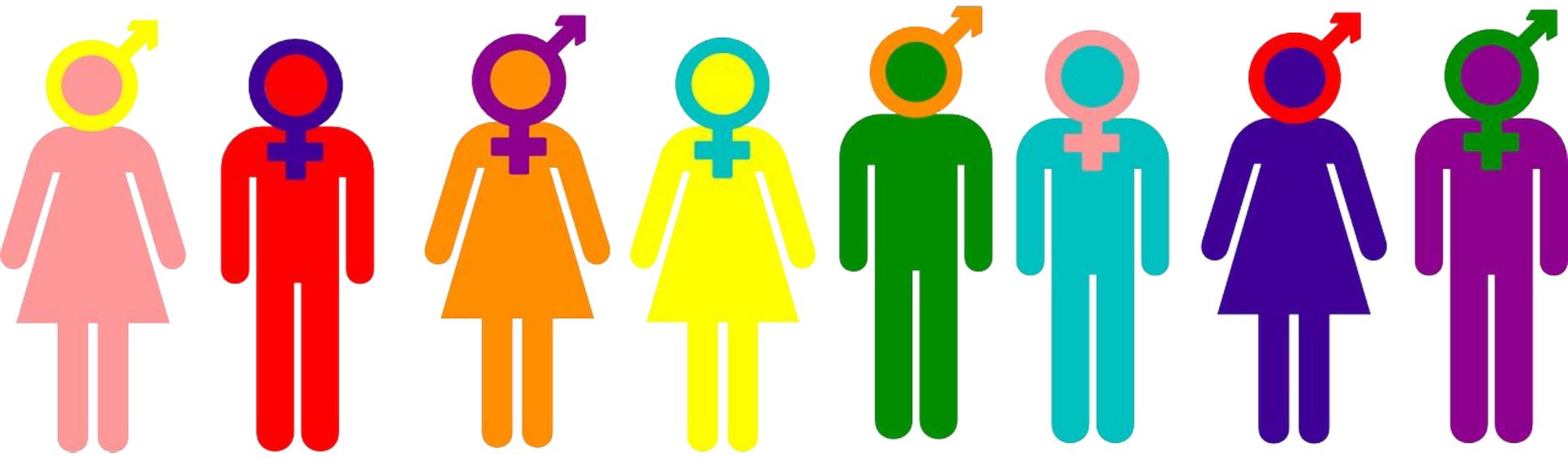


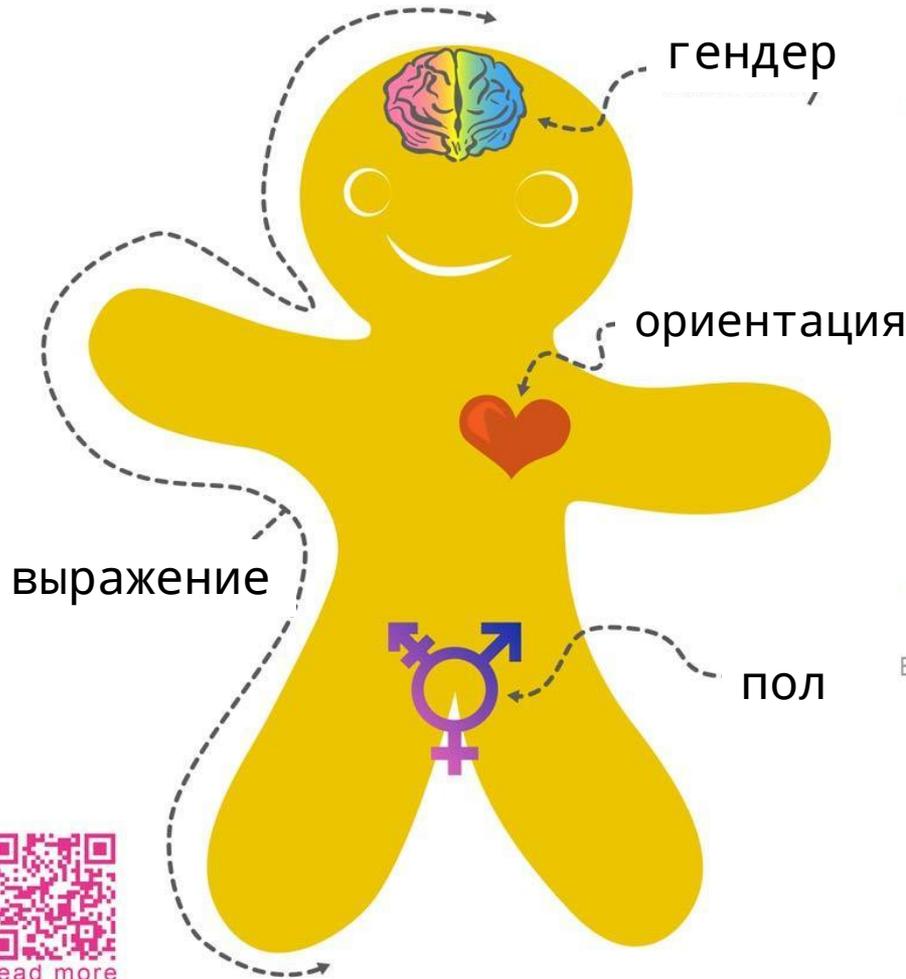
# Гендер, пол и сексуальность

вводный курс 101



# The Genderbread Person

by [www.ItsPronouncedMetrosexual.com](http://www.ItsPronouncedMetrosexual.com)



Gender identity is how you, in your head, think about yourself. It's the chemistry that composes you (e.g., hormonal levels) and how you interpret what that means.



Gender expression is how you demonstrate your gender (based on traditional gender roles) through the ways you act, dress, behave, and interact.



Biological sex refers to the objectively measurable organs, hormones, and chromosomes. Female = vagina, ovaries, XX chromosomes; male = penis, testes, XY chromosomes; intersex = a combination of the two.



Sexual orientation is who you are physically, spiritually, and emotionally attracted to, based on their sex/gender in relation to your own.



