDDEN TO HOLD JOINT IN FLEXION EARLY EXERCISES **TREATMENT DELAY MORE THAN 7 DAYS -ONLY 25% COMPLETE RECOVERY**

Clinical comparison of disseminated gonococcal infection (DGI) and nongonococcal bacterial arthritis DGI **Nongonococcal Bacterial Arthritis** Young, healthy Children, elderly No preexisting joint disease **Prior arthritis, prosthetic** or intra-articular injections joint **Polyarthralgia polyarthritis Monoarthritis Dermatitis, tenosynovitis** SF culture + <25% SF positive in 95% **Blood culture rarely positive Blood culture + 40-50% Rapid response to antobiotic Prolonged treatment** Outcome good in >95% **Outcome poor in 30-50%**

Treatment of gonococcal arthritis or DGI Ceftriaxone 1 gram per day IM or IV or Ceftizoxyme 4 gram per day IV or Erythromycin 2 gram per day IV :Allergy to penicyllin Spectinomycin 2gram X 2 per day IM or Ciprofloxacin 2 gram per day IV or Erythromycin 2 gram per day IV :Susceptibility to penicillin Ampicillin 1 gram X 3 per day IV or Augmentin 0.5 gram X 3 per day orally **Duration of treatment: 2 weeks**

Major Clinical Features of Lyme Disease

Stage I - Early

Erythema Migrans Flu-Like Syndrome Malaise, Fever, Myalgia, Arthralgia Headache, Stiff Neck

Major Clinical Features of Lyme Disease (Continued)

Stage II - Early Disseminated Multiple or Recurrent Erythema Migrans Borrelia Lymphocytoma Migratory Arthralgia/Arthritis Meningoencephalitis Peripheral Neuropathy (Bell's Palsy) Carditis (Conduction Defects)

Major Clinical Features of Lyme Disease (Continued)

Stage III - Late

Acrodermatitis Chronica Atrophicans Intermittent/Chronic Oligoarthritis Chronic Meningoencephalitis or Encephalitis Sensorimotor Neuropathies

Lyme Disease: Typical Patterns of Joint Involvement

Pattern		
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Incidence

Early Midcourse Late Migratory Arthralgia20%Intermittent Oligoarthritis60%Chronic Oligoarthritis10%



Treatment of Lyme arthritis Doxycyclin 100 mg x 2 per day for 4 weeks per os or Ceftriaxone 2 gram per day for 2 weeks IM or IV or Moxypen+Probenicid 0.5gram each x 4 per day- 4wks :Refractory arthritis (HLA DR4) Prolonged maximal dose treatment Penicillin IV high dose(3mInU X 6 per day for 2-4wk) **Synovectomy**

Musculoskeletal Syndromes Associated With HIV Infection

Arthralgia Infectious Arthritis **Opportunistic Infections Pyogenic Infections** Reiter's Syndrome **Psoriatic Arthritis** Myositis Sjögren's Syndrome

Musculoskeletal Syndromes Associated With HIV Infection (Continued)

Undifferentiated Spondyloarthropathy AIDS-Associated Arthritis Painful Articular Syndrome Avascular Necrosis of Bone

Parvovirus Infection in Adults

Pain

























