

# Эссе на основе графиков 2023

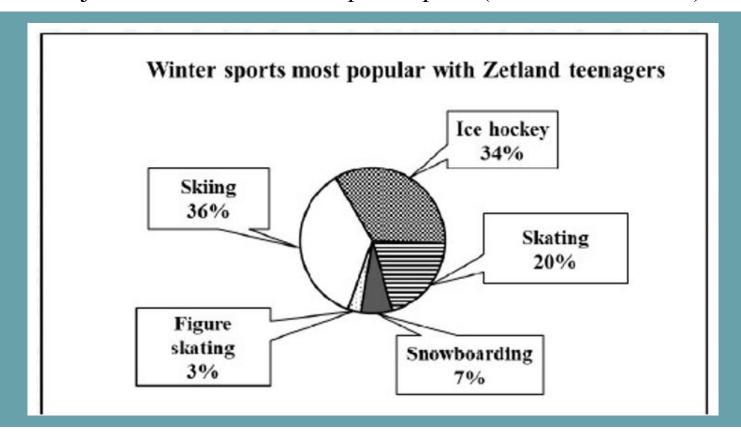
- Рабочая тетрадь -



#### Как использовать рабочую тетрадь:

- 1) изучите задание и комментарии к нему;
- 2) внимательно прочитайте абзац эссе, проанализируйте его содержание и постарайтесь его запомнить;
- 3) выполните упражнение на заполнение пропусков– для закрепления материала и запоминания текста каждого абзаца;
- 4) внимательно прочитайте получившееся эссе (образец);
- 5) выполните 3 последующих упражнения для закрепления материала и запоминания текста целого эссе;
- 6) напишите свое эссе на основе этого задания, опираясь по памяти на образец;
- 7) переходите к следующему заданию ;)

(1) 38.2 Imagine that you are doing a project on winter sports most popular with Zetland teenagers. You have found some data on the subject – the results of the opinion polls (see the table below). Write 200–250 words.

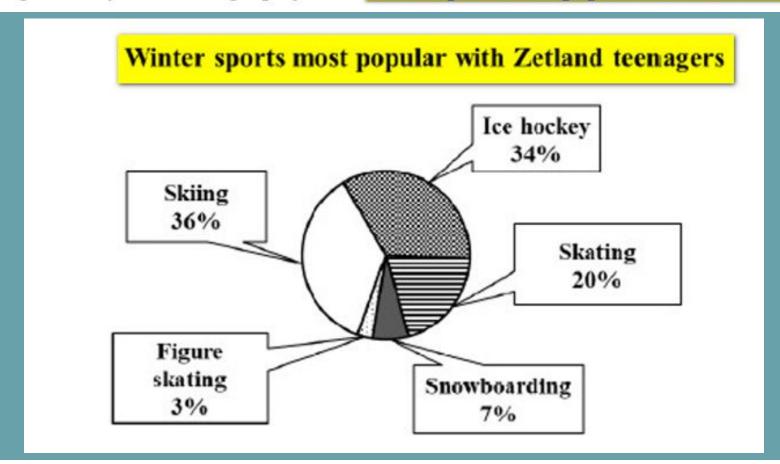


#### Use the following plan:

- make an opening statement on the subject of the project;
- select and report 2–3 facts;
- make 1–2 comparisons where relevant and give your comments;
- outline a problem that one can face while doing winter sports and suggest a way of solving it;
- conclude by giving and explaining your opinion on the importance of winter sports for teenagers.

#### ✓ Выделяем главное в задании

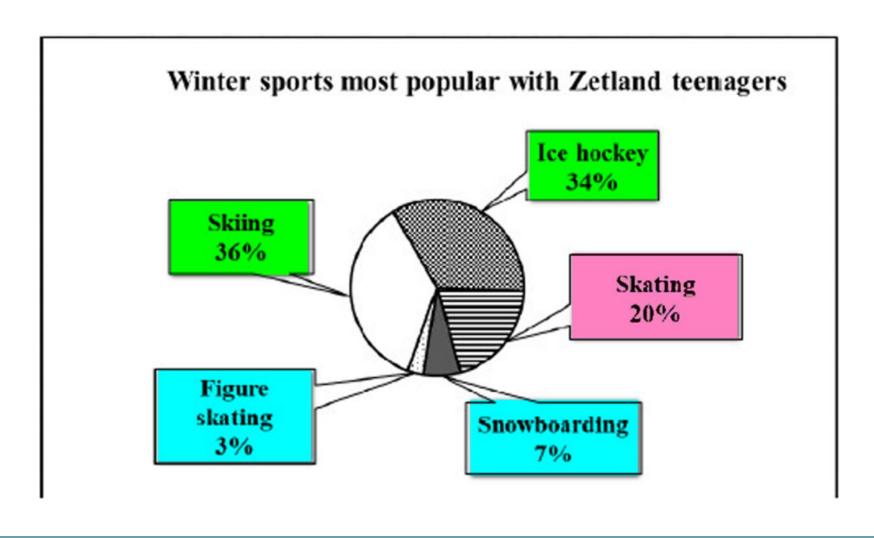
38.2 Imagine that you are doing a project on winter sports most popular with Zetland teenagers.



- outline a problem that one can face while doing winter sports and suggest a way of solving it;
- conclude by giving and explaining your opinion on the importance of winter sports for teenagers.

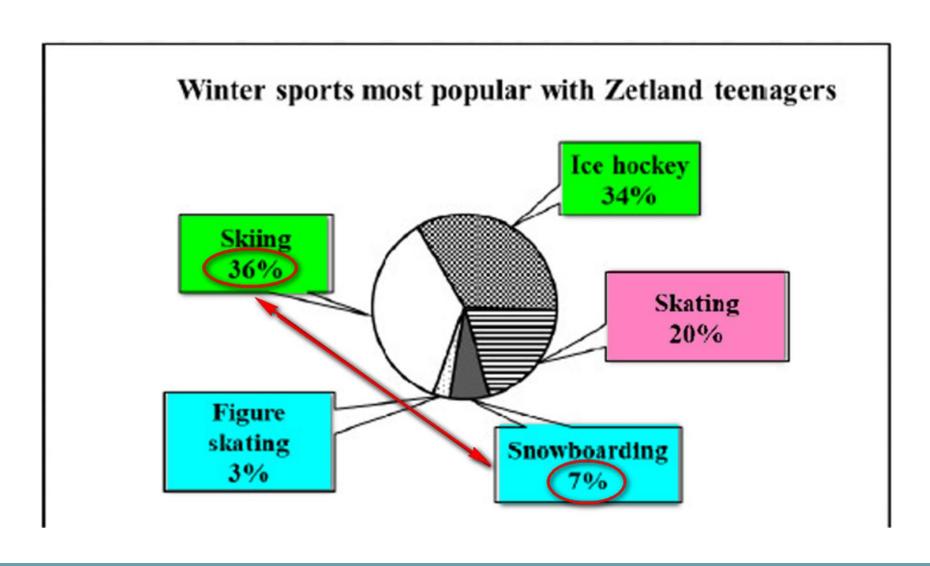
#### Анализируем статистику

• Отмечаем *самый высокий* и *самый низкий* процент, выделяем группы процентов = факты.



#### Анализируем статистику

• Определяем, что будем сравнивать:



#### ✓ Продумываем содержание эссе: пишем краткий план

<u> 1 абзац, вступление</u>: The aim of my project is to examine/ find out... + тема проекта

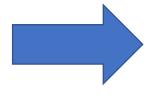
<u>2 абзац</u>: **1 факт** – *36%* + *34%*; **2 факт** – *20%*; **3 факт** – *7%* + *3%* 

<u> 3 абзац</u>: **сравнение** = *36% vs. 7%* 

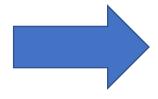
<u>4 абзац</u>: **problem** = the risk of getting injured, **solution** = follow safety precautions, ...

<u>5 абзац, заключение</u>: important -> because teenagers can benefit from winter sports in many different ways

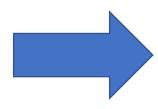
### Формула 1-го абзаца



My project aims to examine ... / The aim of my project is to examine ....



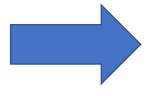
To achieve this aim, I have found and analyzed some results of relevant opinion polls.



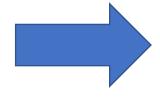
In this essay I will describe the data / my findings and express my opinion on the subject of the project. [ ... ]

# ИЛИ:

## Формула 1-го абзаца



My project aims to examine ... / The aim of my project is to examine ....



As part of my project, I have found a table / a pie chart with some results of relevant opinion polls,



and in this essay, I will describe the data and express my opinion on the subject of the project.

#### 1. Вступление:

**1.** The aim of my project is **to find out what** winter sports are most popular with Zetland teenagers. As part of my project, I have found a pie chart with some results of relevant opinion polls, and in this essay, I will describe the data and express my opinion on the subject of the project.



**1.** The ..... of my project is to ..... what winter sports are most popular ..... Zetland teenagers. As ..... of my project, I have ..... a pie chart with some results of ..... opinion polls, and in this essay, I will ..... the data and ..... my opinion on the subject of the project.

#### 2. Факты (2-3):

2. According to the pie chart, skiing (36%) ranks ahead of all the other sports, followed closely by ice hockey, at 34%. Skating accounts for exactly a fifth of the total (20%), whereas snowboarding and figure skating make up only 7% and 3% respectively.

