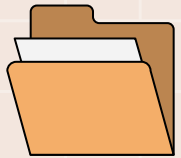
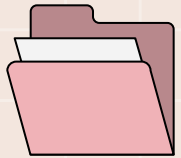
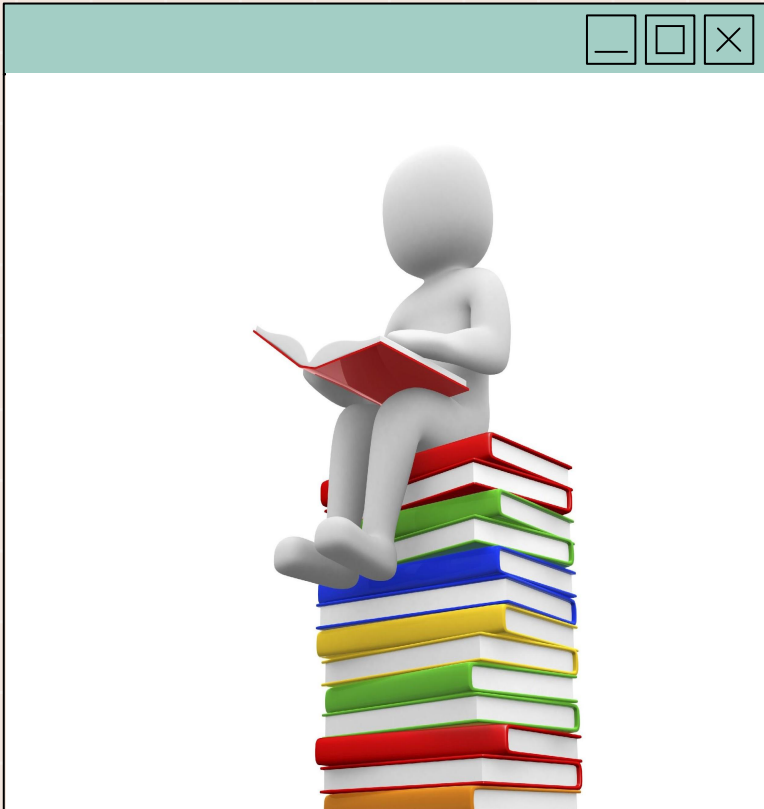
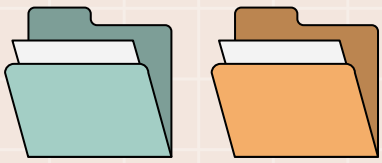


# Project In Harmony with Myself





# Five important things about me:

- 1) I do sambo
- 2) I'm learning to play piano and guitar
- 3) I love listening to Russian rock

# Five important things about me:

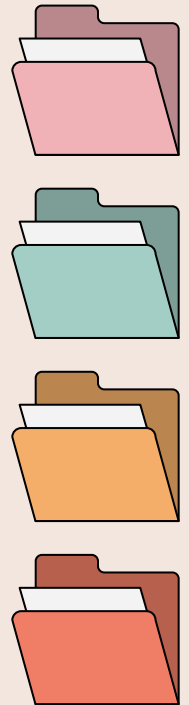
4) I love spending time with friends



5) I like to travel and study the history of different cities and countries

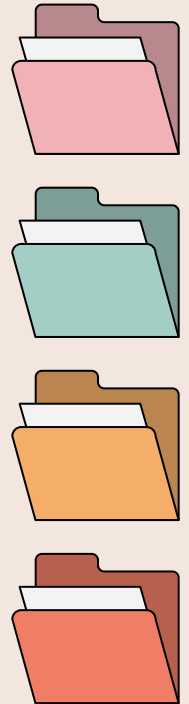
# What I do to be my own best mate

- 1) I try to develop, to learn something new
- 2) I listen to myself
- 3) I'm working on my mistakes



# What I do to be my own best mate

- 4) I try not to communicate with rude people
- 5) I keep a diary in which I observe my progress
- 6) I am engaged in an active form of life



# THANK YOU!