# Биологический пол

## BIOLOGICAL SEX

Это совокупность биологических характеристик, которые помогают отличить мужскую особь от женской.

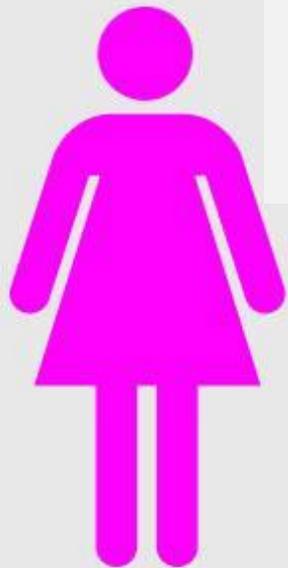


\*NOTE: Intersex in an individual displaying sexual characteristics of both male and female including chromosomes, gonads, or genitals that do not allow an individual to be distinctly identified as male or female

## Женщина –ИНТЕРСЕКС - мужчина

# Гендерная идентичность

Гендерная идентичность – это индивидуальное для каждого человека ощущение собственного гендера. Это социальное понятие, относящееся к характеристикам и поведению, которые культура приписывает полам.



Female • Femininity

Agender • Androgyne • Bigender  
Bisexual • Cisgender • Genderqueer  
Pansexual • Pangender • Third gender  
Third sex • Transgender man  
Transgender woman • Trigender  
Two-Spirit