Winter sports most popular with Zetland teenagers

Ice hockey 34%

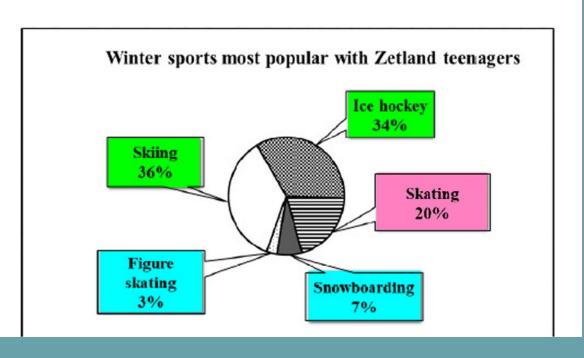
Snowboarding

skating

Skating 20%



2. ..... to the pie chart, skiing (36%) ..... ahead of all the other sports, ..... closely by ice hockey, at 34%. Skating accounts ..... exactly a fifth of the total (20%), ..... snowboarding and figure skating ..... up only 7% and 3% respectively.



#### 3. Сравнение (1-2):

3. Predictably, the popularity of skiing is much greater than the popularity of snowboarding: <u>the figure</u> for skiing is 29% higher than <u>the one</u> for snowboarding. I think the reason for this substantial difference is that the respondents, like many other people around the globe, consider **skiing less dangerous** and easier to learn than snowboarding.

Winter sports most popular with Zetland teenagers

Winter sports most popular with Zetland teenagers

Ice hockey
34%

Skating
20%

Figure
skating
3%
7%



Winter sports most popular with Zetland teenagers

skating

Skating 20%

**3.** ......, the popularity of skiing is much ...... than the popularity of snowboarding: the figure ...... skiing is 29% higher than the one ...... snowboarding. I think the ...... for this ...... difference is that the respondents, ..... many other people around the globe, consider skiing ...... dangerous and easier to ...... than snowboarding.

#### 4. Проблема и решение:

outline a problem that one can face while doing winter sports and suggest a way of solving it;

4. Apparently, not only snowboarding but all winter sports can be dangerous. The main problem one can face while doing winter sports is the risk of getting injured. In fact, every year millions of people get seriously injured while participating in winter sports. The best solution to this problem is to follow basic safety precautions, like using special equipment, wearing safety gear and paying attention to warning signs.



**4.** ......, not only snowboarding ...... all winter sports can be dangerous. The main problem one can ..... while doing winter sports is the risk of ..... injured. In ....., every year millions of people get ..... injured while participating ..... winter sports. The best ..... to this problem is to ..... basic safety precautions, like ..... special equipment, ..... safety gear and paying ..... to warning signs.

#### 5. Заключение:

conclude by giving and explaining your opinion on the importance of winter sports for teenagers.

**5**. In conclusion, despite some problems that can occur while doing winter sports, I think that it is important for teenagers to do these sports. I have no doubt about it because winter sports benefit teenagers in many different ways.



**5.** In conclusion, ..... some problems that can ..... while doing winter sports, I think that it is ..... for teenagers to do these sports. I have no ..... about it because winter sports ..... teenagers in many ..... ways.

#### (1) Финальный вариант:

- 1. The aim of my project is to examine what winter sports are most popular with Zetland teenagers. As part of my project, I have found a pie chart with some results of relevant opinion polls, and in this essay, I will describe the data and express my opinion on the subject of the project.
- 2. According to the pie chart, skiing (36%) ranks ahead of all the other sports, followed closely by ice hockey, at 34%. Skating accounts for exactly a fifth of the total (20%), whereas snowboarding and figure skating make up only 7% and 3% respectively.
- 3. Predictably, the popularity of skiing is much greater than the popularity of snowboarding: the figure for skiing is 29% higher than the one for snowboarding. I think the reason for this substantial difference is that the respondents, like many other people around the globe, consider skiing less dangerous and easier to learn than snowboarding.
- 4. Apparently, not only snowboarding but all winter sports can be dangerous. The main problem one can face while doing winter sports is the risk of getting injured. In fact, every year millions of people get seriously injured while participating in winter sports. The best solution to this problem is to follow basic safety precautions, like using special equipment, wearing safety gear and paying attention to warning signs.
- 5. In conclusion, despite some problems that can occur while doing winter sports, I think that it is important for teenagers to do these sports. I have no doubt about it because winter sports benefit teenagers in many different ways. (257 w.)



- 1. The ..... of my project is to ..... what winter sports are ..... popular with Zetland teenagers. As ..... of my project, I have found a pie chart ..... some results of ..... opinion polls, and in this essay, I will describe the ..... and express my opinion on the ..... of the project.
- 2. According ..... the pie chart, skiing (36%) ranks ..... of all the other sports, ..... closely by ice hockey, at 34%. Skating accounts ..... exactly a fifth of the ..... (20%), ..... snowboarding and figure skating ..... up only 7% and 3% ......
- 3. ....., the popularity of skiing is much ...... than the popularity of snowboarding: the ...... for skiing is 29% higher than the ...... for snowboarding. I think the ...... for this ...... difference is that the respondents, ..... many other people around the ....., consider skiing less ..... and easier to learn ..... snowboarding.
- 4. ....., not only snowboarding ...... all winter sports ...... be dangerous. The ...... problem one can ...... while doing winter sports is ...... with injuries. In ......, every year millions of people get seriously ...... while participating ...... winter sports. The best ...... to this problem is to ...... basic safety precautions, like using special ......, wearing ...... gear and paying attention to ...... signs.
- 5. In conclusion, ..... some problems that can ..... while doing winter sports, I think that it is important for teenagers to do ..... sports. I have no ..... about it because winter sports ..... teenagers in many different ......



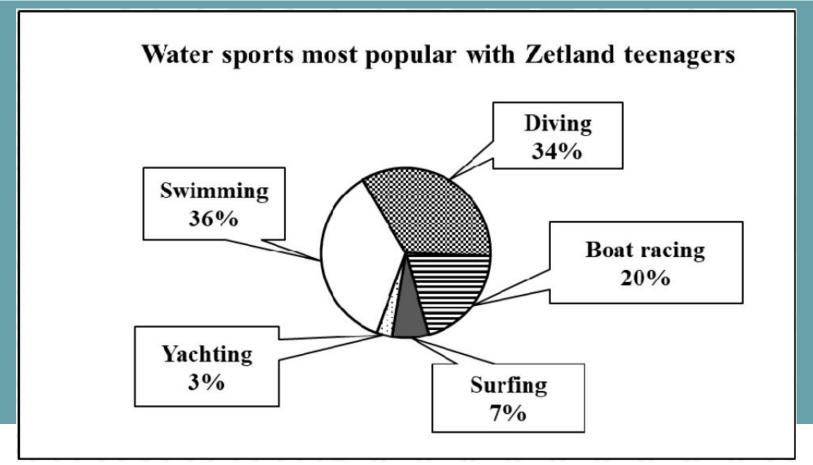
1.	The aim		W	hat winter spo	rts are most	popular with Zetland
	teenagers		, I have four	nd a pie chart v	vith	, and
	in this essay, I will		and expre	ess		•
2.	According		, skiing (36%	<b>6)</b>		sports,
		ice hockey,	at 34%. Skating	, <u> </u>		total (20%),
	whereas snowboa	rding and figure	skating			·
3.						snowboarding:
		skiing is	29%		snowb	oarding. I think the
			like many			, consider
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4.	Apparently, not o	nly snowboard	ing but all			The
	main problem one	<u> </u>		sports is a	associated	In
						The
	gear and					
5.	In conclusion, des	pite				, I think that it is
		I have no				
	sports			•		

#### 4. Допишите предложения:



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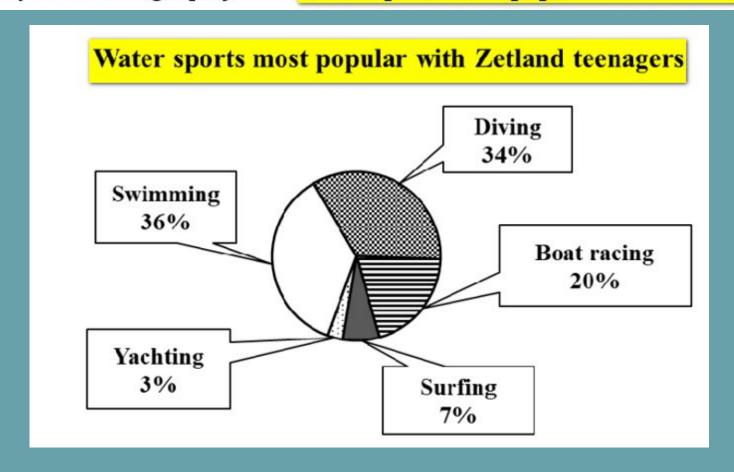
(2) 38.2 Imagine that you are doing a project on water sports most popular with Zetland teenagers. You have found some data on the subject – the results of the opinion polls (see the table below). Write 200–250 words.



- make an opening statement on the subject of the project;
- select and report 2–3 facts;
- make 1–2 comparisons where relevant and give your comments;
- outline a problem that one can face while doing water sports and suggest a way of solving it;
- conclude by giving and explaining your opinion on the importance of water sports for teenagers.

#### ✓ Выделяем главное в задании

38.2 Imagine that you are doing a project on water sports most popular with Zetland teenagers.

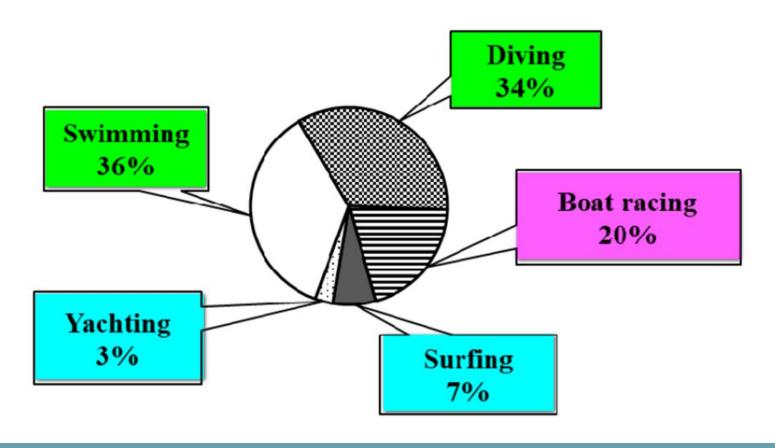


- outline a problem that one can face while doing water sports and suggest a way of solving it;
- conclude by giving and explaining your opinion on the importance of water sports for teenagers.

