

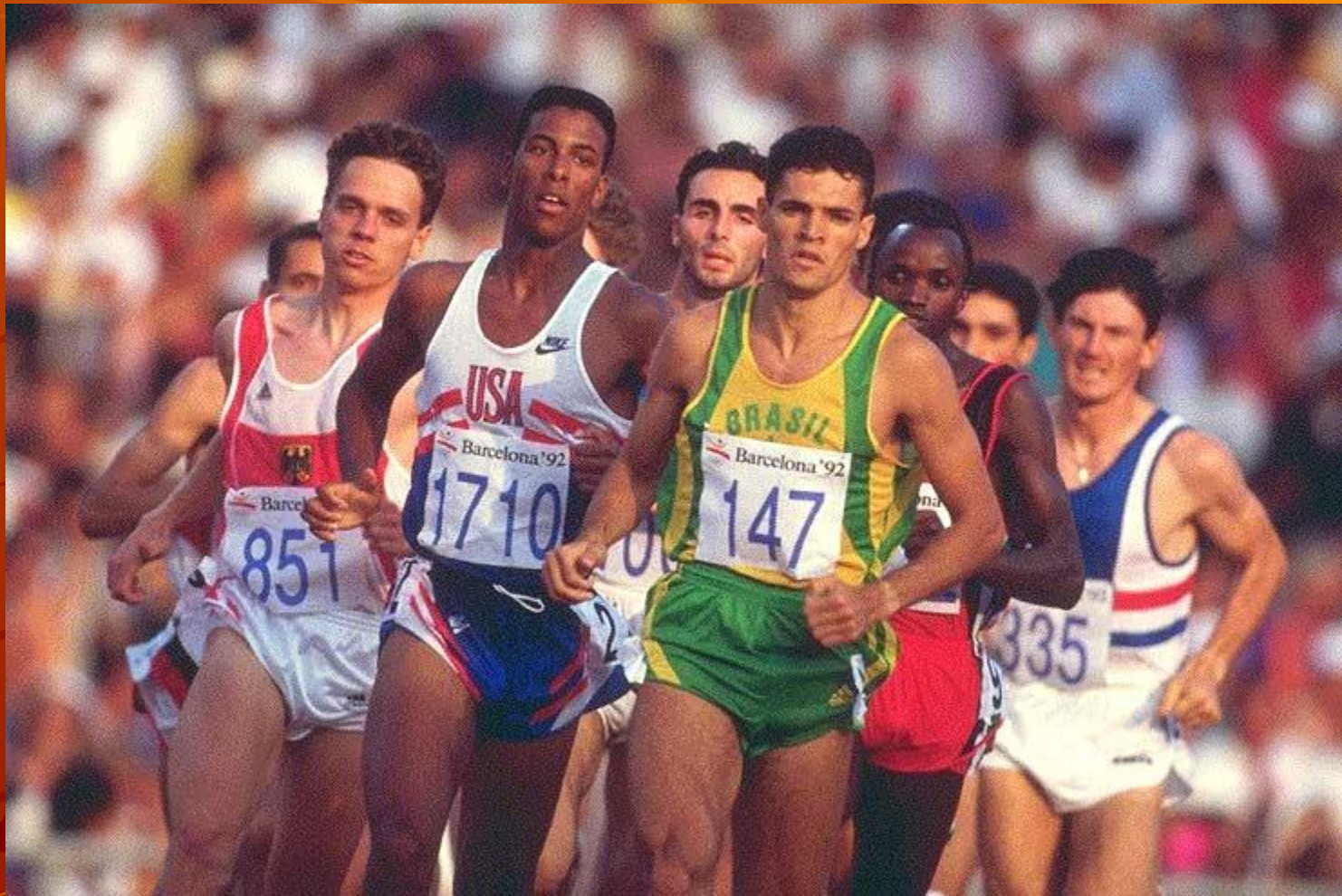
Sport in our life



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Millions of people all over the world are fond of sports and games. Sport helps people to keep fit, healthy and makes them more organized and better disciplined in their daily activities.



The people of the USA go in for running, sports-walking, basketball and others. The large choice of sports in America can be explained by the variety and size of the country.



Americans are fond of swimming very much, because it makes people healthy and strong. Every state or city has swimming pools where local competitions are usually held.



Soccer played almost in all countries remains one of the most popular games in America.



Rugby football players may carry the ball.
Rugby is played by teams of 15 men with an oval ball.



The English are great lovers of sports too. A lot of people are interested in the races and risk money on the horse, which they think will win. Horse-racing began in the Arab countries many centuries ago.



Boat racing is also widespread in England. It is interesting to watch team battles against each other.



The first Tour de France cycling race was held in 1926. And till the present time a lot of sportsmen take part in it.



People played tennis a thousand years ago. And it is still popular. Table tennis was invented in England in 1880. Although the game originated in England, British players don't have much chance in international championship.



People all over the world know about Wimbledon. There are 16 grass courts and 10 hard courts at Wimbledon. The centre court has a spectator capacity of about 14000.