Male • Masculinity

**Женщина Гендерквир Мужчина**

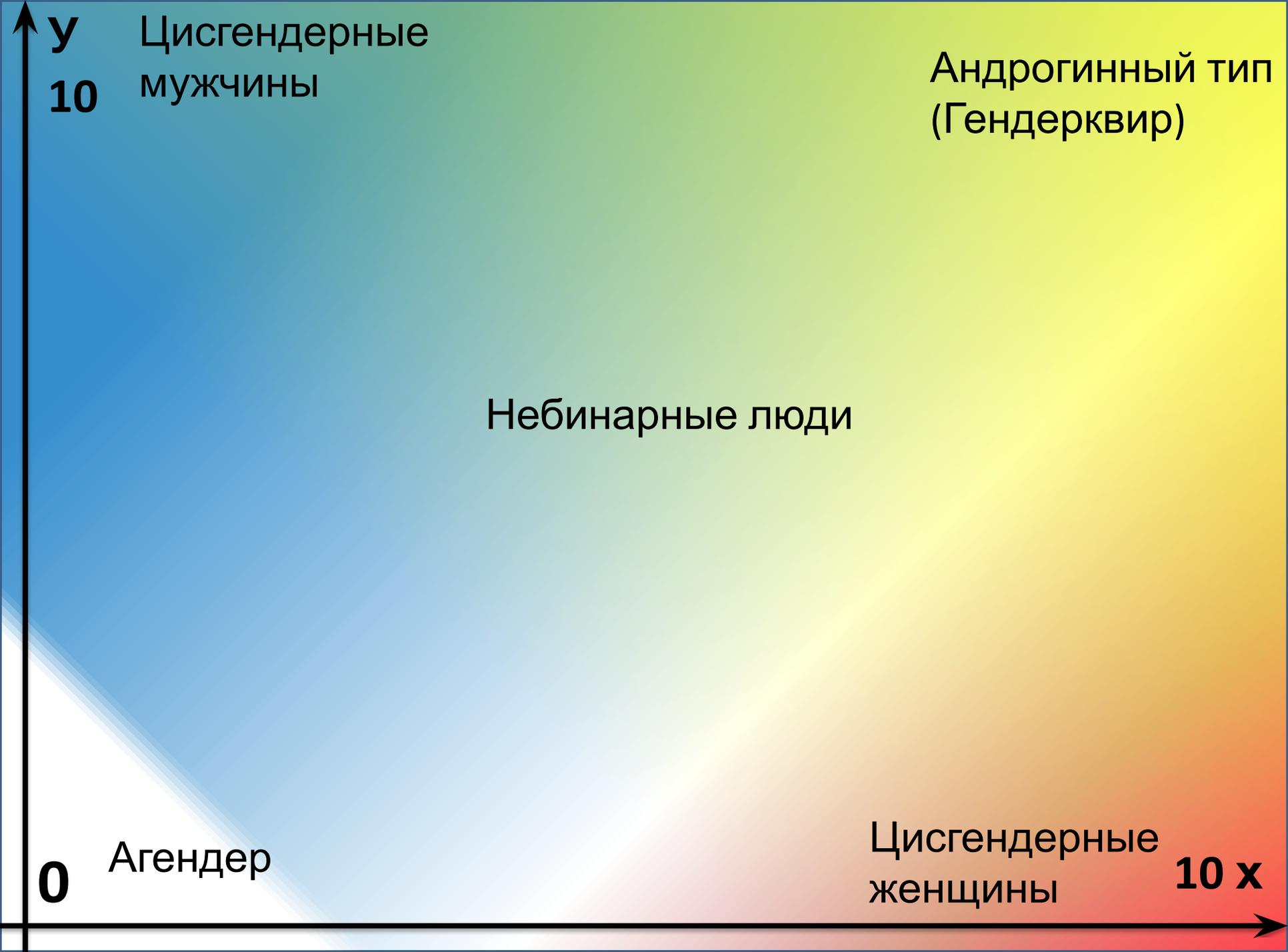
# Это не:



характеристики и роли



характеристики и роли



10



Мужегорск

*пригород*

Кочевники

*Безымянные  
неизведанные  
деревни*

*пригород*

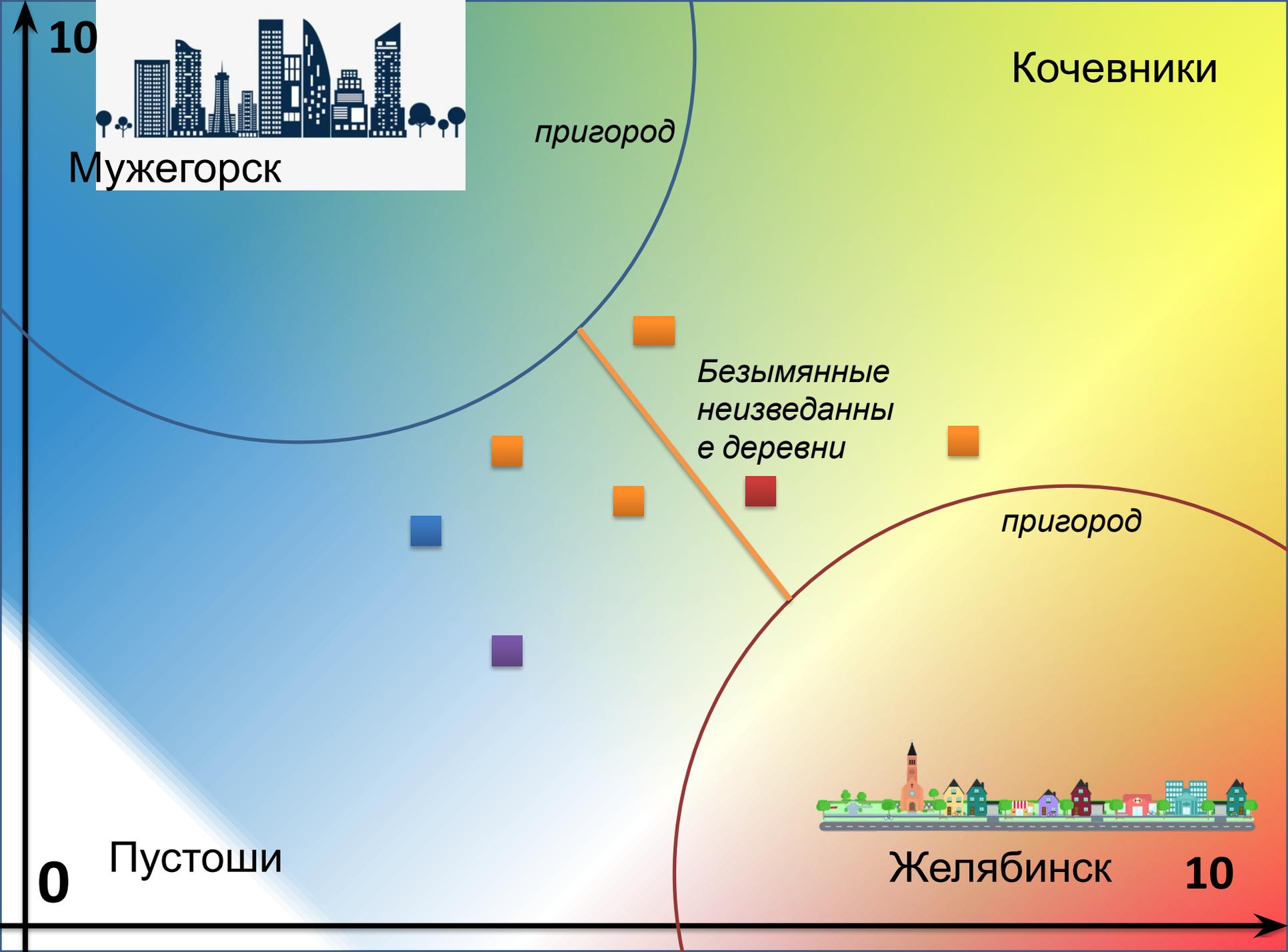
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Пустоши



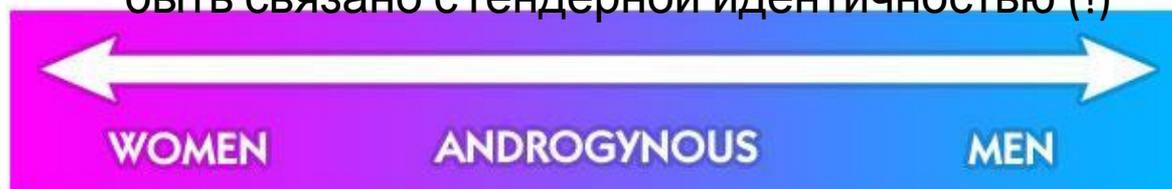
Желябинск

10



# Гендерное выражение

Гендерное выражение – это способ, которым личность показывает свою феминность/маскулинность. Оно не всегда может быть связано с гендерной идентичностью (!)