#### Анализируем статистику

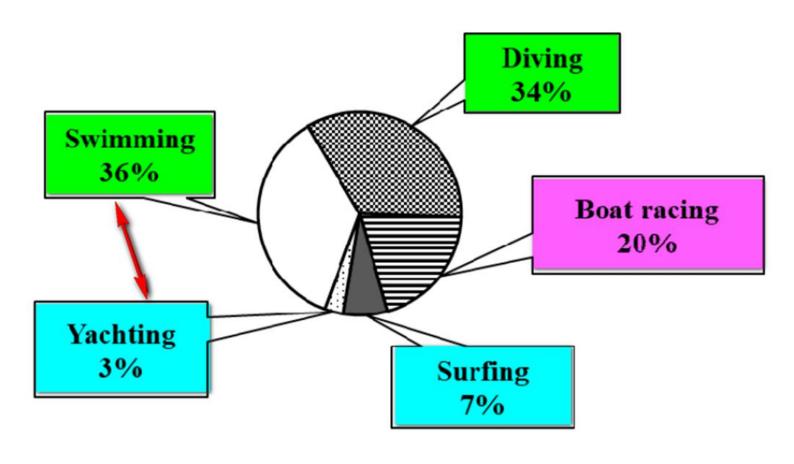
• Отмечаем *самый высокий* и *самый низкий* процент, выделяем группы процентов = факты.

Water sports most popular with Zetland teenagers



• Определяем, что будем сравнивать:

#### Water sports most popular with Zetland teenagers



#### ✓ Продумываем содержание эссе: пишем краткий план

<u> 1 абзац, вступление</u>: The aim of my project is to examine ... + **тема** проекта

<u>2 абзац</u>: **1 факт** – *36% + 34%*; **2 факт** – *20%*; **3 факт** – *7% + 3%* 

<u> 3 абзац: сравнение = 36% vs. 3%</u>

<u>4 абзац</u>: **problem** = the risk of getting injured, **solution** = follow safety precautions, ...

<u>5 абзац, заключение</u>: important -> because water sports benefit teenagers in many different ways

#### 1. Вступление:

1. The aim of my project is to examine/find out what water sports are most popular with Zetland teenagers. As part of my project, I have found a pie chart with some results of relevant opinion polls, and in this essay, I will describe the data and express my opinion on the subject of the project.

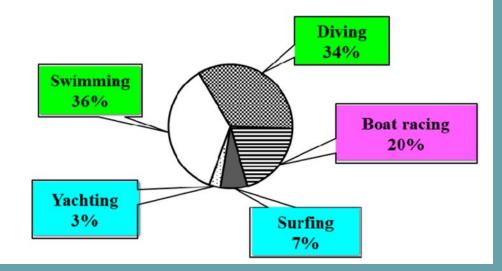


**1.** The aim of my project is to ...... what water sports are most popular ...... Zetland teenagers. As ...... of my project, I have found a pie chart ...... some results of ...... opinion polls, and in this essay, I will describe the ...... and express my opinion ...... the subject of the project.

#### 2. Факты (2-3):

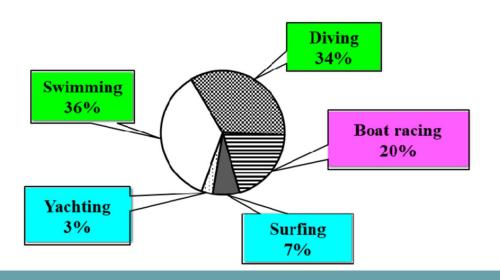
2. According to the pie chart, swimming (36%) ranks ahead of all the other sports, followed closely by diving, at 34%. Boat racing accounts for exactly a fifth of the total (20%), whereas surfing and yachting make up only 7% and 3% respectively.

Water sports most popular with Zetland teenagers





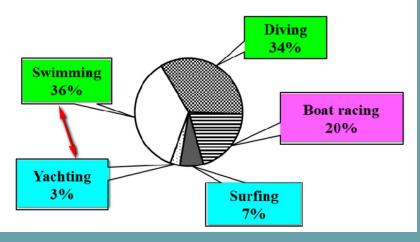
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#### 3. Сравнение (1-2):

**3.** Predictably, the popularity of swimming is much greater than the popularity of yachting: the figure for swimming is 33% higher than the one for yachting. I think the reason for this substantial difference is that yachting is a much more expensive and complex/difficult sport than swimming.

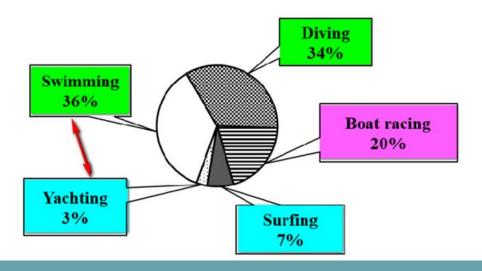
Water sports most popular with Zetland teenagers





**3.** ....., the popularity of swimming is ...... greater ...... the popularity of yachting: the ...... for swimming is 33% higher than the ...... for yachting. I think the ...... for this ...... difference is that yachting is a ..... more expensive and complex sport ..... swimming.

Water sports most popular with Zetland teenagers



#### 4. Проблема и решение:

- outline a problem that one can face while doing water sports and suggest a way of solving it;
- **4.** Although water sports are usually associated with positive emotions, they have some downsides. The main problem one can face while doing water sports is the risk of getting injured. In fact, every year millions of people get seriously injured while participating in water sports. The best solution to this problem is to follow basic safety precautions, like using special equipment, wearing safety gear and paying attention to warning signs.



4. ..... water sports are usually associated ..... positive emotions, they have ..... downsides. The main ..... one can face while doing water sports is the ..... of getting injured. In ....., every year millions of people get ..... injured while ..... in water sports. The best solution ..... this problem is to ..... basic safety precautions, ..... using special equipment, wearing safety ..... and paying attention to ..... signs.

#### 5. Заключение:

conclude by giving and explaining your opinion on the importance of water sports for teenagers.

**5.** In conclusion, despite some problems that can occur while doing water sports, I think that it is important for teenagers to do these sports. I have no doubt about it because water sports benefit teenagers in many different ways.



**5.** In conclusion, ..... some problems that can ..... while doing water sports, I think that it is important ..... teenagers to do ..... sports. I have no doubt ..... it because water sports ..... teenagers in many different ......

# (2) Финальный вариант:

- 1. The aim of my project is to examine what water sports are most popular with Zetland teenagers. As part of my project, I have found a pie chart with some results of relevant opinion polls, and in this essay, I will describe the data and express my opinion on the subject of the project.
- 2. According to the pie chart, swimming (36%) ranks ahead of all the other sports, followed closely by diving, at 34%. Boat racing accounts for exactly a fifth of the total (20%), whereas surfing and yachting make up only 7% and 3% respectively.
- 3. Predictably, the popularity of swimming is much greater than the popularity of yachting: the figure for swimming is 33% higher than the one for yachting. I think the reason for this substantial difference is that yachting is a much more expensive and complex sport than swimming.
- 4. Although water sports are usually associated with positive emotions, they have some downsides. The main problem one can face while doing water sports is the risk of getting injured. In fact, every year millions of people get seriously injured while participating in water sports. The best solution to this problem is to follow basic safety precautions, like using special equipment, wearing safety gear and paying attention to warning signs.
- 5. In conclusion, despite some problems that can occur while doing water sports, I think that it is important for teenagers to do these sports. I have no doubt about it because water sports benefit teenagers in many different ways. (250 w.)

- 1. The ..... of my project is to ..... what water sports are ..... popular with Zetand teenagers. As ..... of my project, I have found a pie chart ..... some results of ..... opinion polls, and in this essay, I will describe the ..... and express my opinion ..... the ..... of the project.
- 2. According ...... the pie chart, swimming (36%) ...... ahead of all the ...... sports, followed ...... by diving, at 34%. Boat racing ...... for exactly a ...... of the total (20%), ..... surfing and yachting make ..... only 7% and 3% ......
- 3. ....., the popularity of swimming is ...... greater than the popularity of yachting: the ...... for swimming is 33% ...... than the one ...... yachting. I think the reason ...... this ...... difference is that yachting is a much ...... expensive and complex sport ...... swimming.
- 4. Although water sports ...... usually associated ...... positive emotions, they have some ...... . The main problem one can ...... while doing water sports is the ...... of getting injured. In ......, every year millions of people ...... seriously injured ...... participating in water sports. The best solution to this problem is to ... basic safety precautions, ..... using special equipment, wearing safety ...... and paying attention to ...... signs.
- In conclusion, ..... some problems that can ..... while doing water sports, I think that it is important for teenagers to ..... these sports. I have no doubt ..... it because water sports ..... teenagers in many different ......