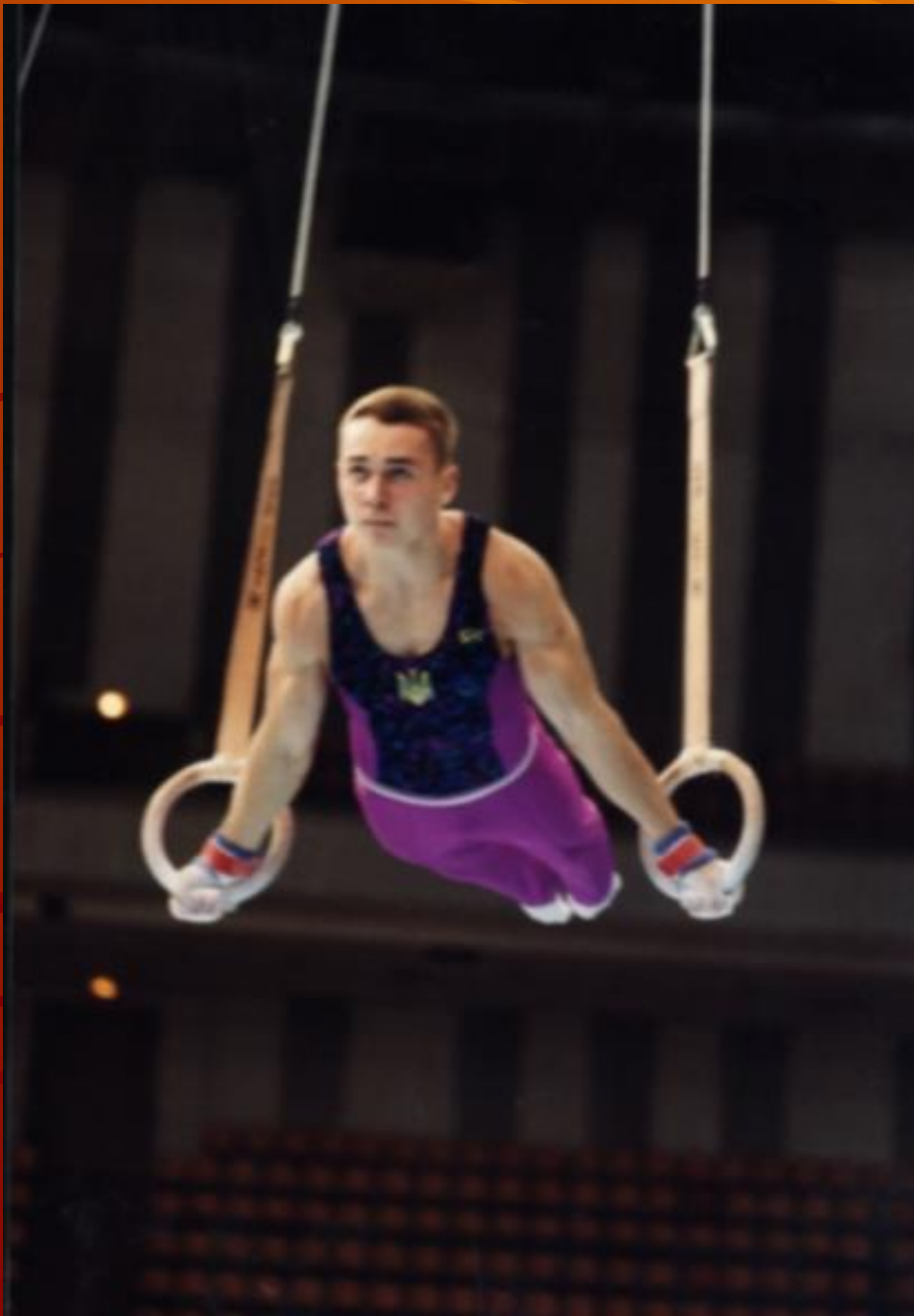
Cricket is an English game. Not many Scots, Irish or Welsh play it. It is a difficult and mysterious game and it is loved by many people, but others are bored by it. Some games go on for five days.



There are a lot of different sports that are very popular in Russia. One of them is football. Almost each town has its own football team. Nearly 5 million people go in for it.



Ice hockey is one of the most popular among winter sports. Russian players take part in world championships since 1954 and have won the world title on many occasions.



In 1988 we celebrated the hundredth anniversary of athletics. 7.5 million people participated in track-and-field competitions. Russian sportsmen are the European, World and Olympic records holders in different disciplines.



Other popular team games are basketball and volleyball. More than 6 million people play in physical culture teams and sporting clubs.



A little less people play basketball (4.2 million). Soviet players first took part in Olympic contests at the 1952 Games in Helsinki. Since then they have been among the Olympic prize winners for several times.



Among girls callisthenics is very popular. Alina Kabaeva is the most famous star of callisthenics. In 1998 she took part in Goodwill Games in the USA and won 4 gold medals and a silver.



Thousands of people go to the stadiums to support their favourite team and many prefer to watch the games on TV.



We have always paid great attention to sport in our school. First of all we have our physical training lessons. And after lessons are over we may train at different sports clubs and sections.



From time to time our school organizes competitions in different kinds of sport.

- “English”, «Первое Сентября», 2007, №8;
- “English 8”, Москва, «Просвещение», 2006;
- “English Topics”, Сергеев С.П., Москва, 2005;
- “Happy English 2”, Обнинск, «Титул», 1996;
- «Иностранные языки в школе», Москва, 2001.