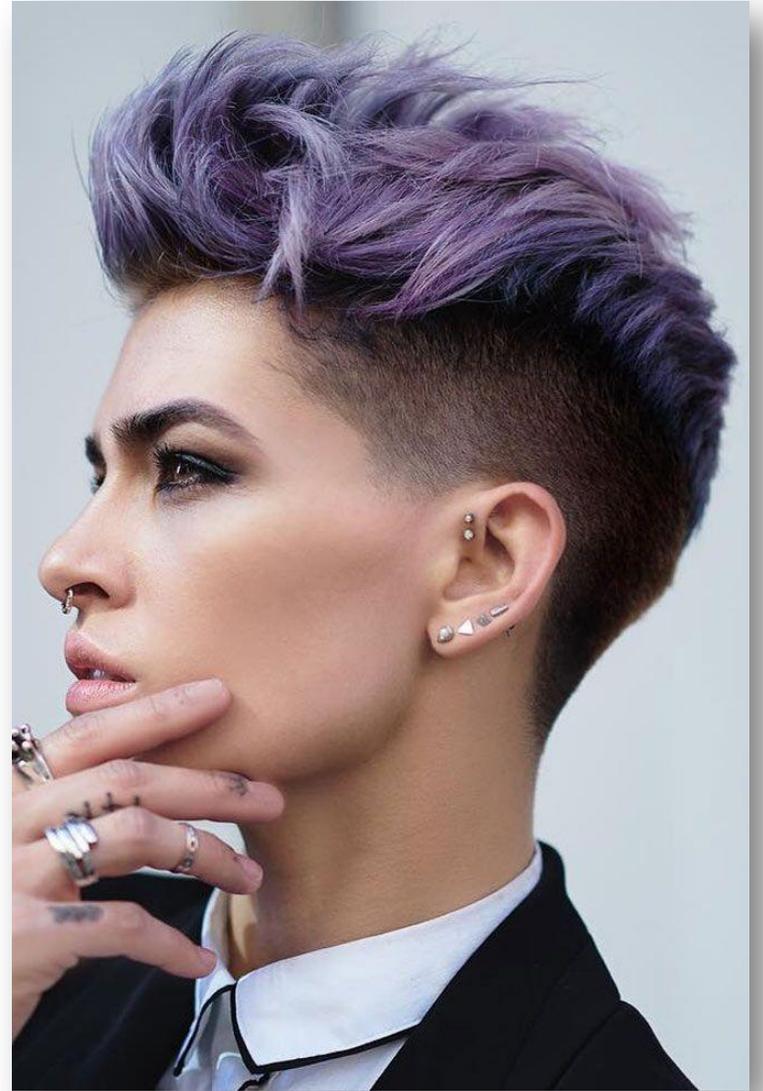
Female • Femininity

Androgyny is the combination of masculine and feminine characteristics.

Male • Masculinity

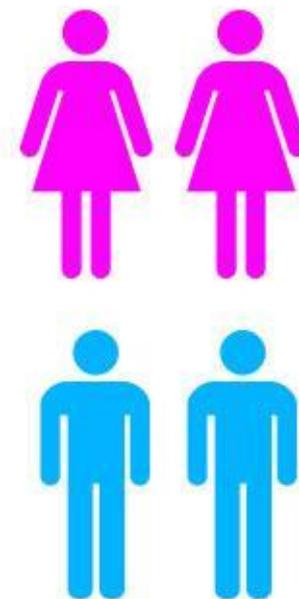
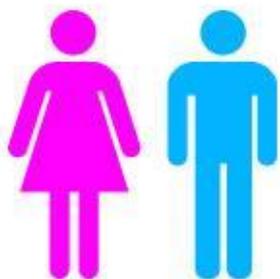


**ЖЕНСКОЕ АНДРОГИННОЕ МУЖСКОЕ**



# Сексуальная ориентация

Сексуальная ориентация – романтическое и/или сексуальное влечение к людям (своего и/или противоположного пола/гендера)



Heterosexuality is romantic attraction, sexual attraction or sexual behavior between people of opposite sex or gender.

Bisexuality is romantic attraction, sexual attraction or sexual behavior toward both males and females.

Homosexuality is romantic attraction, sexual attraction or sexual behavior between people of the same sex or gender.

\*NOTE: Bisexuality may also encompass romantic or sexual attraction to people of any gender identity or to a person regardless of that person's biological sex or gender, which is sometimes termed pansexuality.