1.	The aim	<b>v</b>	what water spo	orts are most popular	with Zetand
	teenagers	what water sports are most popular with Zetand , I have found a pie chart with, and			
	in this essay, I will	and expre	ess		•
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		diving, at 34%. Boat racing		a fifth of the	total (20%),
	whereas surfing and	diving, at 34%. Boat racing yachting	7% and 3% r	espectively.	•
3.	Predictably, the popu	ularity of swimmingyad	th	e popularity of yachtin	g: the figure
4.	Although water s	sports		positive emotions,	they have
		The main problem		while doing water	sports is the
	risk	In fact, every	year millions	of people get serio	usly injured
		water sports. T	The best soluti	on	is to follow
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		and paying attention	n to		_•
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4.	Допишите предложения:				prac	tice)
1.	The aim of my project ispart of my project,				, and in	As this
2.	According to the pie chart, Boat racing					
3.	Predictably, the popularity	•	I	think		
4.	Although water sports The main In	problem tha	at can			
	Th	e best				
5.	In conclusion, despite no			,	l think	that have

(3) 38.1 Imagine that you are doing a project on the main reasons for choosing a university by teenagers in **Zetland**. You have found some data on the subject – the results of the opinion polls (see the table below).

Reasons	Number of respondents (%)
Interesting study programmes	36
Better career prospects	30
Parents' advice	20
University/college rating	10
Friends' advice	4

#### Use the following plan:

- make an opening statement on the subject of the project;
- select and report 2–3 facts;
- make 1–2 comparisons where relevant and give your comments;
- outline a problem with **choosing a university** and suggest a way of solving it;
- conclude by giving and explaining your opinion on the importance of higher education.

### ✓ Выделяем главное в задании

38.1 Imagine that you are doing a project on the main reasons for choosing a university by teenagers in Zetland.

Reasons	Number of respondents (%)
Interesting study programmes	36
Better career prospects	30
Parents' advice	20
University/college rating	10
Friends' advice	4

- outline a problem with choosing a university and suggest a way of solving it;
- conclude by giving and explaining your opinion on the importance of higher education.

# Анализируем статистику

• Отмечаем *самый высокий* и *самый низкий* процент, *выделяем группы процентов = факты.* 

Reasons	Number of respondents (%)
Interesting study programmes	36
Better career prospects	30
Parents' advice	20
University/college rating	10
Friends' advice	4

• Определяем, что будем сравнивать:

Reasons	Number of respondents (%)
Interesting study programmes	36 ←
Better career prospects	30
Parents' advice	20
University/college rating	10
Friends' advice	4

## Продумываем содержание эссе: пишем краткий план

<u>1 абзац, вступление</u>: The aim of my project is find out . . . + **тема проекта** 

<u>2 абзац</u>: **1 факт** – *36%* + *30%*; **2 факт** – *20%*; **3 факт** – *10%* + *4%* 

<u> 3 абзац</u>: **сравнение** = *36% vs. 10%* 

<u>4 абзац</u>: **problem** = the choice of universities in small towns is quite limited, **solution** = getting education online, ...

<u>5 абзац, заключение</u>: important -> because higher education benefits people in many different ways

# 1. Вступление:

1. The aim of my project is to find out the main reasons for choosing a university by teenagers in Zetland. As part of my project, I have found a table with some results of relevant opinion polls, and in this essay, I will describe the data and express my opinion on the subject of the project.



**1.** The ..... of my project is to find ..... the main reasons for choosing a university ..... teenagers in Zetland. As ..... of my project, I have found a table ..... some results of ..... opinion polls, and in this ..... , I will describe the data and ..... my opinion on the subject ..... the project.

## 2. Факты (2-3):

2. According to the table, interesting study programs (36%) top the list of the reasons for choosing a university, followed by better career prospects, at 30%. Parents' advice accounts for exactly a fifth of the total (20%), whereas university/college ratings and friends' advice make up only 10% and 4%

respectively.

Reasons	Number of respondents (%)
Interesting study programmes	36
Better career prospects	30
Parents' advice	20
University/college rating	10
Friends' advice	4



**2.** ..... to the table, interesting study programmes (36%) ..... the list of the ..... for choosing a university, ..... by better career prospects, ..... 30%. Parents' advice ..... for exactly a ..... of the total (20%), ..... university/college ratings and friends' advice make ..... only 10% and 4% respectively.

Reasons	Number of respondents (%)
Interesting study programmes	36
Better career prospects	30
Parents' advice	20
University/college rating	10
Friends' advice	4

# 3. Сравнение (1-2):

3. Predictably, interesting study programmes are much more frequently named by the respondents than university/college ratings. In fact, the figure for interesting study programmes is 26% higher than the one for a university or college rating. I think the reason for this (substantial) difference is that the respondents, like many teenagers around the globe, believe that engaging study programmes that cater to their interests are far more important than formal university or college ratings.

Reasons	Number of respondents (%)
Interesting study programmes	<mark>36</mark> <b>←</b> ¬
Better career prospects	30
Parents' advice	20
University/college rating	10
Friends' advice	4



**3.** ......, interesting study programmes are much more ...... named by the ..... than university/college rating. ..... fact, the ..... for interesting study programmes is 26% ..... than the one for a university or college rating. I think the reason for this ...... difference is that the respondents, ..... many teenagers around the globe, believe that ..... study programmes that cater ..... their interests are far more important than ..... university or college ratings. Number of respondents (%) Reasons

Interesting study programmes

Better career prospects

University/college rating

Parents' advice

Friends' advice

## 4. Проблема и решение:

- outline a problem with choosing a university and suggest a way of solving it;
- 4. Regrettably, one can face some serious problems while choosing a university. One of the problems is that the choice of universities in small towns is quite limited. The best solution to this problem is getting education online. In this case students can opt for practically any university they like because most of today's colleges and universities offer online learning programmes.



**4.** ....., one can face some serious ..... while choosing a university. One of the problems is that the ..... of universities in small towns is ..... limited. The best solution to ..... problem is ..... education online. In this case students can opt ..... practically any university they like because ..... of today's colleges and universities ..... online learning programmes.

#### 5. Заключение:

- conclude by giving and explaining your opinion on the importance of higher education.
- **5.** In conclusion, despite some problems associated with choosing a university, everybody should get higher education. I **consider** getting higher education very important because it benefits people in many different ways.



**5.** In conclusion, ..... some problems associated ..... choosing a university, everybody should ..... higher education. I consider ..... higher education very important because it ..... people in many ..... ways.

## (3) Финальный вариант:

- 1. The aim of my project is to find out the main reasons for choosing a university by teenagers in Zetland. As part of my project, I have found a table with some results of relevant opinion polls, and in this essay, I will describe the data and express my opinion on the subject of the project.
- 2. According to the table, interesting study programs (36%) top the list of the reasons for choosing a university, followed by better career prospects, at 30%. Parents' advice accounts for exactly a fifth of the total (20%), whereas university/college ratings and friends' advice make up only 10% and 4% respectively.
- 3. Predictably, interesting study programmes are much more frequently named by the respondents than university/college ratings. In fact, the figure for interesting study programmes is 26% higher than the one for a university or college rating. I think the reason for this substantial difference is that the respondents, like many teenagers around the globe, believe that engaging study programmes that cater to their interests are far more important than formal university or college ratings.
- 4. Regrettably, one can face some serious problems while choosing a university. One of the problems is that the choice of universities in small towns is quite limited. The best solution to this problem is getting education online. In this case students can opt for practically any university they like because most of today's colleges and universities offer online learning programmes.
- 5. In conclusion, despite some problems associated with choosing a university, everybody should get higher education. I consider getting higher education very important because it benefits people in many different ways. (268 w.)



- 1. The ..... of my project is to ..... out the main reasons ..... choosing a university ..... teenagers in Zetland. As ..... of my project, I have found a table with some ..... of relevant opinion polls, and in this essay, I will describe the ..... and express my opinion on the ..... of the project.
- 2. ..... to the table, interesting study programs (36%) ..... the list of the reasons ..... choosing a university, ..... by better career prospects, ..... 30%. Parents' advice ..... for exactly a fifth of the ..... (20%), ..... university/college ratings and friends' advice ..... up only 10% and 4% .....
- 3. ..... , interesting study programmes are much more ..... named by the respondents than university/college ratings. In fact, the ...... for interesting study programmes is 26% higher than the ...... for a university or college rating. I think the reason for this ...... difference is that the respondents, ..... many teenagers ..... the globe, believe that ..... study programmes that ..... to their interests are far more important ...... formal university or college ratings.
- 4. ....., one can ...... some serious problems ...... choosing a university. One of the ...... is that the choice of universities in small towns is quite limited. The best ...... to this problem is getting education online. In this ...... students can opt ...... practically any university they ...... because most of today's colleges and universities ..... online learning ......
- 5. In conclusion, ...... some problems ..... with choosing a university, everybody should .....

3. Вставьте пропуще	нные слова:		Practice
1	is to	choosing a university _	¥
Zetland.	, I have four	choosing a university nd a table	, and in
this essay, I will descril	be the data and	•	
2.	, interesting study pro	ograms (36%)	choosing a
university,	better	ograms (36%) career prospects, at 30%.	Parents' advice
		whereas university/college ratings a	
	10% and 4% respectively.		
3. Predictably, interest	ting study programmes ar	'e	the respondents
than university/colleg	e ratings. In fact,	re interesting study pro or college rating. I thir	grammes is 26%
	a university	or college rating. I thir	nk the reason
	is that the resp	oondents,	<i>,</i> believe that
	ams that	are	formal
university or college ra			
4. Regrettably, one		while choosing a university. Or rsities in small towns is	ne
	_ the choice of unive	rsities in small towns is	The
	is getting e	ducation online. In	students can
		ity they like because most of tod	
universities		•	
5. In conclusion,		with choosing a university, eve	rybody should get
,	. I consider getting	with choosing a university, eve g higher education	, because it
		·	

4. Допишите предложения:	Practice
1. The aim of	Zetland. As part of
my project, I have	, and in this
essay	•
2. According to the table,	lvice, followed
Parents' ac	lvice,
whereas	·
3. Predictably,	than
than	. I think the reason
	, like,
believe that	
4. Regrettably, one	One of the
	The best
In this	case
be	
•	
5. In conclusion,	, everybody
I conside	r, everybody
because it	•

(4) 38.1 Imagine that you are doing a project on why some Zetlanders move to big cities. You have found some data on the subject – the results of the opinion polls (see the table below). Write 200–250 words.

Reasons	Number of respondents (%)
To get a new job	33
To develop their businesses	27
To get a better education	26
To have more opportunities for entertainment	9
To make new friends	5

#### Use the following plan:

- make an opening statement on the subject of the project;
- select and report 2–3 facts;
- make 1–2 comparisons where relevant and give your comments;
- outline a problem that can arise with moving to a big city and suggest a way of solving it;
- conclude by giving and explaining your opinion on living in a big city.

## ✔ Выделяем главное в задании

38.1 Imagine that you are doing a project on why some Zetlanders move to big cities.

Reasons	Number of respondents (%)
To get a new job	33
To develop their businesses	27
To get a better education	26
To have more opportunities for entertainment	9
To make new friends	5

- outline a problem that can arise with moving to a big city and suggest a way of solving it;
- conclude by giving and explaining your opinion on living in a big city.

# Анализируем статистику

• Отмечаем *самый высокий* и *самый низкий* процент, выделяем группы процентов = факты.

Reasons	Number of respondents (%)	)
To get a new job	33	
To develop their businesses	27	
To get a better education	26	
To have more opportunities for entertainment	9	
To make new friends	5	

• Определяем, что будем сравнивать:

Reasons	Number of respondents (%)
To get a new job	33
To develop their businesses	27
To get a better education	26
To have more opportunities for entertainment	9
To make new friends	5

### ✓ Продумываем содержание эссе: пишем краткий план

<u> 1 абзац, вступление</u>: The aim of my project is find out... + **тема проекта** 

<u>2 абзац</u>: **1 факт** – *33%* + *27%* + *26%*; **2 факт** – *9%* + *5%* 

<u> 3 абзац: **сравнение** = 33% vs. 9%</u>

<u>4 абзац</u>: **problem** = hard for some people to get used to the fast pace of big city life, solution = consult a psychologist or turn to some experienced person for advice and support

<u>5 абзац, заключение</u>: living in big cities is a good idea -> because advantages far outweigh any possible downsides

# 1. Вступление:

1. The aim of my project is to find out why some people in Zetland decide to move to big cities. As part of my project, I have found a table with some results of relevant opinion polls, and in this essay, I will describe the data and express my opinion on the subject of the project.



**1.** The ..... of my project is to find out why some people in Zetland ..... to move to big cities. ..... part ..... my project, I have found a table with some ..... of relevant ..... polls, and in this essay, I will ..... the data and ..... my opinion on the ..... of the project.

## 2. Факты (2-3):

2. According to the table, getting a new job (33%) tops the list of the reasons for moving to big cities, followed by developing one's business (27%) and getting a better education (26%). Having more entertainment and making new friends *are at the other end of the spectrum*, at 9% and 5% respectively.

Reasons	Number of respondents (%)
To get a new job	33
To develop their businesses	27
To get a better education	26
To have more opportunities for entertainment	9
To make new friends	5



**2.** According ...... the table, getting a new job (33%) ..... the list of the ..... for moving to big cities, followed ..... developing one's business (27%) and ..... a better education (26%). Having more entertainment and making new friends are ..... the other end ..... the spectrum, at 9% and 5% ......

Reasons	Number of respondents (%)
To get a new job	33
To develop their businesses	27
To get a better education	26
To have more opportunities for entertainment	9
To make new friends	5

# 3. Сравнение (1-2):

**3.** Predictably, getting a new job is a much more popular reason than having more entertainment. In fact, the figure for getting a new job is 24% higher than the one for having more entertainment. I think the reason for this difference is that finding a job is much more important for the surveyed people than getting entertained.

/ is that the surveyed people, like many other people around the globe, consider finding a job much more important than getting

entertained.

Reasons	Number of respondents (%)
To get a new job	33
To develop their businesses	27
To get a better education	26
To have more opportunities for entertainment	9
To make new friends	5



**3.** ......, getting a new job is a much ...... popular reason than ...... more entertainment. In ......, the ....... for getting a new job is 27% ...... than the ...... for having more entertainment. I think the reason ...... this difference is that finding a job is ...... more important for the ...... people than getting ......

Reasons	Number of respondents (%)
To get a new job	33
To develop their businesses	27
To get a better education	26
To have more opportunities for entertainment	9
To make new friends	5

# 4. Проблема и решение:

outline a problem that can arise with moving to a big city and suggest a way of solving it;

**4**. Although <u>living</u> in big cities is considered beneficial in many ways, there can be some problems connected with moving there. For example, it can be hard for some people to get used to the fast pace of (big) city life, huge crowds, constant noise and traffic jams. To solve this problem, one should consult a psychologist or turn to some experienced person, who has gone through a similar situation, for advice and support.



4. ..... living in big cities is ..... beneficial in many ways, there can be some problems ..... with moving there. For example, it can be ...... for some people to get ...... to the fast ...... of city life, ..... crowds, constant noise and traffic ..... . To ..... this problem, one should ..... a psychologist or ..... to some experienced person, who has gone ..... a similar situation, for advice and .....

#### 5. Заключение:

conclude by giving and explaining your opinion on living in a big city.

**5.** In conclusion, despite some problems associated/connected with moving to big cities, I personally believe that living there is a good idea. I have no doubt about it because its advantages far outweigh any possible downsides.



**5.** In conclusion, ..... some problems ..... with moving to big cities, I personally ..... that living there is a good ..... I have no ..... about it because its advantages far ..... any possible downsides.

### (4) Финальный вариант:

- 1. The aim of my project is to find out why some people in Zetland decide to move to big cities. As part of my project, I have found a table with some results of relevant opinion polls, and in this essay, I will describe the data and express my opinion on the subject of the project.
- 2. According to the table, getting a new job (33%) tops the list of the reasons for moving to big cities, followed by developing one's business (27%) and getting a better education (26%). Having more entertainment and making new friends are at the other end of the spectrum, at 9% and 5% respectively.
- 3. Predictably, getting a new job is a much more popular reason than having more entertainment. In fact, the figure for getting a new job is 27% higher than the one for having more entertainment. I think the reason for this difference is that finding a job is much more important for the surveyed people than getting entertained.
- 4. Although living in big cities is considered beneficial in many ways, there can be some problems connected with moving there. For example, it can be hard for some people to get used to the fast pace of big city life, huge crowds, constant noise and traffic jams. To solve this problem, one should consult a psychologist or turn to some experienced person, who has gone through a similar situation, for advice and support.
- 5 In conclusion, despite some problems associated with moving to big cities, I believe that living there is a good idea. I have no doubt about it because its advantages far outweigh any possible downsides. (272 w.)



- 1. The aim ..... my project is to ..... out why some people in Zetland ..... to move to big cities. As ..... of my project, I have found a table ..... some results of ..... opinion polls, and in this essay, I will describe the ..... and express my opinion ..... the subject of the project.
- 2. ..... to the table, getting a new job (33%) ..... the list of the ..... for moving to big cities, ..... by developing ..... business (27%) and getting a better education (26%). Having more entertainment and making ..... friends are at the ..... end of the ....., at 9% and 5% ......
- 3. ....., getting a new job is a ..... more popular reason ..... having more entertainment. ..... fact, the figure ...... getting a new job is 27% ...... than the one ..... having more entertainment. I think the ..... for this ..... is that finding a job is ..... more important for the ..... people than getting entertained.
- 4. ..... living in big cities is considered ...... in many ....., there can be some problems ..... with moving there. For ....., it can be ..... for some people to ..... used to the fast ..... of city life, ..... crowds, ..... noise and ..... jams. To ..... this problem, one should ..... a psychologist or ..... to some experienced person, who has ..... through a similar situation, ..... advice and support.
- 5 In conclusion, ..... some problems associated ..... moving to big cities, I believe that

1. The aim				to				in	Zetlaı	nd dec	ide t	o mov	e to big	s cities	s. As
		,	have	found a	table	)					,	and in	this es	ssay, I	will
		and $\_$		found a			t	he subje	ect of t	he pro	ject.	•		•	
2. According					wed			(33%)				(27%)	and		sons tting
are			(269		_	more 9% and		ntertain 	ment	and ·	m	aking	new	frie	ends
3. Predictably, fact, the think					) is 2	7%				ha	aving	more	entertai enterta ling	ainme	
						p	eop	le	•					•	•
4. Although	living	in	big	cities _	++	nere Fo	r ev:	ample, it	t can h	<u> </u>		,	there		be to
				of city		,				,c					to _and
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5. In conclusion	on,		•	I have			mov	ing to k becau	oig cit use	•		ve tha	it		
						•									

4. Допишите предлож	ения:	Practice
1. The aim		in Zetland
As	<b>,</b>	, and in
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2. According	, getting	
		and,
3. Predictably, getting		· than
In	fact, the	is
	I think	is that
		_ people
4. Although living in big	cities	, there can be
		For example, it can be to
	of city life, _	, and
		, one should or
		, for
		moving to big cities, I believe that
		because
	·	

(5) 38.1 Imagine that you are doing a project on the foreign cuisine most popular with Zetlanders. You have found some data on the subject – the results of the opinion polls (see the table below). Write 200–250 words.