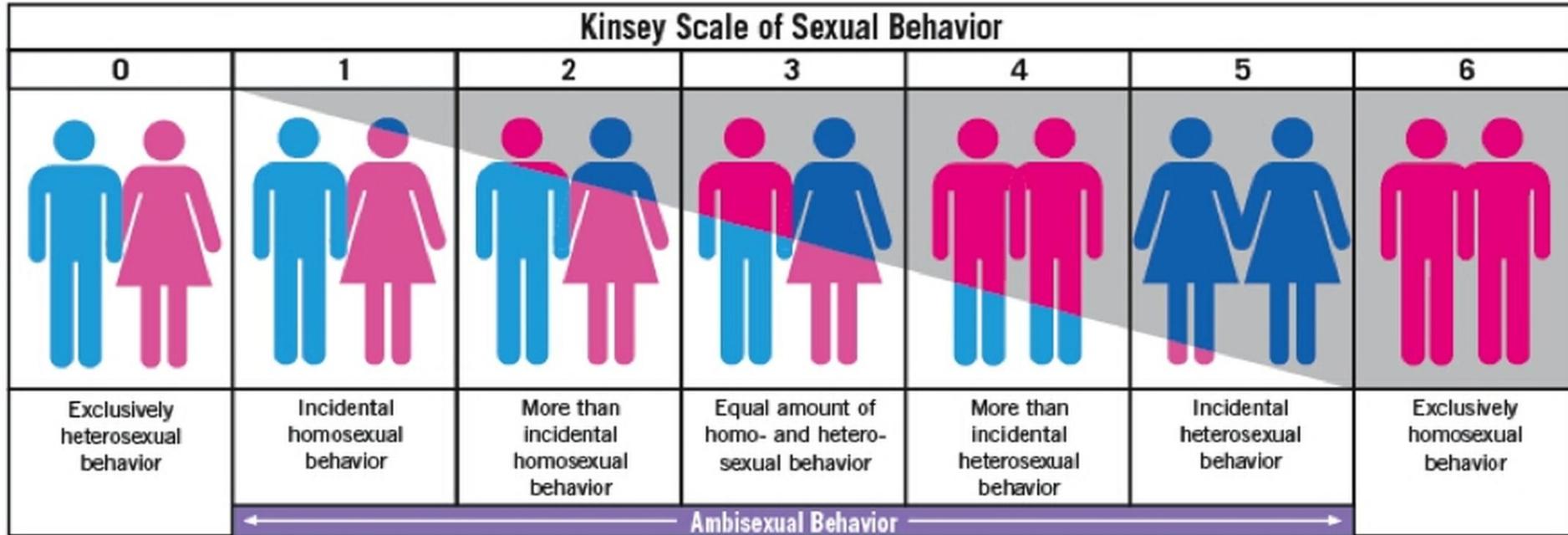


**сексуальное влечение**



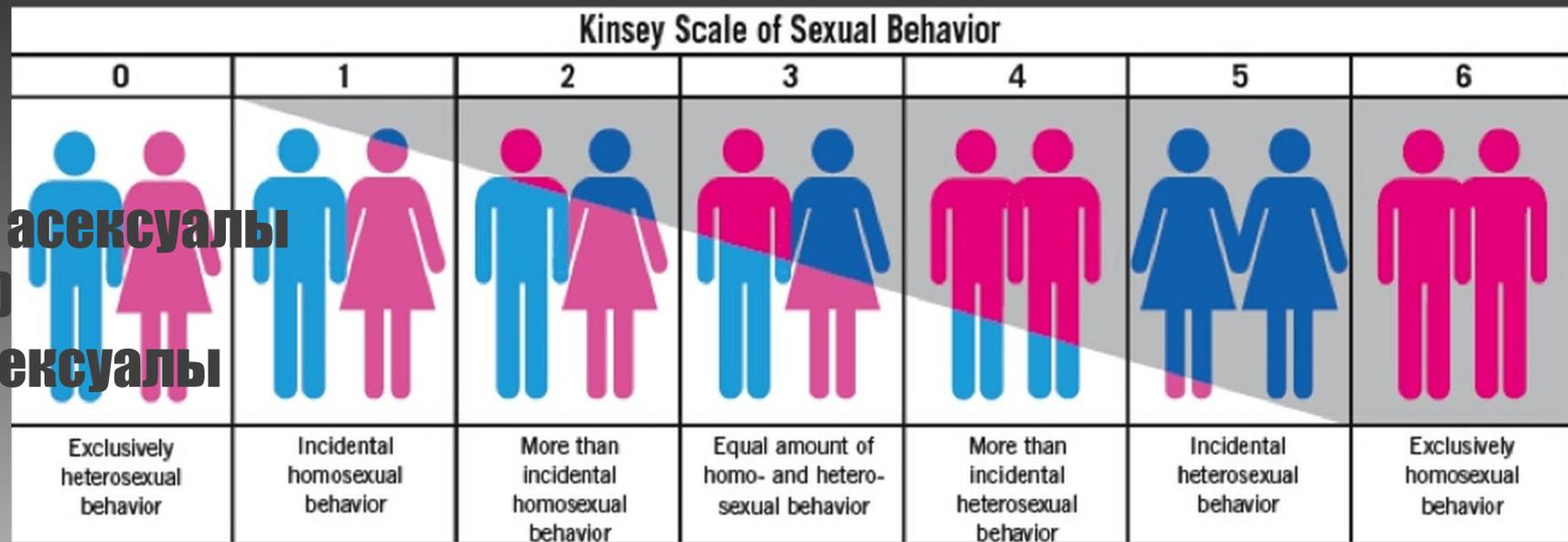
**романтическое влечение**

# Шкала Кинси



**\*Альфред Чарлз Кинси — американский биолог и сексолог**

# Асексуалы / аромантики

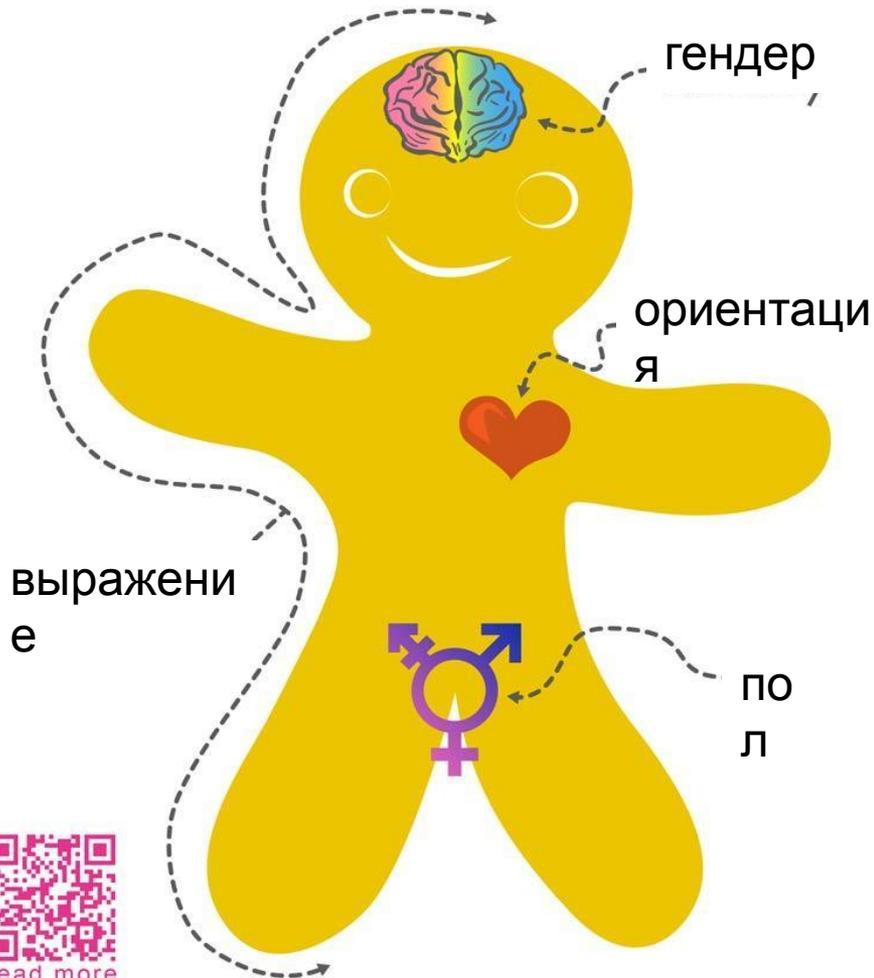


Серые асексуалы  
(Grey A)  
Демисексуалы

Просексуалы

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# Статьи:

- <https://www.psychologos.ru/articles/view/gender-dvoe-zn--chem-opredelyaetsya-nash-socialnyy-pol-vop-zn->
- [https://www.krugosvet.ru/enc/nauka\\_i\\_tehnika/biologiya/POL I GENDER.html](https://www.krugosvet.ru/enc/nauka_i_tehnika/biologiya/POL_I_GENDER.html)
- <https://www.b17.ru/article/53171/>
- <https://lifehacker.ru/pol-i-gender/>
- <https://takiedela.ru/2017/12/ya-interseks-i-yeto-normalno/>
- [http://geolike.ru/page/gl\\_7710.htm](http://geolike.ru/page/gl_7710.htm)
- <https://ourmind.ru/gendernaya-rol-muzhchiny-i-zhenshhiny>
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