Foreign cuisine	Number of respondents (%)
French	35
Italian	25
Chinese	22
Japanese	10
Mexican	8

#### Use the following plan:

- make an opening statement on the subject of the project;
- select and report 2–3 facts;
- make 1–2 comparisons where relevant and give your comments;
- outline a problem that can arise with foreign cuisine dishes and suggest a way of solving it;
- conclude by giving and explaining your opinion on the benefits of trying foreign cuisine dishes.

# ✓ Выделяем главное в задании

38.1 Imagine that you are doing a project on the foreign cuisine most popular with Zetlanders.

Foreign cuisine	Number of respondents (%)
French	35
Italian	25
Chinese	22
Japanese	10
Mexican	8

- outline a problem that can arise with foreign cuisine dishes and suggest a way of solving it;
- conclude by giving and explaining your opinion on the benefits of trying foreign cuisine dishes.

# ✔ Анализируем статистику

• Отмечаем *самый высокий* и *самый низкий* процент, выделяем группы процентов = факты.

Foreign cuisine	Number of respondents (%)
French	35
Italian	25
Chinese	22
Japanese	10
Mexican	8

• Определяем, что будем сравнивать:

Foreign cuisine	Number of respondents (%)
French	35
Italian	25
Chinese	22
Japanese	10
Mexican	8

### ✓ Продумываем содержание эссе: пишем краткий план

<u> 1 абзац, вступление</u>: The aim of my project is find out... + **тема проекта** 

<u> 2 абзац</u>: **1 факт** – *35% + 25% + 22%*; **2 факт** – *10% + 8%* 

<u> 3 абзац: **сравнение** = 35% vs. 8%</u>

<u>4 абзац</u>: **problem** = an allergic reaction to some unfamiliar or unusual ingredients in a foreign dish, solution = doing some research into foreign cooking traditions and recipes BEFORE trying a new dish

5 абзац, заключение: the benefits are really unique -> because nothing else can provide such an easy, affordable and enjoyable way to learn more about new cultures and different ways of life

# 1. Вступление:

1. The aim of my project is to find out what **foreign cuisine is most popular with Zetlanders**. As part of my project, I have found a table with some results of relevant opinion polls, and in this essay, I will describe the data and express my opinion on the subject of the project.



**1.** The ..... of my project is to find out what ..... cuisine is ..... popular with Zetlanders. ..... part ..... my project, I have found a table with some ..... of relevant ..... polls, and in this essay, I will ..... the data and ..... my opinion on the ..... of the project.

# 2. Факты (2-3):

**2.** According to the table, French food (35%) tops the list of the most popular cuisines, followed by Italian food (25%) and Chinese cuisine (22%). Japanese food and Mexican food *are at the other end of the spectrum*, at 10% and 8% respectively.

Foreign cuisine	Number of respondents (%)
French	35
Italian	25
Chinese	22
Japanese	10
Mexican	8





2. According ...... the table, French food (35%) ...... the list of the most ...... cuisines, ...... by Italian food (25%) and Chinese cuisine (22%). Japanese food and Mexican food are ...... the other ...... of the ......, at 10% and 8% .......

Foreign cuisine	Number of respondents (%)				
French	35				
Italian	25				
Chinese	22				
Japanese	10				
Mexican	8				

# 3. Сравнение (1-2):

**3.** Predictably, French cuisine is much more popular with the surveyed people than Mexican food. In fact, <u>the figure</u> for French food is 27% higher than <u>the one</u> for Mexican food. I think the reason is that the respondents, like many other people around the globe, consider French food healthier and more nutritious than Mexican food.

Foreign cuisine	Number of respondents (%)
French	<mark>35                                    </mark>
Italian	25
Chinese	22
Japanese	10
Mexican	8



**3.** Predictably, French cuisine is ...... more popular with the ...... people than Mexican food. In ......, the figure ...... French food is 27% ...... than the ...... for Mexican food. I think the ...... is that the respondents, like many other people ...... the globe, ...... French food ...... and ...... nutritious than Mexican food.

Foreign cuisine	Number of respondents (%)
French	35
Italian	25
Chinese	22
Japanese	10
Mexican	8

# 4. Проблема и решение:

outline a problem that can arise with foreign cuisine dishes and suggest a way of solving it;

**4.** Although trying new food is usually associated with positive emotions, it has some downsides. One serious problem is the risk of developing an allergic reaction to some unfamiliar or unusual ingredients in a foreign dish. A good solution to this problem is to do some research into foreign cooking traditions before trying new food. Learning more about new dishes and some ingredients that can do you harm is certainly a wise step.



**4.** ..... trying new food is usually ..... with positive emotions, it has some ...... One ...... problem is the ..... of developing an allergic reaction ..... some unfamiliar or unusual ..... in a foreign dish. A good ..... to this problem is to do some ..... into foreign cooking traditions ..... trying new food. ..... more about new dishes and some ingredients that can ..... you harm is certainly a wise ......

#### 5. Заключение:

conclude by giving and explaining your opinion on the benefits of trying foreign cuisine dishes.

**5.** In conclusion, despite some problems associated with trying foreign cuisine dishes, I believe that it has many benefits and **these benefits are really unique**. I have no doubt about it because nothing else can provide such an easy, affordable and enjoyable way to explore new cultures and different ways of life.

5. – conclude by giving and explaining your opinion on <a href="the-benefits">the benefits</a> of trying foreign cuisine dishes.



What is your opinion on the benefits of trying foreign cuisine dishes?



- My opinion: the benefits are really unique

- Explanation: nothing else can provide such an easy, affordable and enjoyable way to explore new cultures and different ways of life.



**5.** In ....., despite some problems ..... with trying foreign cuisine dishes, I believe that it has many ..... and these benefits are really ...... I have no doubt ..... it because nothing else can ..... such an easy, affordable and enjoyable way to ..... new cultures and ..... ways of life.

# (5) Финальный вариант:

- 1. The aim of my project is to find out what foreign cuisine is most popular with Zetlanders. As part of my project, I have found a table with some results of relevant opinion polls, and in this essay, I will describe the data and express my opinion on the subject of the project.
- 2. According to the table, French food (35%) tops the list of the most popular cuisines, followed by Italian food (25%) and Chinese cuisine (22%). Japanese food and Mexican food are at the other end of the spectrum, at 10% and 8% respectively.
- 3. Predictably, French cuisine is much more popular with the surveyed people than Mexican food. In fact, the figure for French food is 27% higher than the one for Mexican food. I think the reason is that the respondents, like many other people around the globe, consider French food healthier and more nutritious than Mexican food.
- 4. Although trying new food is usually associated with positive emotions, it has some downsides. One serious problem is the risk of developing an allergic reaction to some unfamiliar or unusual ingredients in a foreign dish. A good solution to this problem is to do some research into foreign cooking traditions before trying new food. Learning more about new dishes and some ingredients that can do you harm is certainly a wise step.
- 5. In conclusion, despite some problems associated with trying foreign cuisine dishes, I believe that it has many benefits and these benefits are really unique. I have no doubt about it because nothing else can provide such an easy, affordable and enjoyable way to explore new cultures and different ways of life. (273 w.)



1. The aim of my project is to what foreign cuisine is most popular Zetlanders. As of my project, I have a table with some results of opinion polls, and in this essay, I will the data and my opinion on the of the project.
2. According the table, French food (35%) tops the of the most popular cuisines, Italian food (25%) and Chinese cuisine (22%). Japanese food and Mexican food are the other of the, at 10% and 8%
3, French cuisine is more popular with the people than Mexican food fact, the for French food is 27% than the for Mexican food. I think the is that the respondents, like many other people the globe, French food healthier and more than Mexican food.
4 trying new food is usually with positive emotions, it has some One serious problem is the of developing an reaction to some or unusual in a foreign dish. A good to this problem is to some research foreign cooking traditions trying new food more about new dishes and some that can you is certainly a step.
5. In conclusion, some problems with trying foreign dishes, I believe that it has many and these are really I have no about it because nothing can such an easy, and enjoyable way to new and different ways of

1. The	is to	foreign cuisine is mo	st
. As	, I have	found	, and in
this essay, I will		on the subject o	of the project.
2. According cuisines,	, French fo, French fo, French fo, Italian food (25%) a	ood (35%) Ind Chinese cuisine (22%). Japar - 10% and 8%	the most popular nese food and Mexican food
3. Predictably, Fre food. In fact,	nch cuisine is Fren	ch food is 27% the respondents, like	people than Mexican for Mexican
food. I think	, consider French food	the respondents, like	e many other people than Mexican food.
		positive emotions,	
		<u> </u>	
	or		
		into foreign co and	ooking traditions before d some ingredients that can
	is certainly	·	_
5. In conclusion, de that its benefits ar provide such an	spite some problems	trying fore becaus	ign cuisine dishes, I believe e can and

### 4. Допишите предложения:



1. The		foreign cuisine is			
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	Italian food (25%) a ,	, French food (35%) nd Chinese cuisine (22%). 10% and 8%	Japanese food and	d Mexican food are	
3. Predictably, Fren	1			Mexican food. In	
fact,	French	food is 27%		 Mexican	
food. I think				, like many other	
		,		French food	
	than Me	exican food.			
4 Al±la a					
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because				to	
explore		·			

(6) 38.1 Imagine that you are doing a project on what makes a good friend in Zetland. You have found some data on the subject – the results of the opinion polls (see the table below). Comment on the data in the table and give your opinion on the subject of the project.

Important qualities	Number of respondents (%)	
Reliable	44	
Attentive and helpful	22	
Sharing the friend's interests	18	
Easy to get along with	12	
Having a good sense of humour	4	

#### Use the following plan:

- make an opening statement on the subject of the project;
- select and report 2–3 facts;
- make 1–2 comparisons where relevant and give your comments;
- outline a problem that can arise with finding a good friend and suggest a way of solving it;
- conclude by giving and explaining your opinion on the importance of having a good friend.

# ✓ Выделяем главное в задании

38.1 Imagine that you are doing a project on what makes a good friend in Zetland.

Important qualities	Number of respondents (%)
Reliable	44
Attentive and helpful	22
Sharing the friend's interests	18
Easy to get along with	12
Having a good sense of humour	4

- outline a problem that can arise with finding a good friend and suggest a way of solving it;
- conclude by giving and explaining your opinion on the importance of having a good friend.

# ✔ Анализируем статистику

• Отмечаем *самый высокий* и *самый низкий* процент, выделяем группы процентов = факты.

Important qualities	Number of respondents (%)	
Reliable	44	
Attentive and helpful	22	
Sharing the friend's interests	<b>18</b>	
Easy to get along with	12	
Having a good sense of humour	4	

• Определяем, что будем сравнивать:

Important qualities	Number of respondents (%)
Reliable	44
Attentive and helpful	22
Sharing the friend's interests	18
Easy to get along with	12
Having a good sense of humour	4

### ✓ Продумываем содержание эссе: пишем краткий план

<u> 1 абзац, вступление</u>: The aim of my project is find out... + **meма** проекта

<u> 2 абзац</u>: **1 факт** – 44%; **2 факт** – 22% + 18% + 12%; **3 факт** – 4%.

<u> 3 абзац</u>: **сравнение** = 44% vs. 4%

<u>4 абзац</u>: **problem** = some modern people are too busy to socialize and be in close touch with others, solution = actively search for friends, be interested in others and spend more time with them

5 абзац, заключение: is very important -> because true friendship benefits us in many different ways

# 1. Вступление:

1. The aim of my project is to find out what makes a good friend in Zetland. As part of my project, I have found a table with some results of relevant opinion polls, and in this essay, I will describe the data and express my opinion on the subject of the project.





**1.** The ...... of my project is to ...... out what ...... a good friend in Zetland. As ...... of my project, I have found a table with some results of ...... opinion polls, and in this essay, I will ...... the data and ..... my opinion on the ...... of the project.

### 2. Факты (2-3):

Important qualities	Number of respondents (%)
Reliable	44
Attentive and helpful	22
Sharing the friend's interests	<mark>18</mark>
Easy to get along with	12
Having a good sense of humour	4

Sharing interests

Having a good sense of humour

**BEING** reliable

**BEING** attentive and helpful

BEING easy to get along with

### 2. Факты (2-3):

**2.** According to the table, being reliable (44%) tops the list of the qualities of a good friend, whereas having a good sense of humour (4%) ranks last. The other (in-between) three qualities presented in the table are being attentive and helpful, having shared interests and being easy to get on with, at 22%, 18% and 12% respectively.

Important qualities	Number of respondents (%)
Reliable	44
Attentive and helpful	22
Sharing the friend's interests	18
Easy to get along with	12
Having a good sense of humour	4



**2.** According to the table, being reliable (44%) ....... the list of the qualities ...... a good friend, ...... having a good sense of humour (4%) ....... last. The ....... three qualities ...... in the table are ...... attentive and helpful, ...... shared interests and being easy to ...... on with, at 22%, 18% and 12% ......

Important qualities	Number of respondents (%)
Reliable	44
Attentive and helpful	22
Sharing the friend's interests	<mark>18</mark>
Easy to get along with	12
Having a good sense of humour	4

# 3. Сравнение (1-2):

**3.** Predictably, reliability is <u>much more frequently named</u> by the respondents than a good sense of humour. In fact, the figure for being reliable is 40% higher than the one for having a good sense of humour. I think the reason is that the respondents, like many other people, consider reliability a far more important trait of a good friend than a great sense of humour.

Important qualities	Number of respondents (%)
Reliable	44
Attentive and helpful	22
Sharing the friend's interests	18
Easy to get along with	12
Having a good sense of humour	4



**3.** ...... , reliability is much ...... frequently ...... by the respondents ..... a good sense of humour. In ...... , the figure ..... being reliable is 40% ...... than the ....... for having a good ..... of humour. I think the ...... is that the respondents, ...... many other people, ..... reliability a much ...... important ...... of a good friend ...... a great sense ...... humour.

### 4. Проблема и решение:

outline a problem that can arise with finding a good friend and suggest a way of solving it;

**4**. Regrettably, finding a good friend can be problematic. One problem is that some people are too busy to socialize and be in close touch with others, as a result, they never find good friends and never form a close friendship with anyone. The best solution to this problem is to actively search for friends, be interested in others and spend more time with them.



**4.** ....., finding a good friend can be ...... One problem is ...... some people are ...... busy to ...... and be in close ...... with others, as a ......, they never ...... good friend and never ...... a close friendship ...... anyone. The best ...... to this problem is to actively ...... for friends, be ...... in others and spend more ...... with them.

#### 5. Заключение:

conclude by giving and explaining your opinion on the importance of having a good friend.

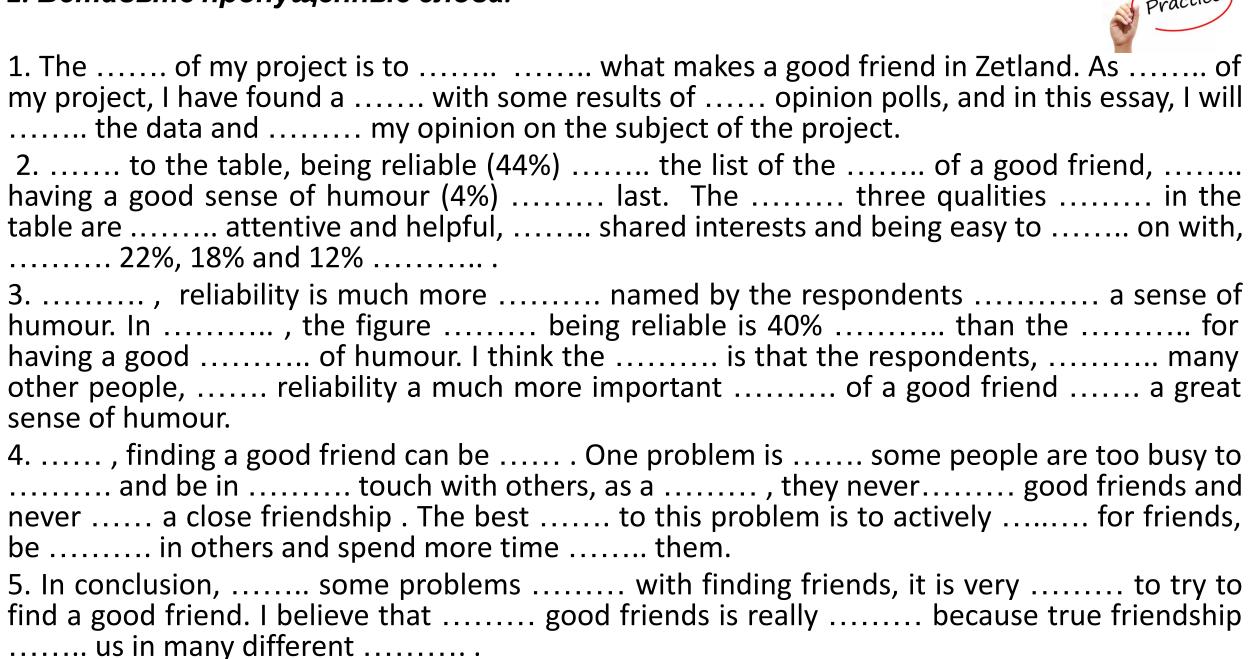
**5.** In conclusion, despite some problems associated with finding friends, it is very important to try to find a good friend. I believe that <u>having good friends</u> is <u>really essential</u> because true friendship benefits us in many different ways.



**5.** In ......, some problems ...... with finding friends, it is very ...... to try to find a good friend. I believe that ...... good friends is really ...... because true friendship ..... us in many ...... ways.

# (6) Финальный вариант:

- 1. The aim of my project is to find out what makes a good friend in Zetland. As part of my project, I have found a table with some results of relevant opinion polls, and in this essay, I will describe the data and express my opinion on the subject of the project.
- 2. According to the table, being reliable (44%) tops the list of the qualities of a good friend, whereas having a good sense of humour (4%) ranks last. The other three qualities presented in the table are being attentive and helpful, having shared interests and being easy to get on with, at 22%, 18% and 12% respectively.
- 3. Predictably, reliability is much more frequently named by the respondents than a sense of humour. In fact, the figure for being reliable is 40% higher than the one for having a good sense of humour. I think the reason is that the respondents, like many other people, consider reliability a much more important trait of a good friend than a great sense of humour.
- 4. Regrettably, finding a good friend can be problematic. One problem is that some people are too busy to socialize and be in close touch with others, as a result, they never find good friends and never form a close friendship with anyone. The best solution to this problem is to actively search for friends, be interested in others and spend more time with them.
- 5. In conclusion, despite some problems associated with finding friends, it is very important to try to find a good friend. I believe that having good friends is really essential because true friendship benefits us in many different ways. (274 w.)





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### 4. Допишите предложения:



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(7) **38.1** Imagine that you are doing a project on **how people stay healthy in Zetland**. You have found some data on the subject – the results of the opinion polls (see the table below). Comment on the data in the table and give your opinion on the subject of the project.

Staying healthy	Number of respondents (%)
Not eating fast food	42
Having a balanced diet	24
Doing sports	22
Getting to bed early	10
Doing morning exercises	2

#### Use the following plan:

- make an opening statement on the subject of the project;
- select and report 2–3 facts;
- make 1–2 comparisons where relevant and give your comments;
- outline a problem that can arise with some approaches to staying healthy and suggest a way of solving it;
- conclude by giving and explaining your opinion on the importance of staying healthy.

# ✔ Выделяем главное в задании

38.1 Imagine that you are doing a project on how people stay healthy in Zetland.

Staying healthy	Number of respondents (%)
Not eating fast food	42
Having a balanced diet	24
Doing sports	22
Getting to bed early	10
Doing morning exercises	2

- outline a problem that can arise with some approaches to staying healthy and suggest a way of solving it;
- conclude by giving and explaining your opinion on the importance of staying healthy.

# Анализируем статистику

• Отмечаем *самый высокий* и *самый низкий* процент, выделяем группы процентов = факты.

Staying healthy	Number of respondents (%)
Not eating fast food	42
Having a balanced diet	24
Doing sports	<b>22</b>
Getting to bed early	10
Doing morning exercises	2

• Определяем, что будем сравнивать:

Staying healthy	Number of respondents (%)
Not eating fast food	42
Having a balanced diet	24
Doing sports	22
Getting to bed early	10
Doing morning exercises	2

### ✓ Продумываем содержание эссе: пишем краткий план

<u> 1 абзац, вступление</u>: The aim of my project is examine ... + **meма** проекта

<u> 2 абзац</u>: **1 факт** – *42%,* **2 факт** – 2%, **3 факт** – *24% + 22% + 10%;* 

<u> 3 абзац</u>: **сравнение** = 44% vs. 2%

<u>4 абзац: problem = a very restrictive diet, not enough nutrients and</u> vitamins, solution = to consult a professional dietician and develop a healthy eating plan

<u>5 абзац, заключение</u>: very important / essential -> because good health is the key to a happy and productive life

# 1. Вступление:

1. The aim of my project is to examine **how people stay healthy in Zetland**. As part of my project, I have found a table with some results of relevant opinion polls, and in this essay, I will describe the data and express my opinion on the subject of the project.



**1.** The ...... of my project is to ...... how people ...... healthy in Zetland. As ...... of my project, I have found a table ...... some results of ...... opinion polls, and in this essay, I will ...... the data and ..... my opinion on the ...... of the project.

# 2. Факты (2-3):

Staying healthy	Number of respondents (%)
Not eating fast food	42
Having a balanced diet	24
Doing sports	<mark>22</mark>
Getting to bed early	10
Doing morning exercises	2

Not eating fast food -> avoid / stop eating fast food

### 2. Факты (2-3):

**2.** According to the table, avoiding eating fast food (42%) tops the list of the respondents' ways to stay healthy, whereas doing morning exercises (2%) ranks last. The other three ways are having a balanced diet, doing sports and getting to bed early, at 24%, 22% and 10% respectively.

Staying healthy	Number of respondents (%)
Not eating fast food	42
Having a balanced diet	24
Doing sports	22
Getting to bed early	10
Doing morning exercises	2



2. ...... to the table, ...... eating fast food (42%) ...... the list of the respondents' ...... to stay healthy, ...... doing morning exercises (2%) ...... last. The ...... three ways are having a ...... diet, ...... sports and ...... to bed early, ...... 24%, 22% and 10%

Staying healthy	Number of respondents (%)	
Not eating fast food	42	
Having a balanced diet	24	
Doing sports	<mark>22</mark>	
Getting to bed early	10	
Doing morning exercises	2	

# 3. Сравнение (1-2):

**3.** Predictably, avoiding eating fast food is more frequently named by the respondents than exercising in the morning. In fact, the figure for avoiding eating fast food is 40% higher than the one for doing morning exercises. I think the reason for this substantial difference is that trying not to eat unhealthy food is much easier than working out in the morning.

Staying healthy	Number of respondents (%)
Not eating fast food	42
Having a balanced diet	24
Doing sports	22
Getting to bed early	10
Doing morning exercises	2



**3.** ......, avoiding eating fast food is more ...... named ...... the respondents ...... exercising in the morning. In ......, the ...... for avoiding eating fast food is 40% ...... than the ...... for doing morning exercises. I think the ...... for this ...... difference is that trying not to eat unhealthy food is ..... easier ..... much easier than ...... out in the morning.

Staying healthy	Number of respondents (%)	
Not eating fast food	42	
Having a balanced diet	24	
Doing sports	22	
Getting to bed early	10	
Doing morning exercises	2	

### 4. Проблема и решение:

- outline a problem that can arise with some approaches to staying healthy and suggest a way of solving it;
- 4. Although trying to maintain health is undoubtedly a good thing, some approaches to staying healthy can be irrational and even risky. For example, trying to eat healthily, some people begin to follow a very restrictive diet and stop eating/consuming meat, fish or milk. As a result, they do not get enough nutrients and vitamins from their food. The best solution to this problem is to consult a professional dietician and develop a healthy eating plan.



**4.** ...... trying to ...... health is ..... a good thing, some approaches ...... staying healthy can be ...... and even ...... For example, trying to eat ......, some people begin to ...... a very ...... diet and ..... eating meat, fish or milk. As a ....., they do not get enough ...... and ...... from their food. The best ...... to this problem is to ...... a professional ..... and ...... a healthy eating plan.

#### 5. Заключение:

conclude by giving and explaining your opinion on the importance of staying healthy.

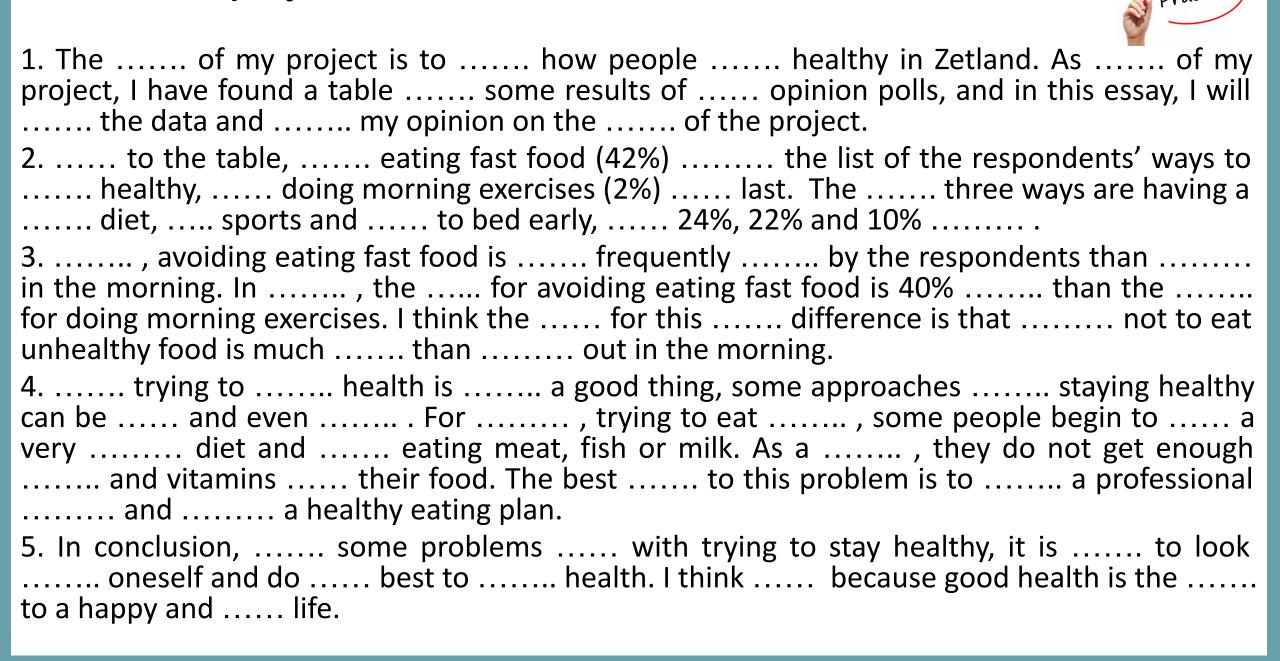
**5.** In conclusion, despite some problems associated/connected with trying to stay healthy, it is important/essential to look after oneself and do one's best to maintain health. I think so because good health is the key to a happy and productive life.



**5.** In conclusion, ...... some problems ..... with trying to stay healthy, it is very ..... to look after ...... and ..... one's best to ..... health. I think ..... because good health is the ..... to a happy and productive life.

# (7) Финальный вариант:

- 1. The aim of my project is to examine how people stay healthy in Zetland. As part of my project, I have found a table with some results of relevant opinion polls, and in this essay, I will describe the data and express my opinion on the subject of the project.
- 2. According to the table, avoiding eating fast food (42%) tops the list of the respondents' ways to stay healthy, whereas doing morning exercises (2%) ranks last. The other three ways are having a balanced diet, doing sports and getting to bed early, at 24%, 22% and 10% respectively.
- 3. Predictably, avoiding eating fast food is more frequently named by the respondents than exercising in the morning. In fact, the figure for avoiding eating fast food is 40% higher than the one for doing morning exercises. I think the reason for this substantial difference is that trying not to eat unhealthy food is much easier than working out in the morning.
- 4. Although trying to maintain health is undoubtedly a good thing, some approaches to staying healthy can be irrational and even risky. For example, trying to eat healthily, some people begin to follow a very restrictive diet and stop eating meat, fish or milk. As a result, they do not get enough nutrients and vitamins from their food. The best solution to this problem is to consult a professional dietician and develop a healthy eating plan.
- 5. In conclusion, despite some problems connected with trying to stay healthy, it is important to look after oneself and do one's best to maintain health. I think so because good health is the key to a happy and productive life. (275 w.)



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✓ TO BE CONTINUED...